



East Sussex Cycling Association

2024 President Peter Moon – Eastbourne Rovers CC



ESCA 25m Time Trial – Sunday 8th September 2024 – G25/80

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Cover Sheet

HQ Manager on the day

to be advised Mobile: to be advised
HQ Tea Bar: Anne Baker (Lewes Wanderers)

Event Secretary

Chris Parker (Hastings & St. Leonards CC & East Sussex CA Chair)
5 Limden Close Stonegate Wadhurst East Sussex TN5 7EG
Email: ChrisParkerPett@aol.com Mobile: 07597 557432

Timekeepers

Peter Moon (Eastbourne Rovers CC) and **Richard Meed** (Lewes Wanderers CC)

The Complete Start Sheet will be found on the CTT web site under Event Details

The Complete Start Sheet additionally including the link to the live results service available on your smart phone, prizes on offer, listing all riders, and other extra details will be available shortly before the event under the Event Details tab on CTT web site page for the event:

CTT Event Number 26540

<https://www.cyclingtimetrials.org.uk/race-details/26540>

Event HQ – the hall near the church and NOT the sports pavilion

East Hoathly Village Hall next to the church in Church Marks Lane, East Hoathly BN8 6EQ – Open from 07:15am with first rider off at 08:01.

The back of the hall faces on to South Street about 600 hundred yards from the junction with the A22. There are steps up from South Street opposite Juziers Drive and a path along the side of the hall to take you to the main entrance.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Please show respect to local residents in the locality with no shouting within earshot of houses, considerate parking and no turbo trainers to be used within 50 metres of a domestic property.

Car Parking - Please do not park and warm up in the sports pavilion car park

There is a small car park on Church Marks Lane opposite the front door to the hall, very close to some houses so please keep quiet so as to not disturb the residents. If necessary park on South Street, the main road through the village, or in Church Marks Lane by the church.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. If pinning your number please only use the eyelets, and please do not use additional pins as it tears the number.

Additional Hazards

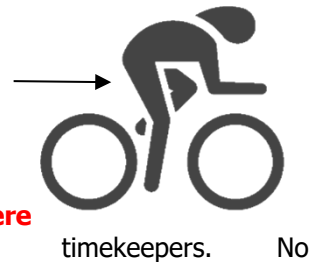
Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start The start is on the old A22 80 yards before The Shaw roundabout. Go in to the village from the HQ and turn sharp left to go past the Sports Pavilion and new housing estates to approach the The Shaw RBT on the A22.

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Please pay attention to the following CTT regulations/recommendations

- **Both Front and Rear Lights must be fitted and working** CTT Regulations now require that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light and to the rear of their machine a working rear red light; either flashing or constant, that are illuminated and in a position that is clearly visible to other road users. **NOTE THIS WAS A NEW REGULATION FOR 2022**
- **Helmets** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for **all competitors**. **NOTE THIS WAS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** Under 18 age entries must download, complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your lights and helmet. No lights, no helmet, no parental consent, no ride.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



Keep up to date with the regular updates in ESCA's Facebook Group:

East Sussex CA Facebook Group www.facebook.com/groups/EastSussexCA/

East Sussex CA Website www.eastsussexca.org.uk/

ESCA's web site lists all 7 ESCA Open TTs for 2024 with direct links to CTT on-line entry.

