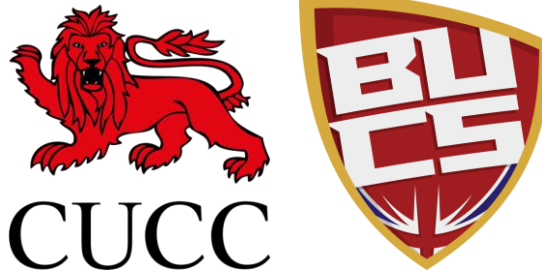


Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Cambridge University Cycling Club
in association with
British Universities & College Sport
present the start sheet for the
CIRCUIT 25 MILE TT

to be held on

Sunday 18th April – Starts at 13:01

HQ: Ellesmere Centre, Stetchworth, Newmarket, CB8 9TS

START half way along lay-by (marked Police only) on the A1303, situated 650 yards south-west of the Stetchworth roundabout. Proceed on the A1303 towards Cambridge, continuing to Dunsley Corner (5.18m) (M&C) **TAKE CARE SHARP CORNER** were left to follow lane to Six Mile Bottom (8.83m) (M) where left **TAKE CARE TRAFFIC FOM THE RIGHT** onto the A1304 towards Newmarket to Stetchworth roundabout (12.39m) (M&C) where left onto the A1303, to finish first circuit at the start point (12.76m). Proceed onto second circuit via A1303 to Dunsley Corner (17.94m) **TAKE CARE SHARP CORNER**, lane to Six Mile Bottom (21.59m) where left **TAKE CARE TRAFFIC FOM THE RIGHT** A1304 towards Newmarket to **FINISH** at 'White Direction Board' which is 70 yards north of lay-by and 300 yards south of Stetchworth roundabout. (25.00m).

Course records – Male 48:50 John Archibald (2020) Female 55:02 Emily Meakin (2020)

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARDSHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD

YOU MUST HAVE A REAR FACING RED LIGHT FITTED TO YOUR MACHINE, NO LIGHT, NO RIDE.

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.
2. NO 'U' TURNS are allowed within sight of either the start or finish area.
3. Numbers will be situated at the HQ; sign in before and sign out after you have finished.
4. NO cars to stop or park at the start or finish areas.
5. No warming-up by competitors is allowed along any part of the designated course other than going to the start, after the event has started.

6. **NO** riders allowed in the start area more than 3 minutes before starting & no more than 3 at any one time.

COVID-19 REGULATIONS

CTT has issued two PDF documents, a Covid-19 Risk Assessment and “Putting on a Cycling Time Trials Event during COVID19”. If you haven’t already read them please download them from the CTT website here: <https://www.cyclingtimetrials.org.uk/documents/index/organisers> , and read them carefully. However, the following points plus other instructions are of importance so are repeated here.

Competitors should not attend if they feel ill in **ANY** way especially if they or family members have any Covid-19 symptoms.

Competitors should be aware that an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of **ANY** kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case.

AT NO TIME MUST RIDERS AND HELPERS GATHER IN GROUPS OF MORE THAN SIX. SOCIAL DISTANCING MUST BE OBEYED AT ALL TIME, AROUND THE HQ AREA, AT PARKING AREAS AND AT THE START.

Event Headquarters are at the Ellesmere Centre, Stetchworth, near Newmarket. The HQ will be open at 11:30am. Please aim to arrive only as early as is needed for your start time, no more than 1 hour before is recommended. Please park sensibly and avoid blocking pathways by not parking on the verges. Obey the 30mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these headquarters. Spectators and anyone not competing are **NOT** encouraged to attend wherever possible.

NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ. Separate Toilet facilities are available for men and women but only one person at a time is allowed in the respective room, access is via the lobby next to the main door of the centre, wear a mask, queue outside if necessary and use the hand sanitisation stations, a steward will direct you.

Signing on will be in the marquee and will be operating one person at a time with queuing if necessary, at 2 metres. The use of face masks is compulsory during signing on, unless medically exempt.

Riders should bring their own pen for signing in and out, disposable numbers will be laid out individually and riders should only handle their own number, if they haven’t brought their own pins, they will be provided. Please make use of the provided hand sanitiser before signing and collecting your number.

The start is nearly 3 miles from the event HQ, allow plenty of time if you are riding from the HQ. Please see map below.

