

Buxton CC/Sett Valley Cycles on behalf of Manchester District

Present:

MERLIN
CYCLES • COM

**CLASSIC
TT SERIES**

Friday 15th April 2022

ROUND

2 of 6

START SHEET



**Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions**



A CYCLING TIME TRIALS REPRESENTATIVE WILL BE IN ATTENDANCE

2022 CLASSIC TT SERIES DATES

Date	Promoting Club	District	CTT Rep
Sunday 27th March	Wessex Road Club	South	Martyn Heritage-Owen
Friday 15th April	Buxton CC	Manchester	Sue Bowler
Sunday 24th April	Beacon RCC	Midland	Peter Rogers
Sunday 8th May	Dumfries CC	Scotland	Dawn Sherrin
Sunday 29th May	Border City Wheelers CC	North	Rob Bailey
Saturday 19th June	London North DC	London North	Keith Dorling

MERLIN CYCLES CLASSIC SERIES OVERALL AWARDS

To be presented at Champions Night 2022 (1st overall only)

1st Men's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Women's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Junior Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Target)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Woman Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Paracycling Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Team (of 3 across all Categories)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Men)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Women)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Junior)	£80 Cycling Time Trials Cheque	RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events.

If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Men and Women. Women Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system.

See Page 224 of the 2022 Handbook for the competition conditions.



Buxton Cycling Club / Sett Valley Cycles
Mountain Time Trial

<https://buxtoncyclingclub.co.uk/mountain-time-trial/>

Good Friday 15th April 2022



<https://www.merlincycles.com/>

CLASSIC
TT SERIES
Round 2 of 6

Promoted for and on behalf of Cycling Time Trials
under their rules and regulations.

<https://www.cyclingtimetrials.org.uk/>



Start time: First rider off at 10:01

HQ: St Bartholomew's primary school, Buxton Rd, Longnor, Staffordshire, SK17 0NZ
Open from 09-00 for sign-on and collection of race numbers. There are toilet facilities.

No competitor or spectator parking at the HQ. See overleaf for parking.

Organiser: Chris Lea, 12 Sheraton Way, Buxton, SK17 6FA, 01298 25642 / 07731 653019,
chris.lea@buxtoncyclingclub.co.uk

Timekeepers: Judith Soden (Start) and Tony Millington (Finish).

Course J8/3: 3 laps (33 miles) or 2 laps (22 miles). Men under 40 and male espoirs must ride 3 laps. All other categories of riders do 2 laps unless they have requested to ride 3 laps.

Start: In Longnor by the vehicle entrance to the village school.

Finish: Is located midway between Gauledge Lane and Carder Green, Longnor.

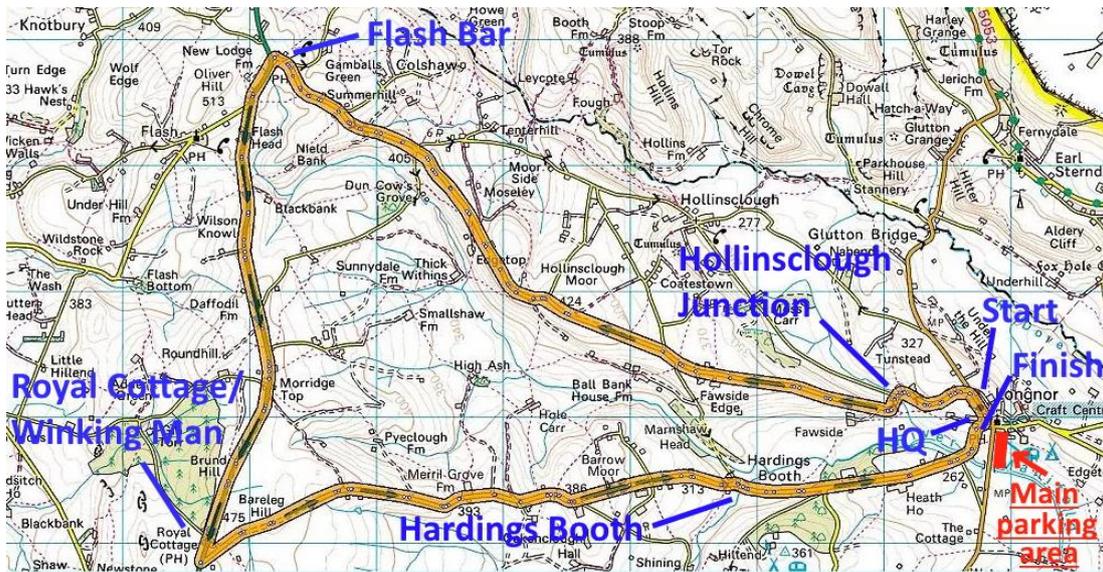
Numbers and Signing-on/off: Signing on/off will be at the HQ. Remember to sign out, as failure to do so will result in a DNF (Did Not Finish) classification.

