

Dumfries CC on behalf of Scotland District

Present:

MERLIN
CYCLES • COM

**CLASSIC
TT SERIES**

Sunday 8th May 2022

ROUND

4 of 6

START SHEET



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



A CYCLING TIME TRIALS REPRESENTATIVE WILL BE IN ATTENDANCE

2022 CLASSIC TT SERIES DATES

Date	Promoting Club	District	CTT Rep
Sunday 27th March	Wessex Road Club	South	Martyn Heritage-Owen
Friday 15th April	Buxton CC	Manchester	Sue Bowler
Sunday 24th April	Beacon RCC	Midland	Peter Rogers
Sunday 8th May	Dumfries CC	Scotland	Dawn Sherrin
Sunday 29th May	Border City Wheelers CC	North	Rob Bailey
Saturday 19th June	London North DC	London North	Keith Dorling

MERLIN CYCLES CLASSIC SERIES OVERALL AWARDS

To be presented at Champions Night 2022 (1st overall only)

1st Men's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Women's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Junior Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Target)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Woman Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Paracycling Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Team (of 3 across all Categories)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Men)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Women)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Junior)	£80 Cycling Time Trials Cheque	RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events.

If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Men and Women. Women Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system.

See Page 224 of the 2022 Handbook for the competition conditions.



Dumfries Cycling Club

Merlin Cycles Classic Series 2022

Round 4 of 6

Loch Ken Open Time Trial

Sunday 8th May 2022

Promoted for and on behalf of Cycling Time Trials

under its rules and regulations

Loch Ken Open Time Trial 2022

Organiser: Cameron Scade, 29 Beck Avenue, Dumfries DG2 7BJ

racedumfriescc@gmail.com

Mob: 07979601906

Chief Timekeepers: Linda Smith and Geoff Smith

Assistant Timekeeper: tbc

CTT Representatives: Dawn Sherrin

Stewart Smith



- Race HQ:
**Stewartry Rugby Club, Greenlaw, Castle Douglas DG7
2LH**

Plenty of parking is available at Stewartry Rugby Club, but please park considerately and don't take up more space than is necessary. Parking is also available within Castle Douglas and the local area if required. Please park with consideration for residents and businesses and do not park on the course. Do not park in the vicinity of the start or finish areas. Vehicles of competitors / officials / marshals / helpers must be parked safely and without hindrance to other road users.

- Sign on will be open from 8am. First rider off at 09:01.
- Toilets and changing facilities will be available.

COVID 19 guidance:

- If you feel at all unwell or are showing signs of COVID 19 DO NOT come to this event, especially if family members have any symptoms of COVID.
 - An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and you should DNS and leave immediately and not go to the start line.
 - Any Positive Tests – DO NOT attend the event.
-
- Please present to the time keeper no more than 5 minutes before your start time
 - Do not leave personal items, such as clothing, with the time keeper.
 - There will be no pusher-off. Riders must have one foot on the tarmac at start.

Thank you for your co-operation. Have a safe ride.

Course details:

It is the responsibility of the rider to know the course and to ride appropriately. The start point is 0.7 miles south along the A713, turning left from the Rugby Club, so plan to give yourself enough time to reach the start on time without having to wait for too long. There is an area near the start which allows a safe turn to get to the start without the need for a U-Turn (see image below).

Course: WS25/01 (version) - one Lap of Loch Ken (26.3 miles)

Start at point adjacent to Castle Douglas 30mph limit signs on A713.

Follow A713 through villages of Crossmichael and Parton and on to Ken Bridge.

Left turn at Ken Bridge Hotel to join A712

Bear left in New Galloway to join A762. Proceed through New Galloway and Mossdale towards Lauriston.

