



Sussex Cyclists' Association

ESTABLISHED 1921

PRESIDENT - Rob Charles, Blazing Saddles

Open 25 miles Time Trial Monday 31st August 2020

Course G25/49

Qualifying event for SCA B.A.R. and SCA SPOCO

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

Course Records

	52:55	Rupert Graham	18 May 2019
Road bikes	58:54	Mike Coyle	2019
Vets	54:58	James Rix	2018
Ladies:	1:03:06	Jennifer George	2019
Juniors:	1:00:49	Jack Donaldson	2011

Previous Winners

Main Event

2020	
2019 Simon McNamara	53:35
2018 James Rix	54:58
2017 Pat Wright	54:30
2016 James Rix	55:43
2015 Steve Kane	58:33
2014 Pete Morris	56:06
2013 Steve Kane	56:01
2012 Mike Coyle	56:59
2011 Felix English	54:44
2010 Nicolas Hutchings	55:35

Hub Gear

2020	
2019 John Howells	1:29:07
2018 David French	1:04:13
2017 David Eccles	1:13:54
2016 David Eccles	1:14:26
2015 David French	1:08:35
2014 David French	1:02:20
2013 Minoru Mitsumoto	1:15:06
2012 David French	1:14:40
2011 David French	1:10:46
2010	<i>(not held)</i>

Event Secretary

Robin Johnson
7 Gorselands, Billingshurst, West Sussex RH14 9TT
Tel: 01403 783368
(or 07733 132043 on day of event)

Email: mr_rjohnson@outlook.com

Event HQ is

**LOXWOOD SPORTS ASSOCIATION PAVILION,
PLAISTOW ROAD,
LOXWOOD RH14 0SX**

Open from 0900

Large car park at HQ and also behind the pavilion.

Timekeepers

Start:
Clive Walton Redmon CC
Finish:
Richard Meed Lewes Wanderers CC

Thank you in advance for not wearing cycling shoes or cleats in the HQ.

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors Machines It is a regulation that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

No working rear light = no start.

www.sussexca.org.uk

Race Numbers

Warming Up and to the start

Numbers at the event HQ

Competitors are requested not to warm up on the course after the event has started.

HQ to Start: 1.76 miles

Finish to HQ: 0.62 miles

No times given at the finish.

PRIZES:

MEN:

1st £70

2nd £50

3rd £30

4th £20

WOMEN:

1st £70

2nd £50

3rd £30

ROAD BIKES "10"::

MEN: 1st AEROCOACH £15 voucher + £35

VETS. AWARDS: ALL EVENTS COUNT:

1st Vet. On CTT target time £50

2nd £25

2nd Vet. On CTT target time £30

3rd £20

VETS' AGE AWARDS: 40-44 and each 5 years: 1st £20

WOMEN: 1st AEROCOACH £15 voucher + £15

ALL EVENTS COUNT: 1st TEAM £30 each.

2nd £15

SUSSEX C.A. championship awards for members of affiliated clubs, all events count:

1st Man: Sussex C.A. medal.

1st Woman: Sussex C.A. medal

1st Team: Sussex C.A. medals

1st Vet. On CTT target time: Sussex C.A. medal.

