



Dumfries Cycling Club

Merlin Cycles Classic Series 2021

Round 3 of 6

Loch Ken Open Time Trial

Sunday 11th July 2021

**Promoted for and on behalf of Cycling Time Trials
under its rules and regulations**

Loch Ken Open Time Trial 2021

Organiser: Cameron Scade, 29 Beck Avenue, Dumfries DG2 7BJ

racedumfriescc@gmail.com

Mob: 07979601906

Timekeeper: Gordon Johnston

Assistant Timekeeper: tbc

Observer: tbc



- Race HQ (**Sign on/out and toilet/parking facilities only**):
**Stewartry Rugby Club, Hobdell Pavilion Greenlaw,
Castle Douglas DG7 2LH**

Parking is also available within Castle Douglas and the local area if required and should be considered to aid social distancing. There is good space for parking at the Rugby Club but you are free to make your own choice of where you are comfortable to prepare to race. Please park with consideration for residents and businesses and do not park on the course.

- Sign on will be open from 8am. First rider off at 09:01.
- No prizes will be awarded on the day. Times will be posted on the CTT site as soon as possible after the event. Prizewinners will be separately notified and arrangements made for the prizes to be awarded.
- Refreshments will be NOT available after the event. Please ride and then move on swiftly in order to meet the requirements of COVID 19 risk mitigations.

Covid 19 Special Instructions:

Please read and take careful note of the following race instructions:

Before the Event

- Please do not travel if you feel unwell, have any of the known Covid symptoms, have family members who have symptoms, or have tested positive in the last 10 days.

The HQ

- The HQ, Stewartry Rugby Club, will only be available for toilet facilities and car parking.
- Sign on will be in the car park area.
- There are no changing facilities, so please change in your car.
- No catering will be provided.
- No results or result boards will be available at the HQ. Results will be made available online after the event.
- Car parking may be restricted so please follow instructions from our marshals and be prepared to park elsewhere if necessary. Please consider all other road users, local residents and businesses when parking.
- Bring your own pen for signing on.
- Do not congregate in groups and always keep 2m apart.

The Race

- Please present to the time keeper no more than 5 minutes before your start time
- Do not leave personal items, such as clothing, with the time keeper.
- There is no pusher-off. Riders must have one foot on the tarmac at start.
- During the race please observe CTT guidance on passing riders and being passed.

Post Race

- No results are available at the event.
- On finishing, competitors **MUST NOT** stop at the finish and **MUST NOT** loiter at the HQ/ car park and **MUST** pack away and leave immediately upon completion of the race.
- Please sign out. You do not need to return your numbers on this occasion.

Cars are parked at owners' risk. Vehicles of competitors / officials / marshals / helpers must be parked safely and without hindrance to other road users. Plenty of parking is available at Stewartry Rugby Club, but please park considerately and don't take up more space than is necessary. Do not park in the vicinity of the start/finish area.

Course details:

It is the responsibility of the rider to know the course and to ride appropriately. The start point is 0.7 miles south along the A713, turning left from the Rugby Club, so plan to give yourself enough time to reach the start on time without having to wait for too long. There is an area near the start which allows a safe turn to get to the start without the need for a U-Turn (see image below).

Course: WS25/01 (version) - one Lap of Loch Ken (26.3 miles)

Start at point adjacent to Castle Douglas 30mph limit signs on A713.

Follow A713 through villages of Crossmichael and Parton and on to Ken Bridge.

Left turn at Ken Bridge Hotel to join A712

Bear left in New Galloway to join A762. Proceed through New Galloway and Mossdale towards Lauriston.

