

**EASTERN COUNTIES**



**CYCLING ASSOCIATION**

## **Championship 50 mile time trial**

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

### **START SHEET Saturday, May 22<sup>nd</sup> 2021, 2pm Course F2/50**

**Event Organiser:** Vince Freeley, (Finsbury Park CC), 13 The Orchard, London, N21 2DN.  
[vfreeley@gmail.com](mailto:vfreeley@gmail.com), 07970 462554

**Timekeepers:** Mike Bannister, Chronos RT

#### **AWARDS**

**SCRATCH:** 1st: Beauchamp Trophy + Boxed Medal. 2nd to 5th: Championship Medal.

**LADIES:** 1st: Boxed Medal. 2<sup>nd</sup>: Championship Medal.

**TEAM:** 1st Team of Three: Championship Medals.

**HANDICAP:** 1st to 5th: ECCA Medal.

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

**Headquarters:** Caldecote Village Hall, Furlong Way, Highfields Caldecote, CB23 7ZH

#### **Course**

**Start** at paint mark about 25 yards short of expansion joint in road surface of bridge where St Neots Road crosses over A428 dual carriageway just east of Highfields Caldecote. Proceed eastwards straight over (1<sup>st</sup> exit) Caldecote RAB to Hardwick RAB where sharp left, 1<sup>st</sup> exit onto A428 westbound, Pass Cambourne junction to  
**TURN** at Caxton Gibbett RAB (5.4 miles) and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip road to Madingley RAB, where take 4<sup>th</sup> exit to re-enter A428 westbound and retrace to Caxton Gibbett RAB, (18.0 miles) where  
**TURN** and retrace to Madingley RAB, where take 4<sup>th</sup> exit to,  
**TURN** and retrace to Caxton Gibbett RAB, (30.6 miles) where,  
**TURN** and retrace to Madingley RAB, where take 4<sup>th</sup> exit to  
**TURN** and retrace to Caxton Gibbett RAB, (43.2 miles), where  
**TURN** and retrace to Madingley RAB, (49.5 miles) **where TAKE 3<sup>rd</sup> EXIT, to FINISH** on St Neots road,

**HQ to start:** 1 mile of flat road. From the HQ go left on Furlong Way to the T-junction with Highfields Road. Turn left and follow over mini RABs to large RAB where take the 2<sup>nd</sup> exit onto St Neots Road. Start is on the A428 overbridge. **NO U TURNS**

**Finish to HQ:** After finish, stay on St Neots Road, until it bears right to a RAB where take the first exit. Follow this road to the next RAB (BP garage) where 1st left, then follow over mini RABs and turn right into Furlong Way.

**At the HQ:** The HQ is in a residential area so please be considerate of local residents. Due to Covid-19 restrictions the HQ will only be available for the WCs. Signing on/off will take place outside unless it is raining – please bring your own pen for signing. After you have signed on you will be given your ‘disposable’ number – please stay distanced.

**Numbers:** We plan to use one time use body numbers; please bring your own pins and dispose of the number responsibly after use.

**Parking:** No parking at the finish or close to the start.

There is limited parking at the HQ and careful parking on the grass is okay. There is another small parking area just on past the HQ entrance. Please **DO NOT** park on the residential streets by the HQ (another Covid-19 consideration), or on St. Neots Road between the Start and Hardwick roundabout.

**Rear lights:** Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**Cycling helmets:** CTT and the event promoter strongly advise you wear a hard-shell helmet that meets internationally accepted safety standards. Helmets are compulsory for Juvenile and Junior riders.

**Warming up:** No warming up along the course by competitors once the event has started. No U-turns on the road close to the start.

**Refreshments:** Unfortunately, due to Covid-19 restrictions there will be no refreshments available. When you have signed-off, please leave the HQ area.

**Litter:** Riders are reminded that dropping litter (such as gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

**Signing out:** No sign, no time.

**Rider safety:** The intention is to cross the finish line as quickly as possible and there’s no prize for crashing at the highest speed. Vehicles can stop on dual carriageways so stay alert.

