

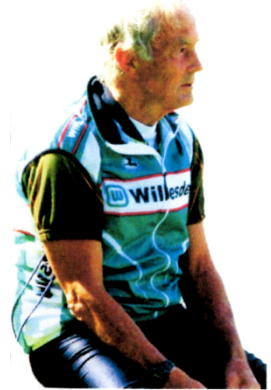
Rocco 25 Mile Open TT



6th October 2024

Promoted by

VTTA London & Home Counties



The Rocco Memorial 25 Mile Open TT

6 October 2024, Start Time: 07:30am

Course: H25/2

Race Director: Wolfgang Emmerich (Team Bottrill and VTTA L&HC)
Tel: 07887 930345
Email: we@acm.org

Timekeepers: Howard Waller (Python RT)
Roger Wolsey (London West)

Marshalling: London Phoenix, Team Bottrill
VTTA London and Home Counties

First Aider: Wolfgang Emmerich

Race Head Quarters: Liston Hall, Chapel St, Marlow, Bucks SL7 1DD

Registration opens: 06:15am

In the interest of your own safety, Cycling Time Trials and the Event Promoters require you to wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working **rear red light**, either flashing or constant, and to the front of their machine a working **front light** that are illuminated and in a position clearly visible to other road users.

Whilst we have many procedures outlined below, we may have to make changes based on events on the day. These will be communicated fully where appropriate. You are expected to follow the guidance of the marshals.

This event is run under CTT regulations which can be found here:
<https://www.cyclingtimetrials.org.uk>.

1. Race HQ

We have rented Liston Hall from the Marlow Community Association as Race HQ for this event. Sign-on will be in the Garden Room. There will be toilet facilities available. You are asked to not urinate in the carpark or grounds or change in full view of any of the residents.

We are very lucky to have this facility, so please do not give them reason to not allow us to use it in the future. All future references to "HQ" in this document are referring to this facility.

Turbo trainer/roller warm up are permitted at HQ but only directly behind/in front of your parked vehicle. You are encouraged to warm up on the road. Riders not following guidelines or instructions from officials will not be permitted to race and will be reported to CTT.

Please **allow at least 15-20 minutes** to get to the start from the HQ. To get to the start you need to ride up the A404 and around the roundabout at the top of the hill. The start is in the first layby coming back down on the A404 towards Marlow.

2. Sign-On and Sign Off

Riders not signing on 20 minutes before their start time will be recorded as DNS. If you will not be attending, then please let us know by messaging the organiser on 07887930345 and your entry will be marked as DNS(A).

This is to ensure we can successfully run this event and others in the future and that the event promoters are not being challenged in social media. We are all in this together so please respect the volunteer team and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, will be reported to CTT and might refused entry to future events.

Please **return your number** after finishing your race. Riders are required to **sign-off** at the Race HQ. Failure to return your race number or to sign-off will result in disqualification.

3. Course Description

Start on the A404 approximately 0.4 mile south of Handy Cross RAB, in the first lay-by on the east side of the road, at a point at the southern end of the pathway, where the width of the lay-by starts to decrease, directly opposite a drain. Go south, going straight across at the A308/A404 RAB to the junction with the A4, where take the left-hand slip road to the Maidenhead Thicket RAB. Take third exit to join the A4 towards Reading. Go straight ahead at Maidenhead Business Park RAB and keep straight-ahead at the Burchetts Green mini-RAB. Go straight through Knowl Hill and Hare Hatch to the A321 Twyford RAB where go straight across and, taking care at the pedestrian lights at Charvil, continue to the Sonning Junction RAB. Circle the RAB and retrace, taking care at the pedestrian lights at Charvil to go straight across at the A321 Twyford RAB and through Hare Hatch and Knowl Hill to the mini-RAB at the Burchetts Green mini RAB, where bear right still on the A4 to the Maidenhead Business Park RAB Go straight on to the Maidenhead Thicket RAB. Bear left down slip road to join A423/A404 to the A308 RAB where take second exit on A404 to a point 17 yards past the centre of a foot bridge over the road, and 32 yards short of lamp post No 14 where finish.

4. Local Regulations

District Regulations that apply to H25/2 (Handy Cross): **Riders should not cross the dual carriageway near the start.**

District Regulations applicable to all events Restriction of Parking at the Start and Finish.
LWDC 4 No vehicles, except those of the timekeepers', shall be parked at the start or finish.

Reporting of breaches of Local Regulations: **LWDC 5 All breaches of Local Regulations will be reported in writing to the London West District Secretary.**

5. Race Results

We will be using ResultSheet. We will aim to record a split time at the Sonning Junction RAB. Race results will be displayed at HQ on a big screen and you and your friends/family can also use the QR code below to track race results online. These results on ResultSheet will be provisional until verified by the official timekeepers.



6. Prizes (one prize per person, with the exception of the team prize)

The following prizes will be awarded to VTTA members:

- VTTA Gold-Silver-Bronze Medals for Fastest Open 1-2-3 on Age Adjusted Time
- VTTA Gold-Silver-Bronze Medals for Fastest Female 1-2-3 on AAT
- VTTA Golds-Medals (each) for Fastest Club Team of 3 on AAT
- VTTA Gold Medal - Fastest Open on Actual Time
- VTTA Gold Medal - Fastest Female on Actual Time

VTTA Gold Medal winners in Fastest Open and Fastest Female AAT categories will receive an invitation to the prize giving luncheon that will be held on February 2nd 2025.

