



- Event HQ should be open from **0730** hrs
- **A cricket match is due to start at 1300 hrs so all riders are asked to depart as soon as they can once finished, which is in line with COVID restrictions at the moment in any case.**

There is a reasonable amount of parking at the HQ but if you need to park in the village please park considerately and not block drive ways.

NO SHOEPLATES IN EVENT HQ, PLEASE.

NOTICES: (**Due to COVID the notices are longer than usual but please do read them**)

- This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>
- Please ensure you have read the CTT COVID-19 guidelines at <https://www.cyclingtimetrials.org.uk/documents/index/covid-19>
- You are asked to not urinate in the carpark or grounds or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility. DO NOT arrive too early or you will be asked to stay in your vehicle. There will be no gatherings permitted in the carpark.
- Turbo trainer/roller warm up are permitted at HQ but only directly behind/infront of your parked vehicle. You are encouraged to warm up on the road to ensure you are not gathering with other riders. Riders not following guidelines or instructions from officials will not be permitted to race and may be reported to CTT.
- Sign-on is currently very different to what we are used to. No hugging, no kissing and no exchanging of niceties. But there are some other restrictions in place. You will be expected to follow them. Please **bring your own pen!** We will ask you to **respect the social distancing rules and maintain 2m distance between people in all directions at all times.** This is to ensure we can successfully run this event and others in the future and that any certain twitchers have no material to send to the local gossip column/social media outlet/news outlet. We are all in this together so please respect the volunteer team and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, may be reported to CTT and may be refused entry to future events.
- Your number will be placed on a table at the HQ, please check your number on the list below. The numbers have not been used this year and the person putting them out will have taken necessary sanitizing steps before and after laying them out.
- CTT requires all riders to sign out of events when finished. Failure to complete the signing out sheet will result in the rider being disqualified. Other riders or individuals must not sign out for other people.
- Please hand your number in when signing out.
- A **working rear light**, either flashing or constant, must be fitted to the machine in a position visible to following road users and is active whilst the machine is in use
- Please respect the volunteers from Chippenham and District Wheelers and the timekeepers who are giving up their time to help out.
- Position your main number so that it is visible from the rear when in the racing position.
- This event may be subject to a Doping Control - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- Please allow at least 10 minutes to get to the start.
- Head-down riding kills – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish
- IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a **working rear light**. If either of these are missing you will not be permitted to race. There will be no "pusher offer" and you will have to do a standing start on your own. Rolling starts will not be permitted. Make it easy for the finish time keepers, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason. Once you have finished your race return to HQ to sign out

Race Results will be published on the CTT website as soon as possible.

Start List Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and may not be accepted in future events.

Vehicles on course Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

Summary In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum. These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events. We would like to thank all our volunteers and hope that you enjoy the event

Ride Safe. Ride Strong. Thank you for your support!

**PARKING:**

**To make best use of the parking space available can we please ask that cars park alternatively – facing in / facing out. This will put separation between you when unloading your bike and preparing from other riders and allow cars to be slightly closer together.**



## COURSE DETAILS

To reach start from event HQ turn left onto Rixon Gate road and follow till X-rds. Turn Right onto High Road and follow till Cox's Hill. Go straight on Cox's Hill to junction with B4696 where turn right and follow till X-rds with Spine Road. Go straight on unnamed road towards and past the aggregate industries. Note once past X-rds you will be riding towards riders who are already racing. Distance to start 2 miles.

