

**Kettering CC**  
**Frank & Joy Sheppard Memorial**  
**10 Miles Time Trial**  
**Saturday 26<sup>th</sup> September 2020 – Results**  
**(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)**

Event Secretary: David Yarham. 7 Torpel Way, Maxey, Peterborough, PE6 9EQ  
 Tel: 01778 343077 Mobile: 07932 162471

Timekeepers: Ms J Cafe  
 Mr R Daniells

Awards:  
 Solo Event

Fastest (Actual Time):

1 <sup>st</sup>	George Fox	45 RC	21:36	£50
2 <sup>nd</sup>	Edward Calow	Royal Air Force Cycling Association	22:05	£40
3 <sup>rd</sup>	Luke Norris	Banbury Star Cyclists' Club	22:06	£30
4 <sup>th</sup>	George Thorne	Beacon Roads CC	22:14	£20
5 <sup>th</sup>	Mark Jones	DRAG2ZERO	22:15	£15
6 <sup>th</sup>	Chris Spencer	Royal Leamington Spa Cycling Club	22:49	£10

Fastest (Handicap Time):

1 <sup>st</sup>	Christian Norris	Mercedes AMG Petronas CC	18:59	£50
2 <sup>nd</sup>	Edward Calow	Royal Air Force Cycling Association	19:06	£40
3 <sup>rd</sup> =	Eddy Clutton	Kettering CC	19:14	£25
3 <sup>rd</sup> =	Nigel Briggs	South Pennine RC	19:14	£25
5 <sup>th</sup>	Alison Fovargue	Team Empella Cyclocross.com	19:42	£15
6 <sup>th</sup>	Peter Richardson	Velo Club Long Eaton	19:51	£10

Fastest Lady:  
 (Actual Time)

Alison Fovargue Team Empella Cyclocross.com 26:07 £25

(Handicap Time):

Alison Fovargue Team Empella Cyclocross.com 19:42 £25

Fastest Junior/Juvenile:

Evander Wishart Fenland Clarion CC 29:57 £25

Road Bike Event

Fastest (Actual Time):

1 <sup>st</sup> =	George Fox	45 RC	22:39	£35
1 <sup>st</sup> =	Simon Norman	Bedfordshire Road RT	22:39	£35
3 <sup>rd</sup>	Crispin Doyle	VTTA (Wessex Group)	23:11	£20
4 <sup>th</sup>	Roy Chamberlain	Corley Cycles RC	23:16	£10

Fastest (Handicap Time):

1 <sup>st</sup>	Alastair Shed	45 RC	18:07	£40
2 <sup>nd</sup>	David Payne	Leicester Forest CC	18:22	£30
3 <sup>rd</sup>	Jude Chamberlain	Team Jewson - MI Racing	18:35	£20
4 <sup>th</sup>	Crispin Doyle	VTTA (Wessex Group)	19:00	£10

Fastest Junior/Juvenile:

Jude Chamberlain Bedfordshire Road RT 24:11 £25

**Fastest First Open Ride:**

Peter Shaw                      Team Jewson - MI Racing                      25:07    £25

**Sheppard Memorial Trophy (for the best improvement by a Kettering CC rider):**

Eddy Clutton

Signs:                      Jon Thorne

Marshals:	Signing-on/Car parking	Andy Parker, Marcus Buksh
	Start	Mike Castelete, Gary Parker
	Mawsley T-junction	Andrea Woolcott, Darren Gillings
	Foxhall T-junction	Gary Bridger
	Lampport turn	Gwyneth Wood, Pat Reynolds
	Scaldwell turn	Roy Crombie
	Old turn	Diana Gent, Josh Crayford

Number Taker:              Jon Thorne

I would like to thank all of the timekeepers and helpers above, especially for braving the cold for a full 2 hours. Without their assistance willingly and voluntarily given we would have no sport. Congratulations to all the award winners. I can only apologise for the weather. I'm afraid that was completely beyond my control! I would also like all those who participated in the event for their consideration of the restrictions imposed upon us by the covid19 situation. I hope all of those who rode enjoyed their day, and that I will see you all again next year.

**Frank & Joy Sheppard**

Joy and Frank were both very keen cyclists from an early age. Frank was at his best on the track and in hill climbs, while Joy excelled in time trials, and they met on the time trial circuit during the war. Both rode for several local clubs, including Corby, Wellingborough, Beds Road, Kettering Amateurs, Eleanor and Sheffield Phoenix before and during the war, before finding a home at Kettering Friendly in the post-war years.

Joy was part of the BRCC team that recorded the "Best on Record" time for 30 miles in 1941, and in 1943 recorded "Best on Record" for the both the individual and team 50 mile time trial when she was riding for the Eleanor RC. (The team competition was much more important then than now).

Frank won countless awards, from medals to grandfather clocks (yes, 2 of them in fact!), and would probably have been in contention for international honours had the war not put a stop to all that.

