

VTTA East Midlands Group
10 Miles Time Trial
Saturday 20th April 2024 – start 3:00pm
(Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations)

Event Secretary: D.Yarham. 7 Torpel Way, Maxey, Peterborough, PE6 9EQ
Tel: 01778 343077 Mobile: 07932 162471

Timekeepers: Mrs S Bowler South Pennine RC
 Mr W Stanley Melton Olympic CC

Course: A10/3.

Start at grid reference SK697419 ten yards north of 'Clearway' sign on A6097 inside the white line marking edge of slip road onto A46 northbound. Start level with drop down kerb, back wheel up against kerb edge which is 90 degrees to the carriageway. (Riders can taper onto the slip road as traffic allows/dictates) Join the A46, proceed north until Elston/Thorpe junction. Follow junction sweeping left to turn left at T junction, cross over the A46, take first left and sweep left to rejoin A46 southbound. Continue on A46 until East Bridgford/Car Colston junction. Left onto slip road. Continue to small roundabout, turn left onto unclassified road towards Car Colston to finish at large signboard. Grid reference SK720428. 10.02 miles. NOTE: The sign shows no information when approaching from direction of travel. The reverse side viewed from the east informs of the roundabout.

Headquarters: Gunthorpe Village Hall, Davids Lane, Gunthorpe, Nottingham, NG14 7EW. The HQ will be open from 13:30pm.

Local Regulations: No warming up on the A46 after the start of the event

Parking: There is limited hard standing parking at the village hall (15 – 20 cars) and parking may be available on the playing field (weather permitting). **To maximise use of the hard standing please be considerate with static warm up on this area.** There is on street parking in the local residential roads (please park with consideration for local residents and do not park on the pavements). Please do not park at the start but there is a very wide verge area near the roundabout on the road towards Newton (Main Street) and very close to the start.

Safety: Working front and rear lights, either flashing or constant, must be fitted to your machine in a position visible to other road users and be active while the machine is in use. A hard shell helmet that meets internationally accepted safety standards must be worn.

Directions to Start from HQ (c2.5 miles)

The quickest route to the start is to make your way back to the A6097, turn left onto the A6097 and continue across the Trent and up the hill to the roundabout and slip road leading onto the A46 northbound.

An alternative route (approx 3.5 miles) is through the village of East Bridgford. Cross the Trent on the A6097 bridge and turn immediately left (Trent Lane) and follow into East Bridgford. There is a steep climb up to the church and straight over the crossroads (a slight dog-leg – Main Street) to continue through the village (Butts Lane) and over the A46. Turn right at the junction and proceed to the roundabout where you take the 3rd exit to approach the A6097 roundabout and A46 sliproad from the opposite direction.

Directions back from Finish

Proceed through the finish and find a safe place to turn. Retrace your route past the finish to the roundabout and take the first exit (left). Continue for a short distance and take the first road on the right (Butts Lane). This takes you over the A46 and into East Bridgford. At the crossroads in the centre of the village (near the church) go straight over (a slight dog-leg – into Trent Lane) and descend the steep hill down to the river Trent and along to the A6097. Turn right over the bridge (a footpath is available if you do not wish to cross the road) and then immediately right into Gunthorpe. The first left takes you back along the main street with David's Lane on the right. It is just under 3 miles back to the HQ from the finish.

Numbers: At headquarters, exchange for a free drink after the event. Please note, that competitors must sign-in in order to collect their number AND sign-out when returning their number. Failure to sign-out after completing the event will result in the competitor being classed as dnf.

Please do not arrive at the start more than 5 minutes before your allotted start time.

Refreshments: Filled rolls and cakes will be available at the HQ. Please note that all profits from the refreshments at VTTA East Midlands events are donated to local Air Ambulance charities.

Finally, keep your head up and have a safe and fast ride.

Awards: (One rider – one prize)

On Age Adjusted Time: 1st £40 2nd £30 3rd £20 4th £15 5th £10
 On Actual: 1st £40 2nd £30 3rd £20 4th £15 5th £10
 On Handicap: 1st £40 2nd £30 3rd £20 4th £15 5th £10

Fastest Lady on Actual Time: £40
 Fastest on Road Bike on Actual: £40
 Team of 3 on Age Adjusted Time: £10 each
 Team of 3 on Actual: £10 each

