

Border City Wheelers CC on behalf of North District

Present:

MERLIN
CYCLES • COM

**CLASSIC
TT SERIES**

Sunday 29th May 2022

ROUND

5 of 6

START SHEET



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



A CYCLING TIME TRIALS REPRESENTATIVE WILL BE IN ATTENDANCE

2022 CLASSIC TT SERIES DATES

Date	Promoting Club	District	CTT Rep
Sunday 27th March	Wessex Road Club	South	Martyn Heritage-Owen
Friday 15th April	Buxton CC	Manchester	Sue Bowler
Sunday 24th April	Beacon RCC	Midland	Peter Rogers
Sunday 8th May	Dumfries CC	Scotland	Dawn Sherrin
Sunday 29th May	Border City Wheelers CC	North	Rob Bailey
Saturday 19th June	London North DC	London North	Keith Dorling

MERLIN CYCLES CLASSIC SERIES OVERALL AWARDS

To be presented at Champions Night 2022 (1st overall only)

1st Men's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Women's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Junior Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Target)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Woman Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Paracycling Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Team (of 3 across all Categories)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Men)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Women)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Junior)	£80 Cycling Time Trials Cheque	RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events.

If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Men and Women. Women Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system.

See Page 224 of the 2022 Handbook for the competition conditions.



BORDER CITY WHEELERS CYCLING CLUB

Merlin Classics Time Trial Series: Round 5 of 6

CIRCUIT OF GREYSTOKE FOREST

28 miles Open Time Trial

Promoted for and on behalf of Cycling Time Trials under its rules & regulations

Sunday 29th May 2022 – First rider off at 9.01am

Event Secretary: Dougi Hall, Rose Cottage, Crackenthorpe, Appleby, Cumbria CA16 6AF
'phone: 07802 238694

Timekeepers: Keith Bickley & Richard Abram

CTT Representatives: Rob Bailey & Stewart Smith

Event HQ: Greystoke Village Hall, postcode CA11 0TW. Located on the left when entering Greystoke from the east on B5288. Greystoke is approx. 5 miles west of Penrith on the B5288. Numbers/signing-on and course risk assessment will be located in the hall. **Please note that competitors are required to personally sign the signing-out sheet within a reasonable time after finishing. Failure to do so will result in the competitor being recorded as DNF.**

COURSE DETAILS: L143 x 2 laps:

START in Greystoke village at grate in road beside the entrance to Greystoke castle and at end of slip road. Proceed north on unclassified road bearing left at Poplin Dub; continue through Johnby to junction at Thanet Well. Left at junction, past Newsham and over Newsham Bridge to next junction where left and continue to Murrah crossroads. Turn left onto Hutton Roof-Berrier road. Through Berrier (alt 350 metres) to the Sportsman Inn Junction where left and after 1 mile join B5288. Continue along B5288 through Motherby to Greystoke, where turn left and pass the start point. Repeat lap 1 to FINISH at the Greystoke road sign. (Distance approx 28 MILES).
Course record – 01:00:08 by Dan Bigham on 23rd May 2021.

The start is in the centre of the village, near the entrance to Greystoke Castle and near the Boot & Shoe pub. There is a moderately large car park – please park with consideration and do not take up space with gazebos, rollers etc. Overspill parking can be found around the village, but do not impinge on private property.

Please do not warm up on the course whilst the event is in progress. Use the B5288 east of the village, or the unclassified Berrier Road. Also please note that the start area is in a residential village, so please do not cause any unnecessary disturbance.

A copy of the CTT Risk Assessment will be displayed at the event HQ. Please check for late information. The course is predominantly on unclassified country roads with some rough/broken surfaces following winter storms. Take particular care on the narrow twisty section between Thanet Well and Newsham bridge.

Local regulations: The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local regulation No. 5: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local regulation No. 6: Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

IN ADDITION TO THE ABOVE

- Riders must give their number at the finish and elsewhere on the course if requested.
- Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations).
- Riders must NOT ride with their heads down.

CTT Regulation 14 (i): No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 14 (j): No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 15: All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

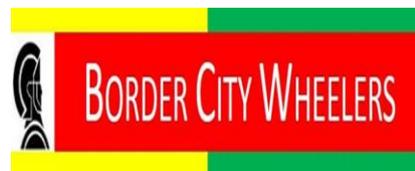
AWARDS (one rider, one prize)

	1st	2nd	3rd
Seniors/Espoirs	£20		
Vets on actual	£20	£15	£10
Vets on target	£20	£15	£10
Juniors	£15	£10	
Women	£15	£10	
Paracyclists	£20		
Road Bikes	£20	£15	£10

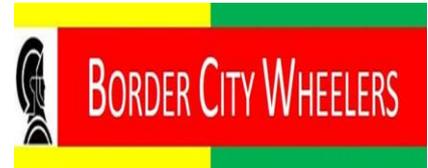
All events are subject to unannounced doping control.

AWARDS: payment arranged after the event.

