



North Tyneside Riders CC

Presents

M102B Open Time Trial

To be held on Saturday 17th April 2021

Promoted for & on behalf of Cycling Time Trials under their Rules & Regulations

Event Secretary

Mick Chappel
14 Beech Avenue
Cramlington
Northumberland
NE23 6XS

07709305942

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Timekeepers

Frances Schultz
Sharon Dyson

First Rider off at 09.01



COVID19 – PLEASE READ CAREFULLY

- Competitors should not attend if they feel unwell in ANY way or if family members have any symptoms.
- Riders must provide their own pen to sign on/off the race, NO pens will be provided.
- Use the hand sanitiser provided before and after signing on/off.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm-up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.
- Riders should consider carrying a mobile phone with the organisers' number saved in it, extra tubes (etc), a pump and basic tools. If you have a mechanical on course, contact the Organiser.
- Riders MUST NOT gather in any way regardless of current guidelines in the car park, HQ area or elsewhere.
- Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/Car park and MUST pack away and leave immediately upon completion of the race.
- Please report to the start line no more than 5 minutes before your designated start time. Adhere to the 2 metre social distancing rule. ▪ Riders will need to self-start, with one foot on the ground. NO track stands
- Remember, no rear working light (flashing or constant) NO RIDE. Riders MUST bring their own working light, marshals/timekeeper cannot provide a light.
- DRAFTING – SOCIAL DISTANCING: If you catch up with another rider during your race, try to pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind.



HQ: Cramlington Town FC

Ormston Street, East Hartford, Cramlington, NE23 3BE

HQ will be opened at 7.30 am and sign on and numbers will be available from 8.00 am.

There will be no after race refreshments, please help the race organisers by adhering to the social distancing rules.

Sign on, Race, Sign Out, Go Home and Await Results.

Although there is parking at HQ, if not parking at HQ vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road use

Course - M102B

Bassington - Three Horseshoes – Plessey Checks 10 Miles

Start at the north end of bus stop lay-by just north of the Bassington Roundabout on the A1068. Proceed north to Plessey Checks Roundabout. Take the third exit onto the A192 eastbound to start the first of two circuits. Proceed to Crowhall Lane Roundabout. Continue straight on to the Three Horseshoes Roundabout. Encircle the roundabout and take the fifth exit to rejoin the A192 westbound. Proceed to Crowhall Lane Roundabout and continue straight on to Plessey Checks Roundabout to complete the first circuit. Encircle the roundabout and take the fourth exit onto the A192 eastbound to start the second circuit. At the end of the second circuit FINISH on the A192 westbound T the middle one of 3 road signs approx 200 metres before Plessey Checks Roundabout

Additional Information Road Surface Conditions

- 1. A192 Eastbound from Plessey Checks Roundabout - Surface POOR with potholes in carriageway on the racing line.**
- 2. A192 Eastbound, approach to Three Horse Shoes roundabout - Surface POOR to BAD with potholes across left hand carriageway and affecting the safe racing line to roundabout.**

ALL RIDERS ARE REMINDED OF THEIR RESPONSIBILITY FOR “HEADS UP” RIDING AT ALL TIMES TO BE AWARE OF HAZARDS.

Numbers and Results

All riders must sign the “signing on sheet” before collecting their numbers and must sign the sheet again when returning after their ride.

Please make sure your number is placed correctly on jerseys/skinsuits to assist time timekeepers. If the timekeepers are unable to read your number then the time may be void. Below is a diagram for positioning your number on jerseys/skinsuits. Riders **MUST** provide their own safety pins.



Riders

Reserve riders (121,122,123,124 & 125) please await further instructions.

- All riders are responsible for their own safety
- You must obey the rules of the road and obey all traffic signs, signage and direction indicators
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times
- You must not take pace or shelter from any other vehicle or competitor (no drafting)
- Failure to comply with the above may lead to disciplinary action being taken
- No warming up on the course once the race has started
- No dismounting by riders in finishing area.
- Keep strictly to the correct side of the road
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.
- All competitors under the age of 18 years **MUST** wear a hard shell helmet.
- Take extra care on the approach to and in the negotiation of all roundabouts.

Results and prizes will be posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the timekeepers hopefully on the afternoon or evening of the event.

Prize list to follow....