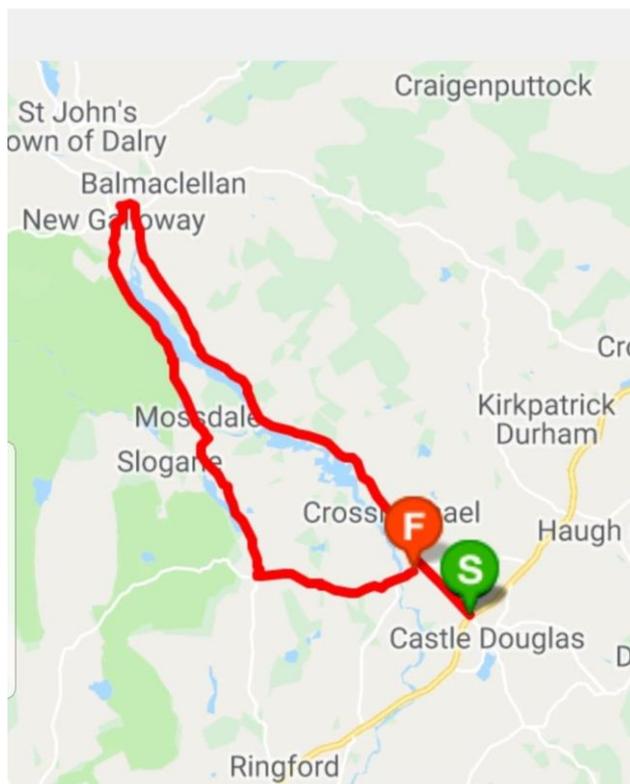
Left turn in Lauriston to join B795 and proceed to finish at Townhead of Greenlaw: 26.3 miles

*****Care should be taken in and around the villages the course passes through, particularly Crossmichael and New Galloway, where there may be an increased likelihood of parked vehicles and pedestrians. Extra care must also be taken on the descent after New Galloway and the descent down to Glenloch as you approach the finish. Great care must be taken after the finish which is followed by the junction onto the A713. Riders will rejoin the A713, turning right, to return to HQ.***

These are rural roads. Be realistic and cautious in your expectations of the quality of the road surfaces you will find here. The roads are mostly in good condition although there are some stretches which are somewhat rough. You must be alert at all times to find a safe line. It is strongly recommended that you pre-ride the course, or at least drive it first, prior to the start of the event.

Set in one of the most picturesque areas of Dumfries and Galloway, the Loch Ken course runs anti-clockwise, hugging the shores of the Loch with light traffic and some very fast sections. There is around 1000ft of climbing spread across its length. The two main climbs are in New Galloway at approximately half distance and after the Lauriston turn at about mile 21. Gradients stay under 4% and peak around 6% on a few short sections.

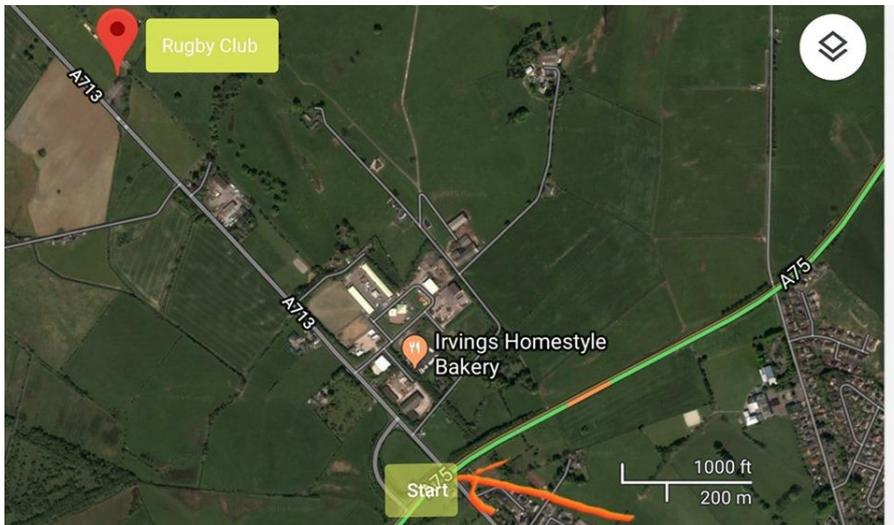
Total elevation for the course is 1076ft.



