



Buxton Cycling Club / Sett Valley Cycles Mountain Time Trial 2021

<https://buxtoncyclingclub.co.uk/mountain-time-trial/>

Bioracer Kudos Series Event 10

Promoted for and on behalf of Cycling Time Trials and under their regulations.

Saturday 2nd October 2021, First Rider Off at 13:01

HQ: Flash village hall, Quarnford, Buxton, SK17 0SW. Open from 11-30 for registration and collection of race numbers. There are toilet facilities. **No competitor or spectator parking at HQ.** See overleaf for competitor parking.

Organiser: Chris Lea, 12 Sheraton Way, Buxton, SK17 6FA, 01298 25642 / 07731 653019,
chris.lea@buxtoncyclingclub.co.uk

Timekeepers: Judith Soden (Start) and Tony Millington (Finish)

Course J8/3r: 3 laps (33 miles) or 2 laps (22 miles). Men under 40 must ride 3 laps. Women and Veterans ride 2 laps unless they have requested to ride 3 laps. See Start List.

Course description:

Start outside the Knight's Table, Flash Bar. Proceed forwards to the A53 and turn left onto the A53 in the direction of Leek. Turn sharp left after the Royal Cottage but before the Winking Man, on an unclassified road towards Longnor. In Longnor turn left into Carder Green and left again onto Buxton Road B5053, in the direction of Glutton Bridge. Take the first left turn upon leaving Longnor, on an unclassified road towards Flash Bar. At Flash Bar turn left onto the A53, past the start and complete a further one or two laps. The **Finish** is located approximately 0.4 miles before Flash Bar, immediately after a no-through road signed 'Colshaw' and shortly before the summit of the climb from Longnor. One lap = 11 miles.

See overleaf for a course map, profile and route to the Start.

Please no more than 5 riders at the Start at any time. As you pass the Start for your second lap please avoid riders who are just setting off.

After finishing please do not stop in the road, but make your way back to Flash.

Numbers and Signing on/off: Signing on/off will be at the HQ (please wear a mask and bring your own pen) and the numbers will be laid out for safe collection (please bring your own pins).

Remember to sign out and return the number to the bucket provided.

Failure to sign out will result in a DNF (Did Not Finish) classification.

The results will be posted on-line and emailed as soon as possible after the event. There will be no refreshments or results board at the HQ.

Regulations:

- PLEASE REMEMBER: CTT regulation 14(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. No rear light – no ride.
- Riders must exercise caution at all junctions. Any competitor who crosses to the wrong side of the road when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
- No “U” turns in the vicinity of the start and finish. Observers will be watching.
- Pace must not be given or received. The onus is on caught riders to adhere to this rule.
- Head up at all times.
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard.

COVID 19 regulations:

- If you feel at all unwell or are showing signs of Covid 19 DO NOT come to this event.
- Please avoid arriving too early.
- Please wear a face covering when signing in/out and collecting and returning your number.
- There are no changing rooms. Riders are requested to change in their cars.
- When signing on/signing out please maintain social distancing.
- Hand sanitisers will be available.
- Having finished your race you will be expected to return your number, sign out and then leave.
- Riders not adhering to the restrictions in place will not be permitted to ride, will be reported to CTT and may be refused entry to future events.
- These restrictions are not there to make it difficult for either you or the volunteers. They are there to minimise the risk of spreading COVID-19 virus.
- Thank you for your co-operation. Have a safe ride.

Prizes:

<u>Women 2-lap</u>		<u>Men 3-lap</u>		<u>Vet men (scratch) 2-lap</u>	
1 st	£25	1 st	£25	1 st	£25
2 nd	£20	2 nd	£20	2 nd	£20
3 rd	£15	3 rd	£15	3 rd	£15
4 th	£10	4 th	£10	4 th	£10
1 st on road bike	£15	1 st on road bike	£15	1 st on road bike	£15

One rider one cash prize.

The Buxton CC Mountain TT has again been sponsored by Hotel Milano Helvetia, Riccione in Italy (www.hotelmilano.net), one of the area’s famous “Bike Hotels”. The hotel is providing prizes of 2 five day stays at the hotel on their “Plus” package for cyclists, one for the winner of the Men’s/Espoirs’ in the 3-lap event and one for the winner of Women in the 2-lap event.