Startsheet

North Tyneside Riders CC

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Lois Jarvis	North Tyneside Riders CC	Female	Senior
2	09:02:00	Scott Walton	Tyne Tri	Male	Senior
3	09:03:00	Alessandro Marvaldi	North Tyneside Riders CC	Male	Vet
4	09:04:00	Teri Bayliss	Sub Rosa	Female	Vet
5	09:05:00	James Hadfield	Blaydon CC	Male	Senior
6	09:06:00	Ben Flanagan	Derwentside CC	Male	Junior
7	09:07:00	John Lillie	North Tyneside Riders CC	Male	Vet
8	09:08:00	Matthew Mernin	Muckle Cycle Club	Male	Espoir
9	09:09:00	Guillaume Zoppi	North Tyneside Riders CC	Male	Vet
10	09:10:00	Andrew Hall	GS Metro	Male	Senior
11	09:11:00	Heather Gould	North Shields Polytechnic Club	Female	Vet
12	09:12:00	Michael Johnston	Muckle Cycle Club	Male	Senior
13	09:13:00	Matt Ellis	North Tyneside Riders CC	Male	Vet
14	09:14:00	James Anderson	North Shields Polytechnic Club	Male	Senior
15	09:15:00	Shaun Brannan	Muckle Cycle Club	Male	Senior
16	09:16:00	Garry Greenaway	Berwick Wheelers Cycling Club	Male	Vet
17	09:17:00	Adam Harrison	Barnesbury CC	Male	Senior
18	09:18:00	Harry Preston	Saint Piran	Male	Senior
19	09:19:00	Kevin Hall	Sunderland Clarion	Male	Vet
20	09:20:00	Tommy Murray	GS Metro	Male	Senior
21	09:21:00	Ray Bell	Derwentside CC	Male	Vet
22	09:22:00	Derek Billham	North Tyneside Riders CC	Male	Vet
23	09:23:00	Stephen Hannah	Manilla Cycling	Male	Senior
24	09:24:00	Jacob Anderson	South Shields Velo Cycling Club	Male	Senior
25	09:25:00	Jay Pitt	Velo Culture	Male	Senior
26	09:26:00	Rick Mitford	Cestria C.C.	Male	Vet
27	09:27:00	Carrie Brookes	Blaydon CC	Female	Vet
28	09:28:00	David Robinson	Tyneside Vagabonds CC	Male	Vet
29	09:29:00	Ben Dixon	Royal Navy & Royal Marines CA	Male	Senior
30	09:30:00	Lee Kennedy	Army Cycling	Male	Senior

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Start Number	Start Time	Rider	Club	Gender	Category
31	09:31:00	Frank Devlin	South Shields Velo Cycling Club	Male	Vet
32	09:32:00	Kieron Campbell	North Tyneside Riders CC	Male	Junior
33	09:33:00	Clive Horton	Barnesbury CC	Male	Vet
34	09:34:00	Sarah Minto	North Tyneside Riders CC	Female	Senior
35	09:35:00	Jake Dobson	PM Racing UK	Male	Senior
36	09:36:00	Paul Wright	Blaydon CC	Male	Vet
37	09:37:00	Timothy Brown	North Tyneside Riders CC	Male	Senior
38	09:38:00	Shaun Wilkinson	Muckle Cycle Club	Male	Senior
39	09:39:00	Wilson-Jay Brown	PM Racing UK	Male	Vet
40	09:40:00	Mark Strang	Velo Culture	Male	Vet
41	09:41:00	James Gunn	Blaydon CC	Male	Senior
42	09:42:00	Nicola McCoy	Muckle Cycle Club	Female	Vet
43	09:43:00	Stephen Hill	Barnesbury CC	Male	Vet
44	09:44:00	Andy Niven	VO2MAX Race Team	Male	Senior
45	09:45:00	Peter Stokoe	Reifen Racing	Male	Senior
46	09:46:00	Dan Venner	North Shields Polytechnic Club	Male	Vet
47	09:47:00	Clive Allan	Allen Valley Velo	Male	Senior
48	09:48:00	Mark Whaley	Blaydon CC	Male	Vet
49	09:49:00	Ellis Murray	Vector Racing	Male	Junior
50	09:50:00	Lewis Wake	Team Kirkley Cycles	Male	Senior
51	09:51:00	Libby Crawford	VO2MAX Race Team	Female	Senior
52	09:52:00	Benjamin Amaira	Alnwick Cycling Club	Male	Senior
53	09:53:00	Gemma Hutchins	Blaydon CC	Female	Vet
54	09:54:00	Mick Chappel	North Tyneside Riders CC	Male	Vet
55	09:55:00	Hedley Fletcher	Blaydon CC	Male	Vet
56	09:56:00	Christopher Wayman	Blumilk.com	Male	Senior
57	09:57:00	Lee Statham	Houghton CC	Male	Vet
58	09:58:00	Neil Wilkinson	Blaydon CC	Male	Vet
59	09:59:00	Michael Sloanes	Blumilk.com	Male	Senior
60	10:00:00	Lewis Timmins	Vector Racing	Male	Senior
61	10:01:00	Paul Barrett	Wearside Triathlon	Male	Senior
62	10:02:00	Darren Robson	North Tyneside Riders CC	Male	Vet
63	10:03:00	Philip Parsley	Muckle Cycle Club	Male	Senior
64	10:04:00	Benjamin Johnston	Racing Metro 15	Male	Junior
65	10:05:00	Julian MacBride	Team Kirkley Cycles	Male	Senior
66	10:06:00	Paul Robson	Protech Velo	Male	Vet
67	10:07:00	Joe Leiserach	Blaydon CC	Male	Senior
68	10:08:00	Mark Herbert	Derwentside CC	Male	Vet
69	10:09:00	Christopher Beaty	Allen Valley Velo	Male	Senior