Loch Ken RTTC WS25/01 Elevation Profile



The Start:



Safe turning area shown in red at bottom right of image ('S' = start):



Approaching the start from Castle Douglas:



The start area:



The finish area:



Finish

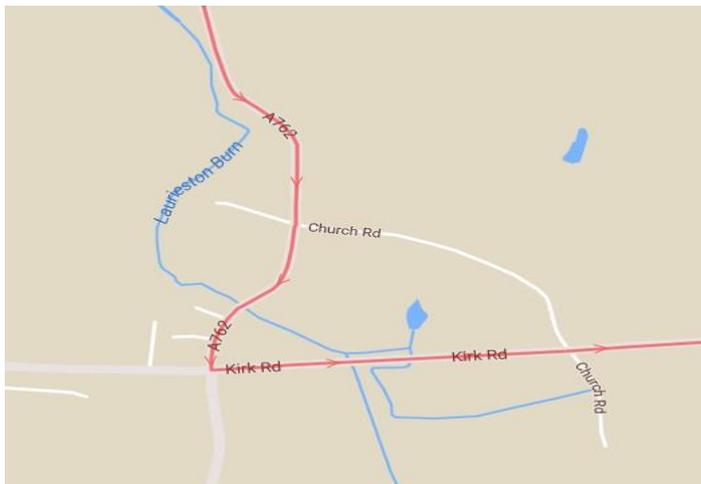
Approaching the finish area:



Approaching the right turn on to A713 after the finish, to return to HQ – CAUTION:



Left turn at Ken Bridge heading for New Galloway:



Left turn at Lauriston heading for the finish



Up the hill through New Galloway – caution

Take extra care on fast descents and at junctions. Particular caution must be taken at the finish area where riders meet a T Junction with the A713 shortly after finishing.

AWARDS

- Dumfries Cycling Club will present supplementary awards in addition to those awarded on behalf of CTT/Merlin Cycles which are listed elsewhere.

Thank you to all the marshals, helpers and officials who make the event possible each year. A full list of everyone who helped out will be with the results sheet. Without all of these fantastic volunteers we would have no race.

Thanks, too, to the riders who come along and give this great course their all!

Course Records:

Female	Becky Storrie	1:01:20	11 th July 2021
Male	Cameron Richardson	0:52:41	11 th July 2021
Female (Junior)	Rebecca Saunderson	1:13:04	11 th July 2021
Male (Junior)	Craig Paterson	1:01:06	11 th July 2021

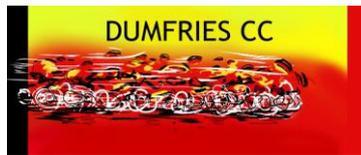
Previous Winners at the Loch Ken Open Time Trial:

	Fastest Female	Av.Speed	Fastest Male	Av. Speed
2021	Becky Storrie	25.63mph	Cameron Richardson	29.84mph
2020 (Cancelled due to Covid 19)	-	-	-	-
2019 (the new, longer course was introduced, with a last minute change to the course through New Galloway to avoid roadworks)	Katie Archibald	25.15mph	Kyle Gordon	28.8mph
2018 (the course was shortened and reversed to avoid an agricultural show at New Galloway)	Jane Emslie	21.24mph	Chris Smart	27.98mph
2017 (the event was run as an Open time trial under CTT for the first time)	Pamela Craig	22.34mph	Chris Smart	28.15mph

