

## COURSE V810

### Addingham – Bolton Bridge – Skipton - Addingham

Start in Bolton Road, Addingham (B6160), in gateway to Addingham Primary School, at a point 6 yards south of lamp-post no.8. Proceed north on B6160 to Traffic Island at junction with A59, Bolton Bridge. (2.021mils).

Take 1<sup>st</sup> exit, left, and continue westwards on A59 to Skibeden Traffic Island, junction A65. (5.924mils). Take 1<sup>st</sup> exit, left, and proceed east on A65, via Draughton by-pass, to finish at green road sign, indicating exit point 300 metres, before Traffic Island at junction of A65/B6160 on Addingham by-pass (10.000mils).

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Riders must not stop at the finish - continue on A65 towards Ilkley, to parking area to east of Addingham, or continue to HQ.

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There will be direction boards on the course, as well as marshals. Look out for these. Note: Marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

**TAKE CARE** when turning left at Skibiden Island, not to cross central white line on exiting island. The approach to the island is on a slight downhill, and can be quite fast.

**THERE ARE** a few pot-holes, especially around some of the drain covers on the section to Bolton Bridge. Please watch out for these.

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**There is NO PARKING, other than for Officials, at START or FINISH.**

In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active whilst the machine is in use.

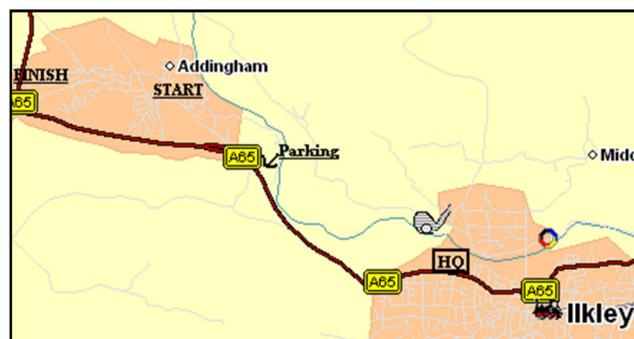
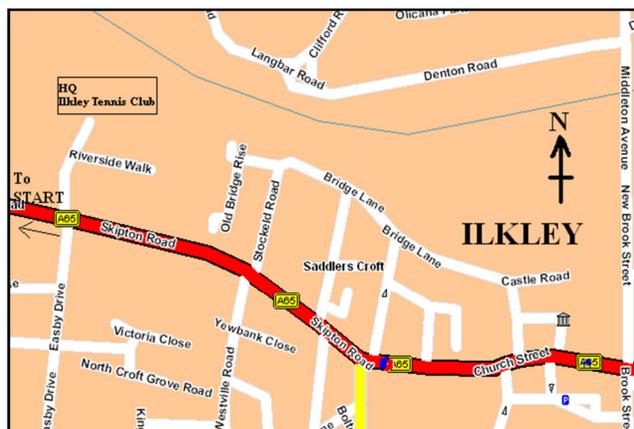
**NB. Junior & Juvenile riders MUST wear an approved Hard Shell Helmet (reg.15).**

## HEADQUARTERS and PARKING

Event Headquarters is the Ilkley Lawn Tennis & Squash Club, Stourton Road, Ilkley, LS29 9BG (see maps). Numbers, signing-on sheet, and Result Board will be located here. There will be Tea & Coffee for riders on return after their ride (collect a token when signing out). There is also a Café & Bar located in the Club.

**No parking next to HQ building.** For those who require parking nearer the start/finish, there is plenty of room on the old Skipton Road (on north side of current A65) to the east of Addingham, about a mile from the start

It is approx. 3 miles from the HQ to the start, so allow plenty of time to get there. From HQ proceed to A65 Skipton Road, turn right and continue to turn off for Addingham. Turn right (parking area is on right here, on old road to Ilkley - Sandbeds), and continue on old A65, Addingham Main Street, to junction with A6160. Turn right here, start is on left in about 400yds, in entrance to school.



Promoted for, and on behalf of, Cycling Time Trials  
under their Rules & Regulations

# Ilkley Cycling Club

[www.ilkeycyclingclub.org.uk](http://www.ilkeycyclingclub.org.uk)

## Hilly 10 mile Time Trial

Counting Event for YCF SpoCo Series 2017

### Sunday 26<sup>th</sup> March 2017 – Course V810

First rider to start at 09.31 hrs (remember clocks go forward!)

