****

**OFFICIAL START SHEET**

OPEN 25 MILE TIME TRIAL

Solos and Tandems

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**Course V235**

A168 Boroughbridge – Walshford – Boroughbridge x 2

**Sunday 23rd April 2017**

First riders off at 10.05 hours

*Event Organiser*

**Martin Tallontire**

43 Whiteley Croft Road, Otley, West Yorks. LS21 3NS

Tel 01943 461950 & 07772 620081

*Timekeepers*

**Mrs J L Webb and Mr K D Webb**

*The volunteers who make this event possible –* **Sheldon Howcroft, Fred Lee, Liz Hills, Brian Keighley, Trevor Hatib, Peter Yates, Claire Jessop, Greg Jessop, John Churchman, Anne, Mary& Evan Tallontire.**

**AWARDS**

These will be made on the basis of one rider, one prize (except team prize).

Fastest rider 1st £40, 2nd £30, 3rd £20, 4th £15 5th £10

Fastest Female Rider 1st £40 2nd £30, 3rd £20

Fastest Tandem 1st £15 each rider

Fastest Veteran in each veteran category (V40-49, V50-59, V60-69, V70+) £15

Fastest Female Veteran £15

Fastest Junior £15

Fastest Juvenile £15

Fastest Team of 3 £10 each

**Course V235:**

Start approximately 3.5 miles south of Boroughbridge in entrance to A168 from old A1 (now a long layby) at a point approx. one yard before “clearway” sign. Turn left onto A168 & proceed south to Walshford roundabout (4.72 miles), encircle roundabout & retrace northwards along A168 to Boroughbridge South roundabout (12.27 miles), encircle roundabout & retrace southwards along A168, continuing past the start to Walshford roundabout (19.86 miles), encircle roundabout & retrace northwards along A168 to finish approx. 0.4 miles beyond the start & approx. 300 yards before Arkendale road, opposite the northern end of a crash barrier protecting a large road sign (25 miles).

**Headquarters, Car Parking and Race Numbers**

Event HQ is Marton cum Grafton Memorial Hall (YO51 9QY). This will be open from 8.45 am. There is no specific parking at the hall so please park considerately and safely in the village. There are also many laybys and turn ins off the A168 suitable for parking, warming up on turbo trainers etc. The results board and refreshments will be in the hall. Signing-on and numbers at the HQ from approximately 9.00 am. Please return numbers to the HQ for a free drink of tea or coffee.

**IMPORTANT** – This year all riders MUST personally sign the signing out sheet after the event – the sheets for signing out will be in the same location as the signing on sheets. Please do not forget as without a signature after the event you will be recorded as a DNF.

**Start Directions**

The start is 2 miles from the HQ. From the Hall head south until reaching Braimber Lane X-roads, where turn right and follow Braimber Lane until reaching the A168. Turn left and follow the A168 for approximately 1/2 mile to the start. This journey takes no more than 15 minutes at a comfortable pace. **No parking at the start or finish please.**

**Safety**

Please do not warm-up on the section of the A168 on which the event is held at any time after the start. As this event covers a lap and a half of the course please be aware that riders may overlap, please take special care at the start and finish areas. Please note that the marshals are only to indicate your direction and cannot control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your head up and keep to the left of the carriageway. Please wear your race number in a central position below the waist so that it is clearly visible to other road users when you are riding.

Please note the start is now the entrance to Rabbit Hill Business Park/Cafe and cars are likely to turn into and out of the park, please be mindful of this when coming to the start.

**In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all riders to wear a hard shell helmet that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**

Start sheets and results will also be posted on [www.otleycycleclub.co.uk](http://www.otleycycleclub.co.uk)

**Follow Otley Cycle Club on Twitter @otleycycleclub**