



# East Sussex Cycling Association

2022 President Peter Moon – Eastbourne Rovers CC



ESCA 25m Time Trial – Sunday 24th April 2022 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

## Start Sheet

### Event Secretary

**Chris Parker** (Hastings & St Leonards CC)

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### Timekeepers

**Richard Meed** (Lewes Wanderers CC) and **Peter Moon** (Eastbourne Rovers CC)

## General Information

### Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 07:15am. Heading north on the A22, turn right at Lampool Roundabout [TN22 3DR] into Straight Half Mile Road. Turn immediately left onto B2026 Lampool Road then second right into Nursery Lane (50 yards before the third right which takes you in to Fairwarp village). The HQ is on the left. Please consider parking further afield and cycling to the HQ to sign on.

### Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane where cones are placed. And please keep clear of gates into properties.**

### Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

### Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

### Start

The start is less than a mile from the hall. Proceed out of the HQ car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

### Results and Prize Presentation

Times will be available real time using ResultSheet.co.uk from the link [QR code on sign in desk]:

<https://resultsheet.app/rsd/1650616712465x372581962061971460>

Cash prizes will be handed out in the HQ immediately after the event.

### Prize List

#### Fastest Overall

First	£35.00
Second	£30.00
Third	£25.00

#### Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

#### Fastest Jun / Juv

First	£20.00
Second	£10.00

#### Fastest Team of 3

First	£15.00 each
Second	£10.00 each

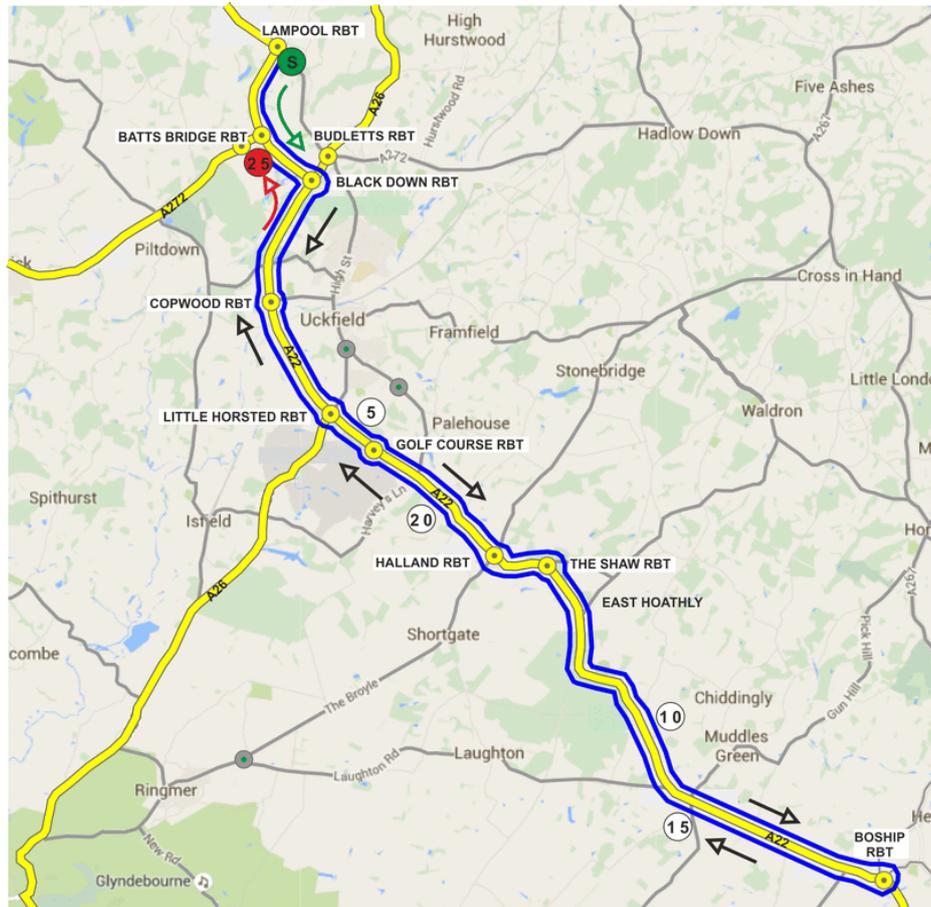
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## Course Details

### G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.  
 These course details can be viewed or downloaded from the Sussex CA website [www.sussexca.org.uk/g2589.html](http://www.sussexca.org.uk/g2589.html)

OS Ref	Course G25/89	Distance
TQ461252	<b>START</b> on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. <b>RIGHT</b> 2nd exit following Uckfield by-pass via Copwood RBT <b>and new Owlsbury RBT</b> to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	<b>RIGHT</b> 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)	13.08m
TQ511165	<b>4th exit</b> to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	<b>LEFT</b> 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via <b>new Owlsbury RBT</b> and Copwood RBT to Black Down RBT	24.40m
TQ461236	<b>LEFT</b> 1st exit and follow Maresfield by-pass to <b>FINISH</b> at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m



