

Congleton CC on behalf of Manchester DC

Present:

RTTC 50 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 29TH AUGUST 2021

START SHEET

MYWINDSOCK



50

50 MILE TIME TRIAL

 **KALAS**



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



RTTC 50 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



CHAMPIONSHIP AWARDS



OVERALL

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

TEAM CHAMPIONS

(Men & Women)

Gilt RTTC Medallions and Championship Shield

AGE AWARDS

(Men & Women)

age awards to the fastest in each of the following:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

A prize presentation will take place after the event with the engraved awards being posted out as soon as possible.



Congleton Cycling Club

On Behalf of Manchester District Committee

Present

The RTTC 50 Mile Time Trial Championship. Sunday August 29th 2021

Start 07:30 hrs.

BBAR Qualifier and Counting Event

(Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations)

Event HQ: Goostrey Village Hall, CW4 8PE (open from 06:00 hrs)
on the A50 approx. 1 mile north of Holmes Chapel. PARKING AVAILABLE.
PLEASE – NO SHOEPLATES IN THE HALL and make sure no oil drops on the floor.

Course: J 4/9

Timekeepers: Tony Millington and Christine White (Start).
Phil Heaton and Martin Jackson, (Finish)

Numbers - will be at the HQ. **Body numbers** must be placed low down on the back and **arm numbers** on both shoulders facing forwards.

Numbers Stewards – Georgina Norton, George Brockbank. Mick Hutchins.

Event Secretary Bob Norton 52 Vicarage Lane, Elworth, Sandbach, Cheshire CW11 3BU.

Phone 01270-765510 or 07584839254. E mail, nortonbob4@gmail.com

Car Parking There will be car parking at the HQ with an overflow car park in an adjacent field.
Please park as indicated by a car park steward.

Riders Notes.

- 1. DO NOT PARK** near the Start/Finish area – there is plenty of parking at the HQ
- 1.** No U-Turns on the course or at the start or finish areas.
- 2.** Head up riding at all times, Observers are being used during this event. Dangerous riding is endangering the future of our sport.
- 3.** Results will be displayed at the HQ, do not bother the timekeeper.
- 4.** Riders must exercise care at all road junctions. Any competitor who's riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
- 5.** A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. This practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as contravention of Regulation 47(i), (iii) & (v).



6. **Cycling Time Trials** strongly advise you to wear a **HARD-SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 but **ALL JUNIOR** competitors must wear Protective Hard Shell Helmets.
7. **You must have a working rear light**, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. **You will not be allowed to start without one**. Congleton Cycling Club also recommend a flashing front light.
8. This is a circuit course, so there will be rider overlap. The onus is on you to avoid company riding. There will be observers on the course.
9. There will be a portaloos near the start line for the use of competitors.

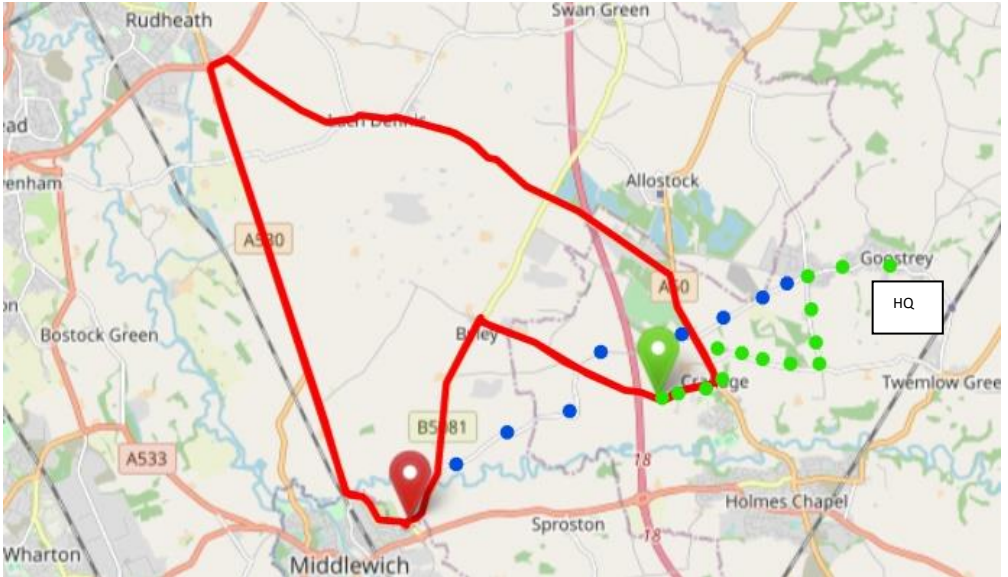
Thank you to all riders for supporting the event; we hope you will have a safe and successful ride

Refreshments: These have been prepared by Goostrey Women's Institute, and members of Congleton C.C. They will be available in the Headquarters. Exchange your number for free drink. Please give a minimum £1 donation for cakes / sandwiches. All donations will go to the north West Air Ambulance (Congleton CC's nominated charity for 2021)

Commemorative Mug. Every Competitor and event volunteer will receive a free 50 Championship commemorative mug. You can collect these from the rider sign on/sign off desk in the HQ.