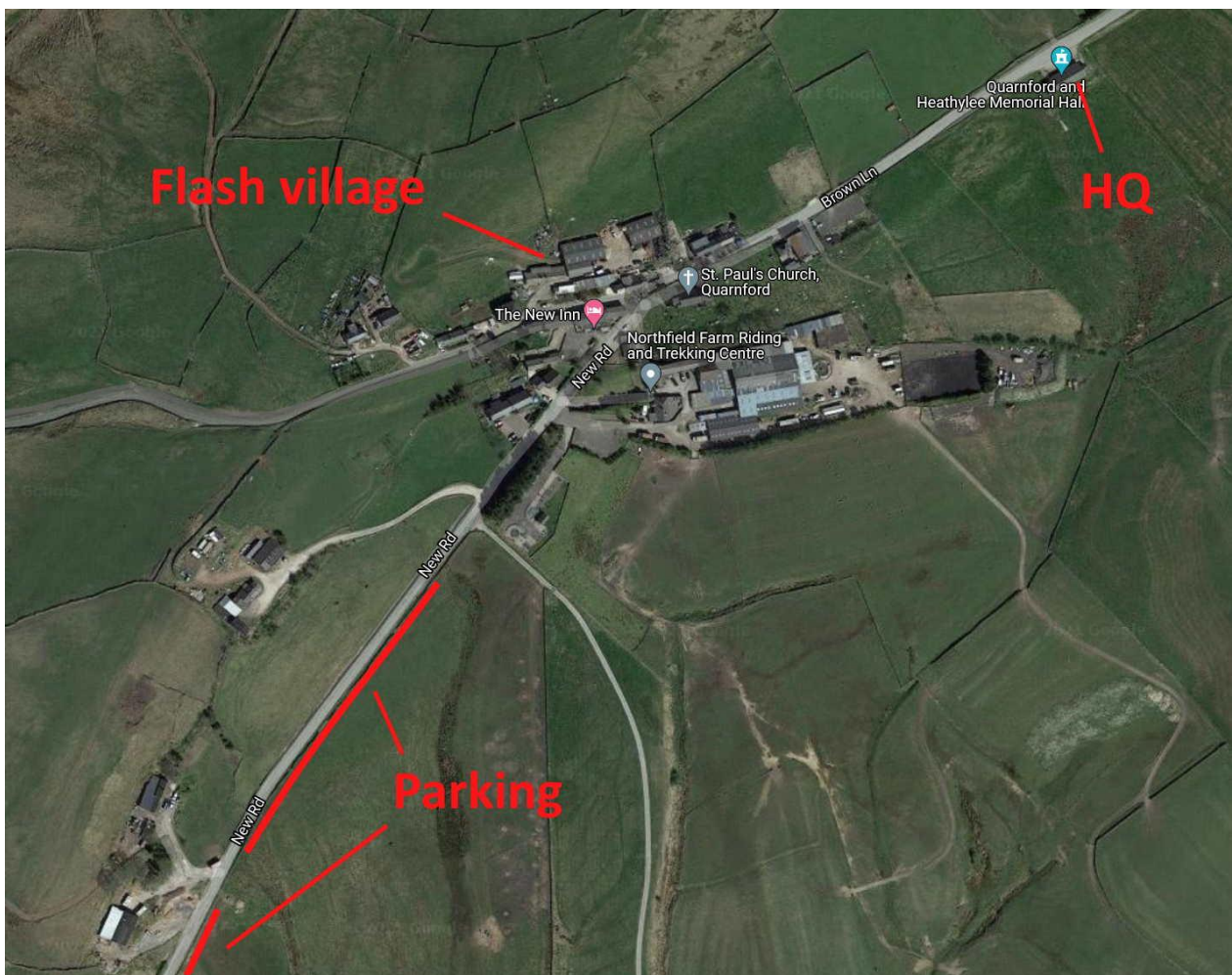
During their stay, the package will give our winners bed, breakfast, evening meal and post-ride afternoon buffet along with the assistance of a guide to show them the best local routes (with the hotel's other guests of course). The prizes don't include air fares but many UK airports have budget routes to destinations in north eastern Italy which allow easy transfers to the hotel by bus, train or taxi. Bike hire is available at the hotel.

