



Brighton Mitre Cycling Club (1894 – 2020) President – Robin Johnson

The October Hill Climbs, promoted for and on behalf of Cycling Time Trials under its rules and regulations on Saturday 10th October 2020.

Please read **in full** including COVID-19 details at the end of the document.

AM: Course GH/92, Steyning Bostal, Steyning, West Sussex, 0.95 miles long.

Course Record:	Men:	Jamie Lowden, 3;49.1 2015
	Women:	Alice Lethbridge, 5;02.3, 2015
	Vets:	Peter Tadros, 3;55.7, 2010
	Juniors:	Lukas Nerurkar, 3;57.8, 2020

START (Map ref.TQ178106, O.S. Landranger Map 198) in Bostal Road, Steyning.

42yards West of junction with Clays Hill and 7 yards West of blue sign, "Single track road with passing places". Proceed up Bostal Road, past junction with Newham Lane to FINISH at top of hill opposite South Downs Way wooden footpath sign and 34 yards past "Steep hill" sign for descending traffic, (TQ 166100).

Start:220'above sea level: steepest at 17%. Finish: 500'above sea level.

HQ; The Steyning Centre, Church Street, Steyning BN44 3XZ

Go into Steyning and follow sign at mini roundabout (left coming from the North0.

Turn right opposite Steyning's 12th Century church into large car park. The HQ is only open for toilets.

HQ to start: 0.64 miles - back to mini roundabout, left the 3rd road on right.

After finishing, retrace downhill and please take first left, Newham Lane, to avoid impeding ascending riders. At end of road, go straight on at T-junction, then right at nest T-junction to mini roundabout where 1st left to HQ.

Finish to HQ: 1.48 miles.

BOTH EVENTS:

1) NUMBERS at HQ's only: please sign on at each HQ to collect yours. Please return your numbers from where you collected them into a bowl of disinfected water outside each HQ. Due to COVID-19 restrictions, we regret the food and drink will be unavailable.

2) TIMEKEEPERS – at start, Robin Johnson (BMCC). At finish Richard Meed (Lewes Wanderers)

3) LONDON SOUTH DC regulation - no vehicle, except those of the timekeepers and race officials shall park in the vicinity of the start and finish area.

4) In the interests of safety, Cycling Time Trials and the event promoters strongly advise you wear a HARD SHELL HELMET that meets an internationally accepted standard.

C.T.T. regulations require compulsory use of helmets for the under 18's.

5) COMPETITORS MACHINES: It is a regulation that a working rear light, either flashing or

constant is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

No light = No start

P.M Course, GH/94, Mill Hill, Shoreham-by-Sea, West Sussex, 2.66 miles long.

Course Record:	Men:	Jonathon Dayus, 7:18.5, 2005
	Women:	Alice Lethbridge 8:52.9 2014
	Veterans:	Ishnael Burdeau, 7:51.3, 2008
	Juniors:	Matt Green, 8:19.3, 2005
	Juvenile:	Zak Corum-Haines, 9:02.9, 2012

START (Map ref. TQ212068, OS Landranger Map no. 198) on Mill Hill, Shoreham -by-Sea, immediately north of cattle grid, at northern edge of first car park, 280 yards north of bridge over A27. Climb past New Erringham Farm and South Downs Way car park to FINISH 0.81 mile after sharp right-hand bend, at third remaining fence post on left hand side of road, 76 yards before end of metalled road, (TQ217103)

Start 250' above sea level, steepest at 9%. Finish 600' above sea level. Total climbing: 426'

HQ; A virtual HQ for sign on will be operating near the toilets on the south-eastern corner of Buckingham Park, Upper Shoreham Road, Shoreham-by-Sea, BN43 6PE.
Parking will be available near the park.

HQ to Start 1.15 mile - left on to Old Shoreham Road westwards.

Take 5th road on right, signposted "Mill Hill 1, Youth Hostel 3" , and then 2nd right, across bridge to start at north side of first car park.

After the start, keep well over to the left and beware of any cars coming down, as drivers often appear reluctant to slow and pull over.

CATTLE GRIDS - since 2005, two have been installed. One is immediately before the start and the second is after 0.52 miles, at the top of the first hill.

PRIZES Men's (each event)

FIRST - £60

2nd - £40

3rd - £30

4th - £20

5th - £15

PRIZES Women's (each event)

FIRST - £60

2nd - £40

3rd - £30

4th - £20

5th - £15

First team - £25 each

FIRST Junior £25

2nd - £15

FIRST Juvenile £20

DUE TO COVID-19 there will sadly be no PRIZE PRESENTATIONS.