Covid Precautions : At the time of writing, Goostrey Village Hall and Congleton Cycling Club request that you wear a mask whilst moving around in the HQ. There is also currently a one way system in operation. Please observe the precautions on the entrance door on the day.





Directions to the Start: Green dots on map

Turn L from HQ. Proceed to the first cross roads (1 m), where L on Hermiage Lane. Turn R at crossroads on Twemlow Lane. Proceed to junction with A50. Turn Left on A50, then take first R (Caution) into Byley Lane. The start is approximately half a mile just before a bridge over the M6. The distance from HQ to start is 3.5 miles so allow 15 minutes.

Directions from Finish to HQ: Blue dots on map

Continue on course and turn right 0.3 mile after Finish Line, into Byley Lane. Go straight on at all cross roads to return to the HQ, which is 5 miles from the finish.

Warm-Up Zone

For minimum disruption and pleasant conditions, please use Middlewich Road (Byley Lane to A50).

Safety notes

1. At Rudheath where Pennys Lane joins the A556 dual Carriageway exercise extreme caution. Do not swing out into the road. Unsafe riding will be reported and action may be taken.
2. At Byley there is a right turn into Moss Lane. Again, exercise extreme caution. Give a right turn signal on approach, give way to oncoming traffic and do not cut the corner.
3. Take care when crossing the M6 bridge on the B5082 Northwich Road. The surface is very poor and potholed.
4. A section of the A530 (King Street) had chippings put down it on July 29th.



J4/9 Course Description.	Inter Miles	Total Miles
Start in Byley Lane, Cranage, at 10th fence post east of yellow "Underground Cable" marker, on east side of M6 bridge, outside Cranrose Equestrian Centre & Rose Bank Farm. Proceed east to		
Cranage (CARE at junction): Left along A50 to	0.478	0.478
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	1.404
Rudheath (CARE at junction): Left along the A556 to	4.186	5.590
King Street Island: Left along the the A530/B5309 to traffic lights at junction with	0.145	5.735
Centurion Way: Filter left at the traffic lights via an un-named traffic island to	3.615	9.350
Byley Road Corner (Kinderton): Left along the B5801 to	0.562	9.912
Byley Cross Roads: RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	11.725
Cranage (CARE at junction): Left along A50 to commence a 2nd lap to	2.097	13.822
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	14.748
Rudheath (CARE at junction): Left along the A556 to	4.186	18.934
King Street Island: Left along the the A530/B5309 to traffic lights at junction with	0.145	19.079
Centurion Way: Filter left at the traffic lights via an un-named traffic island to	3.615	22.694
Byley Road Corner (Kinderton): Left along the B5801 to	0.562	23.256
Byley Cross Roads: RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	25.069
Cranage (CARE at junction): Left along A50 to commence a 3rd lap to	2.097	27.166
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	28.092
Rudheath (CARE at junction): Left along the A556 to	4.186	32.278
King Street Island: Left along the the A530/B5309 to traffic lights at junction with	0.145	32.423
Centurion Way: Filter left at the traffic lights via an un-named traffic island to	3.615	36.038
Byley Road Corner (Kinderton): Left along the B5801 to	0.562	36.600
Byley Cross Roads: RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	38.413
Cranage (CARE at junction): Left along A50 to commence a 4th lap to	2.097	40.510
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	41.436
Rudheath (CARE at junction): Left along the A556 to	4.186	45.622
King Street Island: Left along the the A530/B5309 to traffic lights at junction with	0.145	45.767
Centurion Way: Filter left at the traffic lights via an un-named traffic island to	3.615	49.382
Byley Road Corner (Kinderton): Left along the B5801 to	0.562	49.944
Finish on B5081, at first grid on left, after entrance to Kinderton Hall	0.056	50.000



Acknowledgements Congleton Cycling Club would like to thank MyWindsock for sponsoring the event

From the World Tour to the Club 10.
myWindsock.com course forecasts and analysis
are assisting competitive cyclists in maximising
their performance.



myWindsock.com

We would also like to thank Bidlea Dairy, The Orchards Farm, Twemlow Lane, Holmes Chapel, CW4 8DS, for the use of the field adjacent to Goostrey Village Hall as an overflow car park.
Website BidleaDairy.co.uk Telephone 01477 544777



