

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations



Event contact details on the day: Steve Smith 07734 651590

Presents

Open 25 Mile Time Trial

Sunday 22nd May 2022

Start time 07:00

Course Q25/12 (Old Romney - Brookland - Kingsnorth 2 - Old Romney)

HQ: Brenzett village hall, King St, Brenzett, Romney Marsh TN29 9UF
(open from approx.. 0600)

Riders are requested to read the start sheet carefully. Failure to adhere the CTT risk assessment could result in disqualification from the event.

Riders are thanked for complying with regulations.

Results will be available at this link:

<https://medwayvelo.org/open25/>

Overall MVC Open Prize

For the fastest combined times across this event and our 10mi event:

Open 10 miles Time Trial

Saturday 14th May 2022

Q10/24 (Grain-Fenn Corner-Grain)

Fastest Overall Time: £20

2nd Overall: £10

1st Woman Overall Time: £20

2nd Woman :£10

Prizes for the 25 mile event alone are listed below

Medway Velo Club – Open 25 Mile Time Trial

Q25/12

Old Romney – Brookland – Kingsnorth 2 – Old Romney

Start at western end of layby on A259 near to Oasis diner (TR 033251). Riders should start in the layby at a point opposite the apex of the grass island separating the layby and the A259.

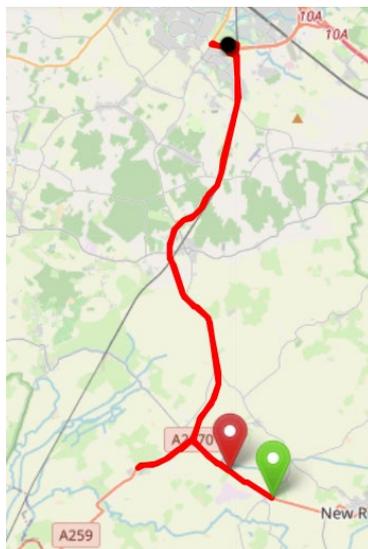
Riders should join the A259 and proceed to Brenzett RAB junction of A259/A2070/B2080 (M) left to Brookland RAB. Turn (M) and proceed via Brenzett RAB (4.71 miles). (M) Take 2nd exit onto A.2070 passing straight through Bridgefield RAB (M) to Cloverleaf RAB (13.68 miles).(M) Take second exit to join A2042 to turn at Kingsnorth 2 RAB (14.2 miles)(M) turn rejoining A2042 and fork left within 300 yards(M) to Cloverleaf RAB. Take the first exit onto A2070(M) passing straight through Bridgefield RAB (M) to Brenzett RAB, (23.931 miles) where turn left (M) onto A.259 to finish approx. 25 yards west of access road adjacent to Prospect Bungalow. (25 miles) (TR 018260).

No competitor parking for vehicles at start or finish.

Start is clearly marked in the lay by. The finish point is clearly marked prior to junction where Prospect Bungalow stands.

Link to course:

<https://www.cyclingtimetrials.org.uk/course-details/q25-12>



COMPETITORS NOTES

1. Please note that following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.
2. Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.

3. Failure to have a working front & rear light and to be wearing recognised standard protective headgear on the start line will result in you not being allowed to start the event.
4. The event HQ is about 0.5 miles from the start. Allow plenty of time to get to the start and be aware of other competitors on the course.
5. Riders should not warm-up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates inside the HQ.
7. There will be a pusher off available to all competitors, but please politely decline should you not wish to be pushed off.
8. Numbers should be centrally positioned below the waist, so as to be clearly visible from the rear. If the timekeepers cannot see your number, you may not be given a time.
9. After finishing, you must return your number and 'sign out'. This is for your own safety and failure to sign out may result in disqualification
10. Do Not perform U turns in the start and finishing areas and do not use these areas as a public toilet. Offenders will be disqualified.
11. Riders must abide by all traffic signs, any rider found crossing the pedestrian crossing on the course whilst the red light is showing will be disqualified
12. Riding with hands and wrists draped over the front of handlebars risks disqualification in line with regulation 20.

Accidents

If a competitor or official is involved in an accident/incident during or in the vicinity of the event, details must be reported as soon as practicable to the Event Secretary who will complete an Accident Report Form. Please assist/cooperate to ensure all required information is captured.

Course Records

Males: 00:47:10 Christopher Fennell 23-Aug-20

Females: 00:54:17 Alex Clay 22-Aug-21

Junior Males: 00:55:40 Fabien Large 25-Aug-19

Awards

1st Fastest £20	1st Woman £20	1st Vet OAS £10
2nd Fastest £15	2nd Woman £15	2nd Vet OAS £5
3rd Fastest £10	3rd Woman £10	

Prizes will be presented at the end of the event at Event HQ.