PLEASE NOTE

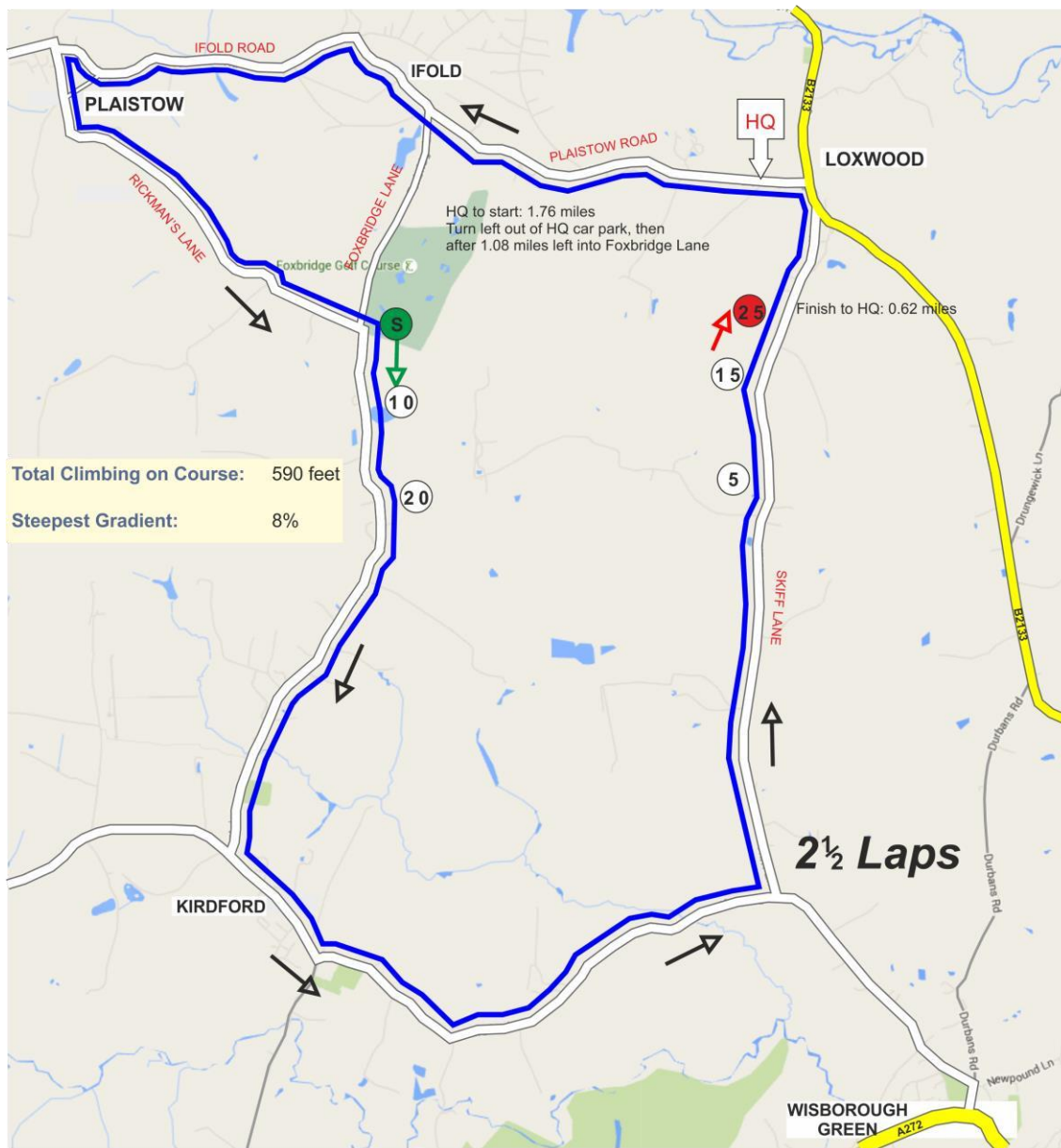
Prize Presentation Not this year; prizes to be sent to bank accounts.

Lottery Prizes None this year.

www.sussexca.org.uk

CTT COVID-19 INSTRUCTIONS:

- 1) Do not attend if you/your family members feel ill.
- 2) Park with social distancing in mind; car park + grass areas available.
- 3) HQ not open other than for toilets; 1 in, 1 out.
- 4) Bring your own pen to sign on outside HQ and, if needed, safety pins.
- 5) Take with you a compulsory working rear light, a spare/tyre/tub and a mobile phone.
- 6) Please note you have to make your own way back in event of trouble – no collections offered.
- 7) No more than 5 riders, 2m apart, to wait at the start.
- 8) No changing facilities at the HQ.
- 9) No items to be left at the start or with the timekeeper.
- 10) No push-off.
- 11) After racing, leave your number in the bowl of disinfected water and sign out.
- 12) No social, no drinks, no food and no prize presentation – sorry!
- 13) No result board – times will be on CTT site asap.
- 14) Please leave the car park in a timely fashion.



