



Veterans Time Trials Association London & Home Counties

Result 10 Mile Open Time Trial

Peter Tasker numbers man



Trike-Tastic



Sunday 18 July 2021 Course F11/10

For and on behalf of Cycling Time Trials under their Rules & Regulations

Richard Oakes MBOS, 1st MVHR and Fastest Man



Dena Ford WBOS, 1st WVHR and Fastest Woman



Veterans Time Trials Association

London & Home Counties

10 Mile Open Time Trial

Sunday 18 July 2021

Top 3 Male Riders on Standard/Vets' Handicap Result

Mens' Pos	Bib	Rider	Club	VTTA Group	Actual Time	Std Plus/Minus	Vets H/C time
1	150	Richard Oakes	Team Ohten Aveas	NEM	18:08	8:53	17:13
2	131	Andrew Grant	Cambridge CC	EA	20:15	8:43	17:23
3	90	Andy Proffitt	Arctic Aircon RT	EA	18:39	8:02	18:04

Richard Oakes was also the fastest man

Top 3 Female Riders on Standard/Vets' Handicap Result

Womens' Pos	Bib	Rider	Club	VTTA Group	Actual Time	Std Plus/Minus	Vets H/C Time
1	75	Dena Ford	High Wycombe CC	LHC	21:48	8:06	18:00
2	83	Helen Reynolds	Hemel Hempstead CC	EA	22:32	7:22	18:44
3	71	Gillian Reynolds	Willesden CC	LHC	26:05	6:31	19:35

Dena Ford was also the fastest women

Club Team Rankings on Standard/Vets' Handicap Result

Club Pos	Club	VHT	Rider
1	Team Ohten Aveas	17:13	Richard Oakes
		18:12	Joel Stewart
		19:45	Wayne Smith
		55:10	

Group Rankings on Standard/Vets' Handicap Result

Group Pos	Group	Rider	Club	VHT
1	EA	Andrew Grant	Cambridge CC	17:23
		Andy Proffitt	Arctic Aircon RT	18:04
		Stuart Day	VC Sevale (Malvern)	18:41
				54:08

Race Report

Sunburn was the chief danger on a clear sunny day with no trace of wind. Perfect, one would have thought but a few time trialists thought the air a bit too heavy! Times were generally fast though.

A full entry with all reserves getting an allocated ride thanks to the cooperation of those who found they could not ride. 137 finishers with 51 riders in less than 21 minutes.

For the men Richard Oakes was first on scratch and standard with 18:08 and 8:53, for the women Dena Ford with 21:48 and 8:06 for scratch and standard. We had a special visit from the trike riders of Lincoln Wheelers (is it the wind which encourages trikes?) The fastest of them on standard was ridden by Ian Pike, 22.32 for 6:05 standard. The best team on standard was Team Ohten Aveas comprising Richard Oakes, Joel Steward and Wayne Smith.

There was a sign in place for the first turn at the initial entry to the slip road but dangerous for a marshal to stand there. There were detailed instructions in the full startsheet available online but still a few riders missed the first turn which was a pity. Despite pictures and multiple warnings in the startsheet about coming off before the white arrows at the finish one person failed to come into the finish slip road on time and was therefore recorded as DNF – far fewer than in previous years but an avoidable disappointment for that rider. Most people seem to be reading the detailed instructions!

There were no reported accidents but a reasonable complaint was received from a member of the public following a near miss at the second turn: a rider took the nearside (left lane) going onto the RAB and cut across a learner driver who was going straight on. The advice to cyclists is to take the outside (right) lane on approaching the RAB – if it is safe to do. But it is not always safe or easy to get into the outside lane and riders can be trapped in the nearside lane with fast cars overtaking on the RAB intent on going straight ahead. Whilst cars should not overtake on the RAB riders must be aware that they probably will if the rider is in the nearside lane.