**Timekeepers:** Joyce and Keith Webb

**Event Secretary:** Doug Hart 07866 764645

6 Beechwood Grove, Shipley, BD18 4JS

[doug.hart95@gmail.com](mailto:doug.hart95@gmail.com)

### Awards:

Men		Women	
1 <sup>st</sup> Fastest:	£30	1 <sup>st</sup> Fastest:	£30
2 <sup>nd</sup> Fastest:	£25	2 <sup>nd</sup> Fastest:	£25
3 <sup>rd</sup> Fastest:	£20		
4 <sup>th</sup> Fastest:	£15		
5 <sup>th</sup> Fastest:	£10		
1 <sup>st</sup> Vet on Std	£20	1 <sup>st</sup> Vet on Std	£20
2 <sup>nd</sup> Vet on Std	£15		
3 <sup>rd</sup> Vet on Std	£10		
corsaRosa	£10	corsaRosa	£10

**NB: one rider, one prize (except corsaRosa).**

**EVENT HQ** is Ilkley Lawn Tennis & Squash Club,  
Stourton Road, Ilkley LS29 9BG

**PARKING AT HQ** – At bottom of hill from A65, go straight ahead, across field, to **hard standing near tennis courts**. Do not park in main car park – you may find yourself boxed in by regulars arriving for junior clubs etc. and jeopardise future use of the facility.

**OPEN from 08:30**

Enter through front door, up stairs to right,  
through café, past toilets to room at end.

Signing-on/Results here

**Awards available at HQ when last rider has returned.**

**THIS IS THE 4<sup>th</sup> COUNTING EVENT FOR THE YORKSHIRE CYCLING FEDERATION SPOCO COMPETITION 2017.**

The Competition is **open to all riders**, not just members of YCF Affiliated Clubs. Awards in all categories. Riders must complete 6 of the 13 counting events. Fastest Rider scores 120 pts, 2<sup>nd</sup> 119pts etc. There is a separate competition for women: 1<sup>st</sup> Woman 120pts. 2<sup>nd</sup> 119pts etc.

**Counting Events:**

Date	Event	Course
Sun 11 <sup>th</sup> March	Malton Whs 10	V411/1
Sat 18 <sup>th</sup> March	Harrogate Nova 24	V262/24
Sun 19 <sup>th</sup> March	Yorkshire RC 10	V810
Sun 26 <sup>th</sup> March	Ilkley CC 10	V810
Sat 15 <sup>th</sup> April	Otley CC 10	V212
Sun 23 <sup>rd</sup> April	Otley CC 25	V235
Sat 29 <sup>th</sup> April	Yorks Coast Clarion 24	V733/24
Wed 31 <sup>st</sup> May	Halifax Imps 21	V965
Sun 4 <sup>th</sup> June	East Bradford CC 15	V221
Sat 24 <sup>th</sup> June	Bridlington 10	V415
Sun 25 <sup>th</sup> June	Holmfirth CC 10	V915
Tues 27 <sup>th</sup> June	YCF Hill Climb	V9916
Sun 2 <sup>nd</sup> July	Huddersfield Star Whs 10	V915
Sat 8 <sup>th</sup> July	Valley Striders 25	V235
Sat 19 <sup>th</sup> August	YCF 30 (M Pts)	V241
Sat 19 <sup>th</sup> August	YCF 15 (W Pts)	V226
Sat 26 <sup>th</sup> August	Scarborough Paragon 10	V415
Sat 23 <sup>rd</sup> Sept	Harrogate Nova 10	V212

**ORDER OF START – 1<sup>st</sup> RIDER @ 09:31 (clocks go forward!)**

No	Rider	Club	Age	Cat
31	Katherine Rigby-Jones	Ilkley CC	45	WV
32	Claire Jessop	Otley CC	47	WV
33	Emma Cresser	Ilkley CC	25	W
34	Clare Crabtree	Pedalsport CC	38	W
35	Alison Kinloch	PH-MAS Cycling	43	WV
36	Karen Taylor	Vertex Biemme RT	50	WV
37	Helen Goldthorpe	Otley CC	38	W
38	Lisa Dickinson	Team Lusso	38	W
39	Lisa Greenwood	Rossendale RC	48	WV
40	Kirsty Smith	Team Swift	42	WV
41	Andy Marshall	VS Cycles Brighouse	50	V
42	Richard Haigh	Holme Valley Whs	70	V
43	Timothy Walton	Ilkley CC	50	V

