

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations



START SHEET
For the
EAST ANGLIAN VTTA OPEN CIRCUIT 25

Course E33/25. Saturday 15th. April 2017 14.01 hrs.

EVENT HQ - the Ellesmere Centre, Ley Road, Stetchworth. CB8 9TS (GR642582).

**If the HQ car park is full, please use the rough grass outside – do not park on the verge opposite.
We should be using the small hall to the left as you enter the doors – showers for both sexes available. No parking at start/finish.**

Start half way along lay-by (marked Police Only) on the A1303, situated 650 yards south-west of the Stetchworth roundabout (GR612612). **No vehicles to be parked in lay-by at start. Timekeepers cars etc. to be behind lay-by on grass verge.** Proceed on the A1303 towards Cambridge, continuing to Dunsley Corner (5.18m) (M&C) where left to follow lane to Six Mile Bottom (8.83m)(M&C) where left onto the A1304 towards Newmarket to Stetchworth roundabout (12.39m)(M&C) where left onto the A1303, to finish circuit at the start point (12.76m). Proceed onto a second circuit via the A1303 to Dunsley Corner (17.94m), lane to Six Mile Bottom (21.59m), A1304 towards Newmarket to FINISH at 'White Direction Board' which is 300 yards south of Stetchworth roundabout (25m).(GR615611) **After finishing, continue to the Stetchworth roundabout; turn right to HQ**

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet. Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.

London East Local Regulations:-

- **NO 'U' TURNS** are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the District Committee.
- **Body numbers** will be situated at the event HQ, and must be signed for personally. **You MUST sign back in within a reasonable time after finishing. Failure to do so is now an offence.**

Timekeepers: Tim/Becki Groves & Wendy Dorling.

Event Secretary: Eric Angell. 118 Tankerville Drive, Leigh-on-Sea, Essex SS9 3DD

01702 711384 Ericjohnangell@aol.com Mobile (on day of event only) 07951 403948.

AWARDS

<u>VTTA members</u>	Actual fastest	Medal 1 st .
	Best on standard	Medal 1 st .
	Team of 3 on std.	Medals 1 st .
	Age categories on <u>actual times</u> (40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89)	Medals 1 st .
<u>East Anglian Group</u>	Best on Standard	Stourvale Shield
<u>All riders</u>	1 st . £30, 2 nd . £20, 3 rd . £10	
<u>Two-up</u>	1 st . team £30	

Please claim cash prizes at the result board.