

London East DC

Present:

**RTTC CIRCUIT
NATIONAL CHAMPIONSHIPS**
SUNDAY 18TH OCTOBER 2020

START SHEET



CIRCUIT NATIONAL CHAMPIONSHIPS

 **KALAS**



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



RTTC CIRCUIT NATIONAL CHAMPIONSHIPS

A CTT representative will be in attendance



CHAMPIONSHIP AWARDS



MEN OVERALL

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

JUNIOR MEN & JUNIOR WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

TEAM CHAMPIONS

Gilt RTTC Medallions and Championship Shield

AGE AWARDS

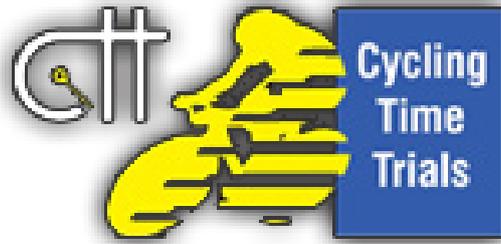
Age awards to the fastest in each of the following:

Men / Women 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

Junior Men / Junior Women 12, 13, 14, 15, 16, 17 & 18 year old

Due to the Covid-19 restrictions, no presentation will take place after the event, all awards will be posted out as soon as possible.

Promoted for and on behalf of Cycling Time Trials under its rules and regulations



LONDON EAST CTT DISTRICT

present the start sheet for the

RTTC National Circuit Championships

Junior/Juveniles, Woman & Men

to be held on

Sunday 18th October – Starts at 9:01am

HQ: Ellesmere Centre, Stetchworth, Newmarket, CB8 9TS

START half way along lay-by on the A1303, situated 650 yards south-west of the Stetchworth roundabout, in line with 'No Dumping' sign. Proceed on the A1303 towards Cambridge, continuing to Dunsley Corner (5.18m) (M&C) **TAKE CARE SHARP CORNER** where left to follow lane to Six Mile Bottom (8.83m) (M) where left **TAKE CARE TRAFFIC FOM THE RIGHT** onto the A1304 towards Newmarket to Stetchworth roundabout (12.39m) (M&C) where left onto the A1303, to finish first circuit at the start point (12.76m). Proceed onto second circuit via A1303 to Dunsley Corner (17.94m) **TAKE CARE SHARP CORNER**, lane to Six Mile Bottom (21.59m) where left **TAKE CARE TRAFFIC FOM THE RIGHT** A1304 towards Newmarket to **FINISH** at 'White Direction Board' which is 70 yards north of lay-by and 300 yards south of Stetchworth roundabout. (25.00m).

Course records – Male 51:42 David Langlands (2018) **Female** 1:04:17 Lauren Kirchel (2018)

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARDSHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD

YOU MUST HAVE A REAR FACING RED LIGHT FITTED TO YOUR MACHINE, NO LIGHT, NO RIDE.

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.
2. NO 'U' TURNS are allowed within sight of either the start or finish area.
3. Numbers will be situated at the HQ; sign in before and sign out after you have finished.
4. NO cars to stop or park at the start or finish areas. No warming-up by competitors is allowed along any part of the designated course other than going to the start, after the event has started. **NO** Riders allowed in the start area more than 3 minutes before starting.

COVID19 REGULATIONS

CTT has issued two PDF documents, a Covid-19 Risk Assessment and “Putting on a Cycling Time Trials Event during COVID19”. If you haven’t already read them please download them from the CTT website and read them carefully. However, the following points plus other instructions are of importance so are repeated here.

Competitors should not attend if they feel ill in **ANY** way especially if they or family members have any Covid19 symptoms.

AT NO TIME MUST RIDERS AND HELPERS GATHER IN GROUPS OF MORE THAN SIX. SOCIAL DISTANCING MUST BE OBEYED IN THE HQ, AT PARKING AREAS AND AT THE START.