As always, a large team of helpers made the event possible. Kevin Chandler and Annette Lacey as time keepers were following in the footsteps of other longstanding members of the Ickneld Road Club, notably Peter Tasker, of whom there is a nice picture, recovered after his serious operation, and still playing a significant role. Audrey Hughes, Alan Allcock and Richard Moule, Stewart Stow, Phil Neville, Geoff Perry, Katja Rietdorf, Richard Partington, Paul Marchant and John Hoskins were all vital. Two spontaneous marshals turned up at turn 2 who did not leave their names! One rider who went off course on their first event was greatly consoled and encouraged by the marshal she met at turn 1 describing him as “absolutely lovely”. Well done to him!

One person who due to personal circumstances was not able to help this year for the first time for 52 years (!) was our president Jim Burgin. Our best wishes to him.

Geoff Perry, who is the National Recorder, is responsible for the full results analysis using the Vets Handicap alongside the usual Standard calculation. He has written an explanation for the alternative method of calculating results. I am sure he would welcome comments.

Best wishes,

David Guy Event Secretary

Vets' Handicap Results (VHR)

VHR are a new way to display vets results, which is being trialled during 2021. Covid prevented much of a trial during 2020, although the issue was first raised by a letter published in the December 2019 edition of The Veteran magazine. The NEC worked on the concept and developed a powerpoint presentation which was given to the 2020 AGM. There have subsequently been articles in The Veteran.

Fundamentally they still make use of Veterans Standard times, which are reformulated as a Vets' Handicap (VH), whereby a 40 year old man is on scratch – he has a handicap of zero (00:00:00). As you can see from the results published here the times achieved are easier to understand as they are more comparable to your actual time ridden.

They are inevitably faster than your actual time (unless you are on scratch), so that can viewed as the time that a 40-year-old-version of yourself (your doppelgänger) would achieve, riding a bicycle, if your performance decline over the years had matched the decline embedded within the formula which underlies the standard tables.

Riders positions are exactly the same whether the results are displayed on Standards or Vets' Handicap Results, and the time differences (in an absolute sense) are the same between riders.

In fact the VHR (or VHT) can easily be obtained from the Standards (plus/minus) from the following equation.

$$\text{VHR} = 26:06 \text{ minus Standard (plus/minus) for a 10mile time trial}$$

The time of 26:06 is from the 10m Standards Table for a 40 year old man on a bicycle.
So as a check, for any rider

$$\text{VHR} + \text{Standard (plus/minus)} \Rightarrow 26:06 \text{ (twenty six minute and 6 seconds)}$$

ALL RIDERS

VPos	Bib	Rider	Club	VTTA Group	Actual Time	Std Plus/Minus	Vets H/C Time
1	150	Richard Oakes	Team Ohten Aveas	NEM	18:08	8:53	17:13
2	131	Andrew Grant	Cambridge CC	EA	20:15	8:43	17:23
3	75	Dena Ford	High Wycombe CC	LHC	21:48	8:06	18:00
4	90	Andy Proffitt	Arctic Aircon RT	EA	18:39	8:02	18:04
5	95	Tim Hood	Team Bottrill	Mid	19:56	7:55	18:11
6	110	Joel Stewart	Team Ohten Aveas	LHC	18:38	7:54	18:12
7	130	Mark Jones	DRAG2ZERO	LHC	18:59	7:47	18:19
8	145	Gaz Poulson	Royal Air Force Cycling Association	NEM	19:30	7:37	18:29
9	120	Simon Norman	Bedfordshire Road RT	LHC	19:19	7:32	18:34
10	121	Stuart Day	VC Sevale (Malvern)	EA	19:31	7:25	18:41
11	83	Helen Reynolds	Hemel Hempstead CC	EA	22:32	7:22	18:44
12	60	Roger Porter	Verulam CC	LHC	22:51	7:16	18:50
13	134	Matt Steel	Shaftesbury CC	EA	19:27	7:05	19:01
14=	111	Grant Orsborn	Bedfordshire Road RT	EA	20:47	7:04	19:02
14=	50	Graham Winstone	ZeroBC Race Team	LHC	19:42	7:04	19:02
16	113	Chris Ford	High Wycombe CC	LHC	20:38	6:59	19:07
17	137	Ed Moss	Beacon Roads CC	Mid	19:58	6:58	19:08
18	135	Michael Parker	TMG Horizon Cycling Team	LHC	20:30	6:54	19:12
19	10	Martin Reynolds	Cambridge CC	EA	20:44	6:53	19:13
20	40	Colin McDermott	Festival Road Club	S/S	20:15	6:52	19:14
21	138	Matthew Woods	Eastbourne Rovers CC	S/S	20:00	6:51	19:15
22	15	Mark Wise	Team Jewson - MI Racing ~Poly Pipe~McCann	Mid	20:34	6:50	19:16
23	100	Chris Loake	AeroCoach	LHC	19:22	6:48	19:18
24	45	Ady Dench	Team Sheffield	NMid	20:17	6:44	19:22
25	115	Ben Houston	East Grinstead CC	WSX	19:41	6:42	19:24
26	97	Antonio Maschio	Sotonia CC	WSX	20:43	6:41	19:25
27	104	John Dowling	Hemel Hempstead CC	LHC	21:43	6:39	19:27