N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

## Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

## Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for **all competitors**. **NOTE THIS IS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** Under 18 age entries must download and complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet and lights. No helmet, no lights, no parental consent, no ride.
- **Lights** CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a **working rear red light, and to the front of their machine a working front white light**, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2022**
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



## Keep up to date with what's going on with time trialling in Sussex ...

<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>
<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>

## ESCA 25m Time Trial – Sunday 24th April 2022 – G25/89

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# Order of Start

Race No.	Start Time	Rider	Rider	Club	Category	
1	08:01	Lee	Holdaway	Hastings & St. Leonards CC	M F	
2	08:02	Neil	Edwards	Lewes Wanderers CC	M D	
3	08:03	John	Vidler	Hastings & St. Leonards CC	M C	
4	08:04	Mike	Hannay	Lewes Wanderers CC	M E	
5	08:05	Gareth	Purves	Hastings & St. Leonards CC	M A	
6	08:06	Jonathan	Pontin	Addiscombe CC	M Sen	
7	08:07	Marcus	MacHell	Hastings & St. Leonards CC	M B	
8	08:08	Adam	Rogers	Eastbourne Rovers CC	M B	
9	08:09	Paul	Fletcher	trainSharp	M A	
10	08:10	Roland	Kitson	Horsham Cycling	M E	
11	08:11	James	Ryan	Team TMC	M B	
12	08:12	Adrian	Blacker	VTTA (Surrey/ Sussex)	M D	
13	08:13	Chris	Parker	Hastings & St. Leonards CC	M F	
14	08:14	Anita	Turner	Eastbourne Rovers CC	W C	
15	08:15	Kate	Thomas	Lewes Wanderers CC	W A	
16	08:16	Tracey	Williams	Brighton Mitre CC	W C	
17	08:17	Kate	Parrish	Lewes Wanderers CC	W Sen	
18	08:18	Lisa	Davis	DRAG2ZERO	W B	
19	08:19	Sarah	Matthews	...a3crg	W E	
20	08:20	Sally	Turner	trainSharp	W A	
21	08:21	David	Clark	Eastbourne Rovers CC	M C	
22	08:22	Robert	Rollings	Lewes Wanderers CC	M Sen	
23	08:23	Conall	Yates	Team Solo Vinci	M A	
24	08:24	Peter	Baker	Lewes Wanderers CC	M E	
25	08:25	Matthew	Smith	Team TMC	M Sen	
26	08:26	Nathan	Russell	trainSharp	M Sen	
27	08:27	Paul	Smith	VeloRefined Rule 5	M C	
28	08:28	James	Stone	Brighton Excelsior CC	M C	
29	08:29	Paul	Thatcher	Brighton Mitre CC	M D	
30	08:30	Howard	Bayley	Blazing Saddles	M B	

Continued on next page.

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# Order of Start

Race No.	Start Time	Rider	Rider	Club	Category	
31	08:31	Brett	Davis	DRAG2ZERO	M B	
32	08:32	Justin	Webb	...a3crg	M A	
33	08:33	George	Welfare	Eastbourne Rovers CC	M Sen	
34	08:34	Duncan	Fuller	Lewes Wanderers CC	M B	
35	08:35	Simon	McNamara	HuntBikeWheels.com	M B	
36	08:36	Nik	Allen	Team TMC	M C	
37	08:37	Richard	Gifford	trainSharp	M D	
38	08:38	Joe	Benians	Lewes Wanderers CC	M Sen	
39	08:39	Iain	Brogden	Eastbourne Rovers CC	M C	
40	08:40	Jonny	Allen	6AM Cycling	M Sen	
41	08:41	Colin	Toppin	Worthing Excelsior CC	M B	
42	08:42	Neil	Harris	Southborough & Dist. Whs	M A	
43	08:43	Matthew	Woods	Eastbourne Rovers CC	M C	

### Finding your times using ResultSheet.co.uk

We will be using ResultSheet so times will be accessible on smart phones in near real time if all goes well. The link to the online result sheet is:

<https://resultsheet.app/rsd/1650616712465x372581962061971460>

There will be a QR code available at the sign in / sign out desk which will take you to the results.

### ESCA Prize Money pay out, and donations to charity

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. In 2022 ESCA will, as in 2021, be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot. Cash prizes for the top three riders in each category will be presented in the HQ straight after the event. The result sheet will list all the cash prize winners and any that have left early will be advised that if they wish to claim their prize money they need to contact the Event Organiser to arrange means of payment. The preferred method of payment is by PayPal. Otherwise please give your account number and sort code and exact name of the holder(s) so that the account details can be verified for a BACS transfer.

### There are five more East Sussex CA Open TTs in 2022, the next two are:

Sunday 12 June 2022 ESCA 50 mile TT (B) HQ Fairwarp Village Hall [G50/89 - change from handbook]  
<https://www.cyclingtimetrials.org.uk/race-details/23939>

Sunday 7 August 2022 ESCA 100 mile TT (B) HQ Lower Dicker Village Hall [G100/861]  
<https://www.cyclingtimetrials.org.uk/race-details/23955>