OS REF (TQ)	COURSE DIRECTIONS – G25/49	MILES	
019297	START at southern end of Foxbridge Lane, 5 yards from junction with Plaistow to Kirdford Road.	0.00	0.00
013271	Go LEFT at junction and proceed south to T-junction at western end of Kirdford.	1.70	1.70
018266	LEFT east through village to T-junction at eastern end of village.	0.42	2.12
040269	where LEFT to Skiff Lane.	1.58	3.70
041303	where north via Gunshot Common to junction with B2133	2.14	5.84
041304	where LEFT onto B2133 to junction with Plaistow Road, where LEFT into Plaistow Road	0.07	5.91
004310	Go west to Ifold continuing along Loxwood Road to T-junction in Plaistow	2.48	8.39
019297	where LEFT south along The Street, becoming Rickman's Lane, to complete the first circuit.	1.38	9.77
019297	Continue as before to complete a second circuit	9.77	19.54
040269	Continue as before through Kirdford to junction with Skiff Lane	3.70	23.24
039295	LEFT and follow Skiff Lane to FINISH north of Gunshot Common opposite tree with trunk marked with red lines, 0.13 miles north of wooden "Public Footpath" sign and 0.45 miles south of junction with B2133	1.76	25.00

ORDER OF START:

Time trial bikes' "25":

Number	Start Time	Firstnamee	Lastname	Club	Gender	Category	Age On Day
2	10:02:00	Robin	Johnson	Brighton Mitre CC Windrush Triathlon	Male	Veteran	72
3	10:03:00	Rebecca	Goodwin	Club University of Bath	Female	Senior	34
4	10:04:00	Lucy	Lee	Cycling Club	Female	Espoir	22
5	10:05:00	Steven	Kane	Team TMC	Male	Senior	31
6	10:06:00	Matthew	King	Team PB Performance	Male	Senior	24
7	10:07:00	John	Powell	Team TMC	Male	Veteran	42
8	10:08:00	Jonathan	Pontin	Addiscombe CC Club Cycliste	Male	Senior	29
9	10:09:00	Mike	Anderson	Moncontourais	Male	Veteran	62
10	10:10:00	Lucy	Hurn	Woking Cycle Club	Female	Veteran	43
11	10:11:00	David	Clark	Eastbourne Rovers CC	Male	Veteran	51
12	10:12:00	Jack	Benham	South London Harriers Windrush Triathlon	Male	Senior	25
13	10:13:00	Christine	Lutsch	Club	Female	Senior	39
14	10:14:00	Harriet	Christelow	South London Harriers	Female	Senior	26
15	10:15:00	David	Triska	AeroCoach Plymouth Corinthian	Male	Senior	38
16	10:16:00	Travis	Bramley	CC Windrush Triathlon	Male	Espoir	21
17	10:17:00	Jake	Pollard	Club	Male	Veteran	50
18	10:18:00	Daniel	Quinn	South London Harriers Windrush Triathlon	Male	Veteran	40
19	10:19:00	Adrien	Fischer	Club	Male	Senior	33
20	10:20:00	Adam	Wolley	Cranleigh Cycling Club	Male	Senior	32
21	10:21:00	George	Sloan	VC de Londres	Male	Espoir	19
22	10:22:00	Katerina	Avramides	Brighton Mitre CC	Female	Veteran	40
23	10:23:00	Sam	Bird	Crawley Wheelers	Male	Veteran	43
24	10:24:00	Gary	Burgess	Brighton Mitre CC	Male	Veteran	56
25	10:25:00	Nik	Allen	Worthing Excelsior CC	Male	Veteran	49
26	10:26:00	Martin	Williamson	London Dynamo	Male	Veteran	45
27	10:27:00	Jamie	Freeland	South London Harriers	Male	Veteran	47
28	10:28:00	Elliott	Dickenson	Kingston Phoenix RC	Male	Veteran	50
29	10:29:00	Anita	Turner	Eastbourne Rovers CC	Female	Veteran	50
30	10:30:00	Matthew	Smith	Team TMC	Male	Senior	36
31	10:31:00	Colin	McDermott	Festival Road Club	Male	Veteran	53
32	10:32:00	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran	45
33	10:33:00	Peter	Owen	Norwood Paragon CC Hereford & Dist Whs	Male	Veteran	59
34	10:34:00	David	Steel	CC	Male	Veteran	73
35	10:35:00	Andrew	Thomas	...a3crg South Downs Bikes /	Male	Veteran	40
36	10:36:00	Lawrence	Coyle	Casco Pet	Male	Espoir	20
37	10:37:00	Mark	Coombe	Twickenham CC	Male	Veteran	51
38	10:38:00	Gareth	Parr	Addiscombe CC	Male	Senior	38
39	10:39:00	Mike	Boyce	...a3crg	Male	Veteran	64

