

# FRIDAY 28 MAY 2021 | 10 MILE TIME TRIAL | NEC BIRMINGHAM

Promoted on behalf of Cycling Time Trials under their rules and regulations



# FESTIVAL DE CYCLISME



**cureleukaemia**  
the blood cancer charity

**THE**TOUR21

**nec group**

**NTU** Nottingham Trent  
University

**HUUB**

# EVENT PARTNERS



HUUB

## ADDITIONAL PRIZE SPONSORS



# Welcome

In 2003, having newly retired from professional football after a 20-year career that included nine England caps and captaining Crystal Palace in the FA Cup Final, I was diagnosed with chronic myeloid leukaemia and given 3 months to live.

Thankfully, I was treated in Birmingham by Cure Leukaemia's co-founder Professor Charlie Craddock CBE and after a transplant from my sister I went into remission in 2005. Later that year I first rode the full Tour de France to raise funds so that more patients could access life-saving treatments for blood cancer.

I have dedicated my life to raising funds ever since and, 15 years on from going into remission, on Saturday 19th June 2021, myself and a team of 25 amateur cyclists will begin one of sport's toughest challenges, the Tour de France, one week ahead of the professional race.

The aim is to raise £1,000,000 for national blood cancer charity Cure Leukaemia that I am proud to be a Patron of.

I am delighted that you will be joining us on Friday 28<sup>th</sup> May at the NEC Birmingham for riding the closed-roads Time Trial, with all funds raised on the day going towards our team target.

Cure Leukaemia fund research nurses & clinical roles at 12 blood cancer centres across the UK. These roles form the Trials Acceleration Programme network giving patients, from a catchment area of 20 million people, access to pioneering and potentially life saving treatments through clinical trials.

Thank you.



Geoff Thomas







LIVE THE TOUR  
FEEL THE TOUR  
RIDE THE TOUR

# THE ULTIMATE CYCLING PRIZE DRAW

**21**

Tour de  
France  
Stages

**21**

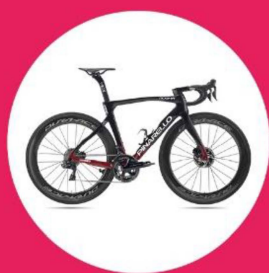
prizes to  
win over  
21 days

**£21**

per ticket  
gets you into  
all 21 prize  
draws

**Tickets available to purchase from  
April 30th until June 18th**

Prizes drawn from June 19th – July 11th



**TOP PRIZE  
PINARELLO  
DOGMA F12**

(RRP £12K)

## OTHER PRIZES INCLUDE

Tao Geoghegan Hart Signed Pink Jersey | Full signed INEOS  
Grenadiers Jersey | Signed 2021 TDF Winners Jersey  
Wahoo Kickr | 2 x Carbon wheel-sets | 6 x Signed Pro-Team  
Jerseys | Coffee & Cake ride with The Cycling GK  
Panda Cycling Sunglasses | £200 Rapha Vouchers  
and much more!

TO PURCHASE YOUR TICKET, VISIT:

**[fundraising.thetour21.co.uk/BuyNow](https://fundraising.thetour21.co.uk/BuyNow)**

# Event details

## Important – please read

- **Signing On and Out** - please sign on and collect your number from the event HQ, which is situated in the NEC East 1 Car Park.
- **The start line** is on East Car Park Road, a very short distance from East 1 Car Park and marshals will be on hand to direct you to the start line.
- **CTT Clothing Rules** – Please note that under CTT rules you are not allowed to wear clothing with prominent commercial advertising unless your club has paid to be sponsored.
- **Event Marshals** - Marshals will be posted at all junctions where a turn is required. However, riders are reminded that the onus is on you to know the course and to know where you are going – the course will be open between 5.30pm and 6.45pm so you can ride a few laps and familiarise yourself with it!
- **Results and Prizes** – Results will not be available at the finish to avoid any temptation to stay after the event. Instead times will be posted on the CTT site as soon as possible after the event.

Prize winners will be separately notified and prizes will be sent to all winners to the address shown on their entry details.

## CTT REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## Road Bike Criteria

- No tri bars, clip on bars or Spinaci bars.
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each. The maximum rim depth on all wheels is 65mm.
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used.
- Riders must not ride with their forearms resting on the handlebars at any time.

