***Cycle Club Bexley***

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

The Dave Ashdown Memorial Open 10 Mile Time Trial

(incorporating a Tricycle Association (South Eastern Region) ‘10’)

To be held at 15.00 hrs on Saturday 1st June 2024

Course Q10/24 – Grain

Event Secretaries:

CC Bexley: Richard Boxall TA: Mark Vowells

9 Wessex Walk Penny Green

Dartford Round Street

Kent DA2 7WE Cobham, Kent DA13 9BA

Tel. 07831 866838 Tel. 01474 393402

Timekeepers: Dave Abbotts, Gravesend C C and Bob Aves, C C Bexley

Recorder: Roy Canning, C C Bexley

**CC Bexley TT Awards**

1st, 2nd, 3rd Open Cat £20, £15, & £10.

1st in each vets’ category (TT or Road Bike)

A (40-44) B (45-49), C (50-54) D (55-59), E (60-64) F (65-69) H (75+) £10

1st, Female £20

1st Junior / Youth. £15

1st team of three £10 each

**CC Bexley Road Bike Awards**

1st, 2nd,3rd Open Cat £20, £15 & £10

1st, Female £20

**Event headquarters**: Stoke Village Hall, Mallard Way, Lower Stoke, ME3 9ST

Course: Q10/24 – Grain – Fenn Corner Roundabout – Grain

Start on A228 west of Grain Village 14 metres north of the lamppost GFY26 on Strood bound carriageway by a minor access road to the National Grid site, where the continuous white road edge line starts. Proceed west on the A228 to turn at Fenn Corner roundabout (5.07 miles). Retrace on the A228 to finish directly opposite the lamppost GFY19 (situated on Strood bound carriageway) (10 miles)

Note there is very rough road surface each side of level crossing and some potholes at gulley locations and sunken covers to drains.

**Notes to riders**

● It is approximately 3.5 miles from the HQ to the start – please allow enough time for this, and be aware that other riders may be racing on the course.

● No warming up on the course once the event has started.

● **Numbers** will be at the HQ and will be issued to riders after signing on, you must sign out or you will be classified as DNF.

● Riders should refer to regulation 16 – which states that **‘the number should be centrally positioned below the waist so as to be clearly visible from the rear when in the normal riding position’**.

● Please remove racing shoes before entering the hall.

● Please do not perform U turns in the start or finish area or use these areas as a public toilet as offenders risk disqualification.

● **All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.**

● Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations. Riders must also ensure their helpers conform to the Regulation 22 relating to the use of vehicles during events.

● **No competitor will be permitted to start unless they have a front and rear light, either flashing or constant, fitted to the machine in a position visible to other road users.**

● Rider feedback forms will be available in the HQ by the signing on desk, and can be used by riders and marshals to offer comments that could significantly improve safety.

● Have a safe and enjoyable ride.

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| No. | Name | Machine | Club | Cat | Start |
| C C Bexley Event | | | | | |
| 1 | Gary Grayland | TT Bike | CC Bexley | D | 15:01 |
| 2 | Andrew Gibson | TT Bike | Gravesend CC | D | 15:02 |
| 3 | David Gearing | Road Bike | Woolwich CC | E | 15:03 |
| 4 | Vernon Thomas | TT Bike | Greenwich Tritons Tri Club | H | 15:04 |
| 5 | Mathew Lister | TT Bike | Thanet RC | A | 15:05 |
| 6 | Neil Harrigan | Road Bike | Gemini BC | C | 15:06 |
| 7 | Debbie Percival | TT Bike | Medway Velo Club | Fem/E | 15:07 |
| 8 | Emily Tanner | Road Bike | Woolwich CC | Fem/J | 15:08 |
| 9 | Murray Spencer | Road Bike | CC Bexley | E | 15:09 |
| 10 | Matthew Saunders | TT Bike | Team Vision Racing - Silverhook | B | 15:10 |
| 11 | Douglas Tulett | TT Bike | Thanet RC | Y | 15:11 |
| 12 | Michael Stanley | TT Bike | Medway Velo Club | C | 15.12 |
| 13 | Michael Coulter | TT Bike | Gravesend CC | H | 15.13 |
| 14 | Alice Tulett | TT Bike | Thanet RC | Fem/Y | 15:14 |
| 15 | Paul Smith | TT Bike | VeloRefined Rule 5 | C | 15:15 |
| 16 | James Hayward | Road Bike | Woolwich CC | A | 15:16 |
| 17 | James Moss | TT Bike | San Fairy Ann CC | D | 15:17 |
| 18 | Michael Bebbington | TT Bike | CC Bexley | C | 15:18 |
| 19 | Keith Tanner | Road Bike | Woolwich CC | D | 15:19 |
| 20 | Rob Kennison | Road Bike | Medway Velo Club | E | 15:20 |
| 21 | Carl Bond | TT Bike | Kenton RC | C | 15:21 |
| 22 | Kristof De Beule | Road Bike | Woolwich CC | A | 15:22 |
| 23 | Shay Giles | TT Bike | Thanet RC | H | 15:23 |
| 24 | Jo Hitchen | Road Bike | CC Bexley | Fem/D | 15:24 |
| 25 | Jeremy Parker | TT Bike | Gravesend CC | D | 15:25 |
| 26 | Sam Day | TT Bike | CS Grupetto | C | 15:26 |
| 27 | Anthony Whale | TT Bike | Blue Light Cycling Club | F | 15:27 |
| 28 | Gerry Frizzelle | TT Bike | Greenwich Tritons Tri Club | F | 15:28 |
| 29 | Paul Blacker | TT Bike | CC Bexley | E | 15:29 |
| 30 | Kevin Tye | TT Bike | VeloRefined Rule 5 | E | 15:30 |
| 31 | Michael Porter | TT Bike | 34 Nomads CC | D | 15:31 |
| 32 | Tim Longley | TT Bike | Clapham Chasers |  | 15:32 |
| 33 | David Mackey | TT Bike | Medway Velo Club | C | 15:33 |
| 34 | Michael Spicer | Road Bike | CC Bexley | D | 15:34 |
| 35 | Simon Henderson | TT Bike | Thanet RC | E | 15:35 |
| 36 | Marc Morley-Freer | TT Bike | Greenwich Tritons Tri Club | C | 15:36 |
| 37 | Eva Zsigoova | TT Bike | VeloRefined Rule 5 | Fem | 15:37 |
| 38 | Colin Inett | TT Bike | Thanet RC | H | 15:38 |
| 39 | Andrew Elford | TT Bike | CC Bexley | D | 15:39 |
| 40 | Mark Hill | TT Bike | VeloRefined Rule 5 | D | 15:40 |
| 41 | Alex Pearson | Road Bike | Woolwich CC | B | 15:41 |
| 42 | Michael Philpot | TT Bike | Royal Navy & Royal Marines CA | E | 15:42 |
| 43 | Reg Smith | Road Bike | Kingsnorth International Whs | H | 15:43 |
| 44 | Vic Haines | TT Bike | Old Portlians CC | H | 15:44 |
| 45 | Mark Wright | TT Bike | Ashford Whs | D | 15:45 |
| TA Event | | | | | |
| 49 | Mark Vowells | Trike | San Fairy Ann CC |  | 15:49 |
| 50 | Wayne Baker | Trike | Team Echelon |  | 15:50 |

Age Categories are as used by Resultsheet.app