

Southern Counties Cycling Union

www.sccu.co.uk

100 mile Time Trial

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Sunday 17th July 2022 – Course G100/61A

Timekeeper: Su Balcombe, *Brighton Excelsior CC*

In memory of *Rod Starmer*, organiser of this event for many years

Awards:

Scratch	£25
Women	£25
On Standard	£20

Numbers and signing on sheet will be at the event headquarters at Dial Post Village Hall (RH13 8NJ). Details of any additional hazards not listed on the start sheet will be displayed at the signing-on point. The hall will be open from 5am.

~oOo~

Warnings:

CTT regulations now require all competitors wear a helmet that meets internationally accepted safety standards.

CTT regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear light, and to the front of their machine a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road

Competitors are requested not to warm up on the course after the first rider has started.

District Regulation: No Vehicles, except those of the Timekeeper and Event Officials, shall be parked in the vicinity of the start and finish areas.

Riders, when approaching the finish, you **MUST** keep to the left of the line marking the off slip into Grinders Lane and **MUST** start to noticeably decelerate immediately you cross the finish line and **MUST** pass the entrance to the Garden Centre before returning to the A24 to cross to the changing rooms. **ON NO ACCOUNT** must the Garden Centre be used for turning.

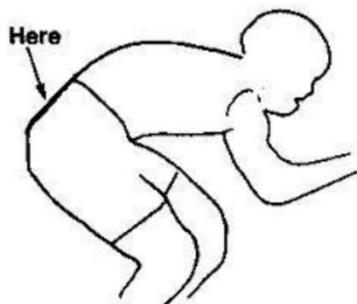
Official Observers will be stationed around the course.

Organiser: Lisa Colombo c/o 6 Stockfield Road, Claygate, Surrey, KT10 0QG Tel: 07534 672224

Email: sccu100@lcolombo.me.uk Text is the best way to contact me, or phone on the day of event.

<u>Start</u>	<u>#</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Vet Std</u>	<u>Time</u>
06:05	5	Vivienne Inglis	Anerley BC	WV	5:06:04	
06:06	6	Robert Royle-Evatt	Addiscombe CC	MV	4:53:34	
06:07	7	Chris Parker	Hastings & St Leonards CC	MV	5:12:13	
06:08	8	Gavin Hughes	Kingston Phoenix RC	MV	4:54:48	
06:09	9	Colin Toppin	Worthing Excelsior CC	MV	4:48:02	
06:10	10	Andrew Rivett	Velo Club St Raphael	MV	4:49:04	
06:11	11	Paul Tippett	Crawley Wheelers	MV	4:47:01	
06:12	12	Edward Sharpe	Tri Training Harder	MS		
06:13	13	Peter Brown	Clapham Chasers	MS		
06:14	14	Emma O'Toole	NopinZ Motip Race Team	WS		
06:15	15	Pat Wright	Paceline RT	MS		
06:16	16	Clive Patterson-Lett	Worthing Excelsior CC	MV	4:57:25	
06:17	17	Sean McDougall	Icknield RC	MV	4:49:04	
06:18	18	Richard Tully	Elite Cycling-Turbo Beat	MV	4:44:10	
06:19	19	Peter Madarasz	Team TMC	MV	4:40:38	
06:20	20	Mark Smith	Crawley Wheelers	MV	4:47:01	

NUMBERS MUST BE FIXED BELOW WAIST



NO TIME MAY BE RECORDED IF NUMBER IS
NOT CORRECTLY POSITIONED.

<https://london-south.ctt.org.uk/>

The map below the course details is basically correct, except that the start and finish of this course have moved slightly because of complaints about riders relieving themselves near the start.

I would think that it takes approximately 10-15 minutes to ride to the start from the HQ. Allow enough time.

There will be no food/drinks/sponges provided by the organization.

Riders who plan to have assistance from anyone in a car - even if it is located in one spot on the course for the whole event - are reminded that they need to **fill out a Riders Supporting Vehicle Form** which can be downloaded from the CTT website. *I recommend emailing me an electronic copy or a photograph of the form prior to the event to save panic on the morning.*

Good Luck everyone.

CTT LONDON SOUTH DC 100 MILES COURSE - G100/61A

WEST GRINSTEAD / ANSTY / WEST GRINSTEAD / WASHINGTON / STEYNING / PARTRIDGE GREEN /
WEST GRINSTEAD / WASHINGTON - A272/A24/A283/B2135

COURSE DETAILS

<u>OS REF</u>	<u>DETAILS</u>	<u>DISTANCES</u>
184226	<u>START</u> at southern end of Kennel Lane West Grinstead at junction with A272 Proceed east to twin RBTs (roundabouts) at Cowfold. RIGHT 2 nd exit at first; LEFT 1 st exit at second.	0.00 0.00
267224	Continue on A272 to Bolney RBT where 2 nd exit straight across to continue on A272 To TURN at Ansty mini roundabout (CHECK)	5.42 5.42 1.69 7.11
267224	Retrace to Bolney RBT where 2 nd exit straight across to continue on A272 to retrace to twin RBTs at Cowfold. RIGHT 2 nd exit at first and LEFT 1 st exit at second and	1.69 8.80
165227	follow A272 to West Grinstead crossroads to start 1 st circuit	6.54 15.34
120134	LEFT in filter lane to join A24 and Proceed south to Washington RBT	6.69 22.03
171125	LEFT 1 st exit and follow A283 to junction with B2135 at Steyning.	3.54 25.57
165214	LEFT and follow B2135 through Ashurst and Partridge Green to T junction with A24 at West Grinstead and complete circuit	7.03 32.60
120143	Continue as before to complete 2 nd circuit at West Grinstead	16.44 49.04
120143	Continue as before to complete 3 rd circuit at West Grinstead	16.44 65.48
120143	Continue as before to complete 4 th circuit at West Grinstead	16.44 81.92
120143	Continue as before to complete 5 th circuit at West Grinstead	16.44 98.36
171125	LEFT in filter lane to join A24 and Proceed South to FINISH off A24 where deceleration lane of Dial Post X roads becomes Grinder's Lane, for traffic going left to Ashurst, where hatched area begins.	1.67 100.03

