



Open 10 mile Time Trial

Easter Sunday 16th April 2017

START SHEET

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

HEADQUARTERS

Broadmayne village hall, Cowleaze Road, Broadmayne, DT2 8EW. www.broadmaynevillagehall.btck.co.uk

Directions: From A352 turn south into Chalky Road at cross roads in the centre of Broadmayne village, then take the next left turn into Cowleaze Road. The village hall is on the south side of Cowleaze Road in front of playing fields. Parking is available in the hall carpark, along Cowleaze Road, and South into Osmington Drove. Please park considerately, avoiding disturbance to the local residents. The hall will be open from 08:15 for sign-on and collection of race numbers. Refreshments and toilet facilities available. After the event, race numbers to be returned to the HQ, where they can be exchanged for a free drink. There will be a short prize giving ceremony at around 11:00.

START

Please allow at least 15 minutes to ride between the HQ and the start. From the HQ head east along the A352 to the Warmwell Cross roundabout. Take care crossing the roundabout. The start is on the A352, 220yds east of the Warmwell Cross roundabout at the point 34yds past the 5th drain cover from the roundabout.

COURSE P451/10

Proceed East from the start along the A352 to Burton Cross Roundabout (5.28 miles). Circle and retrace to the FINISH at white line in front of concrete gatepost opposite easternmost break in dual carriageway where footpath crosses road and 0.67 miles east of start. When returning to the HQ, please take care crossing the roundabout.



TIMEKEEPERS

Ros Spencer, Joan Price, and Justin Oakley.

ORGANISER

Andrew Jackson, 07977 980621, ttsecretary@ccweymouth.co.uk

SAFETY / REGULATIONS

- Do not warm up on the course, or make U-turns on the A352.
- At the start, riders must wait on the grass verge, and must not congregate in the carriageway at any point on the A352.
- Take care at turn on roundabout – give way to traffic already on the roundabout.
- After completing the event, riders must not stop or congregate, but proceed back to the HQ.
- In the interests of your Own Safety, Cycling Time Trials and CC Weymouth strongly advise competitors to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Cycling Time Trial regulations require all competitors under the age of 18 years to wear a Hard Shell Helmet
- Use of a working rear light, either flashing or constant, is recommended.
- Head-down riding can cause life changing injuries both to yourself and other competitors. Please keep your head up and concentrate on the road ahead.
- Please familiarize yourself with the course risk assessment.
<http://www.southdc.org.uk/courses/ra/p451.pdf>
- For details of the regulations, please refer to the CTT website:
<https://www.cyclingtimetrials.org.uk/articles/view/11>
- Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

AWARDS

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| • 1 st Man: | £60 |
| • 1 st Woman: | £60 |
| • 1 st Veteran: | £40 (using VTTA standards) |
| • 1 st Team: | £10 each (for fastest 3 riders in the same club) |
| • 1 st Junior (under 18 on 01/01/2016) | £10 |
| • New all comers course record: | £100 |
| • New Women's all comers course record: | £100 |

Note: With the exception of course record, and 1st Team prizes, only one prize per competitor.

COURSE RECORDS

Men's course recorded is 20:03, set by Adam Topham on 19/04/2014. Previously, Matt Illingworth held the record since winning the National 10 mile Time Trial Championship on this course in 1999.

Woman's course record is 23:42, set by Louise Dutch on 25/04/2008.

EVENT ABANDONMENT

Should the event need to be abandoned, this will be done in accordance with CTT guidelines.