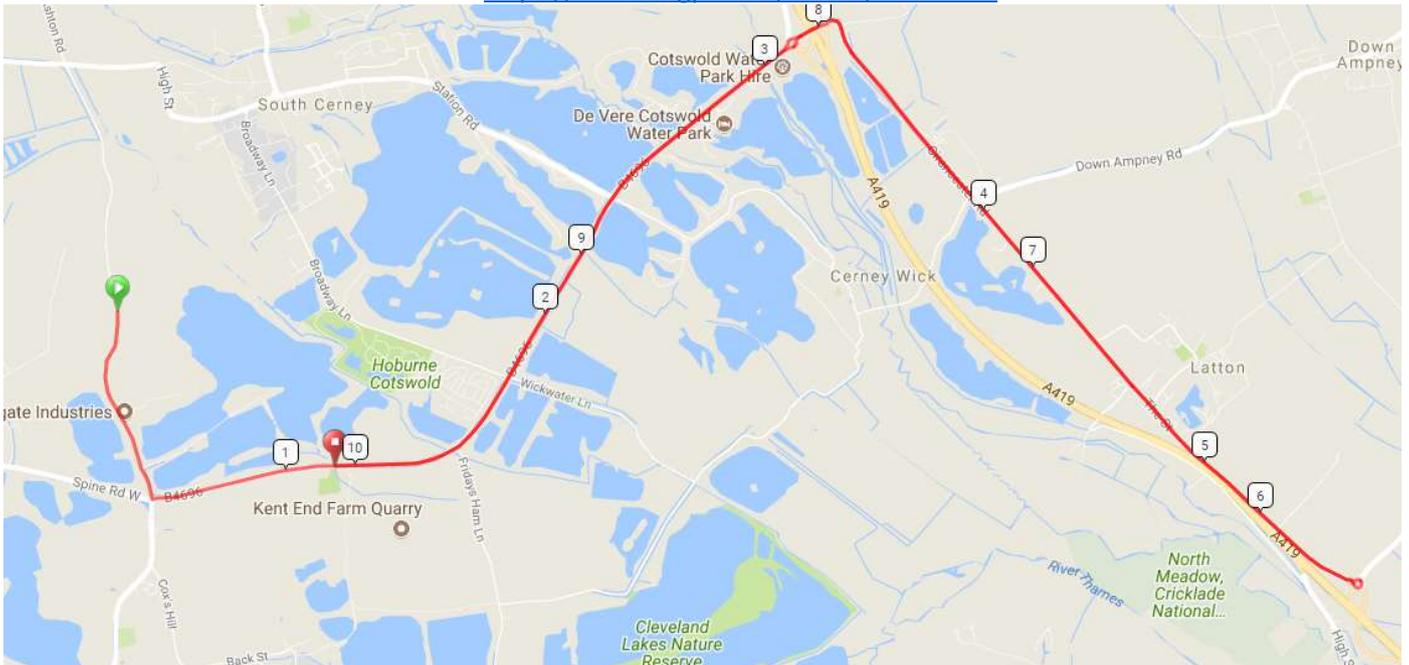
<https://ridewithgps.com/routes/34119754>

- LIMIT U TURNS TO AN ABSOLUTE MINIMUM AND QUEUE TO START IN SINGLE FILE IN LAYBY. DO NOT QUEUE ON THE ROAD.
- PLEASE DO NOT WARM UP PAST THE START AREA.

START: Start in layby on unclassified road 0.4 mile north of Aggregate Industries entrance.

Head south to junction of Spine Rd West and Spine Rd East (B4696) and turn left. Ride East along Spine Road East towards Cotswold Water Park and A419. Cross the double RAB over the A419 (straight on at first RAB) and turn right at second RAB (second exit) towards Latton (DO NOT TAKE A419 EXITS). Ride South East along Cirencester Road through village of Latton (note traffic calming road narrows) to RAB for A419 and circle RAB to return along Cirencester Road through Latton to the double RAB with A419. At first RAB take second exit (straight across) to second RAB and take second exit along Spine Rd East past Cotswold Water Park (DO NOT TAKE A419 EXITS). Ride West along Spine Rd East to finish 0.5 mile short of junction at West end of small gated layby before Clayhill Car Park

<https://ridewithgps.com/routes/25084348>



DO NOT STOP on finishing, but warm down and return to HQ.

## PRIZE VALUES

Overall		Vets		Others	
1st Place	£30.00	1st Place Vet Overall	£25.00	1st Place Lady	£30.00
2nd Place	£25.00	2nd Place Vet Overall	£20.00	2nd Place Lady	£25.00
		1st Place V40	£20.00	1st Jnr/Jv	£30.00
		1st Place V50	£20.00	1 <sup>st</sup> Team (of 3)	£60.00
		1st Place V60	£20.00	2 <sup>nd</sup> Team (of 3)	£45.00
		1st Place V70	£20.00		

One prize per rider (except team). In the event of a multiple claim the greater value prize will be awarded. Prizes will be forwarded to riders after the event.

