

Rocco 25 Mile Open TT



19th September 2021

Promoted by London Phoenix

on behalf of

VTTA London & Home Counties



The Rocco Memorial 25 Mile Open TT

19th September, Start Time: 08:30am

Course: H25/2

- Race Director:** Wolfgang Emmerich (London Phoenix and L&HC)
Tel: 07887 930345
Email: we@acm.org
- Timekeepers:** Glen Knight (Newbury Velo and L&HC) and
Howard Waller (Python RT)
- Marshalling:** London Phoenix and
VTTA London and Home Counties
- First Aiders:** Wolfgang Emmerich
Daniel Wolman
- Race Head Quarters:** Liston Hall, Chapel St, Marlow, Bucks SL7 1DD
- Registration opens:** 07:15am

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. **ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Whilst we have many procedures outlined below, we may have to make changes based on events on the day. These will be communicated fully where appropriate. You are expected to follow the guidance of the marshals.

This event is run under CTT regulations which can be found here:

<https://www.cyclingtimetrials.org.uk/>

1. Race HQ

We have rented Liston Hall from the Marlow Community Association as Race HQ for this event. Sign-on will be in the Thames Room. There will be toilet facilities available. These are not to be used as changing facilities. Due to COVID restrictions there will be no changing facilities. Please wear a face covering while inside the Race HQ. You are asked to not urinate in the carpark or grounds or change in full view of any of the residents.

We are very lucky to have this facility, so please do not give them reason to not allow us to use it in the future. All future references to "HQ" in this document are referring to this facility.

Turbo trainer/roller warm up are permitted at HQ but only directly behind/in front of your parked vehicle. You are encouraged to warm up on the road to ensure you are not gathering with other riders. Riders not following guidelines or instructions from officials will not be permitted to race and will be reported to CTT.

Please allow at least 15-20 minutes to get to the start from the HQ. To get to the start you need to ride up the A404 and around the roundabout at the top of the hill. The start is in the first layby coming back down towards Marlow.

2. Sign-On and Sign Off

Riders not signing on 20 minutes before their start time will be recorded as DNS. If you will not be attending, then please let us know by messaging the organiser on 07887930345 and your entry will be marked as DNS(A).

We will ask you to respect the social distancing rules and maintain 2m distance between people in all directions at all times. This is to ensure we can successfully run this event and others in the future and that the event promoters are not being challenged in social media. We are all in this together so please respect the volunteer team and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, will be reported to CTT and might refused entry to future events.

We will be using disposable numbers that do not need to be returned. **However, riders are required to sign-off at the Race HQ. Failure to do so will result in disqualification.**

3. Course Description

Start on the A404 approximately 0.4 mile south of Handy Cross RAB, in the first lay-by on the east side of the road, at a point at the southern end of the pathway, where the width of the lay-by starts to decrease, directly opposite a drain. Go south, going straight across at the A308/A404 RAB to the junction with the A4, where take the left-hand slip road to the Maidenhead Thicket RAB. Take third exit to join the A4 towards Reading. Go straight ahead at Maidenhead Business Park RAB and keep straight-ahead at the Burchetts Green mini-RAB. Go straight through Knowl Hill and Hare Hatch to the A321 Twyford RAB where go straight across and, taking care at the pedestrian lights at Charvil, continue to the Sonning Junction RAB. Circle the RAB and retrace, taking care at the pedestrian lights at Charvil to go straight across at the A321 Twyford RAB and through Hare Hatch and Knowl Hill to the mini-RAB at the Burchetts Green mini RAB, where bear right still on the A4 to the Maidenhead Business

Park RAB Go straight on to the Maidenhead Thicket RAB. Bear left down slip road to join A423/A404 to the A308 RAB where take second exit on A404 to a point 17 yards past the centre of a foot bridge over the road, and 32 yards short of lamp post No 14 where finish.

4. Local Regulations

District Regulations that apply to H25/2 (Handy Cross)

Riders should not cross the dual carriageway near the start.

District Regulations applicable to all events Restriction of Parking at the Start and Finish

LWDC 4 No vehicles, except those of the timekeepers', shall be parked at the start or finish.

Reporting of breaches of Local Regulations

LWDC 5 All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

5. Race Results

Race results will be displayed at HQ on a big screen. We will also have a live results service running on a Twitter feed which you can follow or by scanning the QR code at HQ when you return your number. These results will be provisional until verified by the official timekeepers.

6. Prizes (one prize per person, with the exception of the team prize)

VTTA members: 1st on Standard: Gold Medal and hold ROCCO Trophy for 1 year
2nd on Standard: Silver Medal, 3rd on Standard: Bronze Medal

Teams: 1st club team on Standard: Gold Medals

Solo male: Fastest: £25, 2nd fastest, £15, 3rd fastest: £10

Solo female: Fastest: £25, 2nd fastest, £15, 3rd fastest: £10

Prizes will be presented at the London and Home Counties Prize Giving Luncheon in October.