## Timings

- The event HQ in NEC East 1 Car Park will be open for sign on from 5.00pm. The course will be open between 5.30pm and 6.45pm so you can ride a few laps and familiarise yourself with it.
- The first rider will set off at 7.01pm.

## Parking

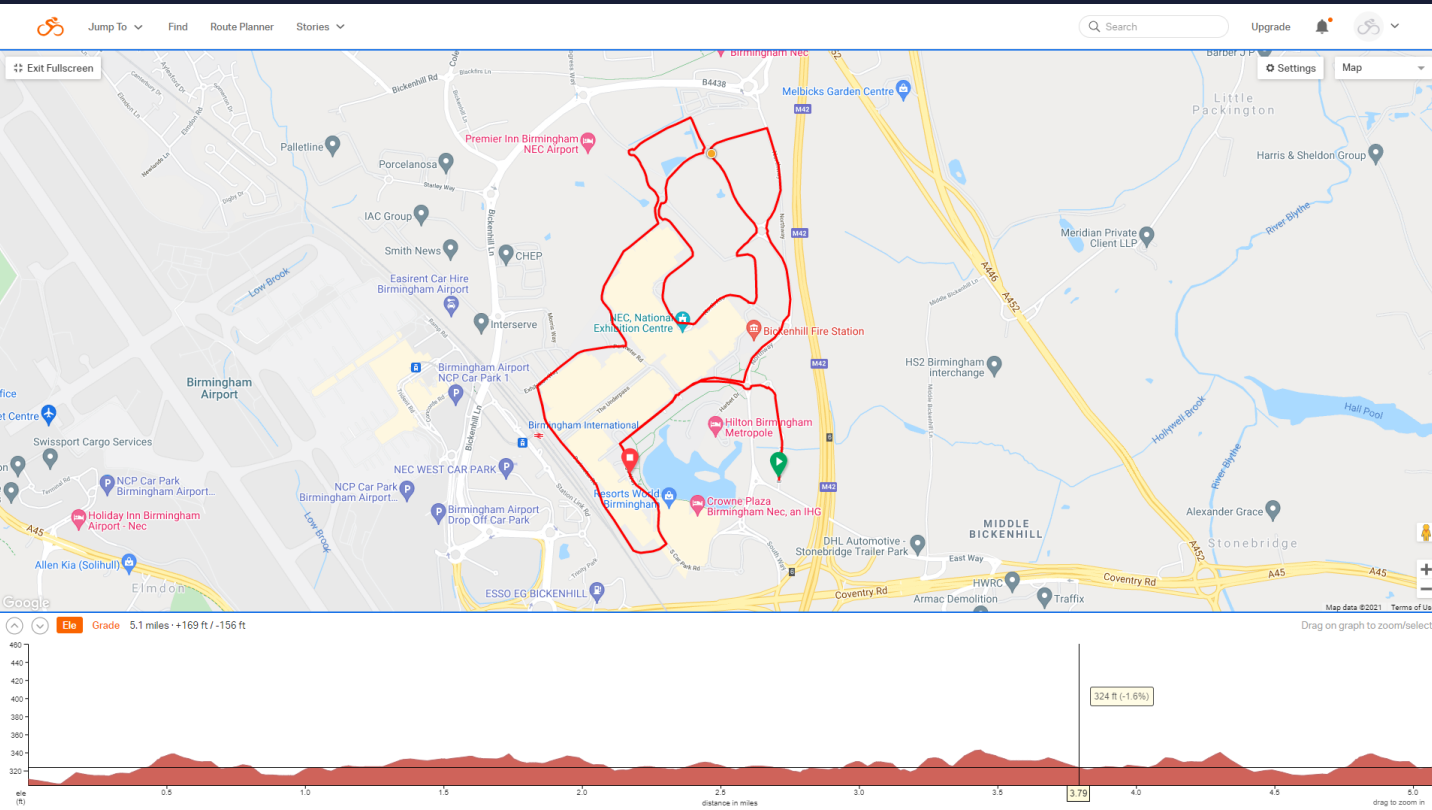
- Parking for riders will be in NEC East 4 Car Park and will be free of charge.