**ORDER OF START**

(T – denotes tandem pair)

<b>Start Time</b>	<b>Rider Number</b>	<b>Rider</b>		<b>Club</b>	<b>Cat</b>
09:14	14(T)	Legge	Andrew	Bristol South Cycling Club	V4
09:14	15(T)	Knight	Joanna	Bristol South Cycling Club	V6
09:16	16	Richardson	Robbie	Chippenham & District Wheelers	V5
09:17	17	Anderson	Mike	CC Moncontour	V6
09:18	18	Davis	Simon	VTTA (Midlands)	V4
09:19	19	Martindale	Joseph	Chippenham & District Wheelers	Jnr
09:20	20	Garnett	Peter	Swindon Road Club	V5
09:21	21	McChesney	Alastair	Bath Cycling Club	V5
09:22	22	Lacey	Paul	Bradford-on-Avon Cycling Club	Senior
09:23	23	Russell	Tony	FTP (Fulfil The Potential) Racing	V4
09:24	24	Mangham	Olivier	VC de Londres	Jnr
09:25	25	Smith	Luke	Bristol South Cycling Club	V5
09:26	26	Dos Santos	Adriano	Team Swindon Cycles	V4
09:27	27	Lowe	Chris	Swindon Road Club	V6
09:28	28	Walton	Emily Kate	Bristol South Cycling Club	Lady
09:29	29	Parfitt	Stephen	Oxonian CC	V6
09:30	30	Francis	Robert	Reflex Racing	Senior
09:31	31	Franks	Alex	Hillingdon Slipstreamers	Jnr
09:32	32	Andres	Daniel	FTP (Fulfil The Potential) Racing	Senior
09:33	33	Bishton	Mark	Velo Club Bristol	V5
09:34	34	Brabbins	Bob	VTTA West Group	V7
09:35	35	Burke-Nott	Tom	Bristol South Cycling Club	V4
09:36	36	Buckland	Jo	FTP (Fulfil The Potential) Racing	Lady
09:37	37	Crease	Peter	Royal Navy & Royal Marines CA	Senior
09:38	38	Evans	Becky	PDQ Cycle Coaching	Lady
09:39	39	Sherin	Ian	3C Cycle Club	V5
09:40	40	Short	Robin	Cotswold Veldrijden	V4
09:41	41	Smith	Edward	Kettering CC	V5
09:42	42	Verden	Jamie	Bath Cycling Club	Senior
09:43	43	Coles	Alex	VMCC powered by Y Beic	Jnr
09:44	44	Paramor	Neil	Salt and Sham Cycle Club	V4
09:45	45	Beckett	Sam	Wales Racing Academy	Espoir
09:46	46	Wiggins	Jon	PDQ Cycle Coaching	Senior
09:47	47	Brugis	Maris	Bristol Road Club	Senior
09:48	48	Page	Gerald	Somerset RC Tri Club	V5
09:49	49	Cann	Paul	PDQ Cycle Coaching	V6
09:50	50	Parsonage	Steven	Richardsons-Trek RT	Senior
09:51	51	Bradley	Mark	Bristol South Cycling Club	Veteran
09:52	52	Laasna Reuter	Dan	Virtual Cycling Club	V4
09:53	53	Coomber	Oliver	Zoom Triathlon Club	Senior
09:54	54	Clark	Anne	PDQ Cycle Coaching	Lady
09:55	55	Francis	Lee	Velo Club Bristol	Senior
09:56	56	Bolton	David	Bristol South Cycling Club	V5