No	Start		Name	Club	Category		Age	Standard
35	08:35	Jeremy	Redford	Army Cycling	Male	Veteran	48	1:07:31
36	08:36	Stephen	Moore	Kingston Wheelers CC	Male	Veteran	52	1:08:23
37	08:37	Graham	Pepperdine	Verulam CC	Male	Veteran	58	1:09:56
38	08:38	Robert	Royle-Evatt	Addiscombe CC	Male	Veteran	54	1:08:52
39	08:39	Jill	Bartlett	Hounslow & District Whs	Female	Veteran	61	1:17:39
40	08:40	Michael	Parker	TMG Horizon Cycling Team	Male	Veteran	56	1:09:23
41	08:41	Chris	Ford	High Wycombe CC	Male	Veteran	58	1:09:56
42	08:42	David	Cook	Bedfordshire Road RT	Male	Veteran	65	1:12:15
43	08:43	Rich	Collier	Banbury Star Cyclists' Club	Male	Veteran	48	1:07:31
44	08:44	David	England	Crabwood Cycling Club	Male	Veteran	78	1:19:02
45	08:45	Stuart	Stow	Twickenham CC	Male	Veteran	56	1:09:23
46	08:46	Mark	Thomas	Bigfoot CC	Male	Veteran	58	1:09:56
47	08:47	Myles	Davidson	Bigfoot CC	Male	Veteran	50	1:07:56
48	08:48	David	Guy	OV Cycling Club	Male	Veteran	76	1:17:41
49	08:49	David	Steel	Hereford & Dist Whs CC	Male	Veteran	74	1:16:28
50	08:50	Gareth	Williams	Twickenham CC	Male	Veteran	55	1:09:07
51	08:51	Andrew	Halliday	Westerley Cycling Club	Male	Veteran	49	1:07:43
52	08:52	Richard	Moule	Bossard Whs	Male	Veteran	64	1:11:53
53	08:53	Mark	Dearden	Didcot Phoenix CC	Male	Veteran	55	1:09:07
54	08:54	Edward	James	VTTA (London & Home Counties)	Male	Veteran	52	1:08:23
55	08:55	Graham	Winstone	ZeroBC Race Team	Male	Veteran	49	1:07:43
56	08:56	Alan	Allcock	Didcot Phoenix CC	Male	Veteran	66	1:12:38
57	08:57	Ian	Neville	Hart Evolution Race Team	Male	Veteran	59	1:10:14
58	08:58	Paul	Cannon	Epsom CC	Male	Veteran	72	1:15:23
59	08:59	Gillian	Morgan	Westerley Cycling Club	Female	Veteran	61	1:17:39
60	09:00	Ronnie	Stone	Regents Park Rouleurs	Male	Veteran	48	1:07:31
61	09:01	Graham	Harman	Sotonia CC	Male	Veteran	50	1:07:56
62	09:02	Joy	Payne	High Wycombe CC	Female	Veteran	64	1:18:48
63	09:03	John	Hassall	Bossard Whs	Male	Veteran	76	1:17:41
64	09:04	Ian	Radburn	Oxonian CC	Male	Veteran	54	1:08:52
65	09:05	Mark	Woolford	Team Swindon Cycles	Male	Veteran	55	1:09:07
66	09:06	Nicholas	Coe	Verulam CC	Male	Veteran	63	1:11:31
67	09:07	James	Ellis	London Dynamo	Male	Veteran	42	1:06:22
68	09:08	Philip	Skinner	Welwyn Whs	Male	Veteran	56	1:09:23
69	09:09	John	Froud	Festival Road Club	Male	Veteran	81	1:21:20
70	09:10	Henrik	Persson	FTP (Fulfil The Potential) Racing	Male	Senior	38	
71	09:11	Tim	Davies	CC Luton	Male	Veteran	54	1:08:52
72	09:12	Mark	Tyrrell	ZeroBC Race Team	Male	Veteran	42	1:06:22
73	09:13	Alan	Grant	VTTA (London & Home Counties)	Male	Veteran	54	1:08:52
74	09:14	Graham	Read	45 RC	Male	Veteran	62	1:11:11
75	09:15	Jeff	Roberts	High Wycombe CC	Male	Veteran	56	1:09:23
76	09:16	Issy	Zimmerman	Verulam Really Moving	Male	Veteran	54	1:08:52
77	09:17	Dena	Ford	High Wycombe CC	Female	Veteran	55	1:15:42
78	09:18	Daniel	Crossley	Didcot Phoenix CC	Male	Veteran	45	1:06:55
79	09:19	John	Howells	Corinium Cycle Club	Male	Veteran	80	1:20:31
80	09:20	Ollie	Hucks	Nopinz Motip Race Team	Male	Senior	22	
81	09:21	Michael	Edmunds	Verulam Really Moving	Male	Veteran	55	1:09:07
82	09:22	Iain	Cotton	Alton CC/Owens Cycles	Male	Veteran	45	1:06:55
83	09:23	Tamsin	Miller	Avid Sport	Female	Espoir	21	

84	09:24	Simon	Craig-McFeely	...a3crg	Male	Veteran	62	1:11:11
85	09:25	Matthew	Reader	Verulam CC	Male	Veteran	52	1:08:23
86	09:26	Dan	Blake	ZeroBC Race Team	Male	Veteran	41	1:06:11
87	09:27	John	Borton	Kingston Wheelers CC	Male	Senior	32	
88	09:28	Martin	Brown	7Oaks Tri Club	Male	Veteran	60	1:10:32
89	09:29	Jeremy	Laming	Hart Evolution Race Team	Male	Veteran	51	1:08:10
90	09:30	Pat	Wright	Paceline RT	Male	Senior	36	