No	Name	Club	Mach	Cat	Age	AgeAdj	H'cap	Start
1	Andrew Miller	ADDFORM Vive Le Velo	TT	V	45	00:15	01:46	15:01
2	Geoff Stanbridge	Fenland Clarion CC	Road	V	64	02:24	19:01	15:02
3	Sarah Terry	Newark Castle C C	TT	LV	47	02:41	14:00	15:03
4	Kevin Humphreys	Sherwood CC	Road	V	64	02:24	06:27	15:04
5	Casper Raynard	Rule 28 x ATP Performance	Road	Esp	21		03:57	15:05
6	Stephen Clark	Sherwood CC	TT	V	54	01:02	04:03	15:06
7	Simon Geraci	VTTA (Yorkshire)	TT	V	56	01:16	03:55	15:07
8	Jymmy Trevor	City RC (Hull)	Trike	V	51	02:41	05:57	15:08
9	Charlotte Dadd Julian	Melton Olympic CC	TT	LV	44	02:36	09:37	15:09
10	Ramsbottom	Team Bottrill	TT	V	52	00:49	01:38	15:10
11	Paul Bavington	Team Bottrill	TT	S	37		02:54	15:11
12	Michael Allen	Team Enable - M.I. Racing	TT	V	77	05:12	03:43	15:12
13	Rod J Weston	Melton Olympic CC	TT	V	64	02:24	05:06	15:13
14	Alan Busuttil	Matlock CC	TT	V	57	01:23	11:07	15:14
15	Matthew Kent	Tofauti Everyone Active	TT	Jun	16		02:19	15:15
16	Simon Inman	OVB	TT	V	51	00:43	03:24	15:16
17	John Hind	Bolsover and District CC	TT	V	59	01:39	04:24	15:17
18	Andy MacKay	Melton Olympic CC	TT	S	36		05:57	15:18
19	Harry Cowley	Chester RC	TT	V	76	04:56	08:49	15:19
20	Stuart Wells	Lindsey Roads Cycling Club	TT	V	52	00:49	01:36	15:20
21	Michael Wills	Team Lutterworth Cycle Centre	TT	V	65	02:34	02:45	15:21
22	Will Trevor	City RC (Hull)	TT	Esp	19		03:57	15:22
23	Reed Partridge	Ambion Racing Team	TT	V	51	00:43	05:00	15:23
24	Joe Murray	Hinckley Cycle Racing Club	TT	V	63	02:14	07:09	15:24
25	Toby Simpson	Team Bottrill	TT	Esp	19		02:11	15:25
26	Carl Shaw	Coalville Whs	TT	V	44	00:11	03:19	15:26
27	John Tracey	Ambion Racing Team	TT	V	48	00:28	04:19	15:27
28	Gillian Campbell	Born to Bike - Bridgtown Cycles	TT	LV	60	03:53	05:55	15:28
29	Matthew Finch	Leicester Forest CC	Road	V	52	00:49	07:59	15:29