7. Start List

No	Start	First	Name	Club	Classification	Machine	Cat	Age Adj.
31	07:31	Hugh	Seaborn	Kingston Wheelers CC	Open	Road Bike	Vet	5:23
32	07:32	Teresa	Goddard	Kingston Wheelers CC	Female	Road Bike	Vet	9:56
33	07:33	Bruce	McMichael	Hounslow & District Whs	Open	TT Bike	Vet	3:35
34	07:34	Christopher	Rosam	Epsom CC	Open	TT Bike	Vet	6:13
35	07:35	Julian	Scutter	East Grinstead CC	Open	TT Bike	Vet	7:07
36	07:36	David	Steel	Hereford & Dist Whs CC	Open	TT Bike	Vet	8:36
37	07:37	Hollie	Strawson	Total Tri Training	Female	TT Bike	Sen	6:22
38	07:38	Philip	Burgin	Newbury Velo	Open	TT Bike	Vet	8:36
39	07:39	Ruth	Jones	Farnborough & Camberley CC	Female	TT Bike	Vet	6:35
40	07:40	Marek	Siwicki	Addiscombe CC	Open	TT Bike	Vet	1:38
41	07:41	Philip	Skinner	Welwyn Whs	Open	TT Bike	Vet	4:16
42	07:42	Richard	Moule	Bossard Whs	Open	TT Bike	Vet	7:35
43	07:43	Neil	Druce	Didcot Phoenix CC	Open	TT Bike	Vet	3:35
44	07:44	Sarah	Matthews	...a3crg	Female	TT Bike	Vet	12:10
45	07:45	Chris	Lowe	Swindon Road Club	Open	TT Bike	Vet	7:07
46	07:46	Benjamin	Jones	Penge Cycle Club	Open	TT Bike	Vet	2:58
47	07:47	Edward	James	VTTA (London & Home Counties)	Open	TT Bike	Vet	2:58
48	07:48	Gary	Chiverton	Bournemouth Jubilee Whs	Open	TT Bike	Vet	5:48
49	07:49	Hilary	Briggs	Serpentine Running Club	Female	TT Bike	Vet	10:57
50	07:50	Matthew	Reader	Verulam CC	Open	TT Bike	Vet	2:58
51	07:51	John	Lacey	Hemel Hempstead CC	Open	TT Bike	Vet	4:37
52	07:52	James	Wooldridge	Team Milton Keynes	Open	TT Bike	Vet	0:29
53	07:53	Martin	Brown	7Oaks Tri Club	Open	TT Bike	Vet	6:13
54	07:54	Nicholas	Coe	Verulam Really Moving	Open	TT Bike	Vet	7:07
55	07:55	Andy	Self	North Hampshire RC	Open	TT Bike	Vet	5:00
56	07:56	Simon	Bowler	Berkhamsted Cycling Club	Open	TT Bike	Vet	5:23
57	07:57	Mark	Thomas	Bigfoot CC	Open	TT Bike	Vet	5:00
58	07:58	Gavin	Draper	North Hampshire RC	Open	TT Bike	Vet	1:38
59	07:59	Simon	Craig-McFeely	...a3crg	Open	TT Bike	Vet	6:39
60	08:00	Lawrence	Wintergold	Hounslow & District Whs	Open	TT Bike	Vet	4:37
61	08:01	Issy	Zimmerman	Regents Park Rouleurs	Open	TT Bike	Vet	3:35
62	08:02	Tom	Cosgrove	VTTA (London & Home Counties)	Open	TT Bike	Vet	3:35
63	08:03	Ian	Wroblewski	SPRNT	Open	TT Bike	Vet	1:38
64	08:04	Rob	Fletcher	Equipe Velo	Open	TT Bike	Vet	2:24
65	08:05	Andrew	Halliday	Westerley Cycling Club	Open	TT Bike	Vet	2:08
66	08:06	Jeff	Roberts	High Wycombe CC	Open	TT Bike	Vet	4:16
67	08:07	Shaun	Jarvis	St Neots CC	Open	TT Bike	Sen	0:00
68	08:08	Richard	Jones	Amersham Road Cycling Club	Open	TT Bike	Vet	1:38
69	08:09	Neal	Beauchamp	Kingston Wheelers CC	Open	TT Bike	Sen	0:00
70	08:10	Adam	Fisher	Cambridge CC	Open	TT Bike	Vet	0:13
71	08:11	Lee	Watson	Army Cycling	Open	TT Bike	Sen	0:00
72	08:12	Darran	Eggleton	Amersham Road Cycling Club	Open	TT Bike	Vet	0:49
73	08:13	Anthony	Jones	G.S. Henley	Open	TT Bike	Vet	1:53
74	08:14	David	Glossy	Elysium Kalas Race Team	Open	TT Bike	Vet	1:53
75	08:15	Claire	Emons	...a3crg	Female	TT Bike	Vet	8:26
76	08:16	Karl	Norris	360VRT	Open	TT Bike	Vet	2:24