Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Birdwell Wheelers Open 29 km Time Trial
Road bikes only event
Saturday 17th April 2021– First rider off at 2.01 pm



Event secretary: Trevor Mayne 01226 370242/ 07786 525595 trevormayne11@gmail.com

HQ: We have been unable to secure a venue due to Covid 19 so signing on/off is on Royd Moor Lane, Hemsworth, WF9 5LR – this is a dead-end road accessed from <u>Station Road</u>: signing on/off where the road ends (adjacent to A628 Hemsworth bypass – note: no motor vehicle access from A628). Signing on from 13:00.

Link to 'HQ' map here: Badsworth - Google Maps

Instructions for riders and others:

- 1) Parking, numbers and signing on at the eastern end of Royd Moor Lane (west), Hemsworth, WF9 5LR. Park only on the SOUTH side (ie on the right-hand side of the lane as you approach from Station Road) follow instructions of any marshal. Do not park in front of entrances or on verges.
- 2) No parking by riders/ supporters in the vicinity of the start or finish points.
- 3) Any rider, supporter or member of the organising team who believes they could be demonstrating symptoms of Covid 19, are currently in a vulnerable group required to self-isolate, or have been told to self-isolate should not attend the event.

- 4) No refreshments provided so please bring your own, including water.
- 5) Riders are strongly encouraged not to attend with any supporters unless necessary, such as if the rider does not drive.
- 6) There will be one portaloo available near the signing on/ off point. Riders/ supporters/ helpers should avoid going 'over the hedge', particularly around Royd Moor Lane.
- 7) Face masks should be brought and used by riders when signing on/ off. Those requiring safety pins for their numbers should bring their own. After competing, used numbers should be placed in the bucket with detergent provided.
- 8) Riders and any supporters should not socialise with others either before or after the event: riders should arrive in sufficient time to sign on, compete, and then go home after signing off. No results will be provided at the event but will appear by way of the internet asap after the event.
- 9) This event will be followed by a second event in which TT bikes are allowed.
- 10) Rules relating to this event only: road bikes only no tri-bars, disc wheels or deep-rimmed wheels greater than 50mm depth. No aero helmets. Skinsuits are permitted. The decision of the event's officials at the race start is final.
- 11) No Warming up on the Course in the same direction as competitors once the event has started. We recommend a warm-up loop of circa 4 miles thus: retrace from parking/ sign-on to turn L onto Station Road, then keep L at traffic lights onto Market Street/ B road and keep straight on for circa 1 mile (becomes Kirkby Road) to A628 Hemsworth bypass go L at traffic island (TI) and then straight on (A628) at next TI. (You are now riding the course in the 'wrong' direction). Continue to next TI where L to rejoin Station Road (Pontefract Road).

No U Turns within sight of the start or finish. Keep your head up at all times. In the interest of your own safety, the CTT and the event promoters strongly advise you to wear a hard shell Helmet that meets an internationally accepted safety Standard.

Regulation 15 requires <u>all riders of 18 years and under</u> to wear a suitable Helmet.

It is now compulsory that a rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is 'on'/ working at the start of the event.

This event may be subject to a Doping Control. It is your responsibility to check if you are required for Doping Control. Race numbers required for any Doping Control will be displayed at the signing on/ off point. Remember, it is up to you to check and ensure that you comply. If your number is displayed you are required to report to Doping Control, which will be nearby, after finishing and without delay.

All competitors are now required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF.

Course Description O29K:

Start just N of railway bridge on Station Road, Hemsworth on carriageway at exit from lane to fishing lakes. Proceed north on Station Road/Pontefract Road to Hoyle Mill traffic island (0.675 miles). Round island to 2nd exit onto A628 Hemsworth by-pass. Continue on A628 to Beamshaw TI (2.313). Left onto A6021. Straight across Ferrymoor TI (2.656) to Minsthorpe Lane TI (4.585). Left onto A638 to Ackworth Moor Top TI (7.741). Left onto A628 to Hoyle Mill TI (8.680). Left on A628 for 2nd circuit to Beamshaw TI (10.265). Left onto A6021, across Ferrymoor TI (10.608) to Minsthorpe Lane TI (12.437). Left onto A638 to Ackworth Moor Top TI (15.593). Left onto A628 to Hoyle Mill TI (16.532). Left on A628 to Royd Moor Lane (16.991). Left onto Royd Moor Lane to finish at telegraph pole next to end, west side, of railway bridge opposite entrance to Royd Moor Dairy Farm (17.548) (Marked 10/29)

Link to map here:

www.cyclingtimetrials.org.uk/Race-details/21952

Course Records:

Men: Rich Dean 37.39 (Birdwell Whs event 6/6/15) Women: Alex Deck 43.46 (Birdwell Whs event 6/6/15)

Awards: (N.B. One rider = one prize barring team prize)

(There are no trophies for the road bike event.)

1st Male £30

1st Woman £30

2nd Male £25

3rd Male £20

1st Juvenile or Junior £20

1st Male Veteran (40-49 yrs) £15

1st Male Veteran (50-59 yrs) £15

1st Male Veteran (60+) £1

Lowest aggregate time Team of 3: 3 x £15 (road bike event only)

Helpers (Birdwell Wheelers unless stated):

Start Timekeeper –Jan Wilson Start assistant – Malc Wilson

Start area marshal – Kevin Broadhead Hoyle Mill TI – David Cass, Rutland CC

Beamshaw TI - Austin Watson

Minsthorpe Lane TI – Ian Ambler, Rockingham CC

Ackworth moor Top TI – Alan Bullock Royd Moor Lane turnoff – Dave Jarvis

Finish Tlmekeeper – Phil Minto

Finish Clerk - Christine Minto

Checker (finish) – Steve Myatt

Signing on/off - Trevor Mayne

Parking marshal - TBC