

# North Tyneside Riders CC

## Presents

**MH9 Winters Gibbet Open Hill Climb**

To be held on Sunday 5<sup>th</sup> September 2020

*Promoted for & on behalf of Cycling Time Trials under their Rules & Regulations*

Event Secretary

Mick Chappel  
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Timekeepers

Frances and Peter Schultz  
Sharon Dyson

First Rider off at 10.05

#### COVID19 – PLEASE READ CAREFULLY

- Competitors should not attend if they feel unwell in ANY way or if family members have any symptoms.
- Temperature checks on Competitors will be carried out on arrival – high temperature (above 37.8°C) = No Ride, Go Home.
- Riders must provide their own pen to sign on/off the race, NO pens will be provided.
- Use the hand sanitiser provided before and after signing on/off.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm-up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.
- All warm-ups should be done on the road. Static warm-ups are prohibited (no turbo trainers/rollers).
- Riders should consider carrying a mobile phone with the organisers' number saved in it, extra tubes (etc), a pump and basic tools. If you have a mechanical on course, contact the Organiser.
- Riders MUST NOT gather in any way regardless of current guidelines in the car park, HQ area or elsewhere.
- Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/Car park and MUST pack away and leave immediately upon completion of the race.
- Please report to the start line no more than 5 minutes before your designated start time. Adhere to the 2 metre social distancing rule. ▪ Riders will need to self-start, with one foot on the ground. NO track stands
- Remember, no rear working light (flashing or constant) NO RIDE. Riders MUST bring their own working light, marshals/timekeeper cannot provide a light.

- **DRAFTING – SOCIAL DISTANCING:** If you catch up with another rider during your race, try to pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind.

### **HQ: Bird in Bush Public House**

Village Green, Elsdon, Northumberland, NE19 1AA

HQ will be opened at 8.30 am and sign on and numbers will be available from 9.00 am.

There is limited parking near the village hall but there is plenty of road side parking, please park safely and without hindrance to road users and the residents of Elsdon who have kindly allowed us to go ahead with this event.

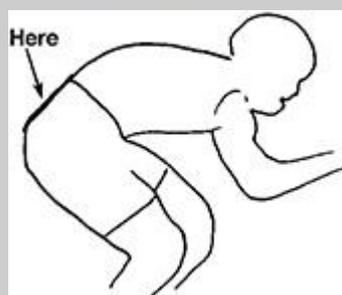
The pub has kindly allowed us to use the toilets and will be operating one in one out, strictly no changing at the pub, please come prepared to race. There will be no after race refreshments, please help the race organisers by adhering to the social distancing rules.

Sign on, Race, Sign Out, Go Home and Await Results.

### **Numbers and Results**

All riders must sign the “signing on sheet” before collecting their numbers and must sign the sheet again when returning after their ride.

Please make sure your number is placed correctly on jerseys/skinsuits to assist time timekeepers. If the timekeepers are unable to read your number then the time may be void. Below is a diagram for positioning your number on jerseys/skinsuits. Riders **MUST** provide their own safety pins.



Results will be posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the Timekeepers on the afternoon of the event.

### **MH9**

This event is been run on the MH9 Course

2.2 Mile Hill Climb –Start on minor Gibbet road south of Elsdon Village Opposite first Telegraph pole (A1) on the right crossing the small bridge in the direction of the Gibbet. Proceed uphill to FINISH at the Northumberland National Park stone sign at the beginning of the natural lay-by.

### **Riders**

- All riders are responsible for their own safety
- You must obey the rules of the road and obey all traffic signs, signage and direction indicators
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times
- You must look ahead and not ride with your head down
- You must not take pace or shelter from any other vehicle or competitor (no drafting)
- Failure to comply with the above may lead to disciplinary action being taken
- No warming up on the course once the race has started
- No dismounting by riders in finishing area.
- Keep strictly to the correct side of the road
- Take care on the descent of the hill
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.
- All competitors under the age of 18 years MUST wear a hard shell helmet.