44	Dylan Lyons	Otley CC	14	Juv
45	Peter Greenwood	Team Swift	65	V
46	Glen Turnbull	Patron	43	V
47	Mike Firth	Ilkley CC	46	V
48	Greg Jessop	Otley CC	57	V
49	Thomas Brabbin	Halifax Imperial Whs	30	
50	Stewart Gormley	Team Swift	37	
51	Mark Johnson	Yorkshire Road Club	52	V
52	Tim Ashelford	Ilkley CC	53	V
53	Liam Mealey	Otley CC	35	
54	Mike Cole	Huddersfield RC	72	V
55	Ian Mitchelson	Albarosa CC	43	V
56	Stephen Lloyd	Bronte Whs	48	V
57	Andrew Lambe	Ilkley CC	46	V
58	Andrew Bolton	Otley CC	46	V
59	Martin Giles	Valley Striders CC	36	
60	Richard Dean	Team Swift	37	
61	Matthew Asquith	East Bradford CC	42	V
62	Liam Rees	Ilkley CC	38	
63	David Lacy	Airedale Olympic	56	V
64	John Eric Potter	Bridlington CC	62	V
65	Dave Bramley	Team Swift	43	V
66	Paul Targett	Pendle Forest CC	52	V
67	Patrick Madden	Ilkley CC	47	V
68	Sean Greenwood	Rossendale RC	26	
69	Aaron Hemsley	Albarosa CC	23	
70	Alastair Wareham	SSLL Racing Team	32	
71	Russell Brown	Yorkshire Road Club	43	V
72	Matthew Cox	Ilkley CC	48	V
73	David Meehan	Valley Striders CC	33	
74	Ben Stead	Halifax Imperial Whs	34	
75	Michael Cross	Yorkshire Road Club	54	V
76	Martin Gargett	Halifax Imperial Whs	43	V
77	Steven Gott	Ilkley CC	40	V
78	Tim Palliser	East Bradford CC	53	V
79	Tony Stott	VTTA (Yorkshire)	72	V
80	Philip Graves	NOPINZ	27	
81	Jim Trevor	Hull Thursday RC	44	V
82	Ian Galbraith	Drighlington BC	43	V
83	Lee Morley	Ilkley CC	43	V
84	Nik Blesic	Ravensthorpe CC	46	V
85	Blair Buss	SSLL Racing Team	52	V
86	Conor Palliser	East Bradford CC	21	Esp
87	Daniel Shaw	Halifax Imperial Whs	48	

88	Christopher Gargett	York Cycleworks	38	
89	Peter Watson	Harrogate Nova CC	27	
90	Adam Duggleby	Vive Le Velo	32	
91	Daniel Sharp	Ilkley CC	36	

Last rider 10:31

**!!WARNING!!**

The road surface, in the direction ridden, is quite good; however there are a few sunken grates to look out for:

0.77 miles – drain cover, about 3 feet out from grass verge

1.67 miles – man-hole cover, about 3 feet out from verge, some of tarmac has fallen away, leaving a raised leading edge.

2.93 miles – Bikers Café/Garage – beware groups of motorbikes slowing to enter, or those leaving café.

6 to 6.5 miles – a couple of the grates in gutter have sunk slightly

10am

**Please be aware of the new CTT Regulation 17(b)**

For 2017 all competitors are required to return to the event HQ, hand in their number(s) and **SIGN OUT**.

A competitor **MUST** sign out him/herself. It is not permissible for another person to sign out on behalf of the competitor.

**Failure to do so will result in the competitor being recorded as DNF.**

**corsaRosa prize conditions**

A 'non-aero' prize is offered in the spirit of the corsaRosa league equipment conditions.

- road bikes only with no TT style (or clip-on) bars
- wheel rim depth ≤35mm
- no skinsuits or TT helmets (aero road helmets are allowed)
- weatherproof shoe covers are allowed

To be eligible **you must declare your intention** when called up to start to the pusher-off, Simon Warren, whose decision on eligibility will be final (remember it's just for a bit of fun!)

Full details on the corsaRosa league [goo.gl/qVCqxN](http://goo.gl/qVCqxN)