



Crawley Wheelers



In partnership with Evans cycles
Proud supporters of St.Catherines Hospice

Dave Stokes Memorial Open 10 Mile Time Trial

incorporating the Ernie Dore Trophy

Saturday 6th July 2019

On course G10/97 - 10 Miles

*Promoted for and on behalf of **Cycling Time Trials** under their Rules and its Regulations*

Timekeepers: Mick Irons and Richard Blackmore
Event Secretary: Paul Batten, 18 Beech Gardens, Crawley Down, West Sussex, RH10 4JB
Tel: 07843 020789 **Email:** paul.batten1983@btinternet.com
Event HQ The Steyning Centre, Fletchers Croft, Steyning, BN44 3XZ

CTT REGULATIONS/RECOMMENDATIONS

- **Helmets:** In the interest of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards. CTT regulations require the compulsory use of helmets for the under 18's.
Under 18's need to bring a completed parental consent form with their helmet and present these "before signing on". No helmet, no parental consent, NO ride.
- **Lights:** It is recommended that a working rear light, either flashing or constant, is fitted in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up:** Competitors are requested not to warm up on the course after the first rider has started.
- **Vehicles:** No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas.
- **Observers:** Official Observers will be stationed around the course.

PLEASE KEEP YOUR HEAD UP AND WATCH OUT FOR POTHOLE, OBSERVE THE HIGHWAY CODE.

Above all enjoy your ride and ride safely. If you have any questions or feedback then please do not hesitate to contact me at paul.batten1983@btinternet.com

EVENT HQ

The Steyning Centre, Fletchers Croft, Steyning, BN44 3XZ HQ will be open from 6am.

There are toilets on site.

Tea, coffee and cake will be available. We kindly ask for donations in exchange. The money raised will go to St Catherines Hospice.

Parking: There is plenty of parking available at HQ which is free until 9am, it then becomes pay & display. There is also the option of free parking along the road by the church. Please be courteous of the public.

Thank you in advance for not wearing cycling shoes or cleats inside the HQ

Numbers at HQ only. After the event please return your race number to the event HQ and complete the sign-out sheet in exchange for a cup of tea or coffee.

HQ to start: 1.83 miles

Finish to HQ: 1.42 miles

Route to Start:

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and continue West on A283 for 0.7 miles.