Results: Available at the HQ and later on-line.

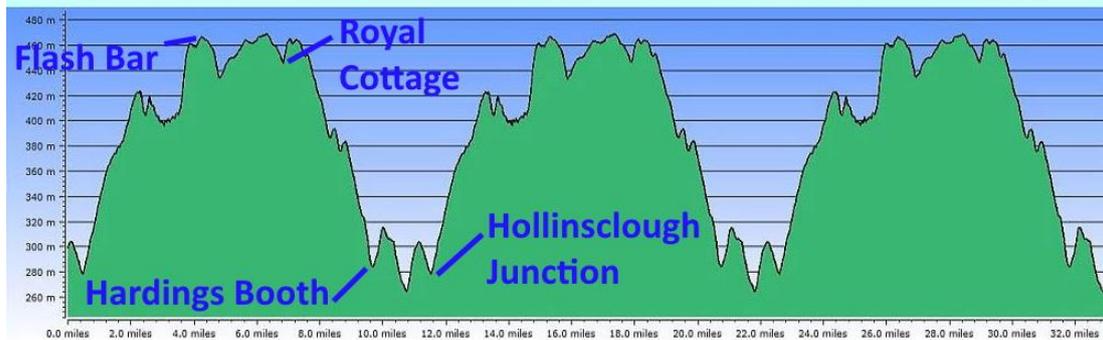
Refreshments: Tea, coffee and cakes will be at the HQ.

Course description:

1. Start in Longnor by the vehicle entrance to the village school.
2. Proceed on the B5053, Buxton Road, towards Glutton Bridge. Take first left turn upon leaving Longnor (before the top of the hill).
3. Keep on unclassified road to A53 at Flash Bar (4.1 miles).
4. Turn left onto the A53 towards Leek. Proceed as far as Royal Cottage & Winking Man (6.8 miles).
5. Turn sharp left after Royal Cottage but before the Winking Man. Proceed on unclassified road to Longnor (11.0 miles)
6. Turn left into Carder Green and left again onto Buxton Road B5053. Pass through the start and complete a further 1 or 2 laps.
7. The finish is in Longnor, located midway between Gauledge Lane and Carder Green.



As you pass the Start for your second or third lap, please avoid riders who are just setting off



WARNING: Hardings Booth. There is a blind right-hand bend at the bottom of the main descent, at Hardings Booth. This will be marshalled and there will be warning flags in place. Under no circumstances must you cut this corner. Riders have been DQ'd in the past for making such a manoeuvre. Also, take especial care on the descent to Hollinsclough Junction.

Please remember this is a mountain time trial, so bring some low gears, good brakes, and take care on all descents. The maximum gradient uphill is 1:7 and similar downhill.

Warm-up: Please do not warm-up on the course. There are roads to the south and east of Longnor that are suitable for warming-up. Do not warm up outside properties in Longnor village using static rollers or turbo trainers.

Parking: There is NO competitor or spectator parking at the HQ.

- Please park on the east side of the B5053 south of Longnor, below the Crewe & Harpur Arms car park and keeping well to the left – using the grass verge. See course map on previous page.
- If you have to park in Longnor village, please be respectful of residents.
- Do not park on the course, especially the section through Carder Green near the finish.
- We have received complaints concerning people associated with the event peering through windows of Longnor residents. Please could you respect local residents' privacy.
- Sorry for all the instructions, but there were a number of incidents in recent years that nearly resulted in us losing this event and your assistance in respecting the privacy of Longnor residents and being respectful when parking is very much appreciated.
- There will be roving marshals to check on the above and any competitor who contravenes this advice will be liable to disqualification from the event.