Number	Start Time	Name	Club/Team	Cat
		WOMEN		
1	07:31:00	Alison Stephenson	Congleton CC	C
2	07:32:00	Helen Richards	Passion Fit Phoenix Evolution	
3	07:33:00	Fran Walker	Chorley Cycling Club	C
4	07:34:00	Kerry Gleave	Congleton CC	D
5	07:35:00	Michelle Fairclough	Salford Cycling Club	B
6	07:36:00	Jenny Hill	Army Cycling	
7	07:37:00	Alice Taylor	Congleton CC	
8	07:38:00	Liz Batt	Buxton CC/Sett Valley Cycles	D
9	07:39:00	Sue Cheetham	North Lancashire Road Club	D
10	07:40:00	Teresa Robbins	Reading CC	B
11	07:41:00	Lucy Rogers	Congleton CC	C
12	07:42:00	Laura Paine	Socks4Watts Race Team	
13	07:43:00	Lydia Dant	Passion Fit Phoenix Evolution	
14	07:44:00	Keri Parton	Pro Vision RC	
15	07:45:00	Anna Weaver	East Lancashire RC	
16	07:46:00	Deborah Moss	Team Merlin	C
17	07:47:00	Michelle Van Deventer	Cheltenham & County Cycling Club	
18	07:48:00	Elsbeth Grace	Cambridge University CC	
19	07:49:00	Joanne Rea	Team Kirkley Cycles	
20	07:50:00	Faye Faber	CycleCoach.com	
21	07:51:00	Laura Pittard	Brother Uk - Team OnForm	
22	07:52:00	Emma Bexson	Stratford Cycling Club	B
23	07:53:00	Joanna Cebrat	Bury Clarion CC	A
24	07:54:00	Tina Reid	VC de Londres	D
25	07:55:00	Sally Turner	trainSharp	A
27	07:57:00	Jennifer George	The Independent Pedaler - NopinZ	
29	07:59:00	Christina Murray	Army Cycling	B
31	08:01:00	Joanna Patterson	The Independent Pedaler - NopinZ	
33	08:03:00	Emily Martin	Weaver Valley CC	
35	08:05:00	Alex Clay	The Independent Pedaler - NopinZ	
		MEN		
36	08:06:00	David Farrington	Congleton CC	C
37	08:07:00	Brian Parker	Rugged & Refined CC	B
38	08:08:00	Miles Haslam	Buxton CC/Sett Valley Cycles	E
39	08:09:00	John Gemmell	Ayr Roads CC	E
40	08:10:00	Paul Breeze	Peterborough CC	D
41	08:11:00	Gavin Rogers	Total Tri Training	C
42	08:12:00	Simon Phillips	Stockport Tri Club	E
43	08:13:00	Kelvin Milward	Congleton CC	D



44	08:14:00	Thomas Brabbin	Halifax Imperial Wheelers	
45	08:15:00	David Berry	Wigan Whs CC	
46	08:16:00	Graham Howell	Element Cycling Team	
47	08:17:00	Euan Tebbutt	Cambridge University CC	
48	08:18:00	Rob Milnes	Thanet RC	A
49	08:19:00	Mat Wilson	VTTA (London & Home Counties)	A
50	08:20:00	Michael Greaney	Stockport Clarion CC	B
51	08:21:00	Andy Milligan	Weaver Valley CC	C
52	08:22:00	Randle Shenton	Legato Racing Team (LRT)	E
53	08:23:00	Andy Gray	Congleton CC	B
54	08:24:00	Benjamin Williams	Cliff Pratt Racing	
55	08:25:00	Philip Gleave	Congleton CC	
56	08:26:00	Andy Tucker	Newbury Velo	B
57	08:27:00	Dan Prescott	Wigan Whs CC	A
58	08:28:00	Mat Stephenson	Congleton CC	C
59	08:29:00	Matthew Wales	Pirate juice cc	
60	08:30:00	Michael Edmunds	Verulam Really Moving	D
61	08:31:00	Gav McDonald	Ayr Roads CC	C
62	08:32:00	Phil Hull	East Lancashire RC	A
63	08:33:00	Ed Neilson	Vive Le Velo	A
64	08:34:00	Edward Longinotti	Mercedes AMG Petronas CC	
65	08:35:00	Daniel Chesters	Warrington Road Club/Horton Light Engineering	B
66	08:36:00	Mick Stevens	Melton Olympic CC	G
67	08:37:00	Bradley Murphy	SKCC	B
68	08:38:00	Alistair Rutherford	Manchester Bicycle Club	A
69	08:39:00	Derek McMillan	SVTTA	E
70	08:40:00	Mark Benson	Chester Triathlon Club	A
71	08:41:00	Andy Ashurst	Manchester Wheelers	D
72	08:42:00	Alan Broadbent	Graham Weigh Racing-Deeside Olympic	B
73	08:43:00	Andy Wright	Total Tri Training	
74	08:44:00	Liam Somerville	Bike Jockey CC	
75	08:45:00	Alastair Ribbands	Manchester Wheelers	
76	08:46:00	Tristan Pilling	University of Derby Cycling Club	
77	08:47:00	Ed Moss	Beacon Roads CC	C
78	08:48:00	Gregory Woodford	Reading CC	E
79	08:49:00	Antony Brown	George Fox Cycling Solutions	E
80	08:50:00	Ian Hope	Team Solo Vinci	B
81	08:51:00	James Pittard	Didcot Phoenix CC	
82	08:52:00	David Parkin	Chorley Cycling Club	
83	08:53:00	Simon Bowler	AS Test Team	D
84	08:54:00	John Mulvey	UpShift Nutrition Race Team	
85	08:55:00	Ben Norbury	Congleton CC	



