

VTTA Notts & East Midlands Group
10 Miles Time Trial
Saturday 17th April 2021 – start 3:00pm
(Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations)

Event Secretary: D.Yarham. 7 Torpel Way, Maxey, Peterborough, PE6 9EQ
Tel: 01778 343077 Mobile: 07932 162471

Timekeepers: Mrs S Bowler South Pennine RC
 Mr W Stanley Melton Olympic CC

Course: A10/14.

Start at 9th kerb south of driveway to Jasmine House opposite St James' village hall in Long Bennington village. 0.00 miles. Proceed south through the village on old A1 to traffic island on new Foston link road. 0.966 miles. Take third exit onto A1 slip road proceed south to new slip road at Gonerby Moor. 4.243 miles. Exit A1 on slip road to old Gonerby Moor island. 4.804 miles Take third exit onto new road over A1 on road bridge to new island. 5.000 miles Take third exit onto new slip road and rejoin A1 northbound. Leave the A1 northbound at the second exit for Long Bennington village, to finish on slip road at old finish point approx 108 yards from end of armco barrier. 10.000 miles.

Headquarters: Long Bennington Sports Pavilion. Open from 13:30.

Local Regulations: No warming up on the A1 after the start of the event

Parking: The HQ is located at the northern end of Long Bennington village. Parking is no longer allowed on the sports field itself. However, there is ample room for roadside parking outside pavilion. Please park with due consideration for residents and other road users.

Safety: In the interests of your own safety, the VTТА and CTT strongly recommend that you wear a hard shell helmet that meets internationally accepted safety standards. A working rear light, either flashing or constant, must be fitted to your machine in a position visible to following road users and be active while the machine is in use.

Covid 19 Guidelines:

If you have any symptoms of covid19, please do not attend the event. Please also maintain social distancing (2m) when signing on/off or talking to other competitors or officials. Please do not congregate in large groups.

The HQ is only open for signing on/off and also to provide toilet facilities. The changing facilities normally available at this HQ will not be open, nor, unfortunately will we be able to provide refreshments. Provided the weather is fine, signing-on/off will be done outside. Please do not congregate around the HQ before or after your ride. There will not be a result board on display. I will endeavour to ensure that times are published on the CTT web site by the Sunday evening after the event.

Please sanitise your hands (sanitiser will be provided) before signing on or off. After signing off, deposit your number in the bucket provided. Please note, that competitors must sign-in in order to collect their number AND sign-out when returning their number. Failure to sign-out after completing the event will result in the competitor being classed as dnf.

All warming up must be done on the surrounding roads. Warming up using turbo trainers or rollers is not permitted.

There will not be a pusher-off. Riders must start from a position with one foot on the ground. Please do not arrive at the start more than 5 minutes before your allotted start time.

Finally, keep your head up and have a safe and fast ride.

Awards: (One rider – one prize)