Regulations:

- PLEASE REMEMBER: CTT regulations 14(i), 14 (j) and 15
- 14(i). No competitor shall be permitted to start either a Type A or Type B event unless such competitor has **affixed to the rear of their machine a working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.
- 14 (j). No competitor shall be permitted to start either a Type A or Type B event unless such competitor has **affixed to the front of their machine a working front white light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.
- 15. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
- Riders must exercise caution at all junctions. Any competitor who crosses to the wrong side of the road when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
- No "U" turns in the vicinity of the start and finish. Observers will be watching.
- Pace must not be given or received. The onus is on caught riders to adhere to this rule
- Head up at all times.

COVID 19 guidance:

- If you feel at all unwell or are showing signs of COVID 19 **DO NOT** come to this event, especially if family members have any symptoms of COVID.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and you should DNS and leave immediately and not go to the start line.
- Any person where the above is relevant should obtain a lateral flow test.
- Any Positive Tests – **DO NOT** attend the event.
- Thank you for your co-operation. Have a safe ride.

Road bike criteria:

- No tri bars, clip on bars or Spinaci bars.
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each. The maximum rim depth on all wheels is 65mm.
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used.
- Riders must not ride with their forearms resting on the handlebars at any time. (Commonly referred to as "puppy paws").

Number	Start Time	Name	Club			
MEN						
1	10:01:00	Bhima Bowden	Macclesfield Wheelers			
2	10:02:00	James Brayford	Congleton CC			
3	10:03:00	James Lowden	WattShop			
4	10:04:00	Alex Dalton	Limitless Triathlon Coaching			
5	10:05:00	Tom Rigby	Croston Velo			
6	10:06:00	Andy Nichols	Team Lifting Gear Products/Cycles In Motion			
7	10:07:00	Luke Hind	Team Lifting Gear Products/Cycles In Motion			
8	10:08:00	Andrew Kelly	Limitless Triathlon Coaching			
9	10:09:00	Sam Shepherd	Total Tri Training			
10	10:10:00	David Fellows	Solihull CC			
11	10:11:00	James Pittard	Didcot Phoenix CC			
12	10:12:00	Gavin McCloskey-Lambert	Manchester Wheelers			
Number	Start Time	Name	Club	Cat/Age	Target	
WOMEN & VETS						
13	10:13:00	Liz Batt	Buxton CC/Sett Valley Cycles	W 57	1:06:03	
14	10:14:00	Hannah Wibberley	Ilkeston Cycle Club	35		
15	10:15:00	Keri Parton	Team Boompods	33		
16	10:16:00	Christina Wiejak	Saint Piran	29		
17	10:17:00	Sian Marsh	Team Boompods	29		
18	10:18:00	Jessica Denman	Ilkeston Cycle Club	30		
19	10:19:00	Amy Gornall	Pro-Noctis - Redchilli Bikes - Heidi Kjeldsen	25		
20	10:20:00	Sam Clark	Buxton CC/Sett Valley Cycles	42	0:55:49	
21	10:21:00	Simon Dighton	Beacon Roads CC	58	1:02:45	
22	10:22:00	Simon Smith	TY Cycles	47	0:57:54	
23	10:23:00	Philip Knupfer	Manchester Bicycle Club	43	0:56:13	
24	10:24:00	Fred Wardle	Macclesfield Wheelers	67	1:07:01	
25	10:25:00	Malcolm Smith	Peterborough CC	58	1:02:45	
26	10:26:00	Tim Phillips	Team Catenary	52	1:00:03	
27	10:27:00	Jimmy Froggatt	SKCC	53	1:00:30	
28	10:28:00	Thijs Geurts	Macclesfield Wheelers	47	0:57:54	
29	10:29:00	Alex Taylor	Holmes Chapel Velo	46	0:57:28	
30	10:30:00	Paul Pardoe	Peterborough CC	41	0:55:24	
31	10:31:00	Daniel McParland	Tri Preston	40	0:55:00	
32	10:32:00	Kevin Blades	Bury Clarion CC	51	0:59:37	
33	10:33:00	John Hind	Bolsover and District CC	57	1:02:17	
34	10:34:00	Andrew Hicklin	Peak Road Club	56	1:01:50	
35	10:35:00	Nicholas Latimer	Team Lifting Gear Products/Cycles In Motion	40	0:55:00	
36	10:36:00	Gareth Williams	Twickenham CC	56	1:01:50	
37	10:37:00	Christian Fox	Team Lifting Gear Products/Cycles In Motion	49	0:58:45	
38	10:38:00	Ian Taylor	Beacon Roads CC	50	0:59:11	
39	10:39:00	Matt Lawton	Macclesfield Wheelers	41	0:55:24	

