

What is and isn't acceptable ??

If you have to enquire whether any equipment is OK then it probably isn't !!!

The event is for standard road bikes and riders wearing normal road riding gear.

No tri bars -no disc wheels -no aero helmets-use your common sense -would you ride to the shops in it ☺

You don't want to look a chopper do you ??

The final decision is down to the start officials-if they don't like the look of something you won't be allowed to start.

Basically use your common sense !