Event Headquarters are at the Ellesmere Centre, Stetchworth, near Newmarket. The HQ will be open at 7.30am. Please park sensibly and avoid blocking pathways by not parking on the verges. Obey the 30mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these headquarters.

NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ. Separate Toilet facilities are available for men and women but only one person at a time is allowed in the respective room, access is via the lobby next to the main door, queue outside if necessary, a steward will direct.

Signing on will be in the hall and access is via the exits or entrance lobby or as instructed by the steward on the day. Once again, one in – one out and queuing if necessary.

Exit from the hall is via the fire exit at the end of the hall. Riders should bring their own pen for signing in and out, numbers will be laid out individually and riders should only handle their own number and, if they haven’t brought their own, any pins required. **NO SHOEPLATES** or **SMOKING** in the Hall.

Start is nearly 3 miles from the event HQ, allow plenty of time if you are riding from the HQ or school.

No more than **THREE** riders are allowed to queue at the start, so time your arrival accordingly. There will be no pusher-off, any clothing, bottles, etc, left at the start will **NOT** be returned to Finish or HQ.

On finishing the race, riders should not stop at the finish and should not loiter at the HQ or parking areas but sign out promptly and leave the race as soon as possible.

There will be no refreshments at the HQ and no results displayed. Results will be published on the relevant websites once all are confirmed. **DO NOT APPROACH THE TIMEKEEPERS.**

Timekeepers: Wendy Dorling, Laura Carter, Tony Brown and Ian Taylor

Event Secretary: John Golder

6 Middlemead, West Hanningfield, Chelmsford, Essex, CM2 8UT

Email: jgolder66@outlook.com Mobile: 07709 328113

ROAD BIKES - NOT PART OF THE CHAMPIONSHIPS

Nr	CTT Nr	Name		Club	Category	Age	Start
1	13365	Joseph	Bishop	Cambridge University CC	Espoir	20	09:01
2	36146	Lee	Hellen	Haverhill Cycling Club	Veteran	53	09:02
3	35853	Emma	Andrews (W)	CC London	Espoir	22	09:03
4	20591	Alexander	Norman	Bedfordshire Road RT	Juvenile	15	09:04
5	36242	Henry	Pemberton	Cambridge University CC	Senior	27	09:05
6	21890	Edward	Birdsall	University of Manchester CC	Senior	26	09:06
7	8198	James	Quigley	Cambridge University CC	Espoir	20	09:07
8	36322	Zoe	Burrell (W)	Oxted Cycle Club	Junior	18	09:08
9	36337	Timothy	Welsh	Cambridge University CC	Senior	24	09:09
10	283	Alex	Eason	Chelmer CC	Veteran	49	09:10
11	32799	Oliver	Fox	Cambridge University CC	Senior	24	09:11
12	12208	Steve	Foster	Haverhill Cycling Club	Veteran	53	09:12
13	271	Geoff	Bores	Ford CC	Veteran	65	09:13
14	36187	Michael	Skipsey	Bedfordshire Road RT	Veteran	52	09:14
15	30135	Nick	Hammond	Ilkeston Cycle Club	Senior	36	09:15
16	36004	Peter	Shaw	Bedfordshire Road RT	Senior	35	09:16
17	35816	Ross	Finlay	Islington Cycling Club	Senior	25	09:17
18	34573	Siggi	Martinsson	Cambridge CC	Veteran	43	09:18
19	32800	Mark	Lawrence	Cambridge University CC	Senior	36	09:19
20	34311	Matthew	Grant	London Phoenix CC	Senior	33	09:20
21	245	Jason	Turner	Norwich A B C	Veteran	49	09:21
22	31926	Robert	Gibson	Amicus 13	Veteran	45	09:22
23	29029	Alex	Purcell	CC Sudbury	Senior	35	09:23
24	1021	Simon	Daw	Datalynx-Parenesis Cycling	Veteran	56	09:24
25	1333	Oliver	Cozens	Norwich A B C	Senior	35	09:25
26	1957	Simon	Norman	Bedfordshire Road RT	Veteran	50	09:26

