

## EASTERN COUNTIES CYCLING ASSOCIATION



# **Terry Anderson Memorial** **10 miles Time Trials** **for Ladies, Solos and Tandems** *to be held on* **Saturday 14th August 2021** **Course E2/10 ~ Start at 2.00 pm**



*Timekeepers*

**Tim and Becki Groves**

### **Awards**

#### **WOMEN**

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal.

#### **MEN**

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 6th: ECCA Medal.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 6th: ECCA Medal.

TEAM: 1st Team of Three: ECCA Medals.

#### **Terry Anderson Memorial Award**

For the rider or riders nearest to the event average time

*Trophy and ECCA Boxed Medal*

*Event Headquarters*

**Westley Waterless Village Hall, CB8 0RG**

**Event Secretary:** Gary Boyd, 3 Blundell Close, London, E8 2RS

Mobile: 07792 950305 Email: [gary@hub-velo.co.uk](mailto:gary@hub-velo.co.uk)

**IT IS IMPERATIVE THAT YOU READ THE NOTES ON PAGE 2 WHICH  
DETAIL THE ACTIONS NEEDED BECAUSE OF THE COVID 19 PANDEMIC**

### **COURSE DETAILS E2/10**

Grid References Start: TL57345635 Finish: TL57085600

Interactive map: [https://www.easterncounties.org.uk/maps.html?E2\\_10](https://www.easterncounties.org.uk/maps.html?E2_10)

**START** at paint mark at end of feeder road from West Wrating, just before junction with A1304 (1 kerb joint before drain near "Give Way" Sign). Bear left onto A1304 and proceed onto A11 southbound. Continue to take slip road to Four Went Ways intersection (A1307) (M), and circle Elevated Roundabout (5.14 miles) Take fourth exit on to A11 northbound (M). Retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at paint mark 5 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator post marked "85/0")

- ❖ CTT has issued two PDF documents, a Covid-19 Risk Assessment and “Putting on a Cycling Time Trials Event during COVID19”, which you may have already seen. However the following points plus other instructions are of importance.
- ❖ **Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid 19 symptoms or if they have been told to isolate.**
- ❖ **Although the Covid Conditions have been considerable eased we have all got used to racing under the original conditions, so this race will basically carry on as in recent races.**
- ❖ Event Headquarters are at Westley Waterless Village Hall, near Newmarket (see map for directions). Hall will be open at 12 noon. **The car park is for use by officials only.** Please park outside the HQ grounds and only to the east of Village Hall. Please park sensibly and avoid blocking the pathways by not parking on the verges. Obey the 30 mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **This is especially important with regards to horses and riders, give way, slow down and leave plenty of room.**
- ❖ **NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ. Separate Toilet facilities are available for men and women but only one person at a time is allowed in the respective room. Access is via the lobby next to the main door. To maintain distance, women will use the righthand side of the doorway and men the left with separate queues outside if necessary. Signing on and signing out will be in the hall and access is via the exits from the toilets or entrance lobby or as instructed on the day. Once again, one in – one out and queuing if necessary. Exit from the hall is via the fire exit at the end of the hall only. Riders should bring their own pen for signing in and out, standard numbers will be laid out individually and riders should only handle their own number and, if they haven't brought their own, any pins required. After the race the number should be placed in the discard container. Depending on the weather there may be an alternative signing out form in the Start area. You can use either that or the one in the Hall.**
- ❖ **NO SHOEMPLATES or SMOKING in the Hall.**
- ❖ It is also possible to park nearer the Start and Finish, in the road between Six Mile Bottom and West Wrating or in the field at the Veterinary Clinic.
- ❖ Start is about 4 miles from event HQ. To get to the Start, turn right out of Village Hall, left at crossroads then right at next crossroads to Six Mile Bottom. Turn left & proceed to the road leading to West Wrating.
- ❖ Static warm-ups are permitted but you should try to maintain social distancing from any passersby. Warming up can also be done in the road leading to West Wrating but NOT on the race course.
- ❖ **No more than three riders are allowed to queue at the start, so time your arrival accordingly. There will no Pusher-off. Any clothing, bottles, etc, left at the start will NOT be returned to Finish or HQ.**
- ❖ **On finishing the race, riders should not stop at the finish and should not loiter at the HQ or parking areas but sign out promptly and leave the race as soon as possible.**
- ❖ **There will be no refreshments at the HQ and no results displayed. Results will be published on the relevant websites once all are confirmed. DO NOT APPROACH THE TIMEKEEPERS.**
- ❖ **No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.**
- ❖ **It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.**