Number	Start Time	Name	Club	Cat.	Age	Factor
PARACYCLISTS						
40	10:40:00	Simon Richardson	TORQ Performance	C4	55	1.106
41	10:41:00	Graeme Church	QN Racing	C1	56	1.237
42	10:42:00	Martin Hailstone	Chapeau! Vive Le Velo	C4	53	1.106
43	10:43:00	David Murphy	Liverpool Mercury CC	C5	24	1.058
44	10:44:00	Ben Watson	Para-T	C3	32	1.149
Number	Start Time	Name	Club	Age		
JUNIORS						
45	10:45:00	Abbey Thompson	Stonham Barns Park – SYRT	W 13		
46	10:46:00	Maxwell Hereward	Green Jersey CC	16		
47	10:47:00	Bryn Lawrence	Tactic Sport UK Race Team	16		
48	10:48:00	Patrick Casey	Team Lifting Gear Products/Cycles In Motion	16		
Number	Start Time	Name	Club	Age/Cat		
ROAD BIKES						
49	10:49:00	Sophie Heighton	Ferryhill Whs	W 15		
50	10:50:00	Jacob Bradbury	Manchester Wheelers	15		
51	10:51:00	Tracy Gregory	Buxton CC/Sett Valley Cycles	W 56		
52	10:52:00	Hayley Moore	Ilkeston Cycle Club	W 39		
53	10:53:00	Joanna Blackburn	High North Performance	W 38		
54	10:54:00	Catherine Hughes	Ilkeston Cycle Club	W 53		
55	10:55:00	Louisa Cooper	Bournemouth Jubilee Whs	W 39		
56	10:56:00	Ruth Gamwell	Macclesfield Wheelers	W 47		
57	10:57:00	Sally Maitland	Beeston Cycling Club	W 54		
58	10:58:00	Caroline Heighton	Ferryhill Whs	W 44		
59	10:59:00	Smudge Smith	Ilkeston Cycle Club	W 54		
60	11:00:00	Anna Weaver	Team Kirkley Cycles	W 37		
61	11:01:00	Alison Dockney	Macclesfield Wheelers	W 36		
62	11:02:00	Paul Attiwell	Buxton CC/Sett Valley Cycles	53		
63	11:03:00	Tony Grassby	Peak Road Club	55		
64	11:04:00	Andrew Grace	Crewe Clarion Wheelers	66		
65	11:05:00	Simon Holden	Macclesfield Wheelers	43		
66	11:06:00	Trevor Mayne	Birdwell Wheelers	58		
67	11:07:00	Mervyn Sperry	Coalville Whs	67		
68	11:08:00	Tony Donaldson	Ilkeston Cycle Club	55		
69	11:09:00	David Barry	sportfagley	72		
70	11:10:00	Karl Moseley	Bridgnorth Cycling Club	58		
71	11:11:00	Richard Golding	JCA Equipe Velo	53		
72	11:12:00	James Russell	Macclesfield Wheelers	60		
73	11:13:00	Howard Heighton	Ferryhill Whs	48		
74	11:14:00	Carl Telford	Manchester Bicycle Club	64		
75	11:15:00	John Keen	Weaver Valley CC	57		
76	11:16:00	Matt Buckley	Apus peak RT	43		



77	11:17:00	Alex Whitmore	Ratae RC	30		
78	11:18:00	James Pearce	Solihull CC	31		
79	11:19:00	Oscar Smith	Peterborough CC	26		
80	11:20:00	Adam Kenway	Team Brother UK	34		
81	11:21:00	Gerard Henry	University of Warwick	23		
82	11:22:00	Daniel Stevens	Liverpool Century RC	32		
83	11:23:00	Tarn Fynn	Manchester Bicycle Club	28		
84	11:24:00	Shaun Hughes	Macclesfield Wheelers	31		
85	11:25:00	James Foggensteiner	Apus peak RT	22		
86	11:26:00	Chris Horswill	Solihull CC	30		
87	11:27:00	Luke Buswell	Manchester Bicycle Club	30		
88	11:28:00	James Haworth	Brixton Cycles Club	26		
89	11:29:00	Ben Trotter	Apus peak RT	35		
90	11:30:00	Tristan Pilling	University of Derby Cycling Club	20		
91	11:31:00	Isaac Russell	Team PB Performance	20		
92	11:32:00	Oliver Smyth	University of Exeter Cycling Club	18		
93	11:33:00	Joe Thorp	Team HUUB	18		
94	11:34:00	Elliott Joseph	Watford Velo Sport	27		
95	11:35:00	Jonathan Fowles	Tactic Sport UK Race Team	30		
96	11:36:00	Jude Taylor	Team PB Performance	27		



Prize Presentation:

Prizes will be presented 20 minutes after the last rider has finished.

