



OPEN 10 MILE TIME TRIAL

SATURDAY 28th August 2021 at 14.00hrs

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

START SHEET

Timekeepers: Richard Abram, Keith Bickley

Event Secretary: Dougi Hall Rose Cottage, Crackenthorpe, Appleby, CA16 6AF 07802238694

AWARDS

1 st Fastest	£70.00	1 st Vet 40	£30.00
2 nd Fastest	£50.00	2 nd Vet 40	£20.00
3 rd Fastest	£40.00	3 rd Vet 40	£15.00
1 st Lady	£30.00	1 st Vet 50	£30.00
2 nd Lady	£20.00	2 nd Vet 50	£20.00
3 rd Lady	£15.00	3 rd Vet 50	£15.00
1 st J	£20.00	1 st Vet 60 +	£30.00
2 nd J	£15.00	2 nd Vet 60 +	£20.00
1 st Line 1 Improvement	£17.00	3 rd Vet 60 +	£15.00
2 nd Line 1 Improvement	£12.00		

Please note : One Rider One Prize PRESENTED IMMEDIATELY AFTER THE EVENT.

COURSE L108: START on the A685 road approximately half a mile west of the western link to Newbiggin-on Lune at a point at the west side of a concrete plinth approximately 25 yards west of a concreted area on a bridge over a small stream (Start is identified with a white mark on the road).

Proceed west along the A685 to TURN by encircling the first traffic island at Tebay (5.1 miles).

Retrace along the A685 to FINISH at a point approximately 0.2 miles short of the start point at a grate on the north side of the road identified with a white mark on the road. (10 miles)

EVENT HEADQUARTERS: Newbiggin on Lune Methodists Church CA17 4NT **HQ FOR TOILETS ONLY UNLESS WEATHER IS BAD WE WILL HAVE SIGNING ON INSIDE** Methodists hall 1st on left as you enter village Please Park considerately and do not annoy the residents. [Newbiggin Methodist Chapel](#)

LOCAL REGULATIONS: The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local reg No. 5: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local reg No. 6: Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local reg No. 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations).

Riders must NOT ride with their heads down.

Riders must call their numbers at the finish and elsewhere on the course if requested.

Riders **must sign in & out** failure to comply will result in no time being awarded (dnf).

Helmets. All competitors under the age of 18 and/or Juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (See regulation 15). CTT strongly recommends ALL competitors wear such a helmet.

Competitors' Machine Lights. It is mandatory that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

I wish a safe and fast ride to all.