28=	141	Steven Cottington	Bath Cycling Club	West	21:07	6:37	19:29
28=	13	Hans Nilsson	London Phoenix CC	LHC	21:53	6:37	19:29
30=	136	James Scarth	Bishop's Stortford CC	EA	19:44	6:35	19:31
31=	31	David Clark	Eastbourne Rovers CC	S/S	20:26	6:35	19:31
32=	105	Simon Garrett	Team Echelon	Mid	20:03	6:33	19:33
32=	8	Robin Short	Cotswold Veldrijden	West	19:54	6:33	19:33
34=	146	David Clements	Eastbourne Rovers CC	S/S	20:15	6:31	19:35
34=	71	Gillian Reynolds	Willesden CC	LHC	26:05	6:31	19:35
36	142	Antony Bee	Wigmore CC	Kent	21:00	6:30	19:36
37	127	Sheehan Quirke	LincsQuad	NMid	20:58	6:26	19:40
38	93	Andy King	Kettering CC	NEM	21:33	6:25	19:41
39	86	Rich Steels	WattShop	NEM	19:49	6:25	19:41
40	30	Simon Adcook	Worcester St. Johns CC	Mid	20:14	6:22	19:44
41=	26	Michael Greaney	Stockport Clarion CC	MNW	20:15	6:21	19:45
41=	22	Wayne Smith	Team Ohten Aveas	NEM	20:51	6:21	19:45
43	148	Robert Saunders	North Bucks RC	LHC	21:41	6:17	19:49
44	7	Stan Nwaka	Verulam CC	LHC	21:28	6:16	19:50
45	108	Paul Schofield	St Ives CC	EA	19:55	6:15	19:51
46	87	Michael Costello	Race Hub	NEM	20:13	6:14	19:52
47	85	Matthew Saunders	Team Vision Racing - Silverhook	EA	20:08	6:11	19:55
48=	56	Robert Barker	Kettering CC	NEM	20:39	6:07	19:59
48=	52	Andy Sharman	Team Bottrill	LHC	20:44	6:07	19:59
50	92	Geoff Reynolds	Hemel Hempstead CC	EA	21:12	6:06	20:00
51=	133	Richard Llewellyn	Imperial Racing Team	WSX	20:31	6:05	20:01
51=	65	Ian Pike (T)	Lincoln Wheelers CC	NEM	23:02	6:05	20:01
53	129	Cliff Price	Metropolitan Police Cycle Club	EA	20:23	6:04	20:02
54	117	Mike Watson	Lowestoft Wheelers Cycling Club	EA	21:28	6:02	20:04
55	118	Mark Halliday	North Bucks RC	LHC	21:36	6:01	20:05
56	114	Simon Bowler	Berkhamsted Cycling Club	LHC	21:37	6:00	20:06

