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'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS'

Saturday 25th September 2021 R10/17 – 9.00am

Timekeepers – Start: Richard Wilder, Finish: Martyn Heritage Owen

EVENT SEC: Heather Williams, 11, Cilgant Y Meillion, Rhoose Point. CF62 3LH Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.

Event Headquarters - Llanarth Village Hall (NP15 2AU) – open from 8.00am

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A <u>HARD SHELL HELMET</u> THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

<u>Course Description R10/17, Abergavenny</u> A40 Hardwick - Raglan and return

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

Prize List:

Overall **1st** £20, **2**nd £15, **3**rd £10, 1st Lady £20, 2nd Lady £15, 3rd Lady £10, 1st Vet Male £15, 1st Vet Lady £15,

Please do not use adhesive tape to affix your race number, use the pins provided.

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	09:01:00	Gary	Jones	Pontypool Road Cycling Club	Male	Veteran
2	09:02:00	Paul	Cann	PDQ Cycle Coaching	Male	Veteran
3	09:03:00	Hollie	Labunsky	Port Talbot Whs CC	Female	Senior
4	09:04:00	Eamonn	Sheridan	Warwickshire Road Club	Male	Veteran
5	09:05:00	Lee	Francis	Velo Club Bristol	Male	Senior
6	09:06:00	Anne	Clark	PDQ Cycle Coaching	Female	Veteran
7	09:07:00	David	Steel	Hereford & Dist Whs CC	Male	Veteran
8	09:08:00	Leon	Evans	Cardiff Ajax CC	Male	Veteran
9	09:09:00	Robert	Baynton	PDQ Cycle Coaching	Male	Veteran
10	09:10:00	Alistair	Morgan	Pontypool Road Cycling Club	Male	Veteran
11	09:11:00	Peter	Wilson	Bath Cycling Club	Male	Veteran
12	09:12:00	Rebecca	Comins	Newport Phoenix CC	Female	Veteran
13	09:13:00	Hugh	Davies	Port Talbot Whs CC	Male	Veteran
14	09:14:00	Mark	Evans	Chippenham & District Wheelers	Male	Veteran
15	09:15:00	Roger	Taylor	Frome and District Wheelers	Male	Veteran
16	09:16:00	John	Aspell	PDQ Cycle Coaching	Male	Veteran
17	09:17:00	John	Shehan	Port Talbot Whs CC	Male	Veteran
18	09:18:00	Paul	Rogoll	PDQ Cycle Coaching	Male	Veteran
19	09:19:00	Geoff	Edgerton	North Shropshire Wheelers	Male	Veteran
20	09:20:00	Clare	Greenwood	Bush Healthcare CRT	Female	Veteran
21	09:21:00	Mike	Broadbent	Port Talbot Whs CC	Male	Veteran
22	09:22:00	Brad	Davies	Bynea Cycling Club	Male	Veteran
23	09:23:00	Rosey	Mushens	73 Degrees Bicycles, WestSide Coaching	Female	Veteran
24	09:24:00	Haydn	Davies	Giant CC Halo Films	Male	Veteran
25	09:25:00	Chris	Truman	Velo Club Bristol	Male	Veteran
26	09:26:00	Christopher	Huxley	Stratford Cycling Club	Male	Veteran
27	09:27:00	Michael	Cheung	Cwmcarn Paragon Road Club	Male	Veteran
28	09:28:00	George	Comins	Royal Navy & Royal Marines CA	Male	Espoir
29	09:29:00	Jeffrey	Rees	Virtual Cycling Club	Male	Veteran
30	09:30:00	Tomos	Perkins	VMCC powered by Y Beic	Male	Junior
31	09:31:00	Paul	Mulready	Bridgnorth Cycling Club	Male	Veteran
32	09:32:00	Deborah	Sheridan	Warwickshire Road Club	Female	Veteran
33	09:33:00	Marco	Marletta	Cardiff Jif	Male	Veteran
34	09:34:00	John	Williams	Bynea Cycling Club	Male	Veteran
35	09:35:00	Dan	Laasna Reuter	Virtual Cycling Club	Male	Veteran
36	09:36:00	Richard	Coleman	Stourbridge Velo	Male	Veteran
37	09:37:00	Digby	Rusling	Royal Dean Forest Cycle Club	Male	Veteran
38	09:38:00	Vincent	Douglas	Gloucester City Cycling Club	Male	Veteran
39	09:39:00	Steve	Curry	Ogmore Valley Wheelers	Male	Veteran
40	09:40:00	Justin	Ford	CC Blaenau Gwent	Male	Veteran
41	09:41:00	Barrie	Whittaker	Lyme Racing Club	Male	Veteran
42	09:42:00	Roger	Wood	Pontypool Road Cycling Club	Male	Veteran
43	09:43:00	Clinton	Evans	CC Blaenau Gwent	Male	Veteran
44	09:44:00	David	Thomas	Rhondda Triathlon Club	Male	Veteran