86	08:56:00	Philip Kennell	GS Metro	C
87	08:57:00	Jack Kellam	Cambridge University CC	
88	08:58:00	Gavin McCloskey-Lambert	Manchester Wheelers	
89	08:59:00	Mark Hamer	Stratford Cycling Club	B
90	09:00:00	Colin Parkinson	South Western Road Club	D
91	09:01:00	Julian MacBride	Team Kirkley Cycles	
92	09:02:00	Sam Taylor	Weaver Valley CC	
93	09:03:00	Andy Critchlow	Norwood Paragon CC	B
94	09:04:00	Richard Smith	Army Cycling	
95	09:05:00	Michael Nagi	Wokingham Cycling Club	
96	09:06:00	Jamie Sparrow	Kings Lynn CC	B
97	09:07:00	Tim May	PDQ Cycle Coaching	A
98	09:08:00	George Fox	George Fox Cycling Solutions	
99	09:09:00	Ronnie Stone	Regents Park Rouleurs	B
100	09:10:00	Ben Stead	3 RT	
102	09:12:00	Jack Levick	Rose Race Team	
104	09:14:00	Toby Williams	Velotik Racing Team	
106	09:16:00	Ashley Cox	Team Bottrill	
108	09:18:00	Chris Smart	GTR - Return To Life	A
110	09:20:00	Will Bjergfelt	AeroCoach	A
112	09:22:00	Phil Williams	Team Bottrill	
114	09:24:00	Matt Gibson	Ribble Weldtite Pro Cycling	
116	09:26:00	Christopher Fennell	The Independent Pedaler - Nopinz	
118	09:28:00	Tom Hutchinson	Team Bottrill	
120	09:30:00	Matthew Smith	DRAG2ZERO	A





Best-selling author William Fotheringham has teamed up with Cycling Time Trials to offer selected women's time trial championship finishers in 2021 the chance to win copies of William's biography of Britain's greatest ever woman time triallist, Beryl Burton. Published in late 2019, *The Greatest: the Times and Life of Beryl Burton* was written with the help of Beryl's daughter Denise, and other members of the time trialling fraternity including the late Mike McNamara.

Five signed copies of *The Greatest* will be given away after each of the following CTT women's championships: the '100' on July 4, the '25' on August 8, the '50' on August 29, and the '10' on September 11. The books will be given to the five riders who finish closest – either slower or faster - to the time Burton set in winning the respective championship for the final time. In addition, five more will be given at the end of the season to the five riders finishing closest – again slower or faster – to the speed Burton set in winning her last BAR in 1983.

"I've been wanting to offer some copies of the book to Beryl Burton's successors today for some time," said Fotheringham, "but last year it seemed a bit complicated to do anything because we were in the middle of the Covid-19 pandemic. The idea is that rather than give copies to the fastest finishers in each event, we can spread the prizes around, and also offer up a direct comparison with the times that Burton was setting, without aerodynamic aids of course. For example, Burton's 1983 BAR speed would have earned her 10th place in 2019. It just seems like a fun way of commemorating Britain's greatest time triallist."

Burton last won the '25' and '50' in 1986, with times of 1-1-43 and 2-03-47 respectively. Her last victories in the '10' and '100' came in 1981, with times of 23-17 and 4-13-17. Her average for her 25th and last BAR in 1983 was 25.219mph.

In addition, CTT members will be able to claim a 15% discount on copies of *The Greatest* bought through Fotheringham's website www.williamfotheringham.com between July 4 and October 31, when the national hill-climb championship will close the 2021 season.



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 **KALAS**

2020 50 MILE TIME TRIAL CHAMPIONS



Kyle Gordon



Emily Meakin



GS Metro



Blaydon CC



www.cyclingtimetrials.org.uk



NOTES TO COMPETITORS

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF. N.B. Extenuating circumstances may be considered.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15, all competitors under the age of 18 and/or juniors must wear protective hard shell helmets.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



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0114 287 9319

Cycling Time Trials

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