The Hotel Milano Helvetia is, in addition, offering a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to **all entrants** to this event.

Road bike criteria, as per the CTT Classic Series:

- No tri-bars, clip-on bars or Spinaci bars.
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each. The maximum rim depth on all wheels is 65mm.
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used.
- Riders must not ride with their forearms resting on the handlebars at any time.

Parking: There is NO competitor or spectator parking at the HQ. Please park south of Flash village, beyond the de-restriction signs and the Peak National Park sign for Flash, on the left side only as the road descends in the direction of Gradbach, as below, using the wider parts of the road. **DO NOT PARK IN FLASH VILLAGE nor in the layby on the A53 opposite the minor road to Flash – it is used by wagons to turn.** Sorry for all the instructions, but Flash residents have had many problems with tourists parking inconsiderately.



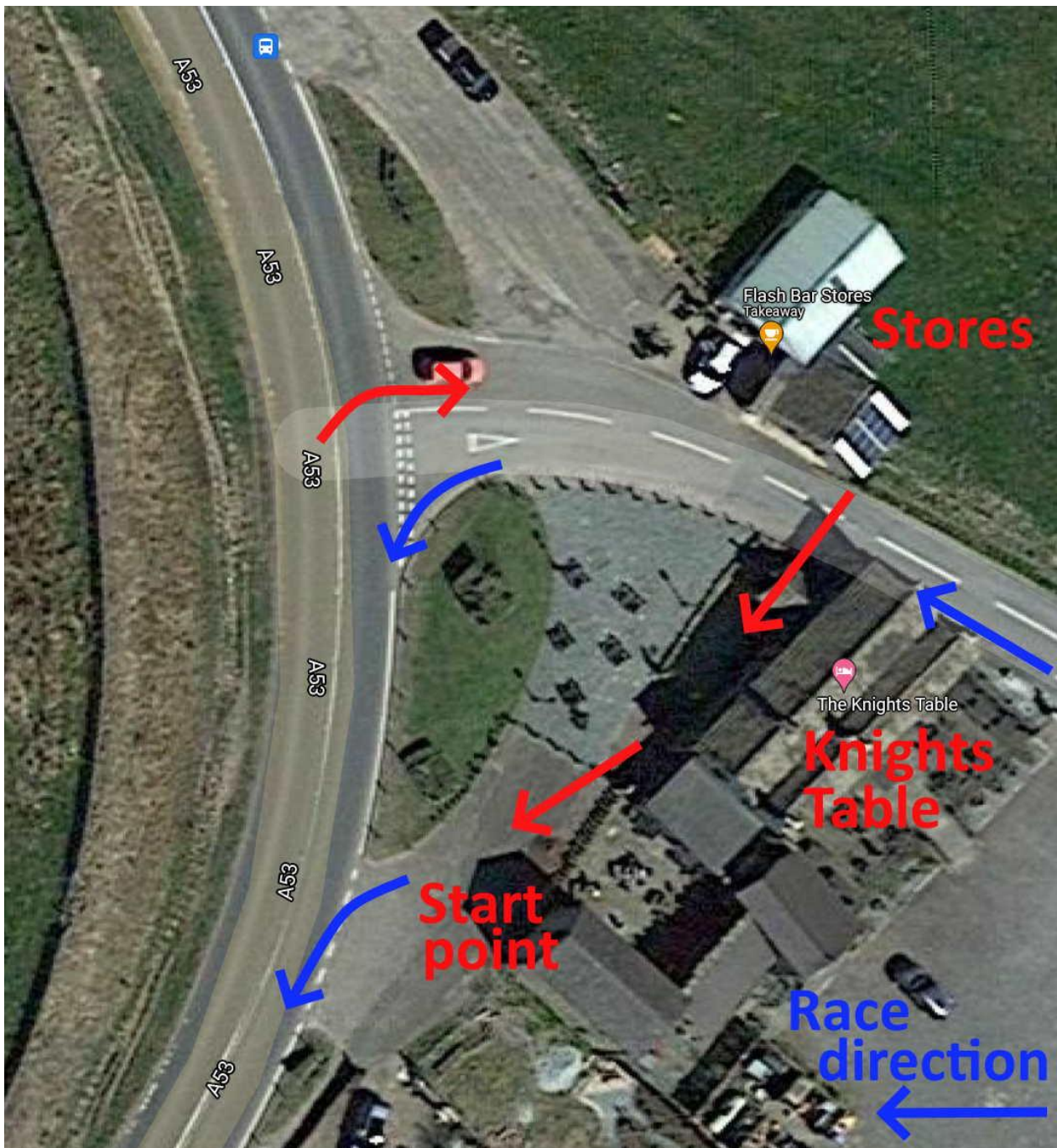
Warm-up: The road below the parking area in the direction towards Gradbach, including the 1st left turn towards Goldsitch Moss, are quiet roads for warming-up.