No more than **THREE** riders are allowed to queue at the start, so time your arrival accordingly. There will be no pusher-off; any clothing, bottles, etc, left at the start will **NOT** be returned to Finish or HQ.

On finishing the race, riders should not stop at the finish and should not loiter at the HQ or parking areas, but sign out promptly and leave the race as soon as possible.

There will be no refreshments at the HQ and no results displayed. Results will be published on the relevant websites once all are confirmed. **DO NOT APPROACH THE TIMEKEEPERS.**

Riders should be aware that there is another Time Trial event using the same course the day prior (Sat 17th April) and that it will NOT be possible to recce the course on this date as it would interfere with this event.

Timekeepers: Tim & Becki Groves

Event Secretary: James Quigley

Fitzwilliam College, Storey's Way, Cambridge, Cambridgeshire, CB3 0DG

Email: jaaq2@cam.ac.uk Mobile: 07532249288

PARKING

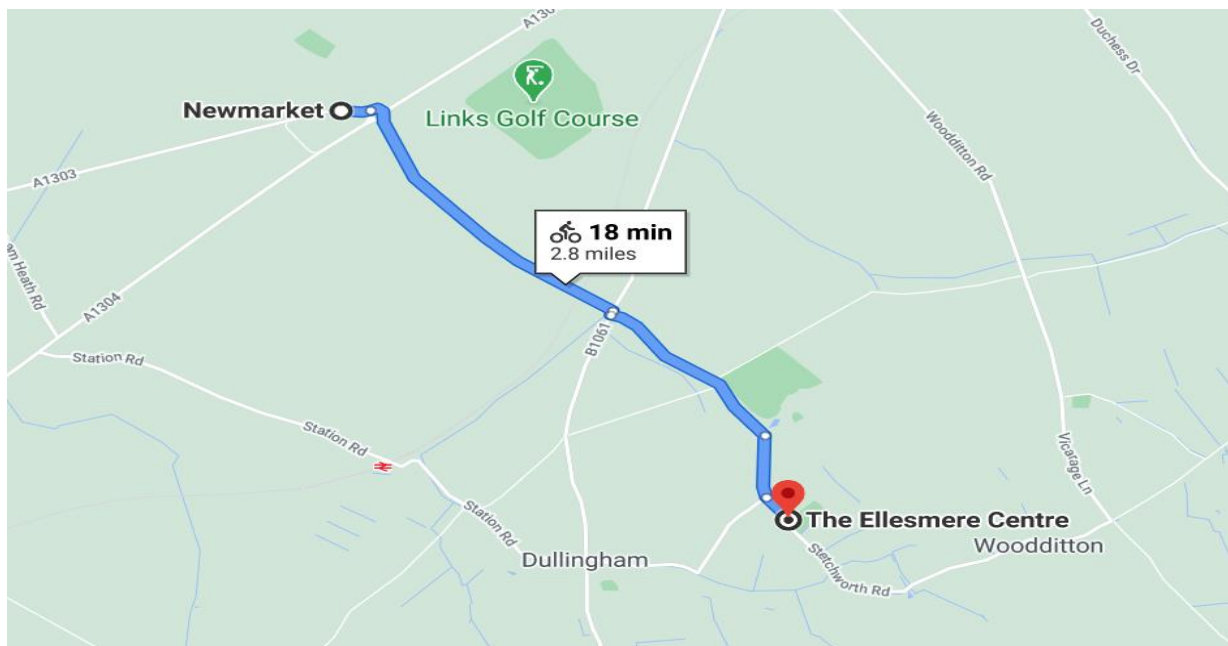
There is limited parking at the HQ, only 60 spaces and some of those will be used by the organising team.

DO NOT PARK IN THE VILLAGE STREETS, BLOCK DRIVEWAYS OR ON THE GRASS VERGE OUTSIDE THE HQ.

Parking near start available both along the road leading from the start to the HQ, where there are large grass verges, and along the minor exit to north side of the Newmarket RAB with suitable space along the side of the road (both highlighted). Please park responsibly and maintain recommended social distancing of 2m at all times.



FROM HQ TO START, IT'S NEARLY 3 MILES SO IF YOU ARE RIDING FROM THE HQ LEAVE PLENTY OF TIME, THERE WILL BE DIRECTION ARROWS TO FOLLOW FROM THE HQ AND BACK.