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Start Number	Start Time	Rider	Club	Gender	Category
70	10:10:00	Graham Crammond	Vector Racing	Male	Senior
71	10:11:00	Aidan Berry	North Tyneside Riders CC	Male	Vet
72	10:12:00	Paul Philbrick	Army Cycling	Male	Senior
73	10:13:00	Keith Sibbald	Zeus CRT	Male	Vet
74	10:14:00	Joanne Rea	Blaydon CC	Female	Senior
75	10:15:00	Wayne Coates	Team Bottrill	Male	Vet
76	10:16:00	Colin Blacklock	Muckle Cycle Club	Male	Vet
77	10:17:00	Tim Irwin	Team Kirkley Cycles	Male	Vet
78	10:18:00	Keith Davison	Hadrian R.T	Male	Vet
79	10:19:00	Elliot Sharp	Vector Racing	Male	Senior
80	10:20:00	Phil Hall	Velo Culture	Male	Vet
81	10:21:00	Charlie Thew	North Tyneside Riders CC	Male	Juvenile
82	10:22:00	Fleur Stoops	Vanelli-Project GO	Female	Vet
83	10:23:00	David Donaldson	Derwentside CC	Male	Vet
84	10:24:00	Mal Gray	Reifen Racing	Male	Vet
85	10:25:00	Philip Kennell	GS Metro	Male	Vet
86	10:26:00	Michael Lynch	Derwentside CC	Male	Vet
87	10:27:00	David Linsley	Tyne & Wear Fire & Rescue Service CC	Male	Vet
88	10:28:00	Michael Charlton	Barnesbury CC	Male	Senior
89	10:29:00	Nicholas Stevenson	Wearside Triathlon	Male	Vet
90	10:30:00	Carl Donaldson	GS Metro	Male	Vet
91	10:31:00	Colin Atkinson	Muckle Cycle Club	Male	Vet
92	10:32:00	Justine Norman	Velo Culture	Female	Vet
93	10:33:00	Howie Buckingham	Allen Valley Velo	Male	Vet
94	10:34:00	Richard Glennie	Barnesbury CC	Male	Vet
95	10:35:00	Alun Brown	Rapha Cycling Club	Male	Vet
96	10:36:00	John Routledge	Barnesbury CC	Male	Senior
97	10:37:00	Martin Rasmussen	Tyneside Vagabonds CC	Male	Vet
98	10:38:00	John Bowman	Muckle Cycle Club	Male	Senior
99	10:39:00	Ian Taylor	Blumilk.com	Male	Vet
100	10:40:00	Russell McLean	Beacon Wheelers	Male	Vet
101	10:41:00	Vicky Gibbs	Reifen Racing	Female	Vet
102	10:42:00	Harris Hall	Velo Culture	Male	Juvenile
103	10:43:00	Iain Katz	VO2MAX Race Team	Male	Senior
104	10:44:00	Sam Dodd	Barnesbury CC	Male	Senior
105	10:45:00	Andrew Duggan	Muckle Cycle Club	Male	Senior
106	10:46:00	Nick Munro	Royal Air Force Cycling Association	Male	Senior
107	10:47:00	Peter Hawkins	Muckle Cycle Club	Male	Senior

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108	10:48:00	Barry Kelly	Barnesbury CC	Male	Senior
109	10:49:00	Sam Murray	DRAG2ZERO	Male	Espoir
110	10:50:00	Tom Hutchinson	Team Bottrill	Male	Senior
111	10:51:00	Michael Lee	North Tyneside Riders CC	Male	Vet
112	10:52:00	Angela McGurk	Blaydon CC	Female	Vet
113	10:53:00	Jen McMahan	Sub Rosa	Female	Senior
114	10:54:00	Lee Ridden	Reifen Racing	Male	Vet
115	10:55:00	Nev Martin	Velo Culture	Male	Vet
116	10:56:00	Lee McCarron	Vector Racing	Male	Senior
117	10:57:00	David Symes	Blaydon CC	Male	Vet
118	10:58:00	Kyle Spence	Velo Culture	Male	Senior
119	10:59:00	Sam Kettlewell	TS Racing - OTR	Male	Espoir
120	11:00:00	Keith Murray	DRAG2ZERO	Male	Vet
Reserve	--	David Purvis	Sunderland Clarion	Male	Vet
Reserve	--	David Conley	North Tyneside Riders CC	Male	Vet
Reserve	--	Chris Anderson	North Tyneside Riders CC	Male	Vet
Reserve	--	Ian Wright	North Tyneside Riders CC	Male	Vet
Reserve	--	Mark Radford	Northumbria Cycling Club	Male	Vet