Directions to the Start: Please follow the red arrows on the map below to get to the Start.

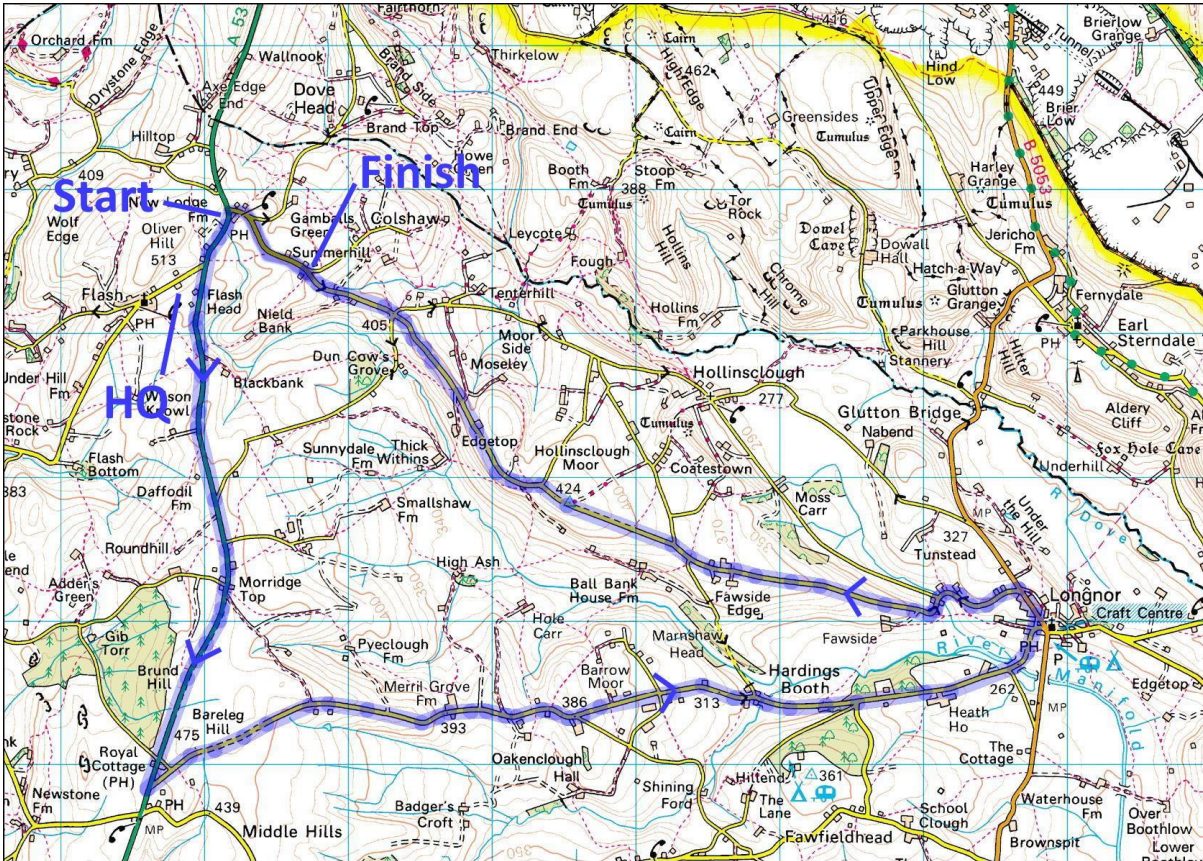
From the HQ, turn left onto the A53, in the direction of Buxton. Turn right, with great care, into the lane between The Knights Table and Flash Stores. Dismount just beyond the stores and walk across the road, then walk along the front of the Knights Table to the Start.