ROAD BIKE AWARDS

Fastest rider £25

Second £20

Third fastest £15

Fastest under 18yr old, woman, senior & veteran £25 each

Fastest club team of three £30

ONE RIDER, ONE PRIZE EXCEPT THE TEAM AWARD

JUVENILES & JUNIORS

Nr	CTT Nr	Name		Club	Category	Start
27	19065	Bruno	Cabrelli	Hemel Hempstead CC	16	09:27
28	28270	Jack	Charlton-Hunt	Lee Valley Youth CC	15	09:28
30	33623	Toby	Bush	Bourne Wheelers	14	09:29
31	11945	Thomas	Heighton	Ferryhill Whs	16	09:30
32	27165	Anthony	Morris	VC de Londres	16	09:31
33	30692	Connor	Stevens	Lee Valley Youth CC	15	09:32
36	27300	Cormac	Nisbet	High Wycombe CC	15	09:33
37	36092	Thomas	Mead	Lee Valley Youth CC	14	09:34
34	15579	Isabella	Johnson	Datalynx-Parenesis Cycling	W18	09:35
35	29298	Flora	Perkins	VC de Londres	W17	09:36
38	14393	Eva	Callinan	Liv AWOL	W17	09:37
27	20859	Sophie	Heighton	Ferryhill Whs	W13	09:38
43	6071	Joel	Ackers	Innovation Racing	18	09:39
39	28271	Brandon	Baldacci	Lee Valley Youth CC	16	09:40
40	34454	Lucas	Jowett	Beeston Cycling Club	15	09:41
44	26729	Daniel	Yates	Innovation Racing	16	09:42
41	18850	Dan	Galpin	Bourne Wheelers	15	09:43
42	20979	Callum	Biggs	Tofauti Everyone Active	17	09:44
45	13869	Harry	Paveley	Innovation Racing	17	09:45
46	12755	Alfie	Salmon	Lee Valley Youth CC	16	09:46
47	33261	Lance	Childs	trainSharp Development Team	17	09:47
48	34002	Alessandro	Sella	Lee Valley Youth CC	16	09:48
49	30247	Harry	Jukes	Mid Devon CC	16	09:49
50	24812	James	Lloyd	JRC Shutt Ridley RT	18	09:50
52	18820	Alex	Galpin	Bourne Wheelers	15	09:52
54	17694	Harry	Kirby	Vision Innovative Leisure Racing Team	18	09:54
56	25021	Matthew	Lord	Lee Valley Youth CC	16	09:56
58	32091	Jacob	Bush	Bourne Wheelers	15	09:58
60	35119	Jack	Fothergill	Team Jewson - MI Racing/Poly Pipe/McCann	17	10:00
62	7923	Aaron	Freeman	Chelmer CC	18	10:02

WOMEN

Nr	CTT Nr	Name		Club	Category	Age	Start
63	28456	Sophie	Driscoll	Thanet RC		22	10:03
64	36228	Trisha	Smith	Hereford & Dist Whs CC		35	10:04
65	19178	Kerry	Tate	Newmarket Cycling & Triathlon Club		39	10:05
66	34882	Jamie-Lee	Wright	Guernsey Velo Club		33	10:06
67	27725	Elspeth	Grace	Cambridge University CC		20	10:07
68	5506	Denise	Burrows	AeroCoach	A	41	10:08
69	22732	Laura	Massey	Cambridge CC		39	10:09
70	26908	Melissa	Dowell	North Essex Velo	D	55	10:10
71	2989	Tina	Reid	ROTOR Race Team	D	55	10:11
72	27264	Louise	Robinson	Essex Roads CC	A	44	10:12
73	3327	Lisa	Davis	trainSharp	B	46	10:13

