



East Sussex Cycling Association

2023 President Peter Moon – Eastbourne Rovers CC

ESCA 1433 yd Hill Climb – Saturday 14th October 2023 – GH/84

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations



Start Cover Sheet

Event Secretary

Chris Parker (Hastings & St. Leonards CC & East Sussex CA Chair)
5 Limden Close Stonegate Wadhurst East Sussex TN5 7EG
Email: ChrisParkerPett@aol.com Mobile: 07597 557432

Timekeepers

Richard Meed (Lewes Wanderers CC) and **Peter Moon** (Eastbourne Rovers CC)

Please note that a detailed start sheet will be added as an Attached File on the CTT web site:

<https://www.cyclingtimetrials.org.uk/race-details/25722>

It will include the prize list and a link to the live results service available on smart phones.

The first rider sets off at 10:01, as per the start order found on the CTT web site using the above link.

General Information

Event Meeting Point The signing on point is at the top of the climb just past the finish in a large public car park with far reaching views. Please be advised there is no HQ hall for the event and there are no public toilets nearby. Please arrive ready to race.

Car Parking Please do not park at the bottom of the hill in the narrow lane near the start. There is a car park at the top of the climb where the sign on desk will be situated. **The Firle Estate has introduced parking fees in 2023.** If you have bikes on the roof of your car, please be careful of the metal barrier at the entrance to the car park. For safety reasons parking near the finish must be avoided and drivers should wait until the event has finished before driving back down the course.

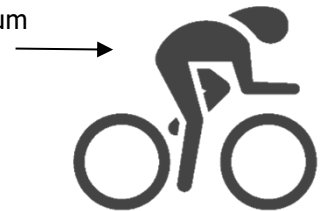
Race Numbers Race Numbers will be available at the signing on point at the top of the climb. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start The start is about a mile downhill from the signing on point on a very narrow road near two residential properties so please keep disruption to a minimum.

Please pay attention to the following CTT regulations/recommendations

- **Both Front and Rear Lights must be fitted and working** CTT Regulations now require that no competitor shall be permitted to start either a Type A [Open] or Type B [Club] event unless such competitor has affixed to their machine a **working front white light, and to the rear of their machine a working rear red light**, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users. **NOTE THIS WAS A NEW REGULATION FOR 2022.....**
- **Helmets to be worn** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for **all competitors**. **NOTE THIS WAS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** Under 18 age entries must download and complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet and lights. No helmet, no lights, no parental consent, no ride.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish line, please do not distract the time keeper.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. **Please pin number here**
No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the sign on desk either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



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Course Details G1H/84 – Firle Bostal. Firle

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/gh84.html

OS Ref	Course GH/84	Distance
TQ465070	START just south of last house on left in Firle Bostal (an unclassified road leading from the A27)	0 yd
TQ468059	Proceed along Firle Bostal in a southerly direction and climb to FINISH just before junction with the South Downs Way	1433 yd