These directions are to avoid impeding competitors who are just starting their race.

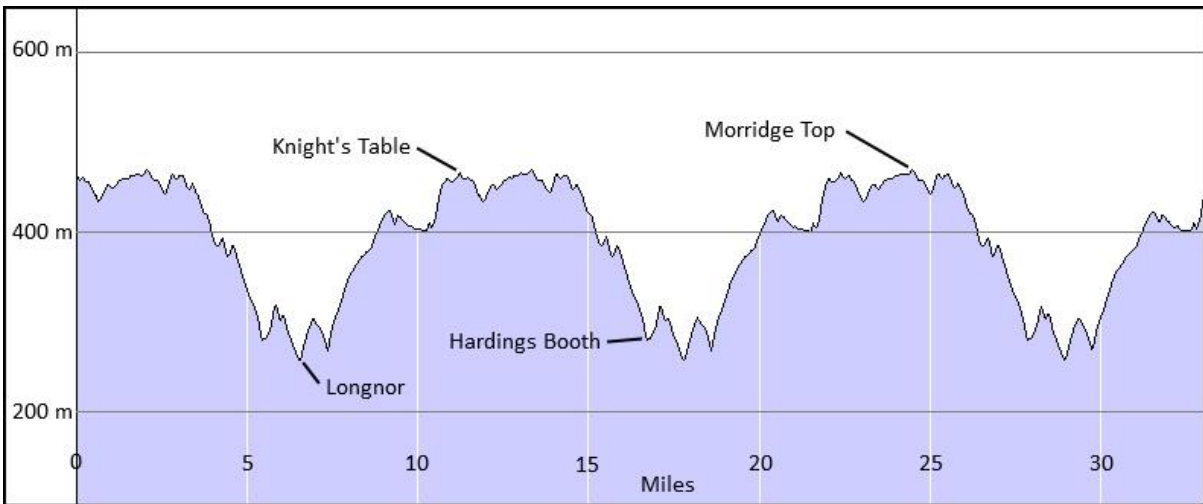
Please take care to avoid competitors approaching the end of their 1st lap.



Course map and profile:



Profile for 3 lap event:



WARNING: Hardings Booth. There is a blind right-hand bend at the bottom of the main descent, at Hardings Booth. This will be marshalled and there will be warning flags in place. Under no circumstances must you cut this corner. Riders have been DQ'd in the past for making such a manoeuvre.

Please remember this is a mountain time trial, so bring some low gears, good brakes, and take care on the descents. The maximum gradient uphill is 1:7 and similar downhill.

Sponsors:

The Buxton CC Mountain Time Trial has again been sponsored by Hotel Milano Helvetia, Riccione in Italy (www.hotelmilano.net), one of the area's famous "Bike Hotels".



The hotel has generously provided prizes of 2 five day stays at the hotel on their "Plus" package for cyclists, one for the winner of the Men's/Espoirs' in the 3-lap event and one for the winner of Women in the 2-lap event. The Hotel Milano Helvetia has, in addition, offered a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to ALL ENTRANTS to the event.



Additional prizes are being kindly provided by Set Valley Cycles, sponsor of Buxton Cycling Club, supporting us in many ways. Set Valley Cycles is a traditional bike shop with a professional workshop. It is situated in the heart of New Mills on the edge of the Peak District. See: <http://www.settvalleycycles.co.uk/>

Thank you to The Knights Table <http://www.theknightstable.co.uk/> who currently provide B&B accommodation at Flash Bar, for use of their land for the Start.

Thank you to Mr Wood for use of his land for the Finish timekeeper.

Thank you too, to Flash village hall, for use of the hall.

Finally, thank you to the timekeepers & assistants, helpers at the HQ and for course signage, and all the marshals (members and friends of Buxton CC) and of course all the riders – have a safe and fast ride!