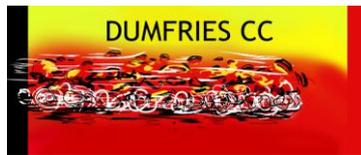
- Please note that all competitors are required to sign the signing out sheet in person. Failure to do will result in the competitor being recorded as DNF. Please bring your own pen.
- Riders must ensure their machine is in a safe condition to use so as not to put themselves and others at unnecessary risk.
- A reminder: you **must** have working front and rear lights on your machine (see regulations elsewhere in this document)
- All competitors **must** wear a properly affixed helmet which must be of hard/soft shell construction.
- Competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
- Warming up on the course, other than to ride to the start, is not permitted during the duration of the event.
- Any competitor making a 'U' turn in the vicinity of the finish will be disqualified from the event. There is an area near the start which allows a safe turn to get to the start (see image above). We would encourage you to use it rather than making a U Turn in the road. The start is on the edge of a residential area with a golf course nearby – please behave appropriately by using the toilets at HQ, not the roadside.
- **Riders must NOT ride with their heads down.**
- The road surface is variable. Be alert and ride appropriately. Watch where you are going at all times.
- Please note the Road Bike category rules elsewhere in the start sheet documents.
- If you're on a road bike, please note that you need to keep your hands on the bars. Don't ride with elbows resting on the bars. It's not safe on these roads and it's not Allowed (DQ).
- Riders must keep to the left-hand side of the left lane of the road **where safe to do so** except when overtaking.
- Riders must not take pace from faster riders passing (drafting). It is the responsibility of the rider who has been passed to drop back.
- To assist the timekeepers please ensure your numbers (rear and 2x arm) are properly displayed and call out your number at the finish.
- Riders must ride with care and attention, follow the rules of the road and ride responsibly, within the limits of their ability and the road conditions.
- **Failure to comply with the above may lead to disqualification.**

Data Protection:

As an entrant to this event your information may be shared on the event or promoting club website, social media pages or in emails sent by or on behalf of the promoting club. This data will only be shared in relation to your participation in the event, e.g. the list of entrants, results or event reports. This data will be limited to your name, gender, age or age category, the name of the affiliated club or team of which you are a member and your finishing time and/or position.



Road Bikes					
Number	Start Time	Name	Club	Cat.	
1	09:01:00	Caroline Heighton	Ferryhill Whs	W	
2	09:02:00	Rebecca Saunderson	Studio Velo	W	
3	09:03:00	Sophie Heighton	Ferryhill Whs	W J	
4	09:04:00	Charlotte Stevens	Ayr Roads CC	W	
5	09:05:00	Alex. Hay	SVTTA		
6	09:06:00	Lindsay Foster	Ayrodynamic Triathlon Club		
7	09:07:00	Howard Heighton	Ferryhill Whs		
8	09:08:00	David Keenan	Dumfries CC		
9	09:09:00	Karl Moseley	Bridgnorth Cycling Club		
10	09:10:00	Rory Webster	Dooleys RT		
11	09:11:00	Douglas Watson	GTR - Return To Life p/b Streamline		
Paracyclists					
Number	Start Time	Name	Club	Cat.	Factor
12	09:12:00	Nicholas Fairfield	City RC (Hull)	C4	1.106
13	09:13:00	Martin Hailstone	Chapeau! Vive Le Velo	C4	1.106
Juniors					
Number	Start Time	Name	Club	Cat.	
14	09:14:00	Kayla Dinnin	Dumfries CC	W J	
15	09:15:00	Abbey Thompson	Stonham Barns Park – SYRT	W J	
16	09:16:00	Patrick Casey	Team Lifting Gear Products/Cycles In Motion	J	
Women & Vets					
Number	Start Time	Name	Club	Age/Cat.	Target
17	09:17:00	George Skinner	Royal Albert Cycling Club	76	1:24:36
18	09:18:00	Douglas Watson	Loudoun Road Club	53	1:11:30
19	09:19:00	Fred Denton	St Christopher's CC	65	1:18:04
20	09:20:00	Tony Garnett	Ayr Roads CC	47	1:08:25
21	09:21:00	Eddie Glover	Dumfries CC	63	1:16:55
22	09:22:00	William Ramsay	Loudoun Road Club	64	1:17:29
23	09:23:00	Andrew Wilson	St Christopher's CC	72	1:22:10
24	09:24:00	John Gemmell	Ayr Roads CC	65	1:18:04
25	09:25:00	Jim Sutherland	Loudoun Road Club	55	1:12:33
26	09:26:00	Brian Morrell	Dumfries CC	62	1:16:22
27	09:27:00	Bobby McGhee	Ayr Roads CC	58	1:14:10
28	09:28:00	Ross MacMillan	Dumfries CC	40	1:05:00
29	09:29:00	Graham MacLeod	Ayr Roads CC	47	1:08:25
30	09:30:00	Gail Paterson	Dumfries CC	W 42	1:09:56
31	09:31:00	Nicole Walters	Studio Velo	W 32	
32	09:32:00	Joanne Clark	Royal Albert Cycling Club	W 47	1:12:33
33	09:33:00	Hazel Smyth	Vanelli-Project GO	W 41	1:09:26



