



# TUXFORD CLARION 3-UP TEAM TIME TRIAL 18<sup>TH</sup> JULY 2021 COURSE A25/3



Being held for and on behalf of Cycling Time Trials under its Rules & Regulations  
**And Incorporation the National Clarion Cycling Club 3-up Championships for the Tuxford Cup**

**Organiser:** Ian Clarke, Markham Cottage, Low St, East Markham. NG22 0QQ  
Tel: 07775 846603 email: clarion@clarkeyweb.co.uk

**Timekeepers:** Bill Stanley and Norman Portess - Melton Olympic CC

## HEADQUARTERS & NUMBER COLLECTION:

Chillipetals Café, Newcastle St, Tuxford, NG22 0LT (car park behind café)

**Collect numbers from the archway near the rear entrance off the car park. Bring your own pen for signing in and out.**

**First team off at 10:21am**

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## COURSE DETAILS: <https://ridewithgps.com/routes/36606172>

**START** on B1164 (Ashvale Road), Tuxford at marker on the road adjacent to lamp column 10, 107 yards south of a pair of 40mph speed limit signs.

Proceed south to Sutton on Trent to the junction with Hemplands Lane (unclassified) on the south side of the railway bridge 4.86 miles. Turn left and proceed via Grassthorpe to the junction with Polly Taylors Road 8.167 miles.

Turn left and continue to the small island at the entrance to Tuxford Academy, where bear right to the junction with A6075 (Darlton Road), Give Way 11.595 miles. Turn left onto A6075 and forward to the junction with the B1164, Ashvale Road 12 miles. Turn left and continue through the starting point (12.219 miles). Repeat the circuit for a second lap passing through the start for a second time. Continue forward beyond the railway bridge to **FINISH** opposite a large stone pillar in the right hand verge just beyond the sign "Tuxford – Historic Market Town" 25 miles.

## WARMING-UP

We recommend warming up away from the course, and there are plenty of suitable roads;

From Tuxford town centre, head North along Eldon Street, B1164 (Old Great North Rd), or head West along Newcastle Street towards Egmanton.

If riding the course, please ensure you are off it by 10:15am.

## SPECTATORS

Spectators are encouraged not to drive around the course but to leave their cars in the carparks in Tuxford and walk to the junction of Lincoln Rd and Ashvale Rd, but must remain observant of traffic laws and safety of themselves and competitors.

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## PRIZES

First Clarion section team to be awarded the Tuxford Cup, to be held for one year. Plus medals.

1st team overall	1st Composite team
2nd team overall	1st ladies team
3rd team overall	1st ladies composite team
1st Junior Team composite	1st Road bike only team

**Prizes will not be handed out on the day**

Results to be on the evening of the event at <https://www.facebook.com/groups/tuxfordclarioncc>

**SPECIAL RIDER NOTES:**

1. A rear light is required for all starting riders
2. **Riders will not receive a hold or push off**
3. At the start, please arrive no earlier than **3 minutes** before your start time
4. At the start please stand clear of the road and other competitors, **do not block the footpath**
5. **You should stand 2m distance away from passing pedestrians or face away**
6. Please refer to map for notes about course conditions. And read the risk assessment attached.
7. **Please bring your own safety pins for numbers and a pen for signing on and back**
8. When warming up and gathering in the carpark and using the café, please observe social distancing of 2m and/or wear a face mask.
9. At the finish, please continue on and stop safely on the side of the road, before making a safe road crossing and return to the HQ. Whilst this is a relatively quiet road, vehicles often travel fast and we want riders to take care.

**Cycling Time Trials – Regulations Regarding Team Time Trials**

32. Team Time Trials

(a) Teams shall be of two, three or four riders. Teams in an event shall be of an equal number of riders. Reserves may be nominated as follows:

Teams of two or three riders: one reserve

Teams of four riders: two reserves

The names of all reserve riders must appear on the start sheet. An individual may be nominated both as a member of one team and a reserve for another team but shall only ride in one team.

(b) Teams may consist of members of more than one club but such teams are not eligible to receive awards other than composite team awards.