Please email paulgriffin2007@gmail.com to pass on your bank account details.

Very grateful thanks to all entrants, as without you, we would have no event

EVENT Secretary- Paul Griffin, 23A Cambridge Grove, BN3 3ED. Tel: 07747 424647

CTT COVID- Compliant instructions:

- 1) Park with social distancing in mind.
- 2) The 'HQ's' are only open for toilet use– one in, one out.
- 3) Bring your own pen to sign on outside HQ; also, if needed, bring your own safety pins.
- 4) Take with you a rear light (compulsory), a spare tyre/tube and a mobile phone – we won't be coming to collect you.
- 5) No more than 5 riders, 2m apart, to wait at the start.
- 6) No items to be left at the start or with the timekeeper.
- 7) No push-off.
- 8) After racing, sign out, leaving your number in the bowl of disinfected water, which we will provide.
- 9) Sadly, no social, no drinks, no food and no prize presentation – sorry!
- 10) No result board – top 10 to be on CTT website's news later on Sunday.
- 11) All times to be on CTT site's results on Monday/Tuesday.
- 12) Please go home.

Steyping Bostal AM HILL CLIMB START SHEET

Number	Start Time	Firstname	Lastname	Club	Gender	Category
1	11:01:00	Harrison	Fay	Welland Valley CC	Male	Junior
2	11:02:00	Maria	David	Serpentine Running Club	Female	Veteran
3	11:03:00	Cathy	Wallace	Brighton Mitre CC	Female	Senior
4	11:04:00	Andrew	Bailey	Wealden Cycle Club	Male	Veteran
5	11:05:00	Jack	Smith	Brighton Mitre CC	Male	Senior
6	11:06:00	George	Harvey	Brighton Excelsior CC	Male	Juvenile
7	11:07:00	Gary	Record	West Kent RC	Male	Senior
8	11:08:00	Mark	Smith	Crawley Wheelers	Male	Veteran
9	11:09:00	Laurence	Rose	Brighton Mitre CC	Male	Senior
10	11:10:00	Martin	Gibbs	Team TMC	Male	Senior
11	11:11:00	Laura	Senior	Velo Club Godalming & Haslemere	Female	Senior
12	11:12:00	Joe	Walker	Brighton Mitre CC	Male	Espoir
13	11:13:00	Alex	Harvey	Brighton Excelsior CC	Male	Junior
14	11:14:00	Becca	Drake	BellaVelo cc	Female	Senior

15	11:15:00	Kate	Palmer	1904RT	Female	Senior
16	11:16:00	Edd	Saunders	Brighton Excelsior CC	Male	Senior
17	11:17:00	Dylan	Green	Bigfoot CC	Male	Senior
18	11:18:00	Megan	Anderson	York Cycleworks	Female	Senior
19	11:19:00	Connor	Backhouse	Kingston Wheelers CC	Male	Espoir
20	11:20:00	Oliver	Hurdle	University of Southampton RC	Male	Espoir
21	11:21:00	Rose	Moncrieffe	VC de Londres	Female	Juvenile
22	11:22:00	Ross	Thomas	LFGSS CC	Male	Senior
23	11:23:00	Tobias	Bunyan	Eastbourne Rovers CC	Male	Veteran
24	11:24:00	Ian	Anderson	York Cycleworks	Male	Veteran
25	11:25:00	Richard	Cartland	HuntBikeWheels.com	Male	Veteran
26	11:26:00	Ben	Bryant	Elite Cycling	Male	Senior
27	11:27:00	Henrietta	Aitken	Rapha Cycling Club	Female	Senior
28	11:28:00	Debbie	Percival	Kent Velo Girls/Boys	Female	Veteran
29	11:29:00	Martin	East	Wealden Cycle Club	Male	Veteran
30	11:30:00	Paul	Newsome	Project 51	Male	Senior
31	11:31:00	Leo	Downing	Kingston Wheelers CC	Male	Senior
32	11:32:00	Brian	Jones	Horsham Cycling	Male	Veteran
33	11:33:00	Jack	Hartrey	Kingston Wheelers CC	Male	Junior
34	11:34:00	Alice	Lethbridge	Torelli	Female	Senior
35	11:35:00	Kelvin	Newman	Worthing Excelsior CC	Male	Senior
36	11:36:00	Glen	Whittington	Southborough & Dist. Whs	Male	Senior
37	11:37:00	Paul	Barnard	South Downs Bikes / Casco Pet	Male	Senior
38	11:38:00	Peter	Kilby	Lewes Wanderers CC	Male	Veteran
39	11:39:00	Nicholas	Candy	North Road CC	Male	Espoir
40	11:40:00	Tom	Haines	East London Velo	Male	Veteran
41	11:41:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran
42	11:42:00	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran
43	11:43:00	Michael	Sleeman	Horsham Cycling	Male	Senior
44	11:44:00	David	Ross	LFGSS CC	Male	Senior
45	11:45:00	Dave	Brothers	Four4th	Male	Veteran
46	11:46:00	James	Flint	Beachy Head CC	Male	Veteran
47	11:47:00	Alfred	Bunyan	Preston Park Youth Cycling Club	Male	Juvenile
48	11:48:00	John	Marinko	Brighton Mitre CC	Male	Veteran
49	11:49:00	John	Bland	VC de Londres	Male	Senior
50	11:50:00	Matthew	Houlberg	Meudon Pedal Heaven Le Col RT	Male	Junior
51	11:51:00	John	Blight	Rapha Cycling Club	Male	Senior
52	11:52:00	Tony	Boness	Blazing Saddles	Male	Veteran
53	11:53:00	Mark	Arnold	VTTA (East Anglia Group)	Male	Veteran
54	11:54:00	Rebecca	Seal	Fareham Wheelers CC	Female	Senior
55	11:55:00	Tejvan	Pettinger	Sri Chinmoy Cycling Team	Male	Veteran
56	11:56:00	Mark	Aldred	Kingston Wheelers CC	Male	Senior
57	11:57:00	Lukas	Nerurkar	VC de Londres	Male	Junior
58	11:58:00	Gemma	Hobson	URDT	Female	Veteran