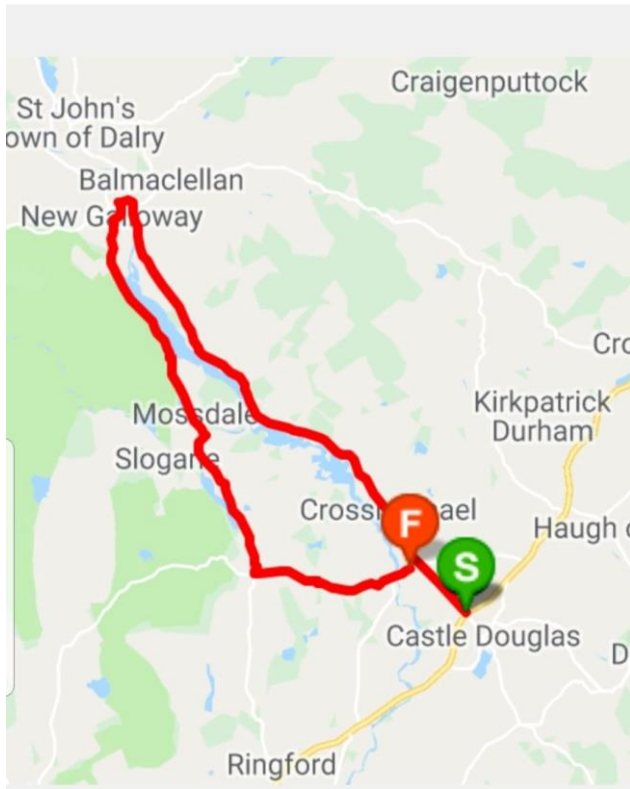
Left turn in Lauriston to join B795 and proceed to finish at Townhead of Greenlaw: 26.3 miles

*****Care should be taken in and around the villages the course passes through, particularly Crossmichael and New Galloway, where there may be an increased likelihood of parked vehicles and pedestrians. Extra care must also be taken on the descent after New Galloway and the descent down to Glenlochar as you approach the finish. Great care must be taken after the finish which is followed by the junction onto the A713. Riders will rejoin the A713, turning right, to return to HQ.***

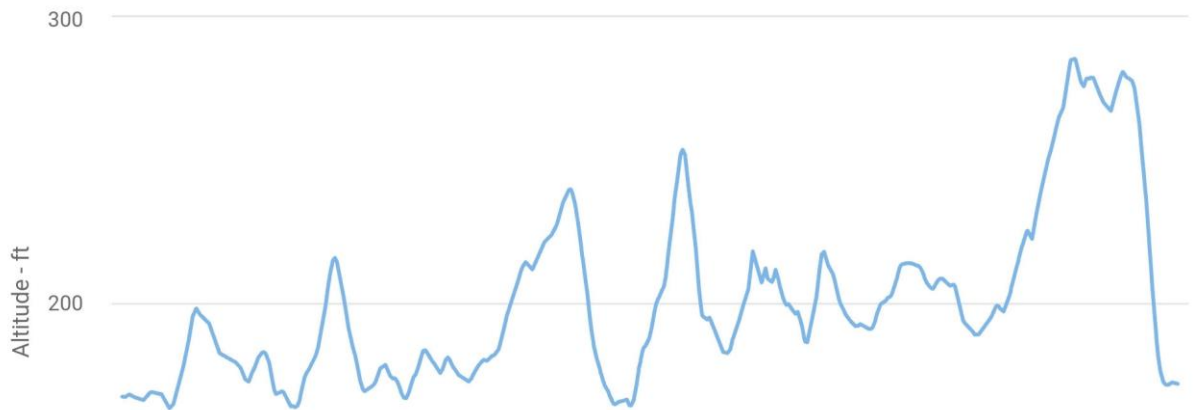
These are rural roads. Be realistic and cautious in your expectations of the quality of the road surfaces you will find here. The roads are mostly in good condition although there are some stretches which are somewhat rough. The most worn stretch of road is from the start until Crossmichael. Thereafter things are better but you must be alert at all times to find a safe line. It is strongly recommended that you pre-ride the course, or at least drive it first, prior to the start of the event.

Set in one of the most picturesque areas of Dumfries and Galloway, the Loch Ken course runs anti-clockwise, hugging the shores of the Loch with light traffic and some very fast sections. There is around 1000ft of climbing spread across its length. The two main climbs are in New Galloway at approximately half distance and after the Lauriston turn at about mile 21. Gradients stay under 4% and peak around 6% on a few short sections.