# Event details

## Warm up

- The course will be open between 5.30pm and 6.45pm so you can ride a few laps and familiarise yourself with it.
- An additional area of East 1 Car Park will be available for warm up after 6.45pm.

## Course map & profile



## Finish line

- You will pass through the finish line on your first lap after approximately 0.75 miles.
- You will pass through the finish line again as you start your second lap after approximately 5.75miles.
- When you pass through the finish line for the third time after 10 miles, please pull over on the left hand side and you will be directed onto a pavement route back to the NEC East 1 Car Park.
- Please be mindful this is a shared space with pedestrians.

## Toilet facilities

- Toilet facilities will be available in NEC East 1 Car Park. Please be mindful that under current regulations we will need to operate a '1 in, 1 out' policy with toilet facilities.

## Officials

- Event Director – Andy Cook
- Time keepers - StuWeb chip Timing ; Manual Timing Sue Andrews
- Safety Offices – Simon Kay
- Chief Marshal – Seb Pecchia
- Helpers - Members and Friends of the Beacon RCC



# Notes for competitors

## Finding the NEC

You'll find the NEC clearly signposted from all motorways and major routes including the M42, M40 and M6 - just pop B40 1NT in your sat nav. When you arrive at the NEC don't follow your satnav anymore, look out for the event signage which will direct you to East 1 Car Park.

## Arriving at the NEC

On arrival in East 4 Car Park, our marshals will direct you to a parking space. Parking is free of charge for this event.

## Signing On and Out

Please sign on and collect your number from the HQ, which is situated in the NEC East 1 Car Park. At the end of the race please sign back in under new CTT regulations. The start is a very short distance from the HQ.

CTT Clothing Rules - Please note that under CTT rules you are not allowed to wear clothing with prominent commercial advertising unless your club has paid to be sponsored.

Warming up - Please do not warm up past the start area after the race has started. An area of the East 1 Car Park will be available for warm up after the race has started.

Marshals - Marshals will be posted at all course points where a turn is required.

Results and Prizes – Results will not be available at the finish to avoid any temptation to stay after the event. Instead, times will be posted on the CTT site as soon as possible after the event. Prizewinners will be separately notified, and cheques sent out to all prizewinners to the address shown on their entry details.

# Parking Pass

*All participants/competitors/volunteers are asked to print the below pass and show in their windscreens to allow the NEC traffic marshals to identify people associated with the event in order to direct you to the correct Car Park.*

## FESTIVAL DE CYCLISME PARKING PASS

P



# Prizes & Categories

Category	Prize
First Female – Road Bike	Prize from Aerocoach
First Male – Road Bike	Prize from Aerocoach
First Female – TT Bike	Southwood Coffee 6 month subscription
First Male – TT Bike	Southwood Coffee 6 month subscription
1st, 2nd and 3rd in each category	Southwood Coffee Prize
Male and Female winners of the TT cat	Southwood Coffee Prize
Spot Prize	Official HUUB Cure Leukaemia Cycling Jerseys
TBC	1 Precision Hydration Sodium Sweat Test

**Thank you to everyone who has generously donated prizes.**



**HUUB**



**aerocoach**

Special Instructions - please read and take careful note of the following race instructions.

## Before the Event

- Please do not travel if you feel unwell, have any of the known COVID-19 symptoms, have family members who have symptoms, or have tested positive in the last 10 days.
- In line with the current government advice, all marshals, officials and participants are encouraged to take an NHS approved Lateral flow test before attending. Anyone who provides a positive result should NOT attend the event.

## The HQ

- Sign on will be in the NEC East 1 Car Park.
- There are no changing facilities, so please change in your car.
- No results or result boards will be available on the evening, but results will be online after the event.
- Please follow instructions from our marshals on arrival in the NEC East 1 Car Park.
- Please bring your own pen for signing on.
- Please do not congregate in groups of more than two and keep 2m apart.
- Please remain in your car other than signing in/out, warming up or racing.
- Toilet facilities will be operating on a one in, one out basis. Please use hand washing facilities provided.
- No Turbos or rollers to be used for pre-race warm up.
- Please warm up on the circuit as indicated in this booklet.
- Please wear a face covering when signing in and when using the toilet facilities.
- Hand sanitiser will be available at various locations on the day.