Stay safe and have a **SAFE** and enjoyable ride



No.	Start Time	Name	Club	Gender	Cat	Age	Target Time
		Paracyclists					
1	09:01:00	David Murphy	Liverpool Mercury CC	Male	C5	24	
		Juniors					
3	09:03:00	Kieran Brownless	Teesdale CRC	Male	Junior	18	
4	09:04:00	Edward Quick	Lakes Road Club	Male	Junior	17	
5	09:05:00	Patrick Casey	Team Lifting Gear Products/Cycles In Motion	Male	Junior	16	
		Road Bikes					
7	09:07:00	Caroline Heighton	Ferryhill Whs	Female	Veteran	44	
8	09:08:00	Sophie Heighton	Ferryhill Whs	Female	Juvenile	15	
9	09:09:00	Carol Westmorland	Border City Whs CC	Female	Veteran	53	
10	09:10:00	Abbey Thompson	Stonham Barns Park – SYRT	Female	Juvenile	13	
11	09:11:00	Louisa Cooper	Bournemouth Jubilee Whs	Female	Senior	39	
12	09:12:00	Howard Heighton	Ferryhill Whs	Male	Veteran	49	
13	09:13:00	Kevin Crawley	Border City Whs CC	Male	Veteran	60	
14	09:14:00	Jimmy Froggatt	SKCC	Male	Veteran	53	
15	09:15:00	Chris Booth	Giant-Kendal-Sidas.uk	Male	Senior	33	
16	09:16:00	Shaun Tyson	Protech Velo	Male	Veteran	51	
17	09:17:00	Richard Nesfield	Beacon Wheelers	Male	Senior	38	
		Females					
19	09:19:00	Jan Scotchford	North Lancashire Road Club	Female	Veteran	55	01:22:50
20	09:20:00	Rachel Brown	Team Kirkley Cycles	Female	Senior	36	
		Veterans					
22	09:22:00	David Gibson	Border City Whs CC	Male	Veteran	62	01:22:14
23	09:23:00	Peter Haigh	VTTA North Lancs and Lakes Group	Male	Veteran	68	01:25:56
24	09:24:00	Mike Westmorland	Border City Whs CC	Male	Veteran	77	01:31:47
25	09:25:00	Nick Higginson	Cleveleys Road Club	Male	Veteran	42	01:11:01
26	09:26:00	Mark Brownless	Teesdale CRC	Male	Veteran	50	01:15:19
27	09:27:00	Ian Taylor	Beacon Roads CC	Male	Veteran	50	01:15:19
28	09:28:00	John O'Callaghan	Barrow Central Wheelers	Male	Veteran	55	01:18:07
29	09:29:00	Tony Scott	Loudoun Road Club	Male	Veteran	43	01:11:33
30	09:30:00	David Hargreaves	North Lancashire Road Club	Male	Veteran	75	01:30:27
31	09:31:00	Peter Greenwood	Clayton Velo	Male	Veteran	70	01:27:11
32	09:32:00	Sandy Taylor	GTR - Return To Life p/b Streamline	Male	Veteran	42	01:11:01
33	09:33:00	David Finn	Cheltenham & County Cycling Club	Male	Veteran	54	01:17:33
34	09:34:00	Simon Dighton	Beacon Roads CC	Male	Veteran	58	01:19:51
35	09:35:00	Lee Davison	Border City Whs CC	Male	Veteran	43	01:11:33
36	09:36:00	Marc Anderson	GTR - Return To Life p/b Streamline	Male	Veteran	44	01:12:04



37	09:37:00	Dan Taylor	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	Veteran	44	01:12:04
38	09:38:00	Craig Horseman	Giant-Kendal-Sidas.uk	Male	Veteran	48	01:14:13
39	09:39:00	Simon Smith	TY Cycles	Male	Veteran	47	01:13:40
40	09:40:00	Nicholas Latimer	Team Lifting Gear Products/Cycles In Motion	Male	Veteran	40	01:10:00
41	09:41:00	Paul Pardoe	Peterborough CC	Male	Veteran	41	01:10:30
42	09:42:00	Marcel Schubert	Darlington Cycling Club	Male	Veteran	40	01:10:00
43	09:43:00	Leon Wright	Race Hub	Male	Veteran	40	01:10:00
		Men					
45	09:45:00	James Lowden	WattShop	Male	Senior	35	



CASH PRIZES FOR EACH EVENT

The awards below are for the following categories, Men, Women, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Men), Road Bike (Women) & Road Bike (Junior).

1st - £20 Cycling Time Trials Cheque

2nd - £15 Cycling Time Trials Cheque

3rd - £10 Cycling Time Trials Cheque

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www.cyclingtimetrials.org.uk



NOTES TO COMPETITORS

ROAD BIKE CRITERIA

- No tri bars, clip on bars or Spinaci bars
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each.
The maximum rim depth on all wheels is 65mm
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used
- Riders must not ride with their forearms resting on the handlebars at any time

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 15:

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



Kimroy Photography
www.kimroy-photography.co.uk
0114 287 9319

Cycling Time Trials