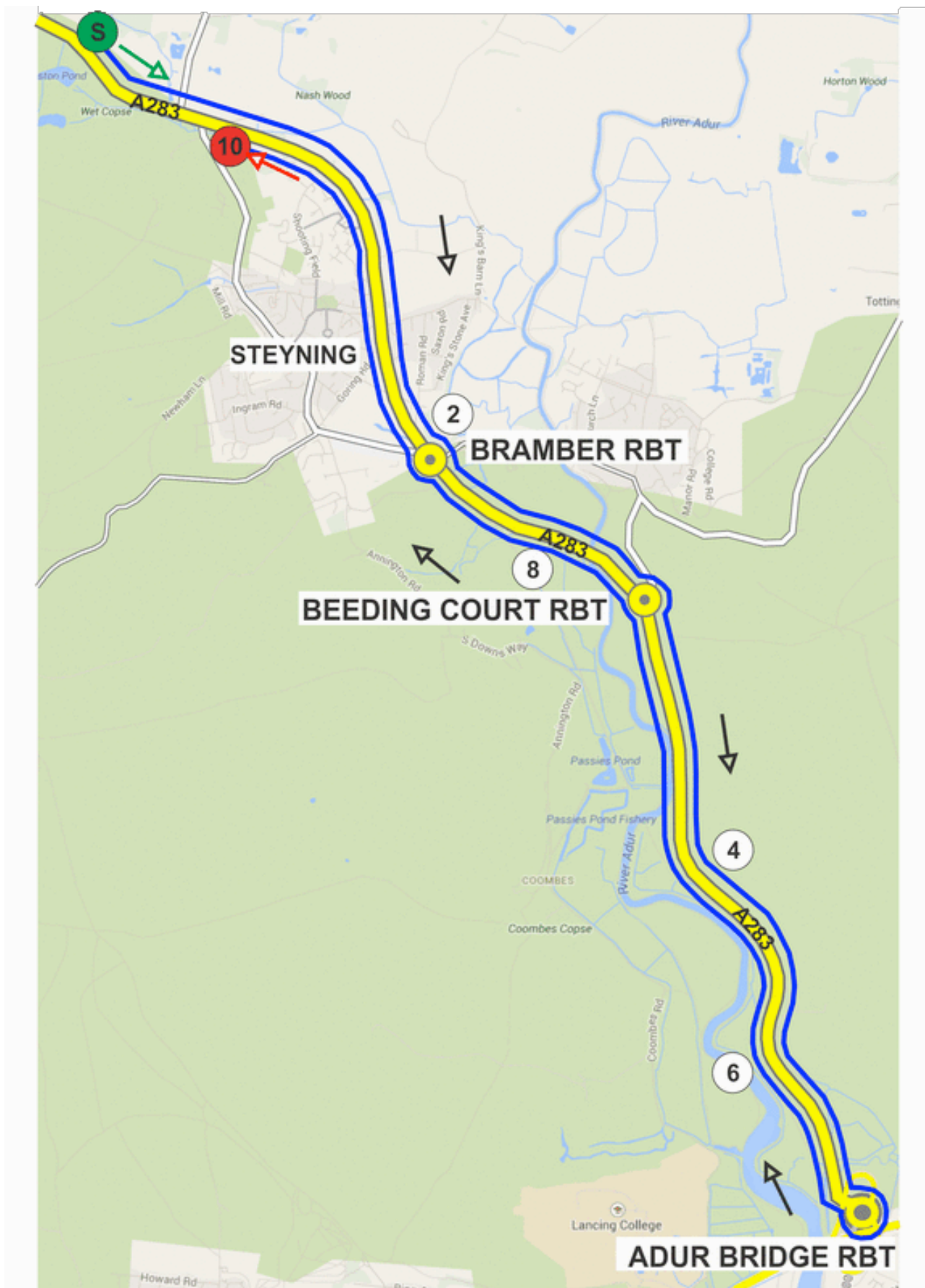
Route from Finish to Headquarters:

Continue past finish line and take 1st left. Head south along Steyning High Street, turn left at mini roundabout onto Church Street. Turn right after the Library.

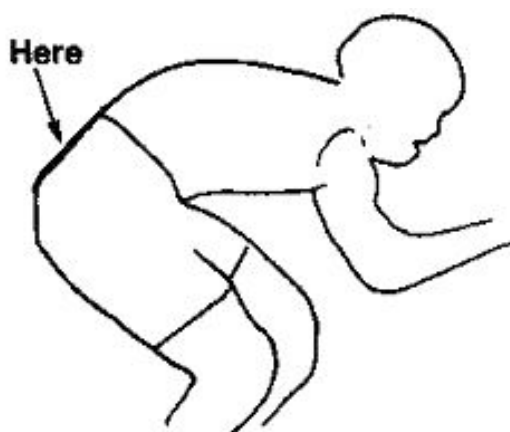
COURSE DETAILS

OS REF Details

164128	START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.0 Miles
209065	Proceed southeastwards along A283 via Bramber Castle and Heeding Court RBTs to Adur Bridge RBT, Shoreham, where TURN (CHECK)	5.41 Miles
173123	4th exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of "Public Bridleway" sign and 271 yards before left turn into Steyning	10 Miles



NUMBERS MUST BE FIXED BELOW WAIST



NO TIME MAY BE RECORDED IF NUMBER IS NOT CORRECTLY POSITIONED.