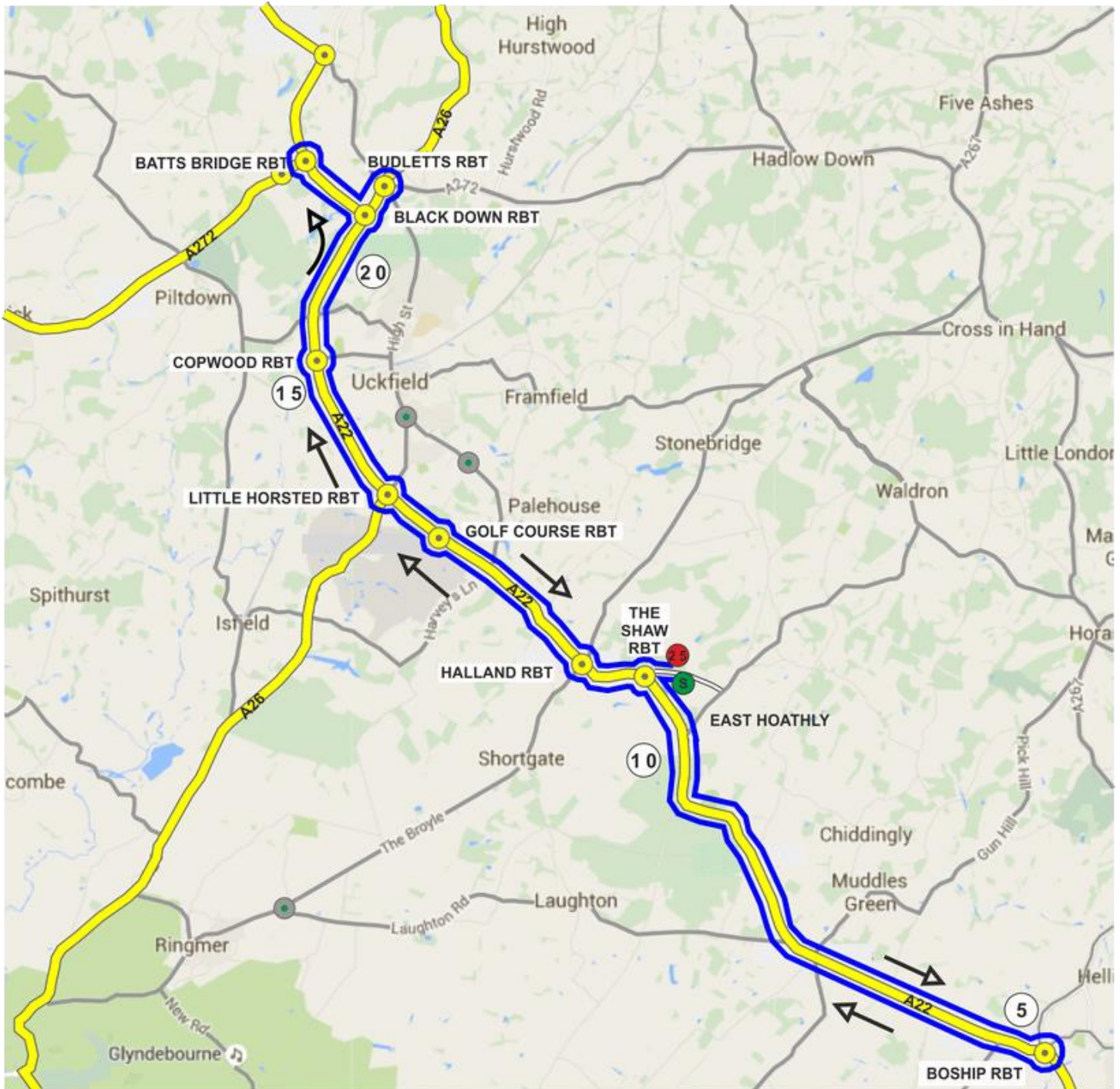
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Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the SCA website <https://www.sussexca.org.uk/g2580.html>

N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not included in the details below



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OS REF (TQ)	COURSE DIRECTIONS – G25/80
510165	START on old A22 west of East Hoathly at red arrow at drain just past Hassocks AS and 80 yards before The Shaw RBT (roundabout)
572112	LEFT 1st exit at The Shaw RBT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN
511165	4th exit to retrace through Golden Cross and Whitesmith to The Shaw RBT
468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT
463239	LEFT 1st exit and follow Maresfield by-pass to Batts Bridge RBT where TURN
471235	4th exit to retrace to Black Down RBT. LEFT 1st exit and follow A26 to Budletts RBT where TURN
510165	4th exit to retrace to Black Down RBT. Straight on 1st exit now on A22 and proceed via Copwood, Little Horsted, Golf Course and Halland RBTs to The Shaw RBT. Straight on 1st exit to <u>FINISH</u> at red mark on curb opposite LP 17 just before the start