

Hainault Hilly 2022.

Riders briefing notes.

1. Following the very wet and windy weather we have had over the last few weeks there are a number of overhanging trees and hedges, road sides damaged and in some places the road surface is poor, particularly:-

- a) Parts of Shonk's Mill Road near Dudbrook Lane.**
- b) Church Road/School Road leading up to Toot Hill.**
- c) For half a mile after Toot Hill.**
- d) Over the top of Theydon Mount.**

Please look well ahead while riding to plan a path past any hazards and avoid any sudden movements in front of any traffic that may be behind you. PLEASE TAKE GREAT CARE!!

- 2. Please note that at Passingford Bridge roundabout riders need to turn and retrace towards Ongar. Riders are reminded that traffic from your right has priority and riders should be prepared to give way to traffic already on the roundabout. Please clearly signal to alert traffic of your intentions.**
- 3. With five miles to go you turn right off the A113 into Shonk's Mill Road. This manoeuvre is across oncoming traffic which has right of way. Please take extra care at this point.**
- 4. Please remember that each rider is required to sign for their number and also sign again when they return their number. Please ensure that you adhere to this requirement as failure could result in disqualification.**
- 5. No competitor will be permitted to start unless they have, affixed to their machine both a front and rear light that is illuminated and in a position that is clearly visible to other road users. – No Lights, No Ride.**
- 6. All CTT events require a cycle helmet to be worn – No helmet, No ride.**
- 7. Despite the recent relaxations Covid 19 is still with us and the CTT have urged all riders to ensure that they minimise any risk. Current guidelines are detailed on the CTT website which the organiser urges you to review.**
- 8. Please remember to bring CASH for the refreshments at the finish.**

Graham Mann
Event organiser