30	Andy Thomas	Lindsey Roads Cycling Club	TT	V	54	01:02	01:29	15:30
31	Ian King	Pedal Power Loughborough	TT	V	58	01:31	02:39	15:31
32	Denise Burrows	AeroCoach	TT	LV	45	02:38	03:47	15:32
33	Michael Lythgoe	Kenilworth Wheelers	TT	V	74	04:25	04:40	15:33
34	Jo Corbett	Sherwood CC	TT	LV	68	06:01	06:34	15:34
35	Paul Aldridge	Kenilworth Wheelers	TT	V	54	01:02	02:07	15:35
36	Ed Tarelli	Race Hub	TT	V	52	00:49	03:11	15:36
37	Stuart Bramley	Race Hub	TT	V	51	00:43	04:19	15:37
38	David Wright	Cheshire Roads Club	TT	V	70	03:31	05:54	15:38
39	David Hayward	Matlock CC	TT	V	79	05:47	07:40	15:39
40	Neil Cleminshaw	ADDFORM Vive Le Velo	TT	V	54	01:02	01:26	15:40
41	Matthew Bottrill	Team Bottrill	TT	V	46	00:19	02:41	15:41
42	Philip Brown	Walsall Roads Cycling Club	TT	V	72	03:57	04:28	15:42
43	Adrian Osborn	Stratford Cycling Club	TT	V	64	02:24	04:49	15:43
44	Andrew Vaughan	City RC (Hull)	TT	V	57	01:23	06:33	15:44
45	Ashley Steventon	Royal Air Force Cycling Association	TT	S	38		01:57	15:45
46	Tim Baggs	Sherwood CC	TT	V	54	01:02	03:11	15:46
47	Susan Semple	Legato Racing Team (LRT)	TT	LV	58	03:34	04:13	15:47
48	Martin Lister	Witham Wheelers / Grantham	TT	V	71	03:44	05:52	15:48
49	Roy Oakes	Team Ohten Aveas	TT	V	79	05:47	07:38	15:49
50	James Perkins	Team Ohten Aveas	TT	V	46	00:19	01:25	15:50
51	Alastair Semple	Legato Racing Team (LRT)	TT	V	56	01:16	02:43	15:51
52	Simon Warren	Norwood Paragon CC	Road	V	51	00:43	03:39	15:52
53	Ivan Lucas	Melton Olympic CC	TT	V	62	02:05	04:42	15:53
54	Mark Malin	Ambion Racing Team	Road	V	65	02:34	06:30	15:54
55	Michael Costello	Race Hub	TT	V	48	00:28	01:57	15:55
56	Loz Staples	Spalding CC	TT	V	50	00:38	03:09	15:56
57	Ben Turner	Velo Club Long Eaton	TT	V	48	00:28	04:11	15:57
58	Gretchen Zoeller	Born to Bike - Bridgtown Cycles	TT	LV	44	02:36	05:40	15:58
59	Paula Fisher	Born to Bike - Bridgtown Cycles	TT	LV	66	05:20	07:36	15:59
60	Ian Guilor	Mapperley CC	TT	V	56	01:16	01:23	16:00
61	Daniel Barnett	Team Bottrill	TT	V	49	00:33	02:27	16:01
62	Aaron Cocker	Racing Team Dawson	TT	Y	15		03:38	16:02
63	Mark Newton	Ratae RC	TT	V	56	01:16	04:55	16:03
64	Harry Dadd	Melton Olympic CC	Road	Jun	16		07:17	16:04
65	Martin Fisher	Melton Olympic CC	TT	V	44	00:11	01:56	16:05
66	Graham Heaton	City RC (Hull)	TT	V	57	01:23	02:58	16:06
67	Andy Newham	Lincoln Wheelers CC	Trike	V	51	02:41	04:08	16:07
68	Garry Shuker	Walsall Roads Cycling Club	TT	V	68	03:07	05:39	16:08
69	Kathryn Smith	Sleaford Wheelers Cycling Club	TT	LV	70	06:29	07:27	16:09
70	Neal Parkin	Team Bottrill	TT	V	44	00:11	00:48	16:10
71	Martin Perrett	Team Ohten Aveas	TT	V	58	01:31	02:23	16:11
72	Tyler Bucknall	Lindsey Roads Cycling Club	TT	Esp	21		03:33	16:12
73	David Mason	Lincoln Wheelers CC	Trike	V	50	02:35	04:39	16:13
74	Mark Stock	Velo Club Long Eaton	TT	V	60	01:47	06:25	16:14
75	Stu Wright	API/Anglia Sport	TT	V	56	01:16	01:53	16:15
76	Ed Watson	Ratae RC	TT	V	48	00:28	02:56	16:16
77	Chris Spray	Ratae RC	TT	V	57	01:23	04:07	16:17
78	Jen Clegg	Team Bottrill	TT	LV	70	06:29	05:30	16:18
79	David Smith	Sleaford Wheelers Cycling Club	TT	V	72	03:57	05:22	16:19
80	James Richards	WardPerformanceUK.com	TT	S	26		00:46	16:20

81	Neil White	Ambion Racing Team	TT	V	56	01:16	02:21	16:21
82	Mark White	Mark White Coaching RT	TT	V	54	01:02	03:29	16:22
83	Michael Wilkinson	South Normanton C C	TT	V	64	02:24	04:29	16:23
84	Phil Wright	Hartlepool CC	TT	V	69	03:19	06:17	16:24
85	Matthew Uttley	Nottingham Clarion CC	TT	V	49	00:33	01:51	16:25
86	Stephen Robinson	Velo Club Long Eaton	TT	V	60	01:47	02:55	16:26
87	Mick Stevens	Melton Olympic CC	TT	V	74	04:25	04:04	16:27
88	Tony Grassby	Peak Road Club	TT	V	57	01:23	05:08	16:28
89	Jez Willows	Sherwood CC	Road	V	58	01:31	07:17	16:29
90	Jack Levick	Rose Race Team	TT	S	26		00:30	16:30
91	Phillip Tyas	Barnsley Road Club	TT	V	42	00:05	01:46	16:31
92	Colin Parkinson	South Western RC	TT	V	62	02:05	02:29	16:32
93	Benjamin Williams	Team Bottrill	TT	S	33		01:45	16:33
94	Mark Hamer	Legato Racing Team (LRT)	TT	V	49	00:33	01:42	16:34
95	Richard Oakes	Team Ohten Aveas	TT	V	55	01:09		16:35