Number	Start Time	Firstname	Lastname	Club	Gender	Category
5	10.05	Michael	Tupman	North Tyneside Riders CC	Male	Juvenile
6	10.06	Lucy	Glover	Derwentside CC	Female	Juvenile
7	10.07	Ben	Scott	Racing Metro 15	Male	Juvenile
8	10.08	Zac	Batey	Derwentside CC	Male	Juvenile
9	10.09	Hal	Kennedy	North Tyneside Riders CC	Male	Juvenile
10	10.10	Euan	Dinning	Gosforth RC	Male	Juvenile
11	10.11	Ciaran	Lally	Racing Metro 15	Male	Juvenile
12	10.12	Grace	Castle	Mountain Goat Performance Cycle Coaching	Female	Junior
13	10.13	Daniel	Holmes	Derwentside CC	Male	Junior
14	10.14	John	Russell	Team Bikestop Tyrekey	Male	Junior
15	10.15	Ben	Flanagan	Tyneside Vagabonds CC	Male	Junior
16	10.16	Harry	Riches	Muckle Cycle Club	Male	Junior
17	10.17	Ronnie	Batey	Derwentside CC	Male	Veteran
18	10.19	Chris	Burns	Reifen Racing	Male	Senior
19	10.20	Stu	Norman	Muckle Cycle Club	Male	Veteran
20	10.21	Jacob	Anderson	South Shields Velo Cycling Club	Male	Senior
21	10.22	Lee	Charlton	Newcastle Cheviot CC	Male	Veteran
22	10.23	Christopher	Wilcock	Muckle Cycle Club	Male	Senior
23	10.24	Adam	Martin	Newcastle Cheviot CC	Male	Senior
24	10.25	Daniel	Thompson	North Tyneside Riders CC	Male	Senior
25	10.26	Tony	Fawcett	Newcastle Cheviot CC	Male	Veteran
26	10.27	Brian	Johnson	Reifen Racing	Male	Veteran
27	10.28	Ben	Granger	CCCR	Male	Espoir
28	10.29	Peter	McGlynn	Allen Valley Velo	Male	Veteran
29	10.30	Scott	Robertson	Tyne & Wear Fire & Rescue Service CC	Male	Senior
30	10.31	Ian	Gallon	North Tyneside Riders CC	Male	Veteran
31	10.32	Michael	Aspey	Reifen Racing	Male	Veteran
32	10.33	Nick	Munro	Royal Air Force Cycling Association	Male	Senior
33	10.18	Matthew	Mernin	Muckle Cycle Club	Male	Espoir
34	10.34	Georgia	Campbell	Blaydon CC	Female	Senior
35	10.35	Lucy	Siddle	Reifen Racing	Female	Veteran
36	10.36	Josie	Cram	PMRR	Female	Senior
37	10.37	Sandy	Cheung	Reifen Racing	Female	Veteran
38	10.38	Joanne	Rea	Blaydon CC	Female	Senior
39	10.39	Isabella	Ash	Holmfirth C C	Female	Senior
40	10.40	Angela	McGurk	Blaydon CC	Female	Senior
41	10.41	Miriam	Jessett	Team Kirkley Cycles	Female	Espoir

42	10.42	Sarah	Wilkinson	Blaydon CC	Female	Veteran
43	10.43	Jihanna	Allard	PMRR	Female	Senior
44	10.44	Hannah	Farran	Team Boompods	Female	Senior
45	10.45	Robert	Scandle	Allen Valley Velo	Male	Veteran
46	10.46	Peter	Stokoe	Reifen Racing	Male	Senior
47	10.47	Joe	McMillan	Blaydon CC	Male	Veteran
48	10.48	Brendan	McMillan	Tyne & Wear Fire & Rescue Service CC	Male	Senior
49	10.49	Colin	Blacklock	Muckle Cycle Club	Male	Veteran
50	10.50	John	Routledge	Barnesbury CC	Male	Senior
51	10.51	Guillaume	Zoppi	North Tyneside Riders CC	Male	Veteran
52	10.52	Michael	Charlton	Barnesbury CC	Male	Senior
53	10.53	Barry	Fordham	Cestria C.C.	Male	Veteran
54	10.54	Sean	Leckey	CCCR	Male	Senior
55	10.55	John	Bowman	Muckle Cycle Club	Male	Senior
56	10.56	Noel	Stoddart	Blaydon CC	Male	Veteran
57	10.57	Joe	Stringer	Muckle Cycle Club	Male	Senior
58	10.58	Tom	Harcourt	Team Bikestop Tyrekey	Male	Senior
59	10.59	Lee	Cuthbertson	Muckle Cycle Club	Male	Senior
60	11.00	Sam	Leng	AIMS Cycling	Male	Senior
61	11.01	Andy	Richardson	Muckle Cycle Club	Male	Senior
62	11.02	Graeme	Wardale	South Shields Velo Cycling Club	Male	Veteran
63	11.03	Dave	Diston	Muckle Cycle Club	Male	Senior
64	11.04	Michael	Harcourt	Team Bikestop Tyrekey	Male	Senior
65	11.05	Colin	Atkinson	Muckle Cycle Club	Male	Veteran
66	11.06	Sam	Lashley	Kendal Cycle Club	Male	Senior
67	11.07	Wilson-Jay	Brown	PM Racing UK	Male	Senior
68	11.08	Andy	Cunningham	Ilkley CC	Male	Senior
69	11.09	Marcus	Cram	Blaydon CC	Male	Senior
70	11.10	Patrick	Clark	Team Lifting Gear Products/Cycles In Motion	Male	Senior