57	147	Mat Wilson	VTTA (London & Home Counties)	LHC	20:15	5:59	20:07
58=	102	Robert Nicholas	Deal Tri	Kent	20:09	5:57	20:09
58=	47	Tim Davies	CC Luton	LHC	21:10	5:57	20:09
60	44	Dave Mason (T)	Lincoln Wheelers CC	NEM	22:37	5:56	20:10
61	2	Neil Dowie	Shorter Rochford RT	EA	21:18	5:54	20:12
62	96	Tim Kingston	GS Invicta - Eye Level Optical-Herbert Cycles	Kent	20:39	5:53	20:13
63=	77	Susan Oldham	Bicester Millennium CC	LHC	24:17	5:51	20:15
63=	46	David Leighton	Severn Road Club	West	20:28	5:51	20:15
65=	139	Kevin Creese	Chronos RT	LHC	22:59	5:50	20:16
65=	158	John Bourton	Bicester Millennium CC	LHC	23:08	5:50	20:16
67	41	Matthew Reader	Verulam CC	LHC	21:09	5:47	20:19
68=	11	Matt Fisher	Newbury Velo	WSX	20:50	5:46	20:20
68=	153	Cliff Voller	Newbury RC	West	23:33	5:46	20:20
70	125	James Churchard	Reading CC	LHC	20:39	5:44	20:22
71	122	Gary Pamment	CC Sudbury	EA	21:08	5:43	20:23
72	36	Mark Woolford	Team Swindon Cycles	West	21:36	5:42	20:24
73	57	Robert Jones	Army Cycling	WSX	20:49	5:38	20:28
74	19	John Isard	Hampshire Road Club	S/S	23:31	5:37	20:29
75=	116	Paul Newman	Shorter Rochford RT	LHC	21:15	5:36	20:30
75=	25	Martin O'Sullivan	Teddington and Turing Velo	LHC	20:56	5:36	20:30
77	14	John McGlashan	Redmon CC	Kent	23:45	5:34	20:32
78=	132	Craig Chappell	Team Vision Racing - Silverhook	EA	21:04	5:28	20:38
78=	33	Dave May	Bicester Millennium CC	LHC	21:08	5:28	20:38
80	106	Ashley Roue	Mapperley CC	NEM	21:34	5:27	20:39
81	74	Allison Kaye	Verulam CC	LHC	24:41	5:27	20:39
82	6	Michael Bennett	Bicester Millennium CC	LHC	21:35	5:26	20:40
83	16	James Moss	North Road CC	LHC	20:59	5:24	20:42
84	143	Gary Johnson	CC Sudbury	EA	22:09	5:21	20:45
85=	126	Tom Houghton	Team TMC	S/S	21:26	5:20	20:46

85=	94	Graham Read	45 RC	LHC	22:46	5:20	20:46
85=	61	Andy Newham (T)	Lincoln Wheelers CC	NMid	23:19	5:20	20:46
88	73	Claire Davies	Mark White Coaching RT	NEM	23:28	5:19	20:47
89	123	Charles Salt	Newbury Velo	LHC	20:59	5:15	20:51
90	128	James Wooldridge	Team Milton Keynes	LHC	20:58	5:12	20:54
91=	27	Neil Gerrard	Folkestone Velo Club	Kent	20:58	5:08	20:58
91=	17	Duncan Emery	Twickenham CC	LHC	21:33	5:08	20:58
93	12	Ragnar Laan	Twickenham CC	LHC	21:15	5:04	21:02
94	103	Ian Swinscoe	Royal Air Force Cycling Association	YRK	22:00	5:01	21:05
95=	107	Tom Cosgrove	VTTA (London & Home Counties)	LHC	22:13	4:59	21:07
95=	91	Stu Carver	North Hampshire RC	WSX	22:25	4:59	21:07
97	18	Mark Thomas	Bigfoot CC	EA	22:39	4:58	21:08
98	84	Stephen Knight	Wakefield Triathlon Club	YRK	21:41	4:55	21:11
99	3	Matt Wilmington	Icknield RC	LHC	21:23	4:51	21:15
100	156	Philip Wilkinson	Milton Keynes RC	NEM	21:55	4:46	21:20
101=	53	Chris Sprott	Ratae RC	NEM	21:43	4:44	21:22
101=	23	James McPherson	Hitchin Nomads CC	EA	22:23	4:44	21:22
103	76	Rosslyn Young	Serpentine Running Club	LHC	29:10	4:42	21:24
104	54	Mike Logue	ZeroBC Race Team	LHC	22:34	4:38	21:28
105	1	Richard Moule	Bossard Whs	LHC	23:45	4:37	21:29
106	48	Jonathan Williams	Amersham Road Cycling Club	LHC	21:52	4:35	21:31
107=	43	David Cook	Bedfordshire Road RT	LHC	24:02	4:28	21:38
107=	157	Mike Boyce	...a3crg	WSX	24:02	4:28	21:38
109	68	Stephanie Cousins	QN Racing	LHC	25:48	4:20	21:46
110	78	Rachel Green	Cheltenham & County Cycling Club	West	26:09	4:14	21:52
111	98	Alan Crane	Chronos RT	LHC	22:49	4:12	21:54
112=	89	Paul Valks	Lewes Wanderers CC	S/S	26:41	4:08	21:58
112=	38	George Turner	VTTA (London & Home Counties)	LHC	22:06	4:08	21:58