Nr	CTT Nr	Name		Club	Category	Age	Start
74	7202	Rebecca	Rimmington	Team Merlin		37	10:14
75	3209	Faye	Faber	CycleCoach.com		37	10:15
76	16558	Kirsty	McSeveney	...a3crg	A	40	10:16
77	745	Louise	Scupham	Liv AWOL		22	10:17
78	2402	Mathilde	Pauls	1904RT		37	10:18
79	6225	Francesca	Hall	Team BoomPods		25	10:19
80	540	Jackie	Field	CC Ashwell	D	55	10:20
81	22777	Jennifer	George	MEMORIAL - SANTOS		37	10:21
82	15625	Kimberley	Morrison	DRAG2ZERO		32	10:22
84	10823	Sally	Turner	trainSharp	A	40	10:24
86	9195	Joss	Lowden	Drops Cycling		33	10:26
88	5376	Angela	Carpenter	...a3crg	C	51	10:28
90	22614	Alex	Clay	The Independent Pedaler - NopinZ		25	10:30
92	8357	Hayley	Simmonds	AeroCoach		32	10:32
94	23059	Emily	Meakin	The Independent Pedaler - NopinZ		31	10:34

MEN

Nr	CTT Nr	Name		Club	Category	Age	Start
95	31194	Nigel	Shearing	Cambridge Triathlon Club	D	58	10:35
96	36204	Matt	Packer	Islington Cycling Club		35	10:36
97	28669	Dominic	Birch	Clapham Chasers		26	10:37
98	23993	Wayne	Marks	Tri-Anglia Triathlon Club	B	49	10:38
99	920	Richard	Glover	CC Ashwell	I	80	10:39
100	735	David	Barry	sportfagley	G	71	10:40
101	27459	Martin	Smith	Newmarket Cycling & Triathlon Club	A	43	10:41
102	26111	James	Boardley	Peterborough CC	C	50	10:42
103	15644	Richard	Crook	Fenland Clarion CC		34	10:43
104	1928	Simon	Constable	Basildon CC	A	43	10:44
105	34815	Sebastian	Harrison	Islington Cycling Club		37	10:45
106	4334	Bob	Quarton	Wolsey RC	F	66	10:46
107	34156	Paskell	Blackwell	Team Charles Barclay	A	40	10:47
108	7242	James	Dynes	Cambridge CC	A	42	10:48
109	10631	Loz	Staples	Velo-One Cycling Team - Staples Vegetables/Neil Palmer Electrical	B	47	10:49
110	4373	Carmelo	Luggeri	CC Ashwell	E	64	10:50
111	1535	Jan	Ertner	Cambridge CC	C	54	10:51
112	1951	Liam	Somerville	Bike Jockey CC		34	10:52
113	7335	Lee	Thomas	Velo-One Cycling Team - Staples Vegetables/Neil Palmer Electrical	B	47	10:53
114	2333	Graham	Painter	Chelmer CC	B	49	10:54
115	1080	Robert	Gilmour	Hounslow & District Whs	F	69	10:55
116	1070	Peter	Tibbitts	Ford CC	F	68	10:56
117	34729	Adam	Baker	Royal Air Force Cycling Association		35	10:57
118	1213	Scott	Beard	Shaftesbury CC	B	47	10:58
119	20727	Bryan	Long	VTTA (East Anglia Group)	C	54	10:59
120	16047	Ian	Cardy	Chelmer CC	D	56	11:00
121	2685	John	Manlow	Ely & District CC/B&T Motor Repairs	C	52	11:01
122	544	Ian	Braybrook	Basildon CC	B	45	11:02