He was runner up in the Arthur Nicholson Memorial Trophy, for achievement by Kettering sportsmen, in 1938.

After the war, they continued cycling, but I don't have any records of them racing again until the early 50s, when Joy was joined by a group of fit young women to race for the Friendly, and Frank was coach, chief mechanic, and transport manager; (that means he had an ex-army wagon – several bikes were suspended from the framework, with the girls sitting on the floor underneath eating blackcurrant jam sandwiches!).

Lugging two young children around on the back on tandems must have been good training, as in 1953 Joy presented and then won the N&DCA Ladies BAR rose bowl. When he retired in 1979, Frank joined the Amateurs and took up time-trialling again, frequently beating the vet's standard times.

With Joy in ill health, they moved to live with us in Co Durham in 1991, but Joy died soon after. Frank continued racing in the North, proudly wearing the blue and yellow KACC colours until a few months before he died in 1996.

However, to a number of you, Frank will be remembered as the man in the woolly hat, often out marshalling with Joy, always willing to help, and never losing their love of cycling. They put a lot into the sport, as competitors and helpers, but in return they made life-long friends through cycling.

I would like to thank Karen (Frank and Joy's daughter) and Alan Blackburn for their continued, very generous sponsorship of this event.

## Solo Event

No	Name	Club	Cat	H'cap	Actual Time	H'capTime	Pos'n	H'cap Pos
10	George Fox	45 RC	S		21:36	21:36	1	33
51	Edward Calow	Royal Air Force Cycling Association	S	02:59	22:05	19:06	2	2
40	Luke Norris	Banbury Star Cyclists' Club	S	02:00	22:06	20:06	3	8
20	George Thorne	Beacon Roads CC	S	02:07	22:14	20:07	4	9
60	Mark Jones	DRAG2ZERO	V		22:15	22:15	5	41
25	Chris Spencer	Royal Leamington Spa Cycling Club	S	02:36	22:49	20:13	6	11=
55	Robert Barker	Kettering CC	V	02:15	23:04	20:49	7	19
30	Rich Steels	Ilkeston Cycle Club	V	02:03	23:07	21:04	8	21
5	Sam Barker	Kettering CC	V	02:54	23:18	20:24	9	16
31	Alex Garner	VeloElite RC	V	03:06	23:19	20:13	10	11=
41	Karl Moseley	Fishface Cycles RT	V	03:03	23:33	20:30	11	17
15	Hugo Hocknell	Team Salesengine.co.uk	V	02:40	23:59	21:19	12	28
32	Simon Hanrahan	Corley Cycles RC	V	03:56	24:00	20:04	13	7
63	Christian Norris	Mercedes AMG Petronas CC	S	05:03	24:02	18:59	14	1
65	Nick Cave	Team Lutterworth Cycle Centre	V	02:11	24:16	22:05	15	39
12	Matt Norris	Banbury Star Cyclists' Club	V	04:07	24:22	20:15	16	13
46	Chris Old	Kettering CC	S	03:18	24:27	21:09	17	24
21	Edward Smith	Kettering CC	V	03:06	24:32	21:26	18	31
17	Peter Richardson	Velo Club Long Eaton	V	05:01	24:52	19:51	19	6
36	Warren Drew	Rapha Cycling Club	V	03:19	25:10	21:51	20	36
57	Loz Staples	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)	V	04:09	25:15	21:06	21	22
7	Gregory Ashley	Team Jewson - MI Racing ~Poly Pipe~McCann	V	03:32	25:19	21:47	22	34
3	Nigel Briggs	South Pennine RC	V	06:06	25:20	19:14	23	3=
64	Neil Wood	Brereton Whs	V	03:12	25:25	22:13	24	40
61	Lee Thomas	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)	V	02:58	25:31	22:33	25	43
23	Vincent Shreeve	Bourne Wheelers	V	05:21	25:44	20:23	26	15
34	Eddy Clutton	Kettering CC	V	06:36	25:50	19:14	27	3=
42	Simon Fitzhugh	45 RC	V	03:56	25:52	21:56	28	37
18	Alison Fovargue	Team Empella Cyclocross.com	LS	06:25	26:07	19:42	29	5
33	Adrian McHale	Peterborough CC	V	05:06	26:13	21:07	30	23
24	Mark Tomlinson	Peterborough CC	S	06:08	26:16	20:08	31	10
16	Sue Rust	Kettering CC	LV	03:23	26:19	22:56	32	45
52	Phil Scott	Rugby Racing Cycling Club	V	05:02	26:26	21:24	33	30
43	Gary Smith	Stourbridge Velo	V	05:21	26:36	21:15	34	26
59	Graham Rice	Kettering CC	V	06:25	26:44	20:19	35	14
62	Nigel Finch	Mercia - Lloyds Cycles CC	V	03:43	26:50	23:07	36	47
26	Philip Jones	Peterborough CC	V	03:23	27:20	23:57	37	48
38	Stephen Anderson	High Wycombe CC	V	06:20	27:36	21:16	38	27
44	Jamie Fox	Hitchin Nomads CC	S	06:35	28:03	21:28	39	32
13	Maria Gent	Kettering CC	LS	05:45	28:16	22:31	40	42
54	Annette Golawska	Rugby Racing Cycling Club	LV	06:33	28:37	22:04	41	38