#### **Covid-19 Reminders**

- There is no pushing off at start, riders start unaided.
- Do not ride if you have any Covid like symptoms; persistent cough, lack of taste or smell etc.
- Maintain social distancing at HQ and at the start/finish. No mingling in groups.
- WC’s at HQ can be used; one person in, one out.
- Bring your own pen for sign in/out and also your own pins for body number.
- Refreshments are not available.

No	Start	Name	Club	Cat	Hcap	PB
4	14:04	Thomas Platts	Aspire Velo Racing Team	S	43:26	2:11:32
5	14:05	Rob Young	Team Vision Racing - Silverhook	V	21:02	1:47:32
6	14:06	Robert Pisolkar	Shaftesbury CC	V	27:31	1:54:28
7	14:07	Stephen Hitchcock	CC Sudbury	V	31:19	1:58:33
8	14:08	Rob Moore	Shaftesbury CC	V	36:22	2:03:57 *
9	14:09	Matt Prince	Icknield RC	V	61:51	2:31:16
<b>10</b>	<b>14:10</b>	<b>Glenn Taylor</b>	<b>Shorter Rochford RT</b>	<b>V</b>	<b>17:42</b>	<b>1:43:57</b>
11	14:11	Peter Richards	Icknield RC	V	24:05	1:50:48
12	14:12	Steve Smith	Redbridge CC	V	26:30	1:53:23 *
13	14:13	Andrew Turnock	Finsbury Park CC	V	33:46	2:01:10 *
14	14:14	Andrew Glessing	Shaftesbury CC	V	42:16	2:10:17 *
15	14:15	Paul Turton	Team Vision Racing - Silverhook	V	20:52	1:47:21 *
16	14:16	James Sale	Eagle Road Club	S	26:12	1:53:04
17	14:17	James Hedley-Smith	Verulam CC	S	26:22	1:53:15 *
18	14:18	Michael Cope	Kettering CC	V	36:17	2:03:52
19	14:19	Peter Horsnell	Chelmer CC	V	51:35	2:20:16
<b>20</b>	<b>14:20</b>	<b>Andrew Grant</b>	<b>Cambridge CC</b>	<b>V</b>	<b>17:21</b>	<b>1:43:35</b>
21	14:21	Robert Golding	Ely & District CC/B&T Motor Repairs	V	23:57	1:50:39 *
22	14:22	Duncan Emery	Twickenham CC	V	27:18	1:54:15
23	14:23	Adrian Gorham	Kettering CC	V	32:53	2:00:13
24	14:24	Sarah Kelman	St Ives CC	WV	41:44	2:09:42
25	14:25	Robert Bullyment	Chelmer CC	V	20:32	1:46:59
26	14:26	Jason Turner	Norwich A B C	V	26:08	1:53:00
27	14:27	Louise Robinson	Essex Roads CC	WV	29:27	1:56:33
28	14:28	Susan Triplow	CC Sudbury	WV	36:13	2:03:48 *
29	14:29	Su-Anne Bullock	Icknield RC	WV	56:46	2:25:49
<b>30</b>	<b>14:30</b>	<b>Paul Pardoe</b>	<b>Peterborough CC</b>	<b>V</b>	<b>15:57</b>	<b>1:42:05 *</b>
31	14:31	Nicholas Knight	Hart Performance Coaching	V	23:39	1:50:20
32	14:32	Paul Lunn	Fenland Clarion CC	V	27:09	1:54:05
33	14:33	Ritchie Parkins	Peterborough CC	V	32:25	1:59:43
34	14:34	Lisa Hurrell	Maldon & District CC	WV	41:29	2:09:26
35	14:35	John Bradbury	CC Sudbury	V	19:52	1:46:17
36	14:36	John Manlow	Ely & District CC/B&T Motor Repairs	V	25:54	1:52:45
37	14:37	Chris Dyason	Cambridge CC	V	28:58	1:56:02
38	14:38	Bob Quarton	Wolsey RC	V	35:56	2:03:30
39	14:39	Bethany Spencer	Kettering CC	WJ	49:04	2:17:34
<b>40</b>	<b>14:40</b>	<b>Pete Dyson</b>	<b>East London Velo</b>	<b>S</b>	<b>15:17</b>	<b>1:41:22 *</b>
41	14:41	Jamie Murray	Peterborough CC	V	23:54	1:50:36
42	14:42	Alister Campbell	Eagle Road Club	V	27:00	1:53:55
43	14:43	Mark Coombe	Twickenham CC	V	32:13	1:59:31 *
44	14:44	Wolfgang Emmerich	London Phoenix CC	V	40:24	2:08:17
45	14:45	Kevin Baumber	Shaftesbury CC	V	19:27	1:45:50
46	14:46	Jennifer Millmore	Team Watto	W	25:52	1:52:42
47	14:47	Peter Harding	Chelmer CC	V	28:49	1:55:52