Startsheet: overleaf

No.	Start time	Name	Club	Gender	Category	Age
3 Lap, 33 miles						
1	13:01	James Foggensteiner	Team PB Performance	Male	Espoir	22
2	13:02	Mark Pilling	Macclesfield Wheelers	Male	Senior	37
3	13:03	Gareth Haines	Race Hub	Male	Senior	36
4	13:04	Patrick Wood	Macclesfield Wheelers	Male	Espoir	20
5	13:05	Matt Gibson	Ribble Weldtite Pro Cycling	Male	Senior	25
6	13:06	Ben Norbury	Congleton CC	Male	Senior	37
7	13:07	Matt Lawton	Macclesfield Wheelers	Male	Veteran	40
8	13:08	Stephen Ball	Coalville Whs	Male	Senior	38
9	13:09	Joseph Molyneaux	Congleton CC	Male	Senior	28
10	13:10	Gavin McCloskey-Lambert	Manchester Wheelers	Male	Senior	33
11	13:11	David Fellows	Solihull CC	Male	Senior	28
12	13:12	Matthew Wales	Pirate juice cc	Male	Senior	32
13	13:13	Jack Levick	Rose Race Team	Male	Senior	24
2 Lap, 22 miles						
14	13:14	Tracy Gregory	Buxton CC/Sett Valley Cycles	Female	Veteran	56
15	13:15	Alice Taylor	Congleton CC	Female	Senior	30
16	13:16	Catherine Hughes	Ilkeston Cycle Club	Female	Veteran	52
17	13:17	Esther Burt	Macclesfield Wheelers	Female	Senior	30
18	13:18	Smudge Smith	Ilkeston Cycle Club	Female	Veteran	53
19	13:19	Sarah Lewis	The Racing Chance Foundation	Female	Senior	35
20	13:20	Joanna Cebrat	Bury Clarion CC	Female	Veteran	42
21	13:21	Madeleine Gammons	Jadan CycleSpace- Vive Le Velo	Female	Espoir	21
22	13:22	Liz Batt	Buxton CC/Sett Valley Cycles	Female	Veteran	56
23	13:23	Sarah Lewthwaite	Team Sportslab	Female	Veteran	48
24	13:24	Emily Martin	Weaver Valley CC	Female	Senior	31
25	13:25	Stephen l'Anson	Buxton CC/Sett Valley Cycles	Male	Veteran	65
26	13:26	John Keen	Weaver Valley CC	Male	Veteran	56
27	13:27	James Russell	Macclesfield Wheelers	Male	Veteran	59
28	13:28	Simon Myatt	Ashbourne Cycling Club	Male	Veteran	41
29	13:29	Mark Lambert	Ilkeston Cycle Club	Male	Veteran	57
30	13:30	Andrew Hicklin	Peak Road Club	Male	Veteran	55
31	13:31	Chris Wilcox	Lyme Racing Club	Male	Veteran	58
32	13:32	Marcus Fielden	Macclesfield Wheelers	Male	Veteran	45
33	13:33	Adrian Derbyshire	Leek CC - Den Engel Belgian Bar	Male	Veteran	49
34	13:34	Fred Wardle	Macclesfield Wheelers	Male	Veteran	66
35	13:35	Kevin White	Matlock CC	Male	Veteran	52
36	13:36	Jimmy Froggatt	SKCC	Male	Veteran	52
37	13:37	Chris Debens	VTTA (Midlands)	Male	Veteran	46
38	13:38	Robert Gower	Mercia - Lloyds Cycles CC	Male	Veteran	62
39	13:39	Mervyn Sperry	Coalville Whs	Male	Veteran	67
40	13:40	Mark Hamer	Stratford Cycling Club	Male	Veteran	46
41	13:41	Andy Ashurst	Manchester Wheelers	Male	Veteran	56
42	13:42	Thijs Geurts	Macclesfield Wheelers	Male	Veteran	47
43	13:43	John Bayliss	Cero/Cycledivision	Male	Veteran	65
44	13:44	Rich Dearden	Macclesfield Wheelers	Male	Veteran	45
45	13:45	Ashley Roue	Mapperley CC	Male	Veteran	52