MILL HILL PM HILL CLIMB START SHEET

Number	Start Time	Firstname	Lastname	Club	Gender	Category
1	14:31:00	Nathan	Cozens	Brighton Mitre CC	Male	Senior
2	14:32:00	James	Trigg	Redhill CC	Male	Veteran
3	14:33:00	Beata	King	BellaVelo cc	Female	Veteran
4	14:34:00	Craig	Smith	New Forest CC	Male	Senior
5	14:35:00	Jack	Smith	Brighton Mitre CC	Male	Senior
6	14:36:00	Alex	Harvey	Brighton Excelsior CC	Male	Junior
7	14:37:00	Helen	Sharp	BellaVelo cc	Female	Senior
8	14:38:00	Dan	Ellis	BTNRT	Male	Senior
9	14:39:00	Harrison	Fay	Welland Valley CC	Male	Junior
10	14:40:00	Mark	Smith	Crawley Wheelers	Male	Veteran
11	14:41:00	Martin	Gibbs	Team TMC	Male	Senior

12	14:42:00	Cathy	Wallace	Brighton Mitre CC	Female	Senior
13	14:43:00	Laura	Senior	Velo Club Godalming & Haslemere	Female	Senior
14	14:44:00	Gary	Record	West Kent RC	Male	Senior
15	14:45:00	Jon	Hughes	Velo Club Godalming & Haslemere	Male	Veteran
16	14:46:00	George	Harvey	Brighton Excelsior CC	Male	Juvenile
17	14:47:00	Becca	Drake	BellaVelo cc	Female	Senior
18	14:48:00	Maria	David	Serpentine Running Club	Female	Veteran
19	14:49:00	Dylan	Green	Bigfoot CC	Male	Senior
20	14:50:00	Kate	Palmer	1904RT	Female	Senior
21	14:51:00	Kathryn	Alty	BellaVelo cc	Female	Senior
22	14:52:00	Megan	Anderson	York Cycleworks	Female	Senior
23	14:53:00	Connor	Backhouse	Kingston Wheelers CC	Male	Espoir
24	14:54:00	Beverley	Jerome	BellaVelo cc	Female	Veteran
25	14:55:00	Oliver	Hurdle	University of Southampton RC	Male	Espoir
26	14:56:00	Ross	Thomas	LFGSS CC	Male	Senior
27	14:57:00	Vikki	Filsell	BellaVelo cc	Female	Veteran
28	14:58:00	Tobias	Bunyan	Eastbourne Rovers CC	Male	Veteran
29	14:59:00	Simon	McLeod	BTNRT	Male	Senior
30	15:00:00	Paul	Newsome	Project 51	Male	Senior
31	15:01:00	Ian	Anderson	York Cycleworks	Male	Veteran
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