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. **ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**REMEMBER: NO LIGHT – NO RIDE**

Entry to the Women's event is open to members of any club but entry to the Men's and Tandem event is restricted to members of clubs affiliated to the ECCA.

For full details of future ECCA events and results of past events go to [www.easterncounties.org.uk](http://www.easterncounties.org.uk) where you will find this information plus lists of officials and member clubs. You will also see details of the Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

## LONDON EAST LOCAL REGULATIONS

4.7 No Warming Up by competitors on the course once the event has started.

4.8.1 Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

## RIDERS' NOTES

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at the finish, other than timekeepers. Parking is available at and near the Event H.Q. and in the road to West Wrating. **There must be NO parking on the grass verges either side of the entrance to the Veterinary Clinic and this area will be roped off.** However, the Clinic has kindly agreed to allow a field near the entrance to be used as an extra parking area. This will be well signed.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet after they have finished, otherwise they may be recorded as DNF.

Tandem				
No	Start	Name	Club	Cat
1	14:01	Christopher York Joanne York	Maldon & District CC	V WV

Open Ladies						
No	Start	Name	Club/Team	Cat	Hcap	PB
2	14:02	Caroline Wyke	CC Sudbury	WV	16:18	31:27
3	14:03	Katie-Ann Elliston	Southend Wheelers	W	8:32	23:08
4	14:04	Joanna Butcher	Braintree Velo CRC	WV	10:15	24:58
<b>5</b>	<b>14:05</b>	<b>Sally Turner</b>	<b>trainSharp</b>	<b>WV</b>	<b>6:14</b>	<b>20:40</b>
6	14:06	Amy Marks	Team LDN	W	7:14	21:45
7	14:07	Karen Aylen	Maldon & District CC	WV	7:53	22:26
8	14:08	Sophie Lee	Team Catenary	WV	9:20	23:59
9	14:09	Louise Hathaway	Fenland Clarion CC	WV	11:43	26:33
<b>10</b>	<b>14:10</b>	<b>Alice Lethbridge</b>	<b>DRAG2ZERO</b>	<b>W</b>	<b>5:18</b>	<b>19:40</b>
11	14:11	Anneleen Bosma	Bianchi Dama	W	6:47	21:16
12	14:12	Madeleine Gammons	Jadan CycleSpace- Vive Le Velo	W	7:28	21:59
13	14:13	Deborah Beare	Icknield RC	W	8:06	22:40
14	14:14	Abbey Thompson	Suffolk Youth Race Team	WG	10:13	24:56
<b>15</b>	<b>14:15</b>	<b>Tamsin Miller</b>	<b>Avid Sport</b>	<b>W</b>	<b>6:14</b>	<b>20:40</b>
16	14:16	Jackie Field	CC Ashwell	WV	6:51	21:20
17	14:17	Julia Freeman	Easterley Road Club	WV	7:43	22:16
18	14:18	Vida Sutova	Redbridge CC	WV	9:01	23:39
19	14:19	Jill Bartlett	Hounslow & District Whs	WV	11:13	26:01
<b>20</b>	<b>14:20</b>	<b>Hayley Simmonds</b>	<b>CAMS Racing</b>	<b>W</b>	<b>5:12</b>	<b>19:34</b>
21	14:21	Louise Robinson	Essex Roads CC	WV	6:43	21:11
22	14:22	Sue Rust	Kettering CC	WV	7:18	21:49
23	14:23	Susan Triplow	CC Sudbury	WV	8:00	22:34
24	14:24	Judy Reid	Icknield RC	WV	9:47	24:28
<b>25</b>	<b>14:25</b>	<b>Angela Carpenter</b>	<b>...a3crg</b>	<b>WV</b>	<b>6:02</b>	<b>20:27</b>