Have a safe ride and we hope to see you again at the other Sportzmad events

45	09:45:00	Kevin	Grant	Frome and District Wheelers	Male	Veteran
46	09:46:00	Geoff	Thomas	Towy Riders Cycle Club	Male	Veteran
47	09:47:00	Wayne	Williams	PeaceFIT Racing	Male	Senior
48	09:48:00	Matt	McLen-Howells	Pontypool Road Cycling Club	Male	Veteran
49	09:49:00	Dean	Prosser	Hereford & Dist Whs CC	Male	Veteran
50	09:50:00	Dan	Cutting	Ludlow CC	Male	Veteran
51	09:51:00	Kevin	Garland	PDQ Cycle Coaching	Male	Veteran
52	09:52:00	lan	Taylor	Beacon Roads CC	Male	Veteran
53	09:53:00	Christopher	Davis	Giant CC Halo Films	Male	Veteran
54	09:54:00	Brett	Lowndes	Pro Vision RC	Male	Veteran
55	09:55:00	Mark	Sanders	Mid Devon CC	Male	Veteran
56	09:56:00	Gary	Jones	Successcycling.co.uk	Male	Veteran
57	09:57:00	Dan	Kingston	Cwmcarn Paragon Road Club	Male	Veteran
58	09:58:00	Peter	Loader	Mid Devon CC	Male	Veteran
59	09:59:00	Martin	Lines	Worcester St. Johns CC	Male	Veteran
60	10:00:00	Kyle	Jones	WORX Factory Racing by Silverstone	Male	Junior
61	10:01:00	Chris	Vellacott	Royal Navy & Royal Marines CA	Male	Veteran
62	10:02:00	Jon	Howard	Team Echelon	Male	Veteran
63	10:03:00	Lloyd	Dobson	Army Cycling	Male	Senior
64	10:04:00	Harry	Loader	Mid Devon CC	Male	Senior
65	10:05:00	Simon	Gaywood	Portishead Cycling Club	Male	Veteran
66	10:06:00	Joanna	Knight	Bristol South Cycling Club	Female	Veteran
67	10:07:00	Edd	Charlton-Weedy	Army Cycling	Male	Senior
68	10:08:00	Jessica	Rhodes-Jones	AeroCoach	Female	Senior
69	10:09:00	David	Francis	Tribe of one (FTV)	Male	Veteran
70	10:10:00	David	Leighton	Severn Road Club	Male	Veteran
71	10:11:00	Andrew	Parnowski	City Cycle Couriers RT	Male	Veteran
72	10:12:00	Ben	Jones	Cycle Specific	Male	Senior
73	10:13:00	Jason	Streather	PDQ Cycle Coaching	Male	Veteran
74	10:14:00	Gerry	Bowditch	Pontypool Road Cycling Club	Male	Veteran
75	10:15:00	Martin	Stanley	Worcester St. Johns CC	Male	Veteran
76	10:16:00	B Xavier	Disley	AeroCoach	Male	Senior
77	10:17:00	Matt	Burden	73 Degrees Bicycles, WestSide Coaching	Male	Veteran
78	10:18:00	Conrad	Moss	Primera-Teamjobs	Male	Veteran
79	10:19:00	Owen	Burgess	Newport Phoenix CC	Male	Senior
80	10:20:00	Arthur	Franklin	FTP (Fulfil The Potential) Racing	Male	Senior
82	10:22:00	Mark	Bradley	Bristol South CC (Tandem)	Male	Veteran
	10:22:00	Andrew	Legge	Bristol South CC (Tandem)	Male	Veteran