# COVID-19 continued.


## The Race


- Please present to the time keeper no more than 5 minutes before your start time.
- Do not leave personal items, such as clothing, with the time keeper.
- There is no pusher-off. Riders must have one foot on the tarmac at start.
- During the race please observe CTT guidance on passing riders and being passed.
- There will be no event road side assistance or broom wagon. Riders must carry spare tubes, tools and a means of inflating tyres.

## Post Race

- On finishing, competitors should return to East 1 Car Park via the indicated route and not enter the road circuit at any point.
- Please remember to sign out.

<div> <div>Rider start times</div> <div> <div>FESTIVAL</div>  <div>DE CYCLISME</div> </div> </div>							
Start Time	Number	First Name	Last Name	Club	Gender	Category	Road or TT
19:01	1	Geoff	Thomas	Cure Leukaemia CC	Male	Veteran	Road
19:02	2	Sheila	Coad	Warwick Lanterne Rouge Cycling Club	Female	Veteran	Road
19:03	3	Emma	Draysey	Warwick Lanterne Rouge Cycling Club	Female	Senior	Road
19:04	4	Jennifer	Hogg	Warwick Lanterne Rouge Cycling Club	Female	Senior	Road
19:05	5	Joanne	Congerton	Beacon Roads CC	Female	Veteran	Road
19:06	6	Adrian	Low	Beacon Roads CC	Male	Veteran	Road
19:07	7	Simon	Hogg	Warwick Lanterne Rouge Cycling Club	Male	Senior	Road
19:08	8	James	Cragg	Warwick Lanterne Rouge Cycling Club	Male	Veteran	Road
19:09	9	Billi	Staite	Royal Navy & Royal Marines CA	Female	Senior	Road
19:10	10	Emily	Todd	Halesowen Tri	Female	Senior	Road
19:11	11	Isla	Millar	Warwick Lanterne Rouge Cycling Club	Female	Veteran	Road
19:12	12	Sarah	Poskitt	Warwick Lanterne Rouge Cycling Club	Female	Senior	Road
19:13	13	Fiona	Carver	Warwick Lanterne Rouge Cycling Club	Female	Veteran	Road
19:14	14	Dan	Grant	Droitwich Cycling Club	Male	Veteran	Road
19:15	15	Alice	Hall	Team Jewson - MI Racing ~Poly Pipe~McCann	Female	Senior	Road
19:16	16	Rachel	Berney	Warwick Lanterne Rouge Cycling Club	Female	Veteran	Road
19:17	17	Claire	Sage	Team Catenary	Female	Senior	Road
19:18	18	Matthew	Hale	Beacon Roads CC	Male	Veteran	Road
19:19	19	Andy	Oliver	Team Jewson - MI Racing ~Poly Pipe~McCann	Male	Veteran	Road
19:20	20	Kevin	Lister	Kenilworth Wheelers	Male	Veteran	Road
19:21	21	Fiona	Scotter	...a3crg	Female	Veteran	Road
19:22	22	Paolo	Coppo	Kenilworth Wheelers	Male	Veteran	Road
19:23	23	Paul	Darby	Wyre Forest Cycle Racing Club	Male	Veteran	Road
19:24	24	Stephen	Cock	Birmingham Running, Athletics & Triathlon Club	Male	Veteran	Road
19:25	25	Jack	O'Neill	Team Jewson - MI Racing ~Poly Pipe~McCann	Male	Senior	Road
19:26	26	Marnie	Owen	Warwick Lanterne Rouge Cycling Club	Female	Senior	TT
19:27	27	Gemma	Morris	Warwick Lanterne Rouge Cycling Club	Female	Veteran	TT
19:28	28	Hayley	Holland	Banbury Star Cyclists' Club	Female	Senior	TT
19:29	29	Tracy	Gregory	Buxton CC/Sett Valley Cycles	Female	Veteran	TT
19:30	30	Isabella	Boyles	Banbury Star Cyclists' Club	Female	Juvenile	TT
19:31	31	Sarah	Davey	Cowley Road Condors CC	Female	Veteran	TT
19:32	32	Sarah	McNaney	Warwick Lanterne Rouge Cycling Club	Female	Veteran	TT
19:33	33	David	Ward	Sportstest RT	Male	Senior	TT
19:34	34	Wayne	Malpus	Warwick Lanterne Rouge Cycling Club	Male	Veteran	TT