40	10:40:00	Josh	Copley	TBW23 Stuart Hall Cycling Gett Taxi Farnham Triathlon	Male	Espoir	21
41	10:41:00	James	Long	Club	Male	Veteran	48
42	10:42:00	Benjamin	Morrison	Team HUUB Brighton Triathlon	Male	Espoir	21
43	10:43:00	Peter	Madarasz	Club	Male	Senior	39
44	10:44:00	David	Smith	VC de Londres	Male	Senior	38
45	10:45:00	Chris	Jones	Bynea Cycling Club South Downs Bikes /	Male	Veteran	46
46	10:46:00	Tom	Houghton	Casco Pet Royal Navy & Royal	Male	Veteran	48
47	10:47:00	Simon	Arnold	Marines CA	Male	Senior	27
48	10:48:00	Mark	Cawood	Addiscombe CC	Male	Veteran	53
49	10:49:00	Sonia	Chane-Sam	Dulwich Paragon CC	Female	Senior	39
50	10:50:00	Henrik	Persson	Kingston Wheelers CC	Male	Senior	37
51	10:51:00	Paul	Smith	VeloRefined Rule 5 Bournemouth Cycleworks - Vitec Fire	Male	Veteran	48
52	10:52:00	George	Creasey Thorne-	- Ford Civil - Trek	Male	Espoir	21
53	10:53:00	Russell	Jones	Crawley Wheelers	Male	Veteran	47
54	10:54:00	Peter	Horsfield	Redmon CC Nuun-Sigma Sport-	Male	Veteran	70
55	10:55:00	Robert	Moore	London RT	Male	Senior	38
56	10:56:00	Jim	Burdett	Addiscombe CC	Male	Veteran	51
57	10:57:00	Lisa	Davis	trainSharp	Female	Veteran	45
58	10:58:00	Martin	Brown	7Oaks Tri Club Mid Sussex Triathlon	Male	Veteran	59
59	10:59:00	Neil	Giles	Club	Male	Veteran	46
60	11:00:00	Ryan	Christensenn	HuntBikeWheels.co	Male	Senior	23
61	11:01:00	Tony	Reeves	GS Stella	Male	Veteran	49
62	11:02:00	Tom	Foot	HuntBikeWheels.com	Male	Senior	34
63	11:03:00	Martin	Gibbs	Team TMC	Male	Senior	34
64	11:04:00	Brian	Jones	Horsham Cycling	Male	Veteran	69
65	11:05:00	Andrew	Meilak	VeloRefined Rule 5	Male	Veteran	54
66	11:06:00	Tristan	Davenne	Newbury RC	Male	Veteran	45
67	11:07:00	Sally	Turner	trainSharp	Female	Veteran	40
68	11:08:00	John	Glaysher	...a3crg	Male	Veteran	42
69	11:09:00	Daniel	Arthur	Epsom CC	Male	Veteran	53
70	11:10:00	Mark	Smith	Crawley Wheelers	Male	Veteran	46
71	11:11:00	Gareth	Williams	Twickenham CC	Male	Veteran	54
72	11:12:00	Chris	Lord	Brighton Excelsior CC	Male	Veteran	67
73	11:13:00	Roland	Kitson	Horsham Cycling	Male	Veteran	61
74	11:14:00	David	Prom	San Fairy Ann CC	Male	Veteran	50
75	11:15:00	Christopher	McNamara Nuun- Sigma Sport RT		Male	Veteran	45