Nr	CTT Nr	Name		Club	Category	Age	Start
123	24235	George	Thorne	Beacon Roads CC		29	11:03
124	392	Mark	Sanders	Mid Devon CC	E	61	11:04
125	24057	Ben	Kenneally	ZeroBC Race Team		30	11:05
126	35372	Peter	Merritt	TBW23 Stuart Hall Cycling P/b Trainsharp		23	11:06
127	1395	Simon	Dighton	Beacon Roads CC	D	57	11:07
128	671	Jim	Boyle	Born to Bike - Bridgtown Cycles	D	56	11:08
129	26009	Jymmy	Trevor	Jem Hadar Racing	B	48	11:09
130	2317	Rob	Vessey	Didcot Phoenix CC	D	57	11:10
131	11664	Timothy	Chilvers	Maldon & District CC		33	11:11
132	46	David	Warlow	Essex Roads CC	B	47	11:12
133	22332	Euan	Tebbutt	Cambridge University CC		22	11:13
134	896	Robert	Golding	Ely & District CC/B&T Motor Repairs	B	47	11:14
135	19128	Mark	Hamer	Stratford Cycling Club	B	45	11:15
136	223	Nick	Boyle	Chelmer CC	B	45	11:16
137	2897	Julian	Bosley	Stowmarket & District CC	C	50	11:17
138	34339	Simon	Alexander	Richardsons-Trek RT		27	11:18
139	5920	Matt	Donovan	Bedfordshire Road RT		37	11:19
140	4481	Daryl	Maffey	CC London	A	43	11:20
141	32507	Richard	Todd	Onyx RT	B	49	11:21
142	715	Colin	Parkinson	South Western Road Club	D	58	11:22
143	22255	David	Halliday	Newmarket Cycling & Triathlon Club		36	11:23
144	25898	Jack	Kellam	Cambridge University CC		26	11:24
145	5792	Mark	Hill	VeloRefined Rule 5	C	53	11:25
146	1269	Tim	Davies	CC Luton	C	53	11:26
147	545	Robert	Watson	Cambridge CC	E	60	11:27
148	1669	Antony	Brown	Kettering CC	E	61	11:28
149	24243	Mark	Holton	Springfield Financial Racing Team	A	42	11:29
150	30442	Ronnie	Stone	Islington Cycling Club	B	47	11:30
151	2397	Michael	Schofield	Bishop's Stortford CC	D	55	11:31
152	4224	Terry	Garlinge	Easterley Road Club	C	50	11:32
153	19960	Adam	Fisher	Cambridge CC		38	11:33
154	5007	Brett	Davis	trainSharp	B	48	11:34
155	5104	Neil	Mackley	...a3crg	D	57	11:35
156	390	Martin	Reynolds	Cambridge CC	D	57	11:36
157	9111	Josh	Copley	TBW23 Stuart Hall Cycling P/b Trainsharp		21	11:37
158	3984	Peter	Harding	Chelmer CC		39	11:38
159	76	Andrew	Grant	Cambridge CC	F	67	11:39
160	7107	James	Fawcett	...a3crg	C	54	11:40
161	236	Keith	Dorling	Team Bottrill	E	61	11:41
162	979	Scott	Burns	Manchester Bicycle Club		39	11:42
163	24850	Gruffudd	Lewis	Ribble Weldtite Pro Cycling		32	11:43
164	5155	Sam	Wightman	Team Bottrill	A	43	11:44
165	1793	Paul	Jay	DRAG2ZERO	A	44	11:45
166	32773	Ole Henrik	Bang-Andreasen	Onyx RT		26	11:46
167	2912	Rob	Walker	Cambridge University CC		23	11:47
168	856	Timothy	Torrie	TBW23 Stuart Hall Cycling P/b Trainsharp		20	11:48
169	13958	Adam	Robertson	Reflex Racing		21	11:49
170	1495	Paul	Pardoe	Peterborough CC		39	11:50
171	3839	Joe	Skipper	Team Skipper		32	11:51

