



**Maidenhead & District Cycling Club**  
www.maidenheadcc.org.uk

## Hilly 30 Time Trial

4th September 2022

Promoted for and on behalf of Cycling Time Trials  
under their Rules & Regulations

### Event Secretary

Andrew Payne  
43 Birdwood Road  
Maidenhead  
SL6 5AP  
07782-311-830

### Timekeeper

Andrew Small

### Headquarters

Lane End Youth & Community  
Centre  
Edmonds Road, Lane End  
HP14 3EJ

### Course Records

**Men** : Ollie Hucks (2020) 1:03:29

**Women** : Kate Allan (2022) 1:12:46

### Prize List

#### Fastest Overall

First £20, Second £10  
Third £5

#### Fastest Lady

First £20

Fastest 2-up £10

#### Fastest Espoir/Junior/Juvenile

First £20, Second £10

#### New Course Record

Men, Women £10

## IMPORTANT - PLEASE READ

**It is now mandatory to have a working FRONT & REAR light fitted to your bike. Without a light you will not be allowed to start.**

**It is also mandatory to wear a HELMET. Without this you will not be allowed to start.**

**Please note that all riders must sign out at the end of the event as well as at the start. Failure to do so will result in a DNF.**

**Refreshments will be available on the day.**

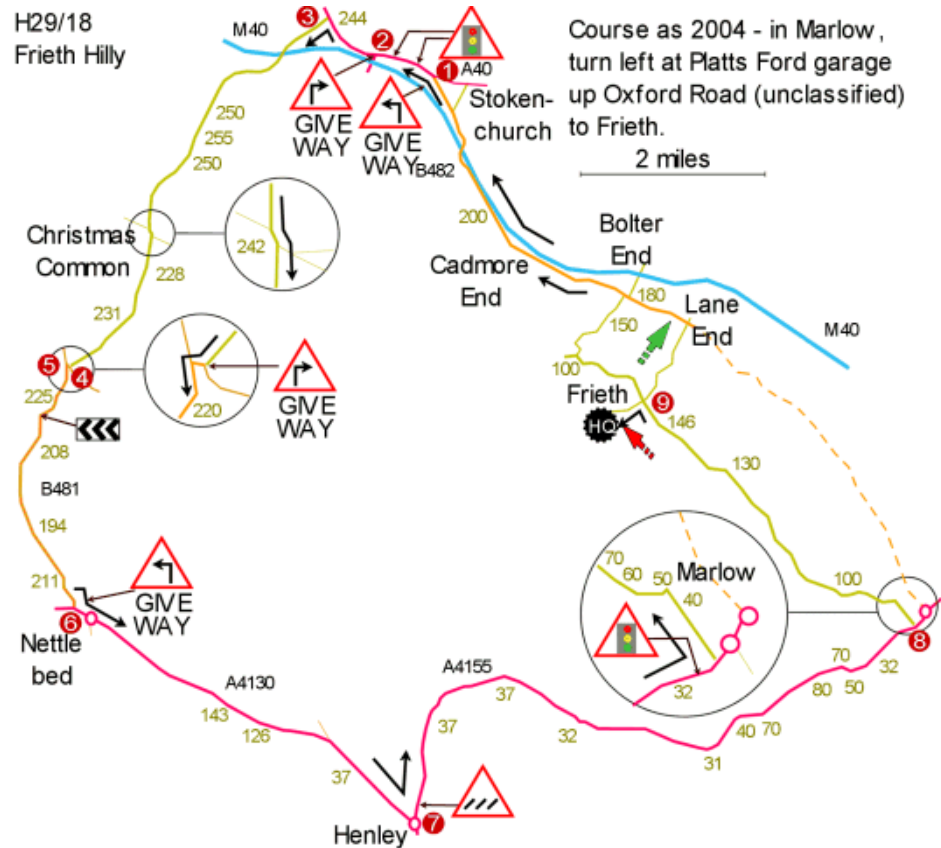
### 2-Up Start Order

No	Name	Club	Start Time
7	Nicholas Coe	Verulam Really Moving	09:07
	Stan Nwaka	Verulam Really Moving	

## Solo Start Order

No.	Name	Club	Start Time
10	Jon Elliott	Maidenhead & District CC	09:10
11	Joseph O'Brien	Lee Valley Youth CC	09:11
12	Ben Payne	Maidenhead & District CC	09:12
13	James Watts	Podium Addict	09:13
14	Drew Sheffield	Shutt Velo Test Team	09:14
15	Pascal Giret	Maidenhead & District CC	09:15
16	Dave Vernon	Maidenhead & District CC	09:16
17	Rob Brockwell	Maidenhead & District CC	09:17
18	George Turner	VTTA (London & Home Counties)	09:18
19	Kate Allan	Team Bottrill	09:19
20	Adam Thompson	BPC Race Team	09:20
21	Finn Obrien	Lee Valley Youth CC	09:21
22	Peter Loveridge	Maidenhead & District CC	09:22
23	Sean Powers	Farnborough & Camberley CC	09:23
24	Andrew Morgan	G.S. Henley	09:24
25	Michael Nagi	Team Bottrill	09:25
26	Adam Quilter	High Wycombe CC	09:26
27	Mark Jervis	Watford Velo Sport	09:27
28	Angus Wilson	Maidenhead & District CC	09:28
29	Andrew Payne	Maidenhead & District CC	09:29
30	Ollie Hucks	Saint Piran	09:30

## Course Details



### Location of Sign-on and Numbers

Competitors must sign on and collect their numbers from the Lane End Youth & Community Centre from 07:30 AM onwards.

### Restriction of Parking at Start and Finish

No vehicles, except those of the timekeepers to be parked at the start or finish.

### Emergency Phone Number

Phone 07703-405-101 if you need assistance during the event.

### Courtesy to Residents

To ensure our continued support for this venue please do not use turbo trainers that are likely to disturb residents. Please show courtesy to pedestrians and other road users while cycling and driving.

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OS Ref.	Description	Dist
806918	START on B482 approx 200 yards past the Cadmore End side of the Frieth crossroads in lay-by of Culver Graphics opposite lamp post no. 4.	0
	Proceed north to the junction with A40 at Stokenchurch. (M1)	4
	Turn left & continue to the junction with M40(J5). Turn right just before bridge over M40 (M2) onto old A40.	4.5
	Proceed to junction with minor road to Christmas Common. (M3)	5
	Turn left & continue through Christmas Common to junction with B480. (M4)	8.5
	Turn right and immediately left (M5) onto the B481. Proceed via Cookley Green to Nettlebed. (M6)	12.7
	Turn left onto A4130. Straight on at roundabout to junction with the A4155 at Henley. (M7)	18
	Turn left & continue through Medmenham to Marlow. (M8)	25
	At Ford garage turn left up Oxford Road and continue uphill to Frieth crossroads. (M9)	29
	Turn left to FINISH near Frieth Village Hall.	29.50