

Holly Lane Hill Climb 2020

Event Secretary – Tim Glenie 18, Willow Grove, Belper DE56 1LX

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Head Time Keeper – Phil Cushway (Matlock CC)

Marshalls – Members of Ilkeston Cycle Club

HQ - There will be a gazebo erected on the bottom of Holly Lane, opposite the start line. Here you will sign In and Out, as well as getting your race number

Parking at the event – There is limited parking on Holly Lane. There will be additional parking at Ambergate Cricket Club. This is accessed through the Hurt Arms Pub Car Park. Turning off the A6 into the Hurt Arms car park, go through the car park and there is a gate on the left hand side. Enter through this to the Cricket Club, it will be signposted with Cycle Event signs. There is also additional parking at Ambergate Train Station, but this will be subject to a fee. Please do not park in the Hurt Arms car park, as this is restricted.

CTT event conditions – As we have a mixture of newer and seasoned Hill Climbers, I just wanted to make you all aware of the following rulings and regulations stated by CTT.

- ❖ **No Pusher off** – Competitors to start with 1 foot on the ground.
- ❖ **No Catchers**
- ❖ **Starting the Race** – Competitors to only go to the start NO earlier than 5 minutes before their starting time. Only 3 Competitors will be allowed to congregate at the start area, adhering to the social distance markers on the floor.
- ❖ Competitors should NOT attend if they feel ill in any way, especially if they or family members have any symptoms. If you have an elevated resting heart rate or exceptionally quick to react heart rate during warmup this can suggest a underlining asymptomatic illness of ANY kind. You should DNS immediately and DO NOT go to the start line.
- ❖ **Warmup** - to be conducted independently and ideally on the road and by yourself. Turbo trainers to be used away from Event HQ, with an absolute minimum 2-meter social distance away from all others.
- ❖ **Finish** – Do not stop at the finish, and do not gather at HQ. When you have finished your race, please go back to HQ, sign out and make your way home.
- ❖ **Don't Forget** – You will need your own safety pins to secure your number. You will also need to bring your own pen for sign In/Out.

- ❖ **Competitor machine** – This year all competitors machine must have a working rear light, that is it to switched on for the duration of the race.

Facilities – Please note that we do not have any changing facilities or toilets at the event.

Spectators – We do not encourage spectators. If you are not a rider or essential support for a rider e.g. parent/ driver, then we ask you to please not attend.

Under 18 riders – Please remember to bring a signed parental consent form. You must wear a Helmet to race.