On Standard: 1st £40 2nd £30 3rd £20 4th £15 5th £12 6th £11

On Actual: 1st £40 2nd £30 3rd £20 4th £15 5th £12 6th £11

On Handicap: 1st £40 2nd £30 3rd £20 4th £15 5th £12 6th £11

Team of 3 on Standard: £11 each

Team of 3 on Actual: £11 each

No	Name	Club	Cat	Age	Std	H'cap	StartTime
3	Ben Turner	VTTA (Notts & E.Mids)	V	45	26:27	10:46	15:03
4	Kenneth Stevens	South Pennine RC	V	90	35:46	07:30	15:04
5	Nick Cave	Team Lutterworth Cycle Centre	V	55	27:18	03:08	15:05
6	Mick Stevens	Melton Olympic CC	V	71	29:30	04:08	15:06
7	John Scott	Sleaford Wheelers Cycling Club	V	76	30:35	10:57	15:07
8	Ron Hallam	South Pennine RC	V	90	35:46	03:09	15:08
9	Ashley Roue	Team Lutterworth Cycle Centre	V*	51	26:56	03:14	15:09
10	Leon Wright	Race Hub	S	39		01:17	15:10
11	Sean Sleigh	Born to Bike - Bridgtown Cycles	V*	48	26:41	02:28	15:11
12	Chris Sprott	Ratae RC	V	45	26:27	02:55	15:12
13	Phil Guy	North Shropshire Wheelers	V	72	29:42	04:50	15:13
14	Harry Cowley	Chester RC	V	73	29:54	07:20	15:14
15	Darren Yarwood	Chapeau! Vive Le Velo	V	46	26:32	01:39	15:15
16	James Brayford	Lyme Racing Club	S	23		02:47	15:16
17	Gary Kondor	Sherwood CC	V*	58	27:37	03:47	15:17
18	Nigel Briggs	South Pennine RC	V	60	27:51	05:51	15:18
19	Phil Harrison	Team Cognitive	V	61	27:58	10:37	15:19
20	Mark Ellis	Mercedes AMG Petronas CC	V	56	27:24	01:13	15:20
21	Geoffrey Giddings	Team Ohten Aveas	V*	55	27:18	02:15	15:21
22	Giles White	Sherwood CC	V	56	27:24	02:59	15:22
		Team Jewson - MI Racing ~Poly					
23	Mike Allen	Pipe~McCann	V	74	30:07	04:50	15:23
24	Geoff Edgerton	North Shropshire Wheelers	V	73	29:54	06:01	15:24
25	Andy Thomas	Lindsey Roads Cycling Club	V	51	26:56	01:38	15:25
26	Ian Pike	Lincoln Wheelers CC	V*	52	27:01	02:42	15:26
27	Barrie Whittaker	Lyme Racing Club	V	64	28:22	03:52	15:27
28	Michelle Morley	Swift Racing	LV	55	29:54	05:51	15:28
29	Paul Martin	South Pennine RC	V	61	27:58	09:45	15:29
30	Steve Savage	Melton Olympic CC	S	36		01:03	15:30
31	Antony Brown	George Fox Cycling Solutions	V	61	27:58	02:13	15:31
32	Gary Hunt	Hartlepool CC	V	58	27:37	03:03	15:32
33	Jo Corbett	Sherwood CC	LV	65	31:15	04:51	15:33
34	Stephen Lazenby	Beacon Roads CC	V	46	26:32	06:47	15:34
35	Ian Guilor	Mapperley CC	V	53	27:07	01:33	15:35
36	Michael Cope	Kettering CC	V	61	27:58	02:41	15:36
37	Simon Geraci	Swift Racing	V	53	27:07	03:37	15:37
38	Phil Wright	Hartlepool CC	V	66	28:39	05:49	15:38
39	Nev Ashman	Manchester Velo Cycle Racing Club	V	82	32:17	09:16	15:39
40	Joshua Giddings	HMT Hospitals Giant Cycling Team	J	17		00:58	15:40