Nr	CTT Nr	Name		Club	Category	Age	Start
172	3817	Andy	Proffitt	Arctic Aircon RT	B	48	11:52
173	18614	Thomas	Hutchinson	Team Bottrill		24	11:53
174	16910	Travis	Bramley	Plymouth Corinthian CC		21	11:54
175	1650	Robert	Willcocks	Royal Air Force Cycling Association		39	11:55
176	3914	David	Harding	Chelmer CC		39	11:56
177	28296	Zachary	Herrod	AeroLab Ward WheelZ		22	11:57
178	6353	Lloyd	Chapman	Loose Cannon's Conditioning		31	11:58
179	10726	Felix	Wilkinson	FTP (Fulfil The Potential) Racing		24	11:59
180	2818	Paul	Hart	Hart Performance Coaching	A	41	12:00
181	8721	Alan	Murchison	DRAG2ZERO	B	49	12:01
182	14881	Ben	Stancombe	Peterborough CC		31	12:02
183	2849	Nicholas	Fennell	Thanet RC		27	12:03
184	12559	Jack	Brown	ActiveEdge Race Team P/B Cooper/BMW Inchcape		21	12:04
185	3522	Ollie	Hucks	AeroLab Ward WheelZ		21	12:05
186	5329	Dean	Robson	Velo Sport Jersey		33	12:06
187	27975	Sebastian	Garry	AeroLab Ward WheelZ		21	12:07
188	7138	Jason	Bouttell	Team Vision Racing - Silverhook		35	12:08
189	27779	Michael	Gill	AeroLab Ward WheelZ		22	12:09
190	28138	Alexander	Royle	Manchester Bicycle Club		27	12:10
192	4532	Ashley	Cox	Team Bottrill		38	12:12
194	15303	John	Wingfield	Team Signum		35	12:14
196	4143	Tom	Ward	AeroLab Ward WheelZ		26	12:16
198	948	Phil	Williams	Team Bottrill		35	12:18
200	9829	Dan	Bigham	Ribble Weldtite Pro Cycling		29	12:20
202	1001	Matthew	Smith	DRAG2ZERO	A	42	12:22
204	579	Simon	Wilson	Ribble Weldtite Pro Cycling	A	40	12:24
206	2848	Christopher	Fennell	The Independent Pedaler - Nopinz		25	12:26
208	17708	John	Archibald	Ribble Weldtite Pro Cycling		29	12:28

PARKING

There is limited parking at the HQ, only 60 spaces (see map 1) and some of those will be used by the organising team, there is another 40 additional parking spaces at Kettlefields primary school which is just a 9 min walk from the HQ (see map 1).