112=	159	David Prom	San Fairy Ann CC Ltd	Kent	22:48	4:08	21:58
115	152	Kevin Humphreys	Sherwood CC	NEM	24:03	3:55	22:11
116	154	Graham Pepperdine	Verulam CC	EA	23:36	3:54	22:12
117=	63	Gary Wright (T)	Lincoln Wheelers CC	YRK	25:33	3:53	22:13
117=	161	Simon Craig-McFeely	...a3crg	WSX	24:13	3:53	22:13
119	119	Ian Radburn	Oxonian CC	LHC	23:32	3:40	22:26
120	149	Christopher Huxley	Stratford Cycling Club	Mid	24:02	3:35	22:31
121=	82	Hilary Walker	Serpentine Running Club	LHC	28:03	3:33	22:33
121=	151	Stephen Lazenby	Beacon Roads CC	Mid	23:03	3:33	22:33
123	155	Andrew Bright	Chronos RT	LHC	23:42	3:25	22:41
124	164	Simon Hunt	VéloElite RC	NEM	23:28	3:23	22:43
125	144	Richard Partington	OV Cycling Club	LHC	24:27	3:17	22:49
126	162	Alastair Merrill	VC 10	LHC	23:51	3:05	23:01
127	39	Mark Perryman	London Clarion	EA	23:05	3:01	23:05
128	109	Martin Wright	Eat Plants Not Pigs CC	Mid	23:30	2:57	23:09
129	9	Bob Symons	PDQ Cycle Coaching	West	25:58	2:41	23:25
130	4	Thomas Jones	VTTA (London & Home Counties)	LHC	24:58	2:14	23:52
131	5	Paul Hartigan	Hillingdon Triathletes	LHC	25:20	2:10	23:56
132	59	Ed Hoskin	Mickey Cranks Cycling Club	LHC	25:36	1:36	24:30
133	88	Nick Taylor	Metropolitan Police Cycle Club	EA	26:15	0:52	25:14
134	79	Jan Farmer	Serpentine Running Club	LHC	31:42	0:28	25:38
135	49	Steve Tooke	The Bike Loft	LHC	27:00	-0:30	26:30
		NON VTТА					
1	72	Kate Kelland	High Wycombe CC	#N/A	24:19		
2	69	Samantha Messenger	Bicester Millennium CC	#N/A	24:24		