41	Jez Willows	Sherwood CC	V	55	27:18	02:13	15:41
42	Simon Warren	Norwood Paragon CC	V	48	26:41	02:55	15:42
43	Roger Widdowson	Sherwood CC	V*	52	27:01	04:42	15:43
44	Roy Oakes	Team Ohten-Aveas	V	76	30:35	06:44	15:44
45	Stuart Wells	Lindsey Roads Cycling Club	V	49	26:46	01:29	15:45
46	Stephen Robinson	North Notts Olympic CC	V*	57	27:30	02:38	15:46
47	John Hind	Bolsover and District CC	V*	56	27:24	03:46	15:47
48	Martin Lister	Witham Wheelers	V	68	28:58	05:32	15:48
49	Dave Meaden	VTTA (Notts & E.Mids)	V	61	27:58	08:52	15:49
50	Richard Oakes	Team Ohten Aveas	V	52	27:01	00:55	15:50
51	Mark Greenwood	GS Mossa	V	46	26:32	02:13	15:51
52	Craig Lamb	Alford Whs	V	52	27:01	02:54	15:52
53	John Odell	Nottingham Clarion CC	V	42	26:14	04:34	15:53
54	Matthew Finch	Leicester Forest CC	V	49	26:46	06:40	15:54
55	Colin Parkinson	South Western Road Club	V	59	27:44	01:24	15:55
56	Nicholas Hitchens	Team Bottrill	V	53	27:07	02:38	15:56
57	Nick Burton	Newark Castle C C	V	45	26:27	03:31	15:57
58	Ben Hamilton	Rutland Cycling Club	V	74	30:07	05:30	15:58
59	Mark Frost	1485 Tri Club	V*	54	27:12	08:26	15:59
60	Oliver Peckover	UpShift Nutrition Race Team	S	22		00:43	16:00
61	Wayne Smith	Team Ohten Aveas	V	53	27:07	02:13	16:01
62	Ed Tarelli	Race Hub	V	49	26:46	02:54	16:02
63	Andrew Bright	Chronos RT	V	53	27:07	04:15	16:03
64	John Leeming	Velo Club Long Eaton	V	72	29:42	06:38	16:04
65	Nicholas Cousins	Ilkeston Cycle Club	V	41	26:10	01:21	16:05
66	Simon Inman	OVB	V*	48	26:41	02:37	16:06
67	Richard Crook	Fenland Clarion CC	S	35		03:22	16:07
68	David Wright	Cheshire Roads Club	V	67	28:49	05:20	16:08
			V*				
69	Martin Fisher	Melton Olympic CC	(T)	41	28:05	07:58	16:09
70	Nicholas Trbovic	Cheshire Maverick Cycle Club	S	29		00:32	16:10
71	Geoff Platts	Team Bottrill	V	66	28:39	02:05	16:11
72	Phillip Tyas	Barnsley Road Club	S	39		02:52	16:12
73	David Smith	Sleaford Wheelers Cycling Club	V	69	29:08	04:14	16:13
74	Sam Cooke	Sherwood CC	E	19		06:36	16:14
75	Neal Parkin	Team Bottrill	V*	41	26:10	01:22	16:15
76	Steve Gore-Browne	VC York	V*	53	27:07	02:32	16:16
77	Michael Barnes	Royal Air Force Cycling Association	S	28		03:18	16:17
78	Gary Clarke	Rutland Cycling Club	V*	56	27:24	05:14	16:18
79	Mark Lester	Sleaford Wheelers Cycling Club	V*	60	27:51	07:40	16:19
80	Daniel Barnett	Team Bottrill	V*	46	26:32	00:19	16:20
81	Richard Sheldrake	Paintrain Lincoln	V*	47	26:36	02:06	16:21
82	Chris Spray	Ratae RC	V	54	27:12	02:49	16:22
83	Cameron Braithwaite	Lindsey Roads Cycling Club	J	17		04:13	16:23
84	Steven Robinson	Coalville Whs	V	64	28:22	07:02	16:24
85	Anthony Jackson	Nottingham Clarion CC	V*	40	26:06	01:21	16:25
86	Tom Foreman	RODE Cycles	S	35		02:30	16:26
87	Chris Shaw	Fenland Clarion CC	V	58	27:37	03:15	16:27
88	Steve Cornish	Mid Shropshire Wheelers	V	65	28:30	05:13	16:28
89	Pamela Moore	Coalville Whs	LV	53	29:41	07:35	16:29
90	Mark Jones	DRAG2ZERO	V	49	26:46	00:08	16:30

91	Mark Atkinson	Alford Whs	S	33		02:05	16:31
92	Mathew Stonley	Mapperley CC	V	48	26:41	02:48	16:32
93	Michael Wilkinson	North Notts Olympic CC	V	61	27:58	04:13	16:33
94	Nigel Corless	Team Wheelguru	V*	59	27:44	05:55	16:34
95	Chris Ward	Spalding CC	V	55	27:18	01:18	16:35
96	James Punton	Team JMC	S	39		02:29	16:36
97	Ed Watson	Ratae RC	V	45	26:27	02:05	16:37
98	Sean Vincent	Race Hub	V	51	26:56	01:53	16:38
99	James Richards	AeroLab Ward WheelZ	S	23		01:51	16:39
100	Alexander Royle	Manchester Bicycle Club	S	27		00:00	16:40