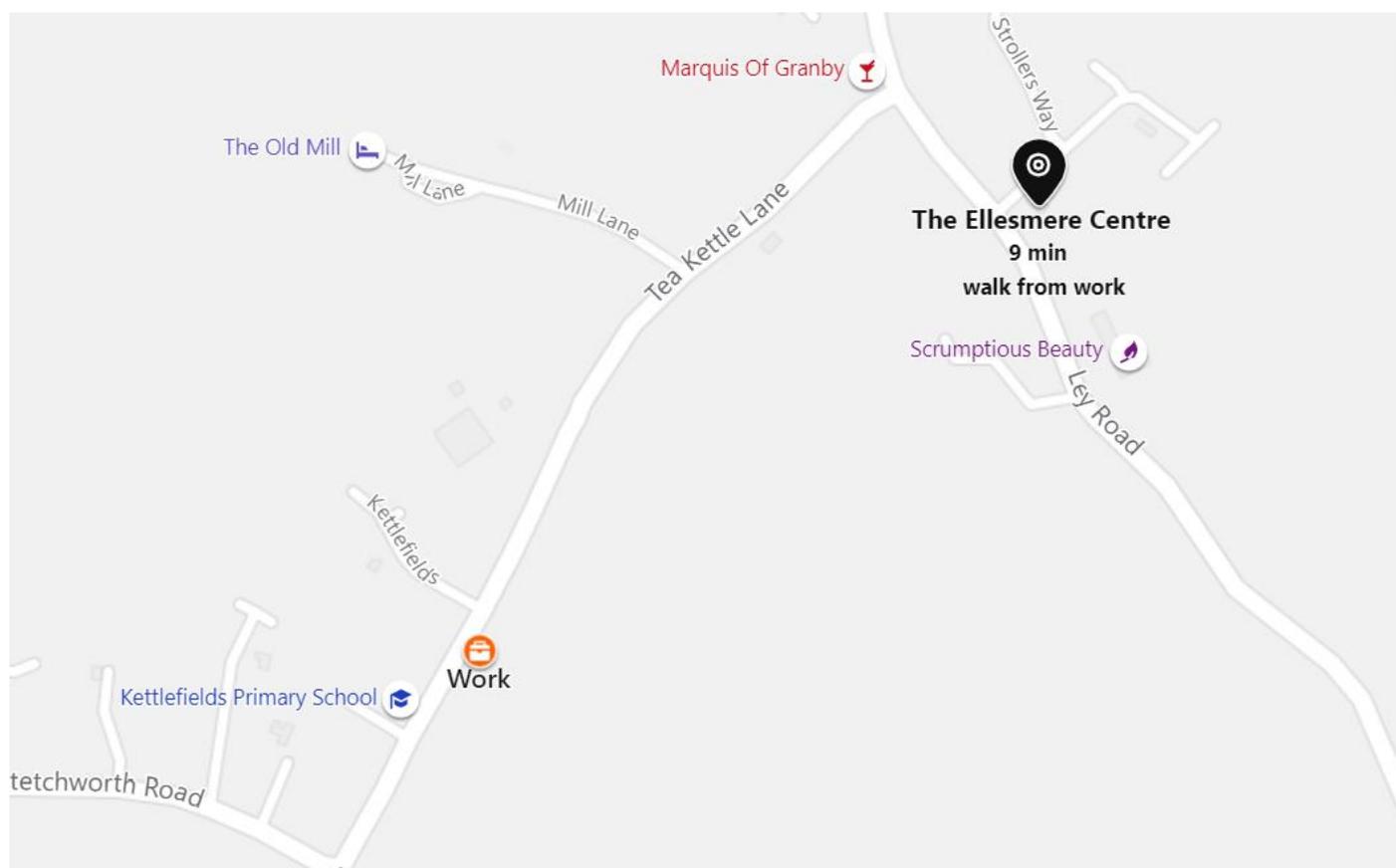
There is also plenty of parking near the start (see map 2), here you can use a turbo if required, turbo trainers cannot be used in the village or near any houses.

DO NOT PARK IN THE VILLAGE STREETS, BLOCK DRIVEWAYS OR ON THE GRASS VERGE OUTSIDE THE HQ.