DNS/DNF

DN..	Bib	Rider	Club	VTTA Group
DNS(A)	20	Tim Cox	Hemel Hempstead CC	LHC
DNS(A)	21	Matt Hill	Velo Club Godalming & Haslemere	S/S
DNF	24	Mike Kirby	Banbury Star Cyclists' Club	LHC
DNS(A)	28	Carl King	VTTA (Manchester & NW Group)	MNW
DNS(A)	29	Graeme Church (Para-C1)	Team Milton Keynes	LHC
DNS(A)	32	Michael Garvey	High Wycombe CC	LHC
DNS(A)	34	Peter Smith	Team Jewson - MI Racing ~Poly Pipe~McCann	LHC
DNS(A)	35	Jeff Roberts	High Wycombe CC	LHC
DNF	37	Adrian Cox	Team Milton Keynes	LHC
DNS	42	Mark Tyrrell	Oxonian CC	LHC
DNS(A)	51	Jim Moffatt	CC Luton	LHC
DNS(A)	55	Tim May	PDQ Cycle Coaching	Mid
DNS(A)	58	Hugh Williams	Spartan	EA
DNS	62	Bernard Lamb (T)	Hemel Hempstead CC	LHC
DNS(A)	64	Christopher Edginton (T)	ZeroBC Race Team	LHC
DNS	66	Vida Sutova	Redbridge CC	#N/A
DNS(A)	67	Emma McDermott	Oxonian CC	LHC
DNF	70	Michelle Lee	PDQ Cycle Coaching	West
DNS(A)	80	Sue Rust	Kettering CC	EA
DNF	81	Amanda Borg-Cardona	London Clarion	#N/A
DNF	99	Brian Lewis	Bicester Millennium CC	West
DNS(A)	101	Stu Wright	QN Racing	NEM
DNS(A)	112	Ed Watson	Ratae RC	NEM
DNS	124	David Creese	Chronos RT	LHC
DNS(A)	140	Alan Murchison	DRAG2ZERO	LHC
DNS(A)	160	Graham Green	Team Bottrill	NEM
DNS(A)	163	Sean Mallon	Team Swindon Cycles	West
DNS(A)	165	Peter White	VC 10	LHC

WOMEN VTТА ONLY

Womens' Pos	Bib	Rider	Club	VTТА Group	Actual Time	Std Plus/Minus	Vets H/C Time
1	75	Dena Ford	High Wycombe CC	LHC	21:48	8:06	18:00
2	83	Helen Reynolds	Hemel Hempstead CC	EA	22:32	7:22	18:44
3	71	Gillian Reynolds	Willesden CC	LHC	26:05	6:31	19:35
4	77	Susan Oldham	Bicester Millennium CC	LHC	24:17	5:51	20:15
5	74	Allison Kaye	Verulam CC	LHC	24:41	5:27	20:39
6	73	Claire Davies	Mark White Coaching RT	NEM	23:28	5:19	20:47
7	76	Rosslyn Young	Serpentine Running Club	LHC	29:10	4:42	21:24
8	68	Stephanie Cousins	QN Racing	LHC	25:48	4:20	21:46
9	78	Rachel Green	Cheltenham & County Cycling Club	West	26:09	4:14	21:52
10	82	Hilary Walker	Serpentine Running Club	LHC	28:03	3:33	22:33
11	79	Jan Farmer	Serpentine Running Club	LHC	31:42	0:28	25:38