34	09:34:00	Beth MacRae	Ayr Roads CC	W 23	
35	09:35:00	Lynsey Curran	Dooleys RT	W 37	
36	09:36:00	Emily Meakin	AWOL O'Shea Worx	W 33	
37	09:37:00	Jim Barr	VC Glasgow South	56	1:13:05
38	09:38:00	Ross Milvenan	Ayr Roads CC	43	1:06:27
39	09:39:00	James Muir	Glasgow Nightingale CC	59	1:14:42
40	09:40:00	Stephen Spellacy	Dumfries CC	49	1:09:26
41	09:41:00	Ian Elliot	Hawick Cycling Club	72	1:22:10
42	09:42:00	Chris Hunter	Glasgow Ivy CC	47	1:08:25
43	09:43:00	Allan Duncan	Fullarton Wheelers	58	1:14:10
44	09:44:00	Ian Taylor	Beacon Roads CC	50	1:09:56
45	09:45:00	Tony Scott	Loudoun Road Club	43	1:06:27
46	09:46:00	Jesse Dawson	Vanelli-Project GO	43	1:06:27
47	09:47:00	Joe Hands	BPC Race Team	42	1:05:58
48	09:48:00	Gordon Graham	Fullarton Wheelers	57	1:13:37
49	09:49:00	James Cusick	Dooleys RT	57	1:13:37
50	09:50:00	Jason Roberts	Vanelli-Project GO	50	1:09:56
51	09:51:00	Sandy Taylor	GTR - Return To Life p/b Streamline	42	1:05:58
52	09:52:00	Simon Smith	TY Cycles	47	1:08:25
53	09:53:00	Marc Anderson	GTR - Return To Life p/b Streamline	44	1:06:56
54	09:54:00	Nicholas Latimer	Team Lifting Gear Products/Cycles In Motion	40	1:05:00
55	09:55:00	Chris Smart	GTR - Return To Life p/b Streamline	41	1:05:29
		Men			
Number	Start Time	Name	Club		
56	09:56:00	Ross Dickie	Edinburgh Road Club		
57	09:57:00	Chris Little	Studio Velo		
58	09:58:00	Scott McCord	Team Kingdom Gas		
59	09:59:00	Doug Hall	Studio Velo		
60	10:00:00	Darren Kean	Fullarton Wheelers		
61	10:01:00	James Bader	Kelso Wheelers Cycling Club		
62	10:02:00	Daniel Kirk	Edinburgh Road Club		
63	10:03:00	Gavin Church	Vanelli-Project GO		
64	10:04:00	Alastair McNicol	Dooleys RT		
65	10:05:00	Graham Hollinger	Torvelo Racing		
66	10:06:00	James Pittard	Didcot Phoenix CC		
67	10:07:00	John Archibald	WattShop		

CASH PRIZES FOR EACH EVENT

The awards below are for the following categories, Men, Women, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Men), Road Bike (Women) & Road Bike (Junior).

1st - £20 Cycling Time Trials Cheque

2nd - £15 Cycling Time Trials Cheque

3rd - £10 Cycling Time Trials Cheque

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NOTES TO COMPETITORS

ROAD BIKE CRITERIA

- No tri bars, clip on bars or Spinaci bars
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each.
The maximum rim depth on all wheels is 65mm
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used
- Riders must not ride with their forearms resting on the handlebars at any time

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 15:

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



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Cycling Time Trials