Results and Prizes

Individual Competition – Fastest Individuals

Men – 1st, 2nd, 3rd

Women – 1st, 2nd, 3rd

Team Competition – Fastest combined time of 3 individuals (Men’s) and 2 individuals (Women’s) from the same institution

Men – 1st, 2nd, 3rd

Women – 1st, 2nd, 3rd

No results or prizes will be awarded on the day, these will be released and distributed remotely after the day of the event.

Start List

<u>Number</u>	<u>Name</u>	<u>Team</u>	<u>Start Time</u>
1	Ottoline Martin	Cambridge Women's	13:01
2	Sabria Behilil	East Anglia Women's	13:02
3	Rosie Simmons	Southampton Women's	13:03
4	Carys Haf	East Anglia Women's	13:04
5	Joris Witstok	Cambridge Men's	13:05
6	Anne-Marie Bowring	Cambridge Women's	13:06
7	Aleksandra Higson	Durham Women's	13:07
8	Millie Cass	Loughborough Women's	13:08
9	Clare Jackson	Cambridge Women's	13:09
10	Joanna Raymond	East Anglia Women's	13:10
11	Tom Hale	Cambridge Men's	13:11

12	Bryce Jersing	Bath Men's	13:12
13	Lottie Gill	Durham Women's	13:13
14	Chloe Simper	East Anglia Women's	13:14
15	Tom Quinlan	Reading Men's	13:15
16	Jasmine Holmes	Manchester Women's	13:16
17	Henry Urand	Loughborough Men's	13:17
18	Joseph Gyde	East Anglia Men's	13:18
19	Morgan Newberry	Sheffield Hallam Women's	13:19
20	Katie Helsby	Bristol Women's	13:20
21	Katie-Ann Elliston	Derby Women's	13:21
22	Millie Noble	Loughborough Women's	13:23
23	Sian Reynolds	Derby Women's	13:24
24	Zoe Burrell	Cambridge Women's	13:25
25	Ellen Inglis	Loughborough Women's	13:26
26	Tamsin Miller	Exeter Women's	13:27
27	Connie Hayes	Queen Mary Women's	13:28
28	Nicola Greenwood	Birmingham Women's	13:29
29	Corinne Side	Derby Women's	13:30
30	Sam Rowell	Durham Men's	13:31
31	Matilda Gurney	Nottingham Women's	13:32
32	Steven Parsonage	Durham Men's	13:33
33	Charlie Lacaille	Bristol Men's	13:34
34	Tom Hartwell	Leeds Men's	13:35
35	Anna Harrison	Cambridge Women's	13:36
36	Hannah Lancaster	Loughborough Women's	13:37
37	Theodor Obholzer	Durham Men's	13:38
38	Isla Rush	Leeds Women's	13:39
39	Liam Kemp	Southampton Men's	13:40
40	Rebekah Nash	Cambridge Women's	13:41
41	Lilly Chant	Southampton Men's	13:42
42	Alderney Baker	Loughborough Women's	13:43
43	Gabriella Homer	Birmingham Women's	13:44
44	Christopher Lockwood	Durham Men's	13:45
45	Joe Andrew	Southampton Men's	13:46
46	Laura Pittard	Oxford Brookes Women's	13:47
47	Seamus Sheard	Exeter Men's	13:48
48	Xan Crees	Loughborough Women's	13:49
49	Alexander Raynard	Sheffield Hallam Men's	13:50
50	George Evans	Chester Men's	13:51
51	George Spooner	Cambridge Men's	13:52
52	Madeleine Gammons	Birmingham Women's	13:53
53	Daniel Lord	Warwick Men's	13:54
54	Isabel Ellis	Nottingham Women's	13:55
55	Euan Backus	Oxford Brookes Men's	13:56
56	Thomas Epton	Southampton Men's	13:57
57	Tobias Edwards	Sheffield Hallam Men's	13:58
58	Jamie Wimborne	Warwick Men's	13:59
59	Zak Villeneuve-Snell	Surrey Men's	14:00
60	Ted Cross	Bristol Men's	14:01
61	Gabe Dellar	Southampton Men's	14:02
62	Joe Adlam-Cook	Cambridge Men's	14:03
63	Lucy Gadd	Southampton Women's	14:04
64	Adam Mitchell	Loughborough Men's	14:05
65	Josh Copley	Surrey Men's	14:06
66	Samuel Gerrard	Cambridge Men's	14:07