No.	Start	Rider	Club	Cat	Age	Std
1	07:01	Mandy Border	Crawley Wheelers	VW	42	00:28:26
2	07:02	Matthew Smith	Team ASL	S	35	
3	07:03	Carl Richardson	Trainsharp	V	55	00:27:12
4	07:04	Robin Johnson	Brighton Mitre CC	V	71	00:29:09
5	07:05	Tony Reeves	GS Stella	V	47	00:26:36
6	07:06	Christian Yates	East Grinstead CC	V	56	00:27:17
7	07:07	Brian Jones	Horsham Cycling	V	68	00:28:39
8	07:08	Stuart Payne	Central Sussex CC	V	56	00:27:17
9	07:09	Horatio Holloway	N+1 LCW	E	22	
10	07:10	Theo Tadros	Trainsharp	J	17	
11	07:11	Chris Jolliffe	Crawley Wheelers	V	61	00:27:45
12	07:12	Mike Boyce	...a3crg	V	63	00:27:59
13	07:13	Jon Collett	Lewes Wanderes	V	46	00:26:31
14	07:14	Steve Birchall	Crawley Wheelers	V	46	00:26:31
15	07:15	Brian Molloy	Brighton Excelsior cc	V	51	00:26:54
16	07:16	Sam Dix	Trainsharp	V	48	00:26:40
17	07:17	Katie Simmonds	Horsham Cycling	SW	26	
18	07:18	Pippa Crouch	Crawley Wheelers	VW	40	00:28:14
19	07:19	Georgie Little	N+1 LCW	EW	21	
20	07:20	Connor Murphey	Trainsharp	S	23	
21	07:21	Sue Collett	Lewes Wanderes	VW	41	00:28:20
22	07:22	Sally Turner	Trainsharp	SW	39	
23	07:23	Maria Victoria Vazquez-tojeiro	Crawley Wheelers	VW	48	00:28:56

24	07:24	Francis Schofield	Brighton Mitre CC	J	17	
25	07:25	Chris Lord	Brighton Excelsior cc	V	66	00:28:21
26	07:26	Andrew Green	Bec CC	V	44	00:26:22
27	07:27	Darren Bird	Sussex Nomads CC	S	38	
28	07:28	Barrie Foster	Anerley BC	V	70	00:28:58
29	07:29	Andrew Stewart	N+1 LCW	V	46	00:26:31
30	07:30	Kevin Plummer	South Downs Bikes	V	54	00:27:07
31	07:31	Iain Duncan	Crawley Wheelers	V	47	00:26:36
32	07:32	Peter Noble	Epsom CC	V	52	00:26:58
33	07:33	Adrian Bennett	Sussex Nomads CC	V	54	00:27:07
34	07:34	Gary Holder	VTTA Surrey/Sussex	V	54	00:27:07
35	07:35	Kevin Nelson	Crawley Wheelers	S	30	
36	07:36	Conor Boyle	Woking Cycle Club	V	46	00:26:31
37	07:37	Jonathon Morcombe	Brighton Mitre CC	V	44	00:26:22
38	07:38	John Mcdonald	Trainsharp	V	54	00:27:07
39	07:39	Sam Storer	Crawley Wheelers	V	44	00:26:22
40	07:40	Conall Yates	Trainsharp	S	38	
41	07:41	Jim Ford	Horsham Cycling	V	55	00:27:12
42	07:42	James Cheeseman	N+1 LCW	S	33	
43	07:43	Matt Williams	Peckham Cycling club	V	49	00:26:45
44	07:44	Peter Tadros	Trainsharp	V	48	00:28:56
45	07:45	Richard Burchett	Lewes Wanderes	V	48	00:28:56
46	07:46	Dan Pullen	N+1 LCW	V	44	00:26:22
47	07:47	Mark Van Niekirk	Dorking Cycling club	V	46	00:26:31
48	07:48	Stuart Stow	Twickenham CC	V	54	00:27:07
49	07:49	Joshua Foster	Evans Cycles race team	S	22	
50	07:50	Mark Bashford	East Grinstead CC	S	35	
51	07:51	Nolan Heather	Worthing Excelsior	V	43	00:26:17
52	07:52	Howard Shaw	Trainsharp	S	33	
53	07:53	Peter Owen	Norwood Paragon	V	58	00:27:28
54	07:54	Chris Mcnamara	Nuun-Sigma sport	V	44	00:26:22

Prizes

Overall

1st on actual time	£30
2nd on actual time	£20
3rd on actual time	£10

Veterans on standard

1st Veteran	£30
2nd Veteran	£20
3rd Veteran	£10

Ladies

1st Lady	£30
2nd Lady	£20

Team

1st team of 3	£10 each
---------------	----------

Ernie Dore Trophy

Awarded to the fastest rider who has never broken 24 minutes £15