Men						
No	Start	Name	Club/Team	Cat	Hcap	PB
26	14:26	Ian Braybrook	Basildon CC	V	6:21	20:48
27	14:27	Graham Denny	North Norfolk Whs	V	7:12	21:42
28	14:28	James Conway	Metropolitan Police Cycle Club	V	8:26	23:02
29	14:29	Brian Davies	Anglia Velo	V	13:55	28:54
<b>30</b>	<b>14:30</b>	<b>Alex Purcell</b>	<b>CC Sudbury</b>	<b>S</b>	<b>5:29</b>	<b>19:52</b>
31	14:31	Tim Cox	Hemel Hempstead CC	V	5:57	20:22
32	14:32	Michael Cope	Kettering CC	V	6:51	21:20
33	14:33	Nick Taylor	Metropolitan Police Cycle Club	V	7:42	22:14
34	14:34	Jamie Bretton	Suffolk Youth Race Team	J	9:10	23:49
<b>35</b>	<b>14:35</b>	<b>Terry Garlinge</b>	<b>Easterley Road Club</b>	<b>V</b>	<b>5:40</b>	<b>20:04</b>
36	14:36	John Manlow	Ely & District CC/B&T Motor Repairs	V	6:06	20:32
37	14:37	Stephen Murphy	Shaftesbury CC	V	7:07	21:37
38	14:38	Andrew Merchant	Southend Wheelers	V	8:38	23:15
39	14:39	Norman King	St Neots CC	V	13:50	28:49
<b>40</b>	<b>14:40</b>	<b>Matthew McClure</b>	<b>Wisbech Whs</b>	<b>S</b>	<b>5:28</b>	<b>19:51</b>
41	14:41	Matthew Peck	Ipswich BC	S	5:56	20:21
42	14:42	Philip Watkins	North Norfolk Whs	V	6:44	21:12
43	14:43	Peter Tibbitts	Ford CC	V	7:42	22:14
44	14:44	Keith Stockwell	Welwyn Whs	V	9:20	23:59
<b>45</b>	<b>14:45</b>	<b>Grant Orsborn</b>	<b>Bedfordshire Road RT</b>	<b>V</b>	<b>5:43</b>	<b>20:07</b>