(c) If a team member changes club between the date of entry and the day of the event, he shall ride in the name of his new first claim club. Such teams shall not be eligible to take an award.

(d) Teams shall start at the following intervals:

Teams of three or four riders: three minutes

Teams of two riders: two minutes

Incomplete teams may start but (except teams of three starting in an event for teams of four) shall not qualify for an award.

(e) Every rider in each team shall be responsible for his own safety and compliance with the rules of the road.

(f) No teams or members of teams shall take shelter from other vehicles or members of other teams.

(g) The normal formation of a team shall be single file with the minimum amount of echelon to allow a view ahead for each rider. In passing other teams or vehicles teams shall always be in single file.

(h) No racing shall take place between teams and/or individual riders. If one team overtakes another team the onus shall be upon the overtaken team to avoid such racing by dropping back if necessary.

(i) The finishing time for a team shall be that of the last rider in the case of teams of two and three riders and the third rider in teams of four.

(j) Only team members who start shall be eligible for awards. No special awards shall be given to an individual team member.

(k) During an event a member of a team may not join or rejoin the team unless such member has ridden all the preceding part of the course.

**N.B. All riders in a team are encouraged to wear clothing of a similar colour and design.**

No	start_time	Name		club	**	gender	category	age_on_day	Time	Pos
21	10:21:00	Catherine	Hughes	Ilkeston Cycle Club		Female	Veteran	52		
22		Smudge	Smith	Ilkeston Cycle Club		Female	Veteran	53		
23		Elizabeth	Bridgen	Ilkeston Cycle Club		Female	Veteran	54		
24	10:24:00	Harry	Tozer	Fenland Clarion CC	CL	Male	Juvenile	13		
25		Lewis	Smith	Calder Clarion	CL	Male	Junior	17		
26		Evander	Wishart	Fenland Clarion CC	CL	Male	Juvenile	13		
27	10:27:00	Faith	Chorley	Coalville Whs		Female	Senior	25		
28		Amanda	Harvey	Ilkeston Cycle Club		Female	Senior	37		
29		Larissa	Chapman	Coalville Whs		Female	Veteran	43		
30	10:30:00	Ian	Russell	Moda Racing Team		Male	Veteran	51		
31		Theo	Simpson	Team Bottrill		Male	Juvenile	15		
32		Steven	Barrell	Mapperley CC		Male	Veteran	50		
33	10:33:00	Martin	Smith	Tuxford Clarion C C (2nd cl)	CL	Male	Veteran	41		
34		Isaac	Smith	Tuxford Clarion C C	CL	Male	Juvenile	14		
35		David	Smith	Tuxford Clarion C C (2nd cl)	CL	Male	Veteran	70		
36	10:36:00	Neil	Pike	Tuxford Clarion C C	CL	Male	Veteran	54		
37		Nigel	Wilson	Tuxford Clarion C C	CL	Male	Veteran	50		
38		Jayne	Clarke	Tuxford Clarion C C	CL	Female	Veteran	50		
39	10:39:00	Simon	Hale	Ilkeston Cycle Club		Male	Veteran	55		
40		Andrew	White	Army Cycling		Male	Senior	27		
41		Jason	Marriott	Army Cycling		Male	Veteran	49		
42	10:42:00	Felix	Earth	Sleaford Wheelers CC		Male	Juvenile	15		
43		David	Earth	Rose Race Team		Male	Senior	39		
44		Gil	Grayson	Clancy Briggs CA		Male	Juvenile	15		
45	10:45:00	Matthew	Uttley	Nottingham Clarion CC		Male	Veteran	46		
46		Paul	Duncan	Mid Shropshire Whs		Male	Veteran	43		
47		Philip	Mitchell	Manchester Bicycle Club		Male	Veteran	44		
48	10:48:00	Matthew	Beech	Ilkeston Cycle Club		Male	Veteran	48		
49		Mark	Dunn	Ilkeston Cycle Club		Male	Veteran	57		
50		Gordon	Birkin	Ilkeston Cycle Club		Male	Veteran	59		
51	10:51:00	Ian	Clarke	Tuxford Clarion C C	CL	Male	Veteran	57		
52		Carl	Smith	Tuxford Clarion C C	CL	Male	Veteran	50		
53		Simon	Grayson	Tuxford Clarion C C	CL	Male	Veteran	51		
54	10:54:00	David	Broadbent	Moda Racing Team		Male	Veteran	63		
55		Paul	Stewart	Moda Racing Team		Male	Veteran	59		
56		Andrew	Donaldson	Moda Racing Team		Male	Veteran	67		
57	10:57:00	Steve	Clarke	Fenland Clarion CC	CL	Male	Veteran	60		
58		Lindsay	Clarke	Fenland Clarion CC	CL	Female	Veteran	59		
59		Joe	Clarke	Fenland Clarion CC	CL	Male	Senior	33		
60	11:00:00	George	Thompson	Rose Race Team		Male	Senior	27		
61		Billy	Jarish	Rose Race Team		Male	Senior	27		
62		Jack	Levick	Rose Race Team		Male	Senior	24		
63	Reserve	Jake	Jackson	Rose Race Team		Male	Senior	21		

