

START SHEET EAST ANGLIAN VTTA - 25 MILES TT



On Saturday 17th AUGUST 2019

Course E2/25 at 06:00 Hours

EVENT SECRETARY

Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT.
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TIMEKEEPERS: Michael Keen & Frida Wezel

Event HQ: Mandeville Centre, Tan House Lane, Reach Road, Burwell, Cambs, CB25 0AR

Course E2/25. Details O.S. References. Start: 635,659. Finish: 632,659

E2/25 COURSE: START (OS: TL 635,659) at paint mark on A142 just before slip road to A14 westbound. Proceed onto slip road to join A14. Continue on A14 westbound and after approximately 5 miles KEEP IN LEFT LANE to join A11 where the A14 diverges. **NOTE: You must NOT move into or stay in the middle lane, if you do you will stay on the A14, go off course and BE AT HIGH RISK FROM PASSING VEHICLES TRAVELLING AT 70 mph, you will be DISQUALIFIED and could be subject to FURTHER SANCTIONS.** Continue to Four Went Ways where take slip road (M) for A1307 to elevated roundabout (12.54 mls). Circle roundabout taking 4th exit (M) to rejoin A11 northbound. Retrace via A11 and A14 to **FINISH** (OS: TL 632,659) at 4th drain cover on slip road to A142.

PARKING

Parking is available at Event H.Q.

AM EVENT - NO TURBOS ALLOWED AT HQ OR IN RESIDENTIAL AREAS

NO CLEATS IN HQ

Alternative Parking in Snailwell Short Road (CB8 7LH) just left & opposite finishing slip road.

Numbers can be exchanged for a drink when returned

NOTE TO COMPETITORS

**When starting take notice of traffic entering slip road from your right
GIVE WAY IF NECESSARY**

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you wear a HARD SHELL HELMET that meets an internationally-accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably-approved helmet.

Helmets should conform to a recognized Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- a) Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing.
- b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

Footnotes:

- (i) *Any helmet which suffers damage (e.g. in the case of an accident or through mishandling) may no longer afford the same level of protection.*
- (ii) *Cycling Time Trials makes no warranties or representations regarding the adequacy of any standard or the fitness for the purpose of any brand of helmet and will not accept any claim arising from the use of any particular helmet*
- (iii) *The current British Standard BS 6863 is primarily intended for use by young riders and is not intended to provide a complete specification for helmets for high speed or long distance riding.*

Cycling Time Trials and the Event Promoters recommend the use of a **flashing / constant rear light whilst competing and visible to other road users.**

Event may be subject to doping control.

Signing-on and Body Numbers will be situated at the Event H.Q.

Don't forget to return your number and sign back in otherwise you will be disqualified.

Catering by volunteers at Sue Ryder, Baldock, Signage by Dave Nock

NOTES TO RIDERS AND HELPERS
and LOCAL REGULATIONS

No Warming Up by competitors on the course once the event has started.

No U-Turns are allowed within sight of either the start or finishing areas. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.

Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road. Note, it is strongly recommended by both the police and London East D.C. that marshals wear a fluorescent jacket or bib.

There is to be no parking in the vicinity of either the start or finishing points.

Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

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AWARDS:

SCRATCH

- Males: 1st - £30, 2nd - £20, 3rd - £10
- Females: 1st - £30, 2nd - £20, 3rd - £10
- Tandem: 1st - £10 per rider

PRIZE LIST FOR V.T.T.A. QUALIFIERS ONLY

Only members of the V.T.T.A. are eligible for V.T.T.A. Awards. (Note joining the VTТА is easy – just go into vtta.org.uk and following the instructions. No cheques etc)

- Actual fastest male – medal
- Actual fastest female – medal
- Best male on standard – medal
- Best female on standard – medal
- Fastest in 5 year age group – medals– 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 80-84 and 85-89
- Best club team of 3 VTТА members on standard – medals