37	Rod J Weston	Team Bottrill	V	04:44	28:43	23:59	42	49
58	Oliver Franklin	Icknield RC	V	06:09	28:54	22:45	43	44
2	Pamela Moore	Coalville Whs	LV	07:50	29:03	21:13	44	25
39	Robert Mathews	Ratae RC	V	08:08	29:31	21:23	45	29
9	Evander Wishart Christopher	Fenland Clarion CC	Juv	09:10	29:57	20:47	46	18
19	Morris	Bath Road Club	V	09:09	30:02	20:53	47	20
4	James Lees	VTTA (Midlands)	V	07:16	30:19	23:03	48	46
49	Harry Tozer	Fenland Clarion CC	Juv	09:11	30:59	21:48	49	35
1	Michael Wood	Kettering CC	V	11:03	36:05	25:02	50	50
11	Patrick Kelly	Velo Club Long Eaton	S	03:12			DNS	
35	Tony Ball	Team Swift	V	02:34			DNS	
53	Paul Breeze	Peterborough CC	V	05:16			DNS	
6	Richard Coleman	Stourbridge Velo	V	03:40			DNS(apol)	
8	Andrew Grant	Chelmer CC	V	06:27			DNS(apol)	
14	Laura Powell	Royal Leamington Spa Cycling Club	LS	06:40			DNS(apol)	
22	Andrew Bright	Chronos RT	V	03:57			DNS(apol)	
27	Dan Holford	Royal Leamington Spa Cycling Club	V	04:47			DNS(apol)	
28	Richard Glover	CC Ashwell	V	06:22			DNS(apol)	
29	Amy Bird	Kettering CC	LJ	08:24			DNS(apol)	
45	Ian Short	Team Salesengine.co.uk	V	02:26			DNS(apol)	
47	Ann Shuttleworth	Cambridge CC	LV	04:30			DNS(apol)	
48	Greg Elliott	Harworth and District Cycling Club	V	06:18			DNS(apol)	
50	James Perkins	Race Hub	V	01:11			DNS(apol)	
56	Wendy Gooding	Team Bottrill	LV	03:19			DNS(apol)	

## Road Bike Event

No	Name	Club	Cat	H'cap	ActualTime	H'capTime	Pos'n	H'cap Pos
85	Simon Norman	Bedfordshire Road RT	V	00:17	22:39	22:22	1=	15
90	George Fox	45 RC	S		22:39	22:39	1=	16
81	Crispin Doyle	VTTA (Wessex Group)	V	04:11	23:11	19:00	3	4
75	Roy Chamberlain	Corley Cycles RC	V	04:01	23:16	19:15	4	6
		Team Jewson - MI Racing						
87	Jude Chamberlain	~Poly Pipe~McCann	J	05:36	24:11	18:35	5	3
86	Peter Shaw	Bedfordshire Road RT	S*	05:06	25:07	20:01	6	10
72	Andy Eagers	Derby Mercury R C	V	05:29	25:11	19:42	7	7
82	Andy King	Kettering CC	V	05:27	26:08	20:41	8	11
77	Celia Brown	Beacon Roads CC	LV	06:25	26:10	19:45	9	9
88	Alexander Norman	Bedfordshire Road RT	Juv*	05:25	26:11	20:46	10	12
		Gorilla Coffee Cycling						
89	Michael Walker	Club	S*	04:29	26:23	21:54	11	14
83	Oscar Heslop	Team Milton Keynes	V	07:26	26:34	19:08	12	5
70	Noel Toone	Kettering CC	V	03:47	26:43	22:56	13	17
78	Alastair Shed	45 RC	V	08:45	26:52	18:07	14	1
73	David Payne	Leicester Forest CC	V*	11:01	29:23	18:22	15	2
69	Fiona Payne	Leicester Forest CC	LV*	11:01	30:44	19:43	16	8
71	Daniel Tozer	Fenland Clarion CC	V*	10:23	32:11	21:48	17	13
79	Norman King	St Neots CC	V	09:55	35:22	25:27	18	18
74	Iain Callaghan	Kettering CC	V	09:52			DNS	
76	Adam Lea	Team Milton Keynes	Juv	04:18			DNS	
80	Nick Giles	Poco Loco Cycling R.T.	V	03:51			DNS(Apol)	
84	Malcolm Giles	Poco Loco Cycling R.T.	V	09:09			DNS(Apol)	