

PENDLE FOREST CC

HARRY CLARKSON MEMORIAL 10 MILE TT – COURSE L1015

Promoted for and on behalf of the Cycling Time Trials under their rules and regulations Saturday 31st July 2021 (start time 18:00, first rider off @ 18:01)

Event Secretary

Michael Eccles, 95 Aspen Drive, Burnley, Lancs, BB10 3FB. Tel: 07850837608

Timekeepers

Mr R Abram and Mr P Briscoe

Course Details L1015 Levens (HQ) – Lindale

Exit Brettargh Holt roundabout off the A591 and proceed along the A590. Take the first exit approximately ¼ mile on the right, take care crossing the dual carriageway. The numbers & signing on sheet will be further up the lane.

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home sign'.

Proceed along the A590 to FINISH in line with the metal cover in northern grass verge embossed 'Charlton Iron Works Sheffield' which approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/Levens Village road (10 MILES)

Regulation 14: Competitors machine – Rear lights – **No competitor** shall be permitted to start either a Type A or Type B event unless such a competitor has affixed to the rear of the machine **a working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 17: Signing-on Sheet and Signing-Out Sheet (***Please see further regulations due to COVID-19**)-

a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing-Out Sheet.

* Please see below for coronavirus details

Local Regulation No.5 – In ALL events, competitors prior to starting are not permitted to ride past the start or finish timekeeper during the duration of the event

Local Regulation No.6 – Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Regulation No.10 – Warming up on the course is not permitted during the duration of the event.

Local Regulation No.12 – No parking on the car park or on the frontage of the Strickland Arms.

Local Regulation No.15 – Riders must keep to the left of the road except when overtaking. Failure to comply with the above may lead to disqualification.

Riders must give their number at the finish and elsewhere on the course if requested

Riders must NOT stand in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down

All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15). Cycling Time Trials strongly recommends ALL competitors to wear such a helmet.

Take care where A6 joins onto A590, fast traffic joining A590 from slip road to left of riders.

Riders must encircle Meathop roundabout, fast joining traffic, riders should enter centre of roundabout in front of passing traffic.

No times will be given to competitors or supporters at finish and riders must not stop after passing finishing timekeeper.

Please ride with care and consideration to riders and other road users and take your litter home with you.

COVID-19 risk assessment

- Riders in good health only and not counter to any advice from a medical professional
- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms
- It would be preferred if all warm-ups would be done on the road
- No result board
- Use own pen
- We advise the use of face coverings when signing in/out and please use gloves to pick up number and return to wash area
- Please bring own pins
- Park at social distance
- Arrive at start line no earlier than 5 minutes before start time
- Obey 2m distance lines and no push off – start with foot on ground
- Results by email only

If cannot ride, please contact me as soon as possible as we can give your position to a reserve rider.

Good luck to all riders.

Prizes and Awards

Final Position	Overall	V40	V50	V60	V70	V80	Fastest Lady
1st Place	£40	£20	£20	£20	£20	£20	£35
2nd Place	£35	£15	£15	£15	£15		£25
3rd Place	£30						£20
4th Place	£25						£15
5th Place	£20						£10
Lanterne Rouge	£10						

Lottery place numbers £10 – 13, 41 & 83

*Note to prize winners: - If you wish your prize to be sent electronically to your bank account, please send your sort code and account number with the name of the account to pendleforestcc@gmail.com

Our next promotion is the Circuit of Ingleborough on 11th September 2021, Danny will welcome all of your entries.