<https://www.cyclingtimetrials.org.uk/articles/view/35>

START TIMES

No.	Start time	Name	Club	Category	VTTA Std	Line 1
4	09:04	John Chapman	CC Weymouth	Vet 55	00:27:09	00:21:19
5	09:05	Patryk Witkowski	Bournemouth Jubilee Whs	Senior	-	00:21:08
6	09:06	Duncan Hermer	RLP Racing	Vet 41	00:26:04	00:22:33
7	09:07	Terry Belbin	Poole Whs	Vet 53	00:26:59	00:23:24
8	09:08	Dan Murphy	CC Weymouth	Vet 44	00:26:18	00:24:13
9	09:09	Nick Carroll	Mud Sweatngears CC	Senior	-	00:30:00
10	09:10	Samuel Wadsley	Poole Whs	Espoir	-	00:20:03
11	09:11	Tristan Davenne	Newbury RC	Vet 42	00:26:09	00:21:35
12	09:12	Giles Heaman	Mud Sweatngears CC	Vet 41	00:26:04	00:22:50
13	09:13	Jonney Reay	RLP Racing	Vet 49	00:26:41	00:23:52
14	09:14	Julian Lockwood	Primera-Teamjobs	Vet 51	00:26:50	00:25:07
15	09:15	Bob Richardson	Bournemouth Jubilee Whs	Vet 51	00:26:50	00:21:04
16	09:16	Lee Henderson	Andover Wheelers	Vet 44	00:26:18	00:22:05
17	09:17	Pete Wilson	Bournemouth Arrow CC	Vet 64	00:28:06	00:23:13
18	09:18	Charlie Lawson	CC Weymouth	Senior	-	00:24:12
19	09:19	Matthew Watson	Banbury Star Cycling Club	Espoir	-	00:28:28
20	09:20	Steven Pink	Poole Whs	Senior	-	00:20:01
21	09:21	Jon Brumfield	Poundbury Cyclesport	Vet 44	00:26:18	00:21:21
22	09:22	James Hywel-Davies	Gillingham and District Wheelers / Wheels Cycles	Espoir	-	00:22:48
23	09:23	Tom Temple	Primera-Teamjobs	Junior	-	00:23:45
24	09:24	Mathew White	CC Weymouth	Senior	-	00:25:00
25	09:25	Aaron Kneebone	Royal Navy & Royal Marines CA	Senior	-	00:20:50
26	09:26	Rupert Silman	Bournemouth Jubilee Whs	Vet 40	00:25:59	00:22:19
27	09:27	James Chant	Offcamber	Vet 46	00:26:27	00:23:11
28	09:28	Gary Cure	Bournemouth Arrow CC	Vet 49	00:26:41	00:24:10
29	09:29	Paul Thomas	CC Weymouth	Vet 57	00:27:20	00:28:46
30	09:30	John Samways	Bournemouth Jubilee Whs	Vet 43	00:26:13	00:20:00
31	09:31	Nick Young	Yeovil Cycling Club	Vet 52	00:26:54	00:21:15
32	09:32	Tom Carter	Mud Sweatngears CC	Senior	-	00:22:40
33	09:33	Colin Crocker	Sotonia CC	Vet 66	00:28:23	00:23:42
34	09:34	Robert Latchem	Somer Valley Cycling Club	Vet 72	00:29:26	00:24:35
35	09:35	Patrick Dunn	CC Weymouth	Vet 42	00:26:09	00:20:49
36	09:36	Stuart McPhail	Royal Navy & Royal Marines CA	Senior	-	00:21:45
37	09:37	Jacob Aries	Primera-Teamjobs	Junior	-	00:23:00
38	09:38	Barry Clewett	Velo Club St Raphael	Vet 51	00:26:50	00:24:00
39	09:39	Chris Summers	Sotonia CC	Vet 65	00:28:14	00:25:56
40	09:40	Bryce Dyer	Velo Club St Raphael	Vet 41	00:26:04	00:19:24
41	09:41	Richard Porter	CC Weymouth	Vet 44	00:26:18	00:21:12
42	09:42	Craig Haslam	Team Bottrill / HSS Hire	Vet 43	00:26:13	00:22:37
43	09:43	Derek Dowden	Charlotteville Cycling Club	Vet 59	00:27:32	00:23:32
44	09:44	Nicolas Ireland	CC Weymouth	Vet 51	00:26:50	00:24:34
45	09:45	Charles Rees	Gillingham and District Wheelers / Wheels Cycles	Senior	-	00:20:27
46	09:46	Lou Dutch	Synergie Coaching	Vet 40	00:28:02	00:24:10
47	09:47	Christina Gyles	Bristol South Cycling Club	Senior	-	00:24:43

No.	Start time	Name	Club	Category	VTTA Std	Line 1
48	09:48	Naomi Shinkins	UK-Biking - Bournemouth Cycleworks - Trek	Senior	-	00:26:04
49	09:49	Rachel Hackman	Royal Navy & Royal Marines CA	Vet 51	00:28:58	00:26:29
50	09:50	Rachael Elliott	DRAG2ZERO	Senior	-	00:20:08
51	09:51	Mark Bradley	Bristol South Cycling Club	Vet 52	00:26:54	00:21:42
52	09:52	Mark Boyles	Banbury Star Cycling Club	Vet 42	00:26:09	00:22:34
53	09:53	Jase Cakebread	Christchurch Bicycle Club	Vet 46	00:26:27	00:23:27
54	09:54	Dave Driver	Yeovil Cycling Club	Vet 76	00:30:23	00:24:15
55	09:55	Bryce Riglar	CC Weymouth	Senior	-	00:20:22
56	09:56	Terry Icke	Velo Club St Raphael	Vet 73	00:29:39	00:21:00
57	09:57	Matt Heaman	Severn Valley Cycles	Vet 50	00:26:45	00:22:57
58	09:58	Adrian Watkins	Tornado Road Cycling Club	Vet 49	00:26:41	00:23:56
59	09:59	Robert Jolliffe	New Forest CC	Vet 64	00:28:06	00:25:52
60	10:00	Lewis Keightley	Team Bottrill / HSS Hire	Senior	-	00:19:15