09:57	57	Vuagniaux	Nigel	Bath Cycling Club	V6
09:58	58	Clark	Stephen	PDQ Cycle Coaching	V6
09:59	59	Helyar	Charly	VTTA West Group	Lady
10:00	60	May	Tim	PDQ Cycle Coaching	V4
10:01	61	Wright	David	Tetbury Velos	V5
10:02	62	Davies	Emma	Newbury Velo	Jnr
10:03	63	Wrintmore	Darren	Westbury Wheelers	V5
10:04	64	English	David	Chippenham & District Wheelers	V5
10:05	65	Allen	Eddie	Redmon CC	Senior
10:06	66	Kempe	Daniel	Bristol South Cycling Club	V5
10:07	67	Cook	Andy	Chippenham & District Wheelers	V5
10:08	68	Balk	Martin	3C Cycle Club	V6
10:09	69	Vuagniaux	Alison	Bath Cycling Club	Lady
10:10	70	Chapman	Tony	Frome and District Wheelers	V4
10:11	71	Eacott	James	Bradford-on-Avon Cycling Club	Senior
10:12	72	Das	David	Bradford-on-Avon Cycling Club	V4
10:13	73	Evans	Mark	Chippenham & District Wheelers	V5
10:14	74	Nash	Mark	Salt and Sham Cycle Club	V4
10:15	75	Hayward	Paul	Pontypool Road Cycling Club	V4
10:16	76	Rouwenhorst	Laurie	Bath Cycling Club	Senior
10:17	77	Powell	Maria	Bristol South Cycling Club	Lady
10:18	78	Tutton	Paul	Velo Club Bristol	V5
10:19	79	Martindale	Lawrence	Chippenham & District Wheelers	Jnr
10:20	80	Bromley	Simon	Bristol South Cycling Club	Senior
10:21	81	Bridgewood	Oliver	Bath Cycling Club	Senior
10:22	82	Hogan	Thomas	VeloVitesse/ALLCAP/James Barry	Senior
10:23	83	Iffland	Peter	Chippenham & District Wheelers	V5
10:24	84	Fraioli	Jayme	Salt and Sham Cycle Club	Lady
10:25	85	Streather	Jason	PDQ Cycle Coaching	V4
10:26	86	Jones	Paul	Bristol South Cycling Club	V4
10:27	87	Griffin	Edward	Bradford-on-Avon Cycling Club	Senior
10:28	88	Lowe	Nicholas	Team Swindon Cycles	V5
10:29	89	Symons	Bob	PDQ Cycle Coaching	V6
10:30	90	Stedman	Max	HuntBikeWheels.com	Senior
10:31	91	Dunnage	Niel	PDQ Cycle Coaching	V4
10:32	92	Davies	Tim	Newbury Velo	V4
10:33	93	Taylor	Roger	Frome and District Wheelers	V7
10:34	94	Booth	Lauren	PDQ Cycle Coaching	Lady
10:35	95	Boulton	Matt	Swindon Wheelers	Senior
10:36	96	Letherbarrow	Dan	Cheltenham & County Cycling Club	Senior
10:37	97	French	John	Oxford City RC	V6
10:38	98	Latchem	Robert	Somer Valley Cycling Club	V7
10:39	99	Karlsson	Amanda	PDQ Cycle Coaching	Lady
10:40	100	Disley	B Xavier	AeroCoach	Senior
10:41	101	Scott	Pete	Swindon Road Club	V5
10:42	102	Dyer	Billy	BJ cycling	V5
10:43	103	Kington	Matthew	Velo Club Bristol	V5
10:44	104	Cox	Nigel	Webbs 1902 CC	V6
10:45	105	Brook	Richard	PDQ Cycle Coaching	V5

10:46	106	Parker	Ben	Swindon Wheelers	V4
10:47	107	Southey	Thomas	Bristol South Cycling Club	Senior
10:48	108	Rogoll	Paul	Salt and Sham Cycle Club	V6
10:49	109	Jones	Samuel	FTP (Fulfil The Potential) Racing	Senior
10:50	110	English	Nick	AeroCoach	V4
10:51	111	Tucker	Andy	Newbury Velo	V4
10:52	112	Simpkins	Andrew	Team Echelon	V6
10:53	113	James	Paul	VTTA West Group	V4
10:54	114	Hewson	Graham	PDQ Cycle Coaching	V6
10:55	115	Burbridge	Daniel	Bristol South Cycling Club	Senior
10:56	116	Jones	Gareth	Clevedon & District Road Club	V5
10:57	117	Garland	Kevin	PDQ Cycle Coaching	V4
10:58	118	Jolliffe	Robert	New Forest CC	V6
10:59	119	Smith	Nick	Somerset Road Club	V6
11:00	120	Livermore	Nick	Bristol South Cycling Club	Senior

**Please note your name is on the start sheet as it appears in the CTT Database. You can edit your name to make in upper and lower case.**