Event Secretary/Promoter

Steve Smith

72 Bramling Way, Rainham, Gillingham, KENT, ME8 8FG

Mobile: 07734 651590

Email: stevesmit140177@yahoo.co.uk

Timekeepers/Recorder – Ernie Mackey, Dave Mackey

Start holder/Marshals/Sign on/off/Results - Medway Velo Club members & family

Please remember to thank our timekeepers and helpers. They are all volunteers without whom we would not have an event.

Thank you for entering our event, and abiding with the additional regulations, I hope you have a safe and fun ride.

COVID 19 Guidance – please read carefully

Competitors should not attend if they feel ill in ANY way.

- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- Warm-ups ideally, should be done on the road. Static warm-ups are prohibited within 50 metres of any inhabited property, or in any location where social distancing cannot be maintained.
- It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone / text / WhatsApp the organiser if you have failed to finish the event.

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Event HQ / pre-race routine

Event Headquarters: will be open from 06:00 hrs.

Brenzett village hall, King St, Brenzett, Romney Marsh TN29 9UF

There will be toilet facilities and some refreshments provided at the HQ.

Numbers will be issued to you after you have signed on just inside the hall, please bring your own pins.

NOTE: **After finishing, you must return your number and 'sign out'**. This is for your own safety and failure to sign out may result in disqualification. If possible, please bring a pen to sign in / out. Hand sanitiser will be provided for use of riders before signing in / out.

There is adequate parking available for all competitors at the HQ.

Parking elsewhere should be legal and not cause a hazard for other traffic, or local residents.

Post-race

Results will be posted on the screen in HQ, and also online at:

<https://medwayvelo.org/open25/>

Please return your number to the sign in/sign out desk at HQ and **remember to SIGN OUT.**

Rider Feedback Forms - Riders should note that these forms are available at the hall by the signing on, and can be used by riders/marshals with comments and suggestions that could significantly improve safety.

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Steve Smith
Event Secretary

Order of Start

Start No.	Start Time	Firstname	Lastname	Club	Category	Vet Std.
1	07:01	Mathew	Lister	Thanet RC	V41	1:06:11
2	07:02	Pritesh	Patel	San Fairy Ann CC	Sen	N/A
3	07:03	Paul Simon	Griffiths	Thanet RC	V47	1:07:19
4	07:04	Kate	Thomas	Lewes Wanderers CC	WV42	1:12:36
5	07:05	Andy	Burrows	Thanet RC	V79	1:19:45
6	07:06	Dave	Richards	San Fairy Ann CC	V41	1:06:11
7	07:07	Sam	Bennett	7Oaks Tri Club	V49	1:07:43
8	07:08	Adrian	Stead	VC Deal	V54	1:08:52
9	07:09	Andy	Robinson	Ashford Whs	V63	1:11:31
10	07:10	Gary	Grayland	CC Bexley	V57	1:09:39
11	07:11	David	Greenwood	Rye & District Wheelers CC	V57	1:09:39
12	07:12	Ben	White	Swale Tri Club	Sen	N/A
13	07:13	Sebastian	Harrison	Islington Cycling Club	Sen	N/A
14	07:14	Barry	Goodsell	Rye & District Wheelers CC	V57	1:09:39
15	07:15	Matthew	Smith	Colour Tech RT	V42	1:06:22
16	07:16	Natasha	Jarman	Southborough & Dist. Whs	WV41	1:12:24
17	07:17	Pete	Elms	VC Deal	V54	1:08:52
18	07:18	Lee	Buckman	Ashford Whs	V47	1:07:19
19	07:19	Mark	Doxey	Abellio - SFA Racing Team	V53	1:08:37
20	07:20	Stefan	Gloyn	Army Cycling	Sen	N/A
21	07:21	James	Amy	VTTA (Kent)	V51	1:08:10
22	07:22	Simon	Henderson	Thanet RC	V59	1:10:14
23	07:23	Antony	Bee	Wigmore CC	V58	1:09:56
24	07:24	Steve	Gooch	Rye & District Wheelers CC	V56	1:09:23
25	07:25	Paul	Smith	VeloRefined Rule 5	V50	1:07:56
26	07:26	Andrew	Meilak	VeloRefined Rule 5	V55	1:09:07
27	07:27	Robin	Johnson	Brighton Mitre CC	V74	1:16:28
28	07:28	Paul	Burrows	Thanet RC	V45	1:06:55
29	07:29	Pip	Jenkins	1904RT	WSen	N/A
30	07:30	Mark	Hill	VeloRefined Rule 5	V54	1:08:52
31	07:31	Samuel	Robinson	Ashford Whs	Sen	N/A
32	07:32	Nathan	Russell	trainSharp	Sen	N/A
33	07:33	Myles	Davidson	Bigfoot CC	V50	1:07:56
34	07:34	Nicholas	Fennell	Thanet RC	Sen	N/A