Prizes:

The prizes below are in addition to those provided by CTT.

Events open to time trial bikes

<u>Women</u>		<u>Senior men/male espoirs</u>		<u>Veterans (actual)</u>	
1 st	£30	1 st	£30	1 st	£30
2 nd	£25	2 nd	£25	2 nd	£25
3 rd	£20	3 rd	£20	3 rd	£20
<u>Paracyclists (factor)</u>		<u>Junior/Juvenile (male)</u>		<u>Junior/Juvenile (female)</u>	
1 st	£30	1 st	£30	1 st	£30
2 nd	£25	2 nd	£25		
3 rd	£20	3 rd	£20		

Road bike only event

<u>Women</u>		<u>Senior men/male espoirs</u>		<u>Veterans (actual)</u>	
1 st	£30	1 st	£30	1 st	£30
2 nd	£25	2 nd	£25	2 nd	£25
3 rd	£20	3 rd	£20	3 rd	£20
		<u>Junior/Juvenile (male)</u>		<u>Junior/Juvenile (female)</u>	
		1 st	£30	1 st	£30

One rider one cash prize.

The Buxton CC Mountain Time Trial has again been sponsored by Hotel Milano Helvetia, Riccione in Italy (www.hotelmilano.net), one of the area's famous "Bike Hotels". The hotel is providing **prizes of 2 five day stays at the hotel on their "Plus" package for cyclists, one for the winner of the Men's/Esports' in the 3-lap event and one for the winner of the Women in the 2-lap Women/Veteran's event.** During their stay, the package will give our winners bed, breakfast, evening meal and post-ride afternoon buffet along with the assistance of a guide to show them the best local routes (with the hotel's other guests of course). The prizes don't include air fares but many UK airports have budget routes to destinations in north eastern Italy which allow easy transfers to the hotel by bus, train or taxi. Bike hire is available at the hotel.

The Hotel Milano Helvetia is, in addition, offering a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to **all entrants** to this event.

Additional prizes are being kindly provided by Sett Valley Cycles, sponsor of Buxton Cycling Club.

Sponsors:

The Buxton CC Mountain Time Trial has again been sponsored by Hotel Milano Helvetia, Riccione in Italy (www.hotelmilano.net), one of the area's famous "Bike Hotels".



The hotel has generously provided prizes of 2 five day stays at the hotel on their "Plus" package for cyclists, one for the winner of the Men's/Espoirs' in the 3-lap event and one for the winner of the Women in the 2-lap Women/Veterans event. The Hotel Milano Helvetia has, in addition, offered a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to ALL ENTRANTS to the event.



Additional prizes are being kindly provided by Sett Valley Cycles, sponsor of Buxton Cycling Club, supporting us in many ways. Sett Valley Cycles is a traditional bike shop with a professional workshop. It is situated in the heart of New Mills on the edge of the Peak District. See: <http://www.settvalleycycles.co.uk/>

Thank you too, to St Bartholomew's primary school, Longnor, for use of their facilities.

Finally, thank you to the timekeepers & assistants, helpers at the HQ and for refreshments, for course signage, and all the marshals (members and friends of Buxton CC), representatives of CTT, and of course all the riders – have a safe and fast ride!

CASH PRIZES FOR EACH EVENT

The awards below are for the following categories, Men, Women, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Men), Road Bike (Women) & Road Bike (Junior).

1st - £20 Cycling Time Trials Cheque

2nd - £15 Cycling Time Trials Cheque

3rd - £10 Cycling Time Trials Cheque

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NOTES TO COMPETITORS

ROAD BIKE CRITERIA

- No tri bars, clip on bars or Spinaci bars
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each.
The maximum rim depth on all wheels is 65mm
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used
- Riders must not ride with their forearms resting on the handlebars at any time

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 15:

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



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