**\*\* NATIONAL CLARION TEAM TIME TRIAL CHAMPIONSHIPS**

The Tuxford Cup shall be awarded to the Clarion team recording the fastest time in this event. The team must be from a single section to qualify for the championships and the winning team shall each receive a medal and share the Trophy for one year. Medals shall also be provided to the fastest team of three ladies and/or three Juniors should more than one team enter.

## **CTT guidance and risk assessment for entrants and spectators to time trials**

**Full risk assessment from Cycling Time Trials is available here:**

<https://cyclingtimetrials.org.uk/documents/index/covid-19>

**Rider and spectators are requested to pay attention to the following:**

Competitors on entering should be informed that they should not attend if they feel ill in ANY way especially if they or family members have any symptoms. They should be told that an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. It is preferable for all warm ups to be conducted independently and ideally competitors should warm up on the road individually. At the discretion of the organiser the use of turbo trainers can be considered if warming up is carried out independently away from the event HQ, or where the HQ has a sufficiently large car park so to allow an absolute minimum of 2 metres social distancing from all others to include those walking past eg. any thoroughfare or common route. Competitors on finishing should not stop at the finish and should not loiter at the HQ/car park. Upon completion of their ride all competitors should sign out promptly and having done so then pack away and leave immediately. Unless using a skinsuit with transparent pockets all competitors must bring their own safety pins to secure their number.

### **Carparking and socialising**

People should be reminded that they should NOT be socialising with others in the car park and should upon leaving their car, get their bike out and go straight out onto the road to warm up; a large collection of people has a negative perception and should be avoided. Consideration for taping off/coning every other bay (or covering it in prerace information) to allow social distancing measures to be easily maintained. Car parks need to be sufficiently large for number of entrants; this may reduce maximum field size. Organisers should be mindful of the number of entrants and the car park size of any venue. Where this is not possible, it may be helpful to use a range of parking areas and identify their location which should be stated on the race information.

### **Collection and return of numbers**

Numbers will be provided having been cleansed beforehand. Competitors to queue individually at distance as currently advised by government advice for signing on/out and for collection of number. Competitor to deposit number in bucket provided at the same place after finishing event and in doing so maintain social distancing at distance as currently advised by government advice.

### **Café and refreshments**

Refreshments will be provided by Chillipetals café. All riders and spectators are expected to follow current government guidelines for attending cafes and will follow any instructions provided by the café, including the usage of face masks and the NHS Covid check-in app.

### **Toilet facilities**

A portaloos is provided in the carpar. Users should bring their own paper and hand sanitise on the way in and out. Please queue at least 2m apart.

### **Start and finish areas**

Riders are not allowed to leave any items with the timekeeper.

Riders should arrive at the start no earlier than 3 minutes before their start time.

Riders should not stop at the timekeeper at the finish.

### **Results and prizes**

All competitors informed no results on site, and no prizes supplied on the day. Results posted online as soon as practicable.