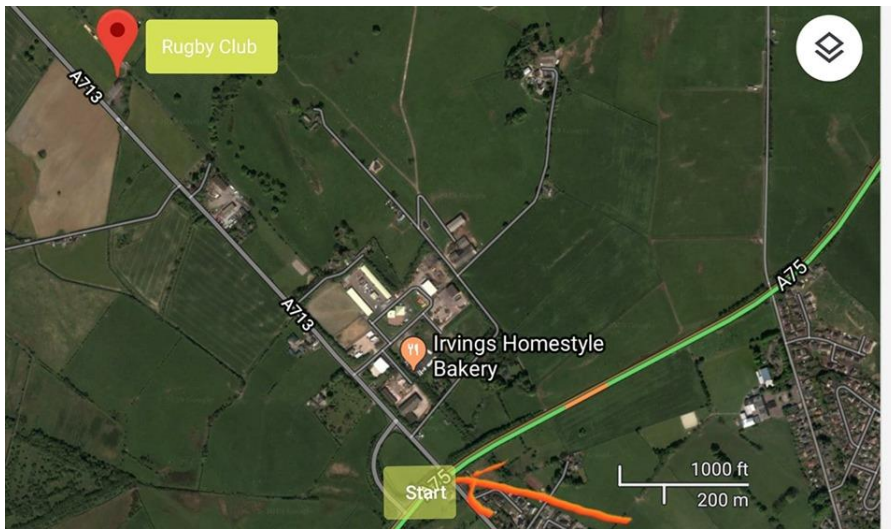
Total elevation for the course is 1076ft.



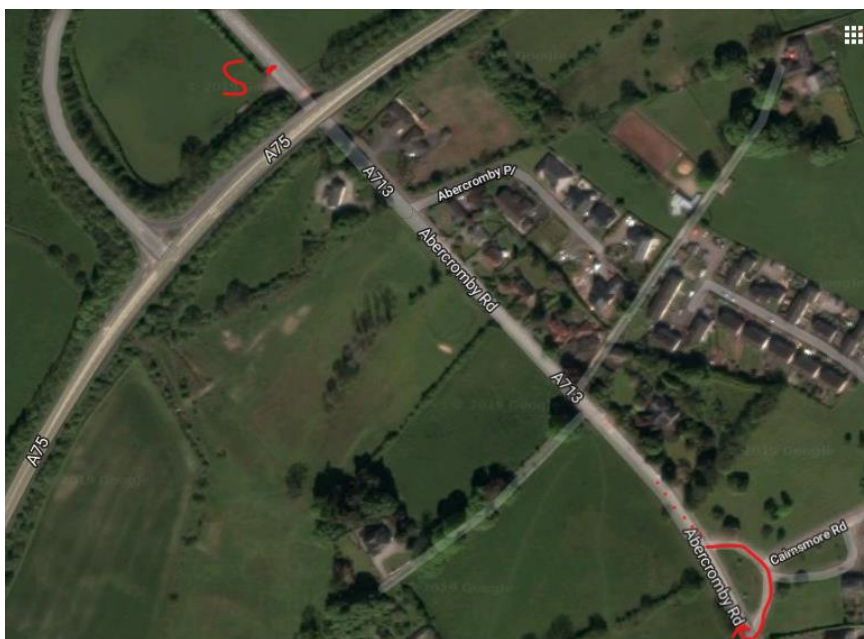
Loch Ken RTTC WS25/01 Elevation Profile



The Start:



Safe turning area shown in red at bottom right of image ('S' = start):



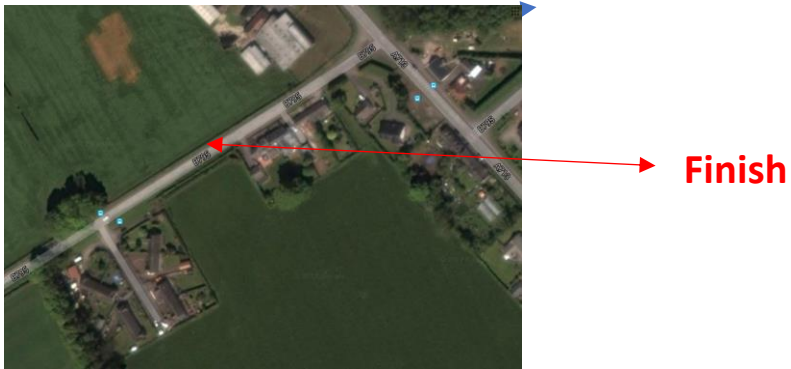
Approaching the start from Castle Douglas:



The start area:



The finish area:



Approaching the finish area:



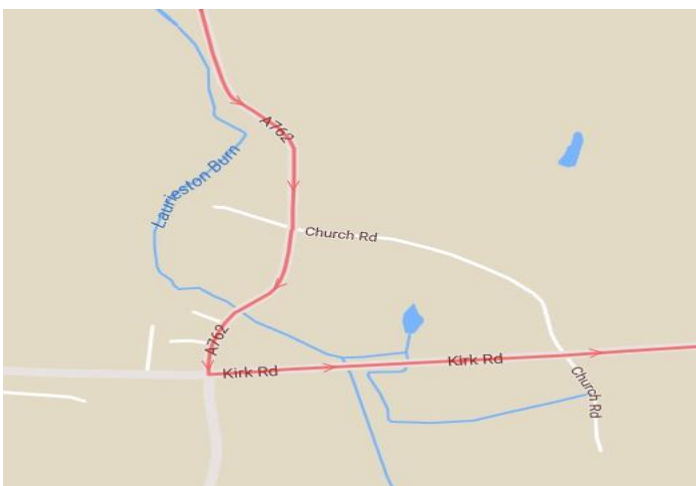
Approaching the right turn on to A713 after the finish, to return to HQ – CAUTION:



Left turn at Ken Bridge heading for New Galloway:



Left turn at Lauriston heading for the finish:





Up the hill through New Galloway - caution

Course Records:

Katie Archibald, Team HUUB: 1:02:44 (12th May 2019)

Kyle Gordon, RT23: 54:48 (12th May 2019)



Katie Archibald 2019 (Photo by Kimroy)



Kyle Gordon 2019 (Photo by Kimroy)

Take extra care on fast descents and at junctions. Particular caution must be taken at the finish area where riders meet a T Junction with the A713 shortly after finishing.

- Please note that all competitors are required to sign the signing out sheet in person. Failure to do will result in the competitor being recorded as DNF. Remember you must use your own pen.
- Riders must ensure their machine is in a safe condition to use so as not to put themselves and others at unnecessary risk.
- Please note the Road Bike category rules elsewhere in the start sheet documents.
- You must have a working rear light on your machine.
- Competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
- Warming up on the course, other than to ride to the start, is not permitted during the duration of the event.
- Any competitor making a 'U' turn in the vicinity of the finish will be disqualified from the event. There is an area near the start which allows a safe turn to get to the start (see image above). We would encourage you to use it rather than making a U Turn in the road. The start is on the edge of a residential area with a golf course nearby – please behave appropriately by using the toilets at HQ, not the roadside.
- **Riders must NOT ride with their heads down.**
- The road surface is variable. Be alert and ride appropriately. Watch where you are going at all times.
- If you're on a road bike, please note that you need to keep your hands on the bars. Don't ride with elbows resting on the bars. It's not safe on these roads and it's not allowed.
- Riders must keep to the left-hand side of the left lane of the road **where safe to do so** except when overtaking.
- Riders must not take pace from faster riders passing (drafting). It is the responsibility of the rider who has been passed to drop back.
- To assist the timekeepers please ensure your numbers (rear and 2x arm) are properly displayed and call out your number at the finish.
- Riders must ride with care and attention, follow the rules of the road and ride responsibly, within the limits of their ability and the road conditions.
- **Failure to comply with the above may lead to disqualification.**

Data Protection:

As an entrant to this event your information may be shared on the event or promoting club website, social media pages or in emails sent by or on behalf of the promoting club. This data will only be shared in relation to your participation in the event, e.g. the list of entrants, results or event reports. This data will be limited to your name, gender, age or age category, the name of the affiliated club or team of which you are a member and your finishing time and/or position.

AWARDS

- Dumfries Cycling Club will present supplementary awards in addition to those awarded on behalf of CTT/Merlin Cycles which are listed elsewhere.



Photo by Kimroy