Men						
No	Start	Name	Club/Team	Cat	Hcap	PB
46	14:46	Hugo Hocknell	Team Salesengine.co.uk	V	6:17	20:43
47	14:47	Will Shepherd	Ely & District CC/B&T Motor Repairs	V	7:05	21:35
48	14:48	Bob Quarton	Wolsey RC	V	8:24	23:00
49	14:49	Antonio Paolino	Essex Roads CC	V	12:10	27:02
<b>50</b>	<b>14:50</b>	<b>Sam Barker</b>	<b>Kettering CC</b>	<b>V</b>	<b>5:27</b>	<b>19:50</b>
51	14:51	Paul Newman	Shorter Rochford RT	V	5:56	20:21
52	14:52	Neil Empson	Wisbech Whs	S	6:36	21:04
53	14:53	Adam Lowe	Metropolitan Police Cycle Club	V	7:38	22:10
54	14:54	John Royle	Fenland Clarion CC	V	9:13	23:52
<b>55</b>	<b>14:55</b>	<b>Mike Padfield</b>	<b>North Norfolk Whs</b>	<b>V</b>	<b>5:41</b>	<b>20:05</b>
56	14:56	Gary Pamment	CC Sudbury	V	6:16	20:42
57	14:57	Marek Sasura	GS Avanti	V	7:04	21:34
58	14:58	Carmelo Luggeri	CC Ashwell	V	8:14	22:49
59	14:59	Peter Horsnell	Chelmer CC	V	11:49	26:39
<b>60</b>	<b>15:00</b>	<b>Nic Pillinger</b>	<b>Team Secret Squirrel</b>	<b>V</b>	<b>5:19</b>	<b>19:41</b>
61	15:01	Robert Barker	Kettering CC	V	5:55	20:20
62	15:02	James O'Connell	CC London	S	6:35	21:03
63	15:03	John Golder	Chelmer CC	V	7:33	22:05
64	15:04	Geoff Bores	Ford CC	V	9:21	24:01
<b>65</b>	<b>15:05</b>	<b>Michael Schofield</b>	<b>Bishop's Stortford CC</b>	<b>V</b>	<b>5:39</b>	<b>20:03</b>
66	15:06	Michael Martin	CC Ashwell	V	6:15	20:41
67	15:07	Derek Ricketts	Ely & District CC/B&T Motor Repairs	V	7:03	21:33
68	15:08	Cy Gearing	St Ives CC	V	8:15	22:50
69	15:09	Andrew Porter	Welwyn Whs	V	11:25	26:13
<b>70</b>	<b>15:10</b>	<b>Darran Bennett</b>	<b>Ely &amp; District CC/B&amp;T Motor Repairs</b>	<b>V</b>	<b>5:14</b>	<b>19:36</b>
71	15:11	Thomas Carroll	CC Breckland	V	5:54	20:19
72	15:12	Robert Davies	CC Sudbury	V	6:34	21:02
73	15:13	Roger Porter	Verulam CC	V	7:14	21:45
74	15:14	Paul Breeze	Peterborough CC	V	9:10	23:49
<b>75</b>	<b>15:15</b>	<b>Murat Ozdenya</b>	<b>Team Vision Racing - Silverhook</b>	<b>V</b>	<b>5:37</b>	<b>20:01</b>
76	15:16	Adam Hardy	Crest CC	V	6:09	20:35
77	15:17	Andy King	Kettering CC	V	7:03	21:33
78	15:18	James Walsgrove	Ride Harder	V	8:02	22:36
79	15:19	Robert Bumstead	CC Ashwell	V	10:26	25:10
<b>80</b>	<b>15:20</b>	<b>Martin Reynolds</b>	<b>Cambridge CC</b>	<b>V</b>	<b>5:14</b>	<b>19:36</b>
81	15:21	Nick Howick	Shaftesbury CC	S	5:53	20:18
82	15:22	Oliver Cozens	Norwich A B C	S	6:34	21:02
83	15:23	Steve Peck	Ely & District CC/B&T Motor Repairs	V	7:28	21:59
84	15:24	Alan Harvey	Finsbury Park CC	V	9:00	23:38
<b>85</b>	<b>15:25</b>	<b>Nicholas Knight</b>	<b>Hart Performance Coaching</b>	<b>V</b>	<b>5:36</b>	<b>19:59</b>
86	15:26	Colin Lizieri	Cambridge CC	V	6:24	20:51
87	15:27	Alex Lubbock	Bedfordshire Road CC	S	7:00	21:29
88	15:28	Adrian McHale	Peterborough CC	V	7:59	22:33
89	15:29	James Bromley	Becontree Wheelers CC	V	10:00	24:42
<b>90</b>	<b>15:30</b>	<b>Leon West</b>	<b>CC Sudbury</b>	<b>V</b>	<b>5:09</b>	<b>19:31</b>
91	15:31	Daryl Maffey	CC London	V	5:49	20:13
92	15:32	Adrian Gower	Hitchin Nomads CC	V	6:33	21:01
93	15:33	Martin Bullen	Peterborough CC	V	7:17	21:48
94	15:34	Anthony Bye	Wisbech Whs	V	8:48	23:25
<b>95</b>	<b>15:35</b>	<b>Nick Morgan</b>	<b>Hitchin Nomads CC</b>	<b>V</b>	<b>5:36</b>	<b>19:59</b>
96	15:36	Mark Edmonds	Shaftesbury CC	V	6:04	20:29
97	15:37	Wolfgang Emmerich	London Phoenix CC	V	6:59	21:28
98	15:38	James Lawler	Bedfordshire Road CC	V	7:58	22:32
99	15:39	Ian Bibby	Finsbury Park CC	V	9:49	24:31
<b>100</b>	<b>15:40</b>	<b>Peter Harding</b>	<b>Chelmer CC</b>	<b>V</b>	<b>5:03</b>	<b>19:24</b>