HUB
GEAR
"25":

Number	Start Time	Firstname	Lastname	Club	Gender	Category	
76	11:16:00	Lawrence	Wintergold	Hounslow & District Whs	Male	Veteran	56
77	11:17:00	David	French	Weybridge Wheelers	Male	Veteran	47

TANDEM
"25":

Number	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
78	11:18:00	Mark	Silver	Hounslow & District Whs	Male	Veteran	60
78	11:18:00	Jill	Bartlett	Hounslow & District Whs	Female	Veteran	60

ROAD
BIKES'
"25":

No
tri-bars
and no
hanging
wrists
over
centre of
bars

88	11:28:00	Peter	Davies	Brighton Mitre CC	Male	Veteran	63
89	11:29:00	Robert	Lovett	Team TMC	Male	Senior	34
90	11:30:00	James	Goward	Farnborough & Camberley CC	Male	Veteran	49
91	11:31:00	Justin	Webb	VTTA (London & Home Counties)	Male	Veteran	41
92	11:32:00	Nigel	Langridge	Crawley Wheelers	Male	Veteran	55
93	11:33:00	Mark	Houlden	34 Nomads CC	Male	Veteran	41
94	11:34:00	Kim	Dickenson	Kingston Phoenix RC	Female	Veteran	53
95	11:35:00	Michael	Coyle	Brighton Mitre CC	Male	Veteran	58
96	11:36:00	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	69
97	11:37:00	Adam	Page	Paceline RT	Male	Veteran	42
98	11:38:00	Paul	Newsome	Project 51	Male	Senior	33
99	11:39:00	Danny	Halpin	Bristol CX	Male	Veteran	47

100	11:40:00	Mark	Aldred	Kingston Wheelers CC	Male	Senior	33
101	11:41:00	Moustafa	Fawzy	Paceline RT	Male	Veteran	42
102	11:42:00	Daniel	Sharp	Charlottesville Cycling Club	Male	Veteran	47
103	11:43:00	Stephen	Skinner	Velo Club St Raphael	Male	Veteran	64
104	11:44:00	Catherine	Jones	Hitchin Nomads CC	Female	Veteran	54
105	11:45:00	Adrian	Blacker	C and N Cycles RT	Male	Veteran	56
106	11:46:00	Simon	Skinner	Paceline RT	Male	Senior	38
107	11:47:00	Maria Victoria	Vazquez-Tojeiro	Crawley Wheelers	Female	Veteran	49
108	11:48:00	Sarah	Fiddaman	Horsham Amphibians Triathlon	Female	Veteran	41
109	11:49:00	Jim	O'Leary	GS Avanti	Male	Veteran	63
110	11:50:00	Neil	Harrigan	Gemini BC	Male	Veteran	46
111	11:51:00	Gareth	Thomas	Paceline RT	Male	Senior	34
112	11:52:00	Ian	Baynes	TMG Horizon Cycling Team	Male	Veteran	46
113	11:53:00	Matthew	Houlberg	Meudon Pedal Heaven Le Col RT	Male	Junior	18
114	11:54:00	John	Watson	Hitchin Nomads CC	Male	Veteran	54
115	11:55:00	Paul	Burton	Paceline RT	Male	Senior	39
116	11:56:00	Philip	Murrell	Finsbury Park CC	Male	Veteran	51
117	11:57:00	Trevor	Back	VC Revolution	Male	Veteran	55
118	11:58:00	Tim	Holmes	Brighton Excelsior CC	Male	Veteran	58
119	11:59:00	Mark	Silver	Hounslow & District Whs	Male	Veteran	60
120	12:00:00	Simon	McNamara	HuntBikeWheels.com	Male	Veteran	45

Entries
just 50 in
2019.