Rider start times					<div>FESTIVAL</div> <div>DE CYCLISME</div> 		
Start Time	Number	First Name	Last Name	Club	Gender	Category	Road or TT
19:35	35	Ben	Paddock	Warwick Lanterne Rouge Cycling Club	Male	Senior	TT
19:36	36	James	Shields	Coalville Whs	Male	Senior	TT
19:37	37	Claudie	Combelas	Warwick Lanterne Rouge Cycling Club	Female	Veteran	TT
19:38	38	Claire	Fudge	Beacon Roads CC	Female	Veteran	TT
19:39	39	Katherine	Daniels	Banbury Star Cyclists' Club	Female	Veteran	TT
19:40	40	Graham	Hewson	PDQ Cycle Coaching	Male	Veteran	TT
19:41	41	Edward	Matthews	Ratae RC	Male	Veteran	TT
19:42	42	Sean	Bown	Welland Valley CC	Male	Veteran	TT
19:43	43	Heidi	Yates	Banbury Star Cyclists' Club	Female	Senior	TT
19:44	44	Alan	Dark	Warwick Lanterne Rouge Cycling Club	Male	Veteran	TT
19:45	45	Jean-Sebastien	Vecten	VéloElite RC	Male	Veteran	TT
19:46	46	Shane	Hall	Coalville Whs	Male	Senior	TT
19:47	47	Douglas	Tincello	Welland Valley CC	Male	Veteran	TT
19:48	48	Dave	Smith	Stafford RC	Male	Senior	TT
19:49	49	Brett	Connor	Warwick Lanterne Rouge Cycling Club	Male	Senior	TT
19:50	50	Stephen George	Lazenby	Beacon Roads CC	Male	Veteran	TT
19:51	51	Martin	Shepherd	Royal Leamington Spa Cycling Club	Male	Veteran	TT
19:52	52	Josh	Lovell	Banbury Star Cyclists' Club	Male	Senior	TT
19:53	53	Oliver	Attinger	Parlay CC	Male	Senior	TT
19:54	54	Steve	Robinson	Team Salesengine.co.uk	Male	Veteran	TT
19:55	55	Paul	Mansfield	Droitwich Cycling Club	Male	Veteran	TT
19:56	56	Penny	Wilkin	Solihull CC	Female	Veteran	TT
19:57	57	Juri	Reidenbach	Leicester Forest CC	Male	Juvenile	TT
19:58	58	Matthew	Overs	Droitwich Cycling Club	Male	Senior	TT
19:59	59	Keith	Adcock	Beacon Roads CC	Male	Veteran	TT
20:00	60	Jared	Benney	Apache Brave Racing	Male	Veteran	TT
20:01	61	Chris	Grimley	Birmingham Running, Athletics & Triathlon Club	Male	Senior	TT
20:02	62	Simon	Thexton	Performance Cycles CC	Male	Veteran	TT
20:03	63	Fred	Meades	Stratford Cycling Club	Male	Veteran	TT
20:04	64	Craig	Hopkins	Wyre Forest Cycle Racing Club	Male	Veteran	TT
20:05	65	Mark	Boyles	Banbury Star Cyclists' Club	Male	Veteran	TT
20:06	66	Michael	Townend	Coalville Whs	Male	Veteran	TT
20:07	67	Mark	Davis	Banbury Star Cyclists' Club	Male	Veteran	TT
20:08	68	Finlay	Holland	Beeston Cycling Club	Male	Junior	TT

