Regulation 22. Use of Motor Vehicles

(a) A competitor shall not be preceded, accompanied, followed by or in anyway receive assistance

from a motorised vehicle or it’s occupants, except in events at distances of 100km or more to

assist with a competitor's reasonable feeding and other requirements.

(b) In International selection events the Board may authorise motorised vehicles for the

observance of a competitor(s).

(c) Where vehicles are to be authorised a full description of the vehicle and registration number

shall be given to the event promoter prior to the start of the competitor. A competitor shall not be

overtaken by his support vehicle more frequently than once every 10 miles. Where possible the

vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or

annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance

to any other competitor shall be liable to disqualification from the event. Where any other vehicle

precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be

deemed to be associated with that competitor who shall be liable to disqualification from the

event.