48	14:48	Sean McDougall	Icknield RC	V	35:23	2:02:54 *
49	14:49	Maria Gent	Kettering CC	W	46:40	2:15:00
<b>50</b>	<b>14:50</b>	<b>Dave Green</b>	<b>CC Breckland</b>	<b>V</b>	<b>13:18</b>	<b>1:39:14</b>
51	14:51	Philip Watkins	North Norfolk Whs	V	23:32	1:50:12
52	14:52	Chris Shaw	Fenland Clarion CC	V	27:22	1:54:19 *
53	14:53	Paul Looke	Shaftesbury CC	V	31:54	1:59:10 *
54	14:54	Philip Jones	Peterborough CC	V	38:19	2:06:03
55	14:55	Matthew Reader	Verulam CC	V	18:34	1:44:53
56	14:56	Jackie Field	CC Ashwell	WV	24:42	1:51:27
57	14:57	Ian Cardy	Chelmer CC	V	28:33	1:55:35
58	14:58	Richard Stevens	Shaftesbury CC	V	35:12	2:02:42 *
59	14:59	Graham Hurrell	Basildon CC	V	46:27	2:14:46
<b>60</b>	<b>15:00</b>	<b>Julian Elliott</b>	<b>Finsbury Park CC</b>	<b>V</b>	<b>13:15</b>	<b>1:39:11</b>
61	15:01	Grant Orsborn	Bedfordshire Road RT	V	23:26	1:50:06
62	15:02	Mark Endersby	Anglia Velo	V	26:28	1:53:21 *
63	15:03	Philip Waring	Cambridge CC	V	31:20	1:58:34
64	15:04	Shay Giles	VC Elan - Harry Perry Cycles	V	37:37	2:05:18 *
65	15:05	Chris Potter	CC Ashwell	S	18:03	1:44:20
66	15:06	Jonathan Hynes	Fenland Clarion CC	V	25:01	1:51:48
67	15:07	Deborah Beare	Icknield RC	W	34:41	2:02:09
68	15:08	Dominic Whitehead	Cambridge CC	V	43:32	2:11:38
69	15:09	Judy Reid	Icknield RC	WV	44:52	2:13:04
<b>70</b>	<b>15:10</b>	<b>David Harding</b>	<b>Chelmer CC</b>	<b>V</b>	<b>10:24</b>	<b>1:36:08</b>
71	15:11	Nic Pillinger	Team Secret Squirrel	V	22:56	1:49:34
72	15:12	Colin Lizieri	Cambridge CC	V	26:22	1:53:15
73	15:13	Daryl Maffey	CC London	V	31:32	1:58:47
74	15:14	Matt Wilmington	Icknield RC	V	37:00	2:04:38
75	15:15	Darran Bennett	Ely & District CC/B&T Motor Repairs	V	17:30	1:43:44
76	15:16	David Warlow	Essex Roads CC	V	24:20	1:51:04 *
77	15:17	Ian Braybrook	Basildon CC	V	27:25	1:54:22
78	15:18	Richard Parrotte	Shaftesbury CC	V	30:22	1:57:32
79	15:19	William Burton	Cambridge CC	E	33:46	2:01:10 *
<b>80</b>	<b>15:20</b>	<b>Paul Hart</b>	<b>Hart Performance Coaching</b>	<b>V</b>	<b>8:59</b>	<b>1:34:37</b>

PB times with \* indicates predicted time in absence of a current PB at this distance