



OPEN 10 MILE TT

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10 mile Time Trial Saturday 25th September 2021

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Timekeepers	Secretary
Phil Hurt Yorkshire Road Club Mike Penrice V.T.T.A (Yorkshire)	Duncan Mullier 79 Olive Grove Harrogate HG1 4RW 07890 180797 duncan@harrogatenova.cc

COVID-19

It is not compulsory to wear a face mask or socially distance, but we would recommend that you do inside the HQ. Thank-you.

If you or anyone in your household has had COVID-19 symptoms in the last 7 days and if you develop symptoms within 7 days of visiting the HQ then you **MUST** use the NHS Test, and Trace system to alert others with whom you have been in contact.

Headquarters

Arkendale Village Hall, Moor Ln, Arkendale, Knaresborough, North Yorkshire HG5 0RF
Open from 13:00. Pick up and return your number here, they will be available outside. There are toilet facilities, but the rest of the hall will be closed and there will be no refreshments.
Competitors are asked not to gather at the HQ before or after the event.

Results and Prizes

There will be no results board at the HQ or prize presentation. Instead, there will be live results on the link below. You will be able to view the results as they come in. These results are unofficial. The official results will be released once checked at the end of the event.

<https://tinyurl.com/8vpt8dra>

Signing on and signing off

You are required to sign on before you start and sign off before you leave. This will take place outside the HQ and you are asked to bring your own pen. Return your number after the event Do not use additional pins in the numbers as this damages them.

Course V212

Start approximately 3.5 miles south of Boroughbridge in entrance to A168 from old A1 (now a long lay by) at a point approximately one yard before "Clearway" sign. Turn left on to A168 and proceed to Walshford roundabout (4.72 miles). Encircle roundabout and retrace along A168 to Arkendale Road, to finish adjacent to central bollard at a red paint mark. (10 Mile)

From HQ to start

Head East up Moor Lane to where it comes out on the A168 (where the finish is). Turn right and proceed to the start on your left. It is the entrance to a farm shop called Rabbit Hill, so take care with cars entering and exiting. It is approximately 1.5 miles from the HQ to the start.

Regulations

Under CTT Regulations all riders must 'sign on' before they start - the signing on point and numbers will be at the HQ.

Competitors prior to starting are not permitted to ride past the start during the duration of the event. No warming up on the course once the event has started.

Do not stop at the timekeepers, times will be continually relayed to the HQ.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. (This is compulsory for junior and youth competitors.)

Riders will start with one foot on the ground.

Note the new regulation for 2020

"No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users."

Parking

There is very limited parking at the HQ (small car park on the other side of the lane). **DO NOT PARK IN THE PUB CAR PARK next to the HQ.**

Please try not to park in the village and do not park in Hollins Farm near the finish. There are laybys to the north of the finish between the finish and Boroughbridge. There is a large area just up the A168 to the north on the west side. A small turnoff leads down to below the A1.

Please obey the rules of the road. Keep your head up. Good luck for a trouble free ride.

Please don't forget to return your number.

Thanks to our volunteer marshals from Harrogate Nova.

Prizes

Men	Prize		Men	Prize
1st Fastest	40		Fastest Vet (50-59)	20
2nd Fastest	20			
3rd Fastest	10		Fastest Vet (60-69)	20
Fastest Vet (40-49)	20			
			Fastest Vet (70+)	20
Women				
1st Fastest Woman	40		Fastest Vet	20
2nd Fastest woman	20			

Startsheet

number	start_time	Rider	club	Cat
9	14:09:00	Marjorie Davison	Ravensthorpe CC	V40
10	14:10:00	Gill Arnett	Hopey Bicycle Repairs	V40
11	14:11:00	Madeline Moore	TORQ Performance	V40
12	14:12:00	Karen Brooks	Team Sportslab	V60
13	14:13:00	Sarah Lewthwaite	Team Sportslab	V40
14	14:14:00	Helen Goldthorpe	Otley CC	V40
15	14:15:00	Josie Smith	Barnsley Road Club	SNR
16	14:16:00	Sandra Burrows	Vive Le Velo	V50
17	14:17:00	Abi Smith	Team Breeze	ESP
18	14:18:00	Paul Dawson	VTTA (North)	V60
19	14:19:00	Allen Bell	Yorkshire Road Club	V70
20	14:20:00	Roger Bromiley	Harrogate Nova CC	V40
21	14:21:00	Peter MacKlam	Yorkshire Road Club	V70
22	14:22:00	Basil Monks	Lancashire RC	SNR
23	14:23:00	Mike Cole	Huddersfield RC	V70
24	14:24:00	Paul Birkin	Buxton CC/Sett Valley Cycles	V50
25	14:25:00	Tom Broadley	Otley CC	SNR
26	14:26:00	Gareth Tupling	Harworth and District Cycling Club	V40
27	14:27:00	Tony Kent	Harrogate Nova CC	V70
28	14:28:00	Steve Burrows	Vive Le Velo	V60
29	14:29:00	Kevin Chapman	Clifton CC York	V50
30	14:30:00	Mark Walker	Hull Thursday RC	SNR
31	14:31:00	Michael King	Calderdale Tri Club	V40
32	14:32:00	Andrew Hicklin	Peak Road Club	V50
33	14:33:00	David Wright	Cheshire Roads Club	V60
34	14:34:00	Steve Gibson	Peak Road Club	V50
35	14:35:00	David Hunt	Wakefield Triathlon Club	V40
36	14:36:00	Richard Lilleker	Cleveland Wheelers CC	SNR
37	14:37:00	Kevin Dearden	HD Revolutions	V50
38	14:38:00	Ian Swinscoe	Royal Air Force Cycling Association	V50
39	14:39:00	Brian Parker	Rugged & Refined CC	V40
40	14:40:00	Phillip Tyas	Barnsley Road Club	SNR
41	14:41:00	Walter Wilkinson	Harrogate Nova CC	V70
42	14:42:00	Matthew Asquith	Team Sportslab	V40
43	14:43:00	Stuart Henderson	VTTA (Yorkshire)	V40
44	14:44:00	Oliver Rees	Holmfirth C C	ESP
45	14:45:00	Kevin Sayles	Yorkshire Road Club	V60
46	14:46:00	Ross Walton	GS Metro	SNR
47	14:47:00	Michael Lamb	Kiveton Park Cycling Club	V50

48	14:48:00	Richard Dean	Rockingham CC	V40
49	14:49:00	Richard Dixon	Swift Racing	V50
50	14:50:00	Marcel Schubert	Darlington Cycling Club	V40