## Men

No	Start	Name	Club/Team	Cat	Hcap	PB
101	15:41	Matthew Reader	Verulam CC	V	5:48	20:12
102	15:42	Gary Record	West Kent RC	S	6:24	20:51
103	15:43	Will Lowden	CC Sudbury	J	7:31	22:03
104	15:44	Paul Looke	Shaftesbury CC	V	8:26	23:02
<b>105</b>	<b>15:45</b>	<b>Paul Lunn</b>	<b>Fenland Clarion CC</b>	<b>V</b>	<b>5:36</b>	<b>20:00</b>
106	15:46	Dan Jenkins	Southend Wheelers	V	6:04	20:29
107	15:47	Jolyon Glynn	Cambridge CC	S	6:57	21:26
108	15:48	Gary Jackson	Shaftesbury CC	V	7:53	22:26
109	15:49	Tony Summers	Athlon CC	V	9:44	24:25
<b>110</b>	<b>15:50</b>	<b>Samuel Thienel</b>	<b>Shaftesbury CC</b>	<b>S</b>	<b>5:03</b>	<b>19:24</b>
111	15:51	David Nearney	Cycling Club Hackney	S	5:48	20:12
112	15:52	Peter Richards	Icknield RC	V	6:25	20:52
113	15:53	Adam Bishop	Lea Valley CC	V	7:14	21:45
114	15:54	Hamish Brown	GS Avanti	V	8:36	23:12
<b>115</b>	<b>15:55</b>	<b>Richard Evans</b>	<b>North Essex Velo</b>	<b>V</b>	<b>5:35</b>	<b>19:58</b>
116	15:56	Robert Watson	Cambridge CC	V	6:01	20:26
117	15:57	Matt Wilmington	Icknield RC	V	6:54	21:23
118	15:58	Jamie Fox	Hitchin Nomads CC	S	9:25	24:05
119	15:59	Stephen Watson	Hertfordshire Whs	V	9:34	24:14
<b>120</b>	<b>16:00</b>	<b>David Harding</b>	<b>Chelmer CC</b>	<b>V</b>	<b>4:55</b>	<b>19:16</b>
121	16:01	Peter Shaw	Bedfordshire Road RT	S	5:43	20:07
122	16:02	Richard Crook	Fenland Clarion CC	S	6:32	21:00
123	16:03	Hans Nilsson	London Phoenix CC	V	7:13	21:43
124	16:04	Andrew Grant	Chelmer CC	V	8:32	23:08
<b>125</b>	<b>16:05</b>	<b>Matthew Saunders</b>	<b>Team Vision Racing - Silverhook</b>	<b>V</b>	<b>5:33</b>	<b>19:56</b>
126	16:06	Simon Plant	Newmarket Cycling & Triathlon Club	V	5:57	20:22
127	16:07	Chris Shaw	Fenland Clarion CC	V	6:52	21:21
128	16:08	Patrick Charlton	Wolsey RC	V	7:42	22:15
129	16:09	Noel Toone	Kettering CC	V	7:53	22:26
<b>130</b>	<b>16:10</b>	<b>Liam Maybank</b>	<b>Twickenham CC</b>	<b>V</b>	<b>4:26</b>	<b>18:45</b>