MAP 1 – HQ - CB8 9TS – 60 PLACES &

KETTLEFIELDS PRIMARY SCHOOL – CB8 9UH – 40 PLACES

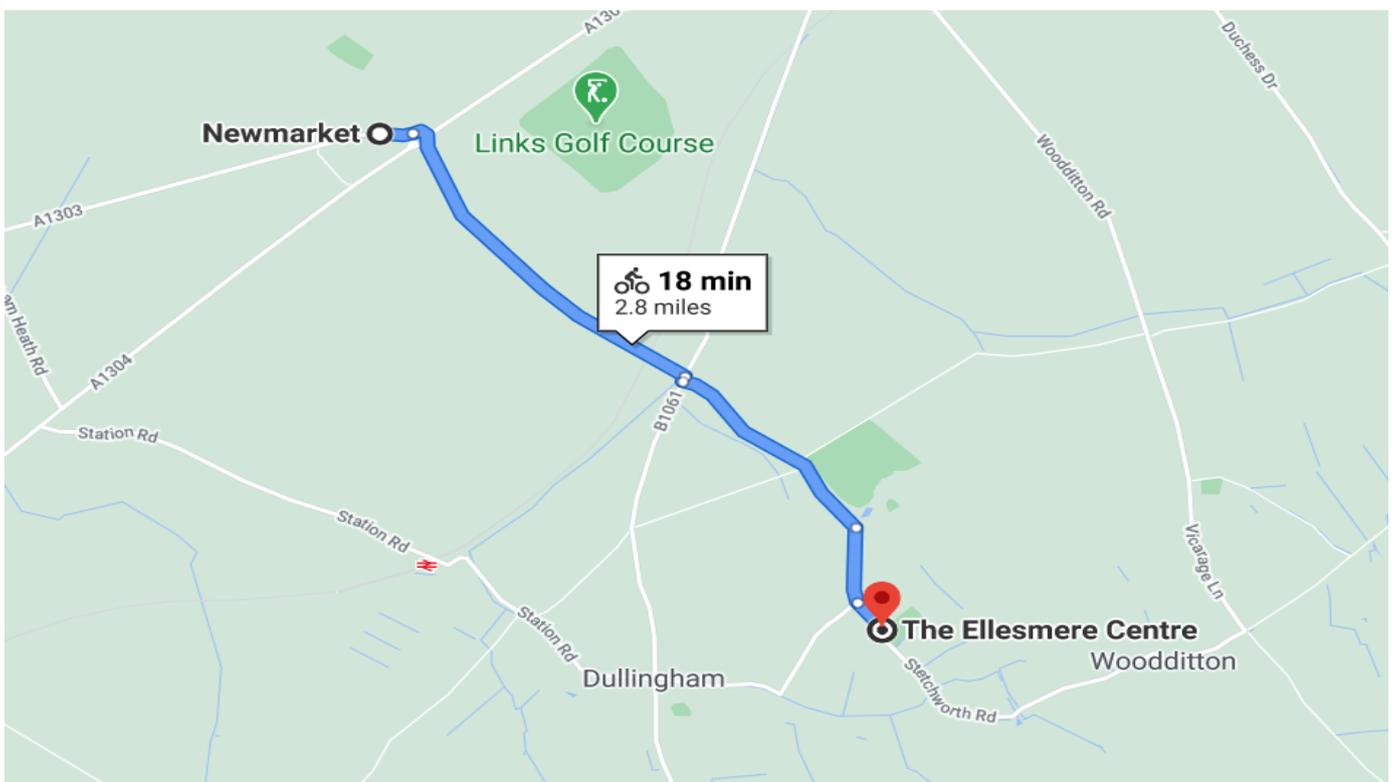
PLEASE DO NOT PARK ON THE GRASS OR TOUCH THE PLAYGROUND EQUIPMENT.



MAP 2 – PARKING NEAR START, TAKE 3RD EXIT OFF ROUNDABOUT FROM HQ, IT'S A DEAD END, THERE ARE LARGE GRASS VERGES AND A SMALL CAR PARK AT THE END, PLEASE PARK RESPONSIBLY.



MAP FROM HQ TO START, IT'S NEARLY 3 MILES SO IF YOU ARE RIDING FROM THE HQ OR SCHOOL LEAVE PLENTY OF TIME, THERE WILL BE DIRECTION ARROWS TO FOLLOW FROM THE HQ AND BACK.



2019 CIRCUIT NATIONAL CHAMPIONS



Men - Marcin Bialoblocki



Women - Kelly Murphy



Junior Boy - Thomas Day



Junior Girl - Sophie Heighton



www.cyclingtimetrials.org.uk



@Cycling_T_T



/cyclingtimetrials



/cyclingtimetrials

NOTES TO COMPETITORS

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF. N.B. Extenuating circumstances may be considered.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15, all competitors under the age of 18 and/or juniors must wear protective hard shell helmets.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



www.kimroy-photography.co.uk

0114 287 9319

Cycling Time Trials

Cycling Time Trials is a company limited by guarantee. Registered in England No. 4413282