Rider start times					<div> <div>FESTIVAL</div>  <div>DE CYCLISME</div> </div>		
Start Time	Number	First Name	Last Name	Club	Gender	Category	Road or TT
20:09	69	Stuart	Quick	Banbury Star Cyclists' Club	Male	Veteran	TT
20:10	70	Ed	Moss	Beacon Roads CC	Male	Veteran	TT
20:11	71	Gemma	Johnson	Beacon Roads CC	Female	Senior	TT
20:12	72	Paddy	Allaway	Beacon Roads CC	Male	Veteran	TT
20:13	73	Matt	Norris	Banbury Star Cyclists' Club	Male	Veteran	TT
20:14	74	Thomas	Hogan	VeloVitesse/ALLCAP/James Barry	Male	Senior	TT
20:15	75	Mike	Wheeler	Coventry Triathletes	Male	Veteran	TT
20:16	76	Gabriella	Homer	Rupelcleaning Champion-Lubricants	Female	Espoir	TT
20:17	77	David	Angliss	Apache Brave Racing	Male	Veteran	TT
20:18	78	Steve	Faulkner	Coalville Whs	Male	Senior	TT
20:19	79	Peter	Blackwell	Birmingham Running, Athletics & Triathlon Club	Male	Veteran	TT
20:20	80	Harry	Tait	Worcester St. Johns CC	Male	Espoir	TT
20:21	81	Daniel	Reidenbach	Ratae RC	Male	Veteran	TT
20:22	82	Debbie	Bradley	Team Bottrill	Female	Veteran	TT
20:23	83	Thomas	Charles	trainSharp Development Team	Male	Junior	TT
20:24	84	Damo	Littlewood	Beacon Roads CC	Male	Veteran	TT
20:25	85	Patrick	Kelly	Velo Club Long Eaton	Male	Senior	TT
20:26	86	Edward	Priddy	Solihull CC	Male	Veteran	TT
20:27	87	Jeremy	MacLean	Birmingham Running, Athletics & Triathlon Club	Male	Junior	TT
20:28	88	Nick	Hickman	Team Salesengine.co.uk	Male	Veteran	TT
20:29	89	Jessica	Rhodes-Jones	AeroCoach	Female	Senior	TT
20:30	90	Ian	Taylor	Beacon Roads CC	Male	Veteran	TT
20:31	91	Jack	Pearson	Beeston Cycling Club	Male	Junior	TT
20:32	92	Chris	Spencer	Royal Leamington Spa Cycling Club	Male	Senior	TT
20:33	93	Simon	Dighton	Beacon Roads CC	Male	Veteran	TT
20:34	94	Simon	Bull	Banbury Star Cyclists' Club	Male	Veteran	TT
20:35	95	Matthew	Cooper	Black Country Triathletes	Male	Senior	TT
20:36	96	Roger	Cutler	Beacon Roads CC	Male	Senior	TT
20:37	97	Luke	Norris	Banbury Star Cyclists' Club	Male	Senior	TT
20:38	98	Tim	May	PDQ Cycle Coaching	Male	Veteran	TT
20:39	99	Dean	Robson	Velo Sport Jersey	Male	Senior	TT
20:40	100	B Xavier	Disley	AeroCoach	Male	Senior	TT
20:41	101	Nicholas	Trbovic	Cheshire Maverick Cycle Club	Male	Senior	TT





# LIVE FEEL RIDE

# THE TOUR THE TOUR THE TOUR

RIDE THE DISTANCE OF  
THE LONGEST STAGE OF  
THIS YEAR'S TOUR DE  
FRANCE

## 248KM

19TH JUNE - 11TH JULY 2021

COMPLETE IT  
OVER 3 WEEKS OR  
DO IT IN A DAY!

## WIN PRIZES

AND RAISE VITAL FUNDS  
FOR CURE LEUKAEMIA

SIGN UP AND REGISTER YOUR INTEREST  
NOW AT [WWW.THETOUR21.COM/STRAVA](http://WWW.THETOUR21.COM/STRAVA)

# STRAVA

**cureleukaemia**  
the blood cancer charity

## Where the money goes...

### The national Trials Acceleration Programme (TAP)

Funded by Cure Leukaemia

Normally it takes up to

**2 YEARS**

to set up a clinical trial  
Through the TAP this can  
be achieved in as little as

**6 MONTHS**

TAP has  
leveraged over

**£160  
MILLION**

worth of free  
pharmaceutical  
products at no  
cost to the NHS

**THOUSANDS**  
of blood cancer  
patients recruited  
to TAP clinical  
**trials have**  
accessed novel  
treatment that  
would otherwise  
not be available  
to them

A UK catchment area of over

**20 MILLION**

people have the opportunity to access  
these trials through TAP

Recruitment of patients to TAP  
trials is completed up to

**12 TIMES**

faster than non-TAP trials



TAP is a network of 12  
specialist research nurses  
at hospitals across the UK  
and a co-ordinating hub  
based in Birmingham.

TAP enables rapid delivery  
of pioneering blood  
cancer clinical trials.