67	Natasha Lydia Reddy	Exeter Women's	14:08
68	Sam Hucks	Loughborough Men's	14:09
69	Timothy Welsh	Cambridge Men's	14:10
70	James Jenkins	UCL Men's	14:11
71	Luke McCarron	Cambridge Men's	14:12
72	Finn Mansfield	Bristol Men's	14:13
73	Vasileia Spyropoulou	King's College Women's	14:14
74	Fergus Phelan	Bath Men's	14:15
75	Frederik Scheske	Exeter Men's	14:16
76	Luke Gwenter	Surrey Men's	14:17
77	Nicholas Buck	Surrey Men's	14:18
78	Chloe Vickers	Loughborough Women's	14:19
79	Elspeth Grace	Cambridge Women's	14:20
80	Travis Bramley	Loughborough Men's	14:21
81	Freddie Loveday	Surrey Men's	14:22
82	Calum Brown	Sheffield Hallam Men's	14:23
83	Karl Baillie	Derby Men's	14:24
84	Kate Wootton	Loughborough Women's	14:25
85	George Kimber	Cardiff Men's	14:26
86	George Peden	Leeds Men's	14:27
87	Dan Capel-Smith	Bath Men's	14:28
88	Benjamin Morrison	Portsmouth Men's	14:29
89	Luke Halls	Nottingham Men's	14:30
90	Ollie Hucks	Nottingham Men's	14:31
91	Vincenzo Pratley	Warwick Men's	14:32
92	Jack Smith	Durham Men's	14:33
93	Sophie Lankford	Nottingham Women's	14:34
94	George Creasey	Bath Men's	14:35
95	Toby Barnes	Loughborough Men's	14:36
96	George Wood	Sheffield Men's	14:37
97	Nicos Antippa	Nottingham Men's	14:38
98	Jack Crook	Durham Men's	14:39
99	Harrison Levitt	Bath Men's	14:40
100	Jack Brown	Cambridge Men's	14:41
101	Cavan Walker	Loughborough Men's	14:42
102	Irfan Zaman	Nottingham Men's	14:43
103	Cai Davies	Sheffield Men's	14:44
104	Francesca Hall	Loughborough Women's	14:45
105	Jack Kellam	Cambridge Men's	14:46
106	Jamieson Blain	Birmingham Men's	14:47
107	James Pittard	Bristol Men's	14:48
108	Sam Morris	Loughborough Men's	14:49
109	Euan Tebbutt	Cambridge Men's	14:50
110	Alex Pritchard	Nottingham Men's	14:51
111	George Peasgood	Loughborough Men's	14:52
112	George Hale	UCL Men's	14:53
113	Ben Barlow	Loughborough Men's	14:54
114	Oliver Hurdle	Southampton Men's	14:55
115	Eugene Cross	ULaw Men's	14:56
116	Toby Antippas	Cambridge Men's	14:57
117	Ryan Watkins	Cardiff Met Men's	14:58
118	Max McMurdo	Sheffield Men's	14:59
119	Tristan Pilling	Derby Men's	15:00
120	Sebastian Garry	Nottingham Men's	15:01

Reserve Riders

<u>Reserve Number</u>	<u>Name</u>	<u>Team</u>
1	Isaac Wagland	Loughborough Men's
2	Sam Massey	Cambridge Men's
3	Tobi Ng	Loughborough Men's
4	James Cummins	Cambridge Men's
5	Aidan James	Loughborough Men's
6	Fabio Albertani	Cambridge Men's
7	Dan Reynolds	Loughborough Men's
8	Matt Rizzo-Naudi	Cambridge Men's
9	David Percival	Loughborough Men's
10	Thomas Walker	Cambridge Men's
11	Evan Wilson	Loughborough Men's
12	Tom Copeland	Cambridge Men's
13	Oliver Moseley	Cambridge Men's
14	Neil Ibata	Cambridge Men's
15	Rian Howe	Cambridge Men's
16	Tom Wade	Cambridge Men's