No.	Start Time	Name	Club	M/F	Age	Cat	LTS 10
1	14:01:00						
2	14:02:00						
3	14:03:00						
4	14:04:00	Carol Westmorland	Border City Whs CC	F	52	Vet	00:23:35
5	14:05:00	Austin Foy	North Lancashire Road Club	M	44	Vet	00:21:25
6	14:06:00	Basil Monks	Lancashire RC	M	33	Sen	00:22:11
7	14:07:00	Sophie Heighton	Ferryhill Whs	F	14	Juv	00:25:19
8	14:08:00	Chris Scaife	Teesdale CRC	M	52	Vet	00:23:40
9	14:09:00	Caroline Ratcliff	Ferryhill Whs	F	56	Vet	00:25:57
10	14:10:00	Craig Horseman	Beacon Wheelers	M	47	Vet	00:19:13
11	14:11:00	Russ Richardson	Teesdale CRC	M	64	Vet	00:20:38
12	14:12:00	Bill Maxwell	Border City Whs CC	M	73	Vet	00:23:06
13	14:13:00	Andy Whitehead	Seamons CC	M	58	Vet	00:24:32
14	14:14:00	Caroline Heighton	Ferryhill Whs	F	43	Vet	00:28:49
15	14:15:00	Paul Taylor	North Lancashire Road Club	M	52	Vet	00:21:21
16	14:16:00	Howard Cain	Border City Whs CC	M	44	Vet	00:22:07
17	14:17:00	Martyn Blenkinship	Beacon Wheelers	M	50	Vet	00:21:40
18	14:18:00	Rachael Maxwell	Border City Whs CC	F	51	Vet	00:25:27
19	14:19:00	John Leach	Rosendale RC	M	76	Vet	00:25:16
20	14:20:00	Alistair Woodman	FTP (Fulfil The Potential) Racing	M	51	Vet	00:20:28
21	14:21:00	Mike Westmorland	Border City Whs CC	M	76	Vet	00:22:05
22	14:22:00	Alan Turnbull	Hawick Cycling Club	M	52	Vet	00:22:55
23	14:23:00	Simon Myerscough	Ribble Valley C&RC	M	51	Vet	00:24:26
24	14:24:00	Howard Heighton	Ferryhill Whs	M	48	Vet	00:23:09
25	14:25:00	Phil Shaw	Kent Valley RC	M	54	Vet	00:21:20
26	14:26:00	Greg Plummer	Springfield Financial Racing Team	M	61	Vet	00:22:05
27	14:27:00	Brian Morrell	Dumfries CC	M	61	Vet	00:23:33
28	14:28:00	Paul Tyler	Ferryhill Whs	M	63	Vet	00:24:59
29	14:29:00	Taresa Biddle	Border City Whs CC	F	43	Vet	00:30:06
30	14:30:00	John Fiddies	Team Lusso	M	54	Vet	00:20:11
31	14:31:00	Richard Tyson	Rock to Roll CC	M	54	Vet	00:21:34
32	14:32:00	Richard Durham	Settle Wheelers	M	67	Vet	00:22:53
33	14:33:00	William Armstrong	Velo Club Cumbria	M	67	Vet	00:24:23
34	14:34:00	David Tinker	Clayton Velo	M	63	Vet	00:32:40
35	14:35:00	Kenneth Brown	Velo Club Cumbria	M	40	Vet	00:21:17
36	14:36:00	Peter Greenwood	Clayton Velo	M	69	Vet	00:21:23
37	14:37:00	Mark Brownless	Teesdale CRC	M	49	Vet	00:23:27
38	14:38:00	Peter Haigh	Nelson Whs CC	M	67	Vet	00:25:06
39	14:39:00	Zoe Forbes	Bolsover and District CC	F	28	Sen	
40	14:40:00	Richard Nesfield	Beacon Wheelers	M	37	Sen	00:20:06
41	14:41:00	Sean Quinn	Law Wheelers	M	48	Vet	00:21:26
42	14:42:00	Steve Thornton	Pendle Forest CC	M	53	Vet	00:22:40
43	14:43:00	Theresa Taylor	Ribble Valley Crossroads Care Cycling Team	F	61	Vet	00:24:23
44	14:44:00	Clifford Degraff	Velo Club Cumbria	M	56	Vet	00:25:51
45	14:45:00	Lee Foster	Border City Whs CC	M	72	Vet	00:22:31
46	14:46:00	Scott Taylor	Springfield Financial Racing Team	M	58	Vet	00:22:03
47	14:47:00	David Tobin	Manchester Wheelers	M	58	Vet	00:23:21
48	14:48:00	Esther Hamill	Dumfries CC	F	45	Vet	00:25:13
49	14:49:00	Tim Burdon	Allen Valley Velo	M	41	Vet	
50	14:50:00	Henry Moss	Barrow Central Wheelers	M	26	Sen	00:19:47
51	14:51:00	Jon Longworth	Bury Clarion CC	M	51	Vet	00:21:26
52	14:52:00	Terry Parvin	Ferryhill Whs	M	61	Vet	00:22:31
53	14:53:00	Alex Forbes	Border City Whs CC	M	61	Vet	00:24:13
54	14:54:00	Andrew Carlile	Border City Whs CC	M	41	Vet	00:25:43
55	14:55:00	Adrian Sowerby	Border City Whs CC	M	56	Vet	00:20:56
56	14:56:00	Ben Lovell	Kent Valley RC	M	55	Vet	00:22:01
57	14:57:00	Nick Higginson	Cleleys Road Club	M	41	Vet	00:23:15
58	14:58:00	Peter Harridge	Tyneside Vagabonds CC	M	65	Vet	00:24:51
59	14:59:00	Derek Black	Wigan Whs CC	M	72	Vet	00:28:33
60	15:00:00	Ross Walton	GS Metro	M	34	Sen	00:19:34
61	15:01:00	Simon Horsley	Legato Racing Team (LRT)	M	57	Vet	00:21:40
62	15:02:00	Roy Nield	East Lancashire RC	M	52	Vet	00:21:10
63	15:03:00	David Gibson	Border City Whs CC	M	61	Vet	00:23:51
64	15:04:00	Brian Moore	The Tricycle Association - N W Region	M	67	Vet	00:31:40
65	15:05:00	Bryan Pool	Border City Whs CC	M	58	Vet	00:20:55
66	15:06:00	Rachel Brown	Stomp the Pedal	F	35	Sen	00:21:53
67	15:07:00	Karen Bailey	East Lancashire RC	F	44	Vet	00:23:12
68	15:08:00	Louise Hamilton	The Bike Rack CC	F	51	Vet	00:24:32
69	15:09:00	Kieran Brownless	Teesdale CRC	M	17	Jun	00:26:40
70	15:10:00	Jason Bateman	VTTA North Lancs and Lakes Group	M	49	Vet	00:19:26
71	15:11:00	Stephen Spellacy	Dumfries CC	M	49	Vet	00:21:24
72	15:12:00	Mick Braithwaite	Cybele Cycling Club	M	50	Vet	00:22:13
73	15:13:00	Kevin Crawley	Border City Whs CC	M	59	Vet	00:23:43
74	15:14:00	Emma Glen	Cybele Cycling Club	F	44	Vet	00:26:32
75	15:15:00	Lee Davison	Border City Whs CC	M	42	Vet	00:20:44
76	15:16:00	David Wright	Warrington Road Club/Horton Light Engineering	M	62	Vet	00:21:48
77	15:17:00	Gordon Johnston	Team Terminator	M	83	Vet	00:26:13
78	15:18:00	Alan Ottiwell	Warrington Road Club/Horton Light Engineering	M	71	Vet	00:24:43
79	15:19:00	Cameron Turner	Malton Whs	M	52	Vet	00:25:23
80	15:20:00	Douglas Watson	GTR - Return To Life	M	48	Vet	00:18:25