CLUB TEAM

Club Pos	Club	VHT	Rider
1	Team Ohten Aveas	17:13	Richard Oakes
1	Team Ohten Aveas	18:12	Joel Stewart
1	Team Ohten Aveas	19:45	Wayne Smith
1	Team Ohten Aveas	0:55:10	
2	High Wycombe CC	18:00	Dena Ford
2	High Wycombe CC	19:07	Chris Ford
2	High Wycombe CC	20:56	Neil Gerrard
2	High Wycombe CC	0:58:03	
3	Hemel Hempstead CC	18:44	Helen Reynolds
3	Hemel Hempstead CC	19:27	John Dowling
3	Hemel Hempstead CC	20:00	Geoff Reynolds
3	Hemel Hempstead CC	0:58:11	
4	Eastbourne Rovers CC	19:15	Matthew Woods
4	Eastbourne Rovers CC	19:31	David Clark
4	Eastbourne Rovers CC	19:35	David Clements
4	Eastbourne Rovers CC	0:58:21	
5	Verulam CC	18:50	Roger Porter
5	Verulam CC	19:50	Stan Nwaka
5	Verulam CC	20:19	Matthew Reader
5	Verulam CC	0:58:59	
6	Bedfordshire Road RT	18:34	Simon Norman
6	Bedfordshire Road RT	19:02	Grant Orsborn
6	Bedfordshire Road RT	21:38	Stephanie Cousins
6	Bedfordshire Road RT	0:59:14	
7	Lincoln Wheelers CC	20:01	Ian Pike (T)
7	Lincoln Wheelers CC	20:10	Dave Mason (T)
7	Lincoln Wheelers CC	20:46	Andy Newham (T)
7	Lincoln Wheelers CC	1:00:57	
8	Bicester Millennium CC	20:15	Susan Oldham
8	Bicester Millennium CC	20:16	John Bourton
8	Bicester Millennium CC	20:38	Dave May
8	Bicester Millennium CC	1:01:09	
9	VTTA (London & Home Counties)	20:07	Mat Wilson
9	VTTA (London & Home Counties)	21:07	Stu Carver
9	VTTA (London & Home Counties)	21:58	Kevin Humphreys
9	VTTA (London & Home Counties)	1:03:12	
10	Chronos RT	20:16	Kevin Creese
10	Chronos RT	21:54	George Turner
10	Chronos RT	22:41	Richard Partington
10	Chronos RT	1:04:51	
11	Serpentine Running Club	21:24	Richard Moule
11	Serpentine Running Club	22:33	Andrew Bright
11	Serpentine Running Club	25:38	Kate Kelland
11	Serpentine Running Club	1:09:35	

VTTA GROUP

Group Pos	Group	Rider	Club	VHT
1	EA	Andrew Grant	Cambridge CC	17:23
1	EA	Andy Proffitt	Arctic Aircon RT	18:04
1	EA	Stuart Day	VC Sevale (Malvern)	18:41
1	EA			54:08
2	LHC	Dena Ford	High Wycombe CC	18:00
2	LHC	Joel Stewart	Team Ohten Aveas	18:12
2	LHC	Mark Jones	DRAG2ZERO	18:19
2	LHC			54:31
3	NEM	Richard Oakes	Team Ohten Aveas	17:13
3	NEM	Gaz Poulson	Royal Air Force Cycling Association	18:29
3	NEM	Andy King	Kettering CC	19:41
3	NEM			55:23
4	Mid	Tim Hood	Team Bottrill	18:11
4	Mid	Ed Moss	Beacon Roads CC	19:08
4	Mid	Mark Wise	Team Jewson - MI Racing ~Poly Pipe~McCann	19:16
4	Mid			56:35
5	S/S	Colin McDermott	Festival Road Club	19:14
5	S/S	Matthew Woods	Eastbourne Rovers CC	19:15
5	S/S	David Clark	Eastbourne Rovers CC	19:31
5	S/S			58:00
6	WSX	Ben Houston	East Grinstead CC	19:24
6	WSX	Antonio Maschio	Sotonia CC	19:25
6	WSX	Richard Llewellyn	Imperial Racing Team	20:01
6	WSX			58:50
7	West	Steven Cottington	Bath Cycling Club	19:29
7	West	Robin Short	Cotswold Veldrijden	19:33
7	West	David Leighton	Severn Road Club	20:15
7	West			59:17
8	NMid	Ady Dench	Team Sheffield	19:22
8	NMid	Sheehan Quirke	LincsQuad	19:40
8	NMid	Andy Newham (T)	Lincoln Wheelers CC	20:46
8	NMid			59:48
9	Kent	Antony Bee	Wigmore CC	19:36
9	Kent	Robert Nicholas	Deal Tri	20:09
9	Kent	Tim Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	20:13
9	Kent			59:58
10	YRK	Tom Cosgrove	VTTA (London & Home Counties)	21:05
10	YRK	Matt Wilmington	Icknield RC	21:11
10	YRK	Ian Radburn	Oxonian CC	22:13
10	YRK			1:04:29