



SPORTING ~~40~~ 7.53 MILE TIME TRIAL

B10/48A

Due to collapsed road and traffic lights we are
having to use the 7.53 mile B10/48A Course
previously used March 2022

SUNDAY 24 MARCH 2024

Promoted for and on behalf of Cycling Time Trials
under their rules and regulations



Sporting 7.53 mile Time Trial

Sunday 24 March 2024

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

In the last few days traffic lights have been installed due to a collapsed road. We are therefore having to use the 7.53 mile B10/48A Course as we previously did in March 2022. We appreciate how very disappointing this is but hope you will still come along and race the alternative course.

Course: B10/48A

Time of Start: **14:01**

HQ: Chevely Pavilion, Chevely,
Newmarket, CB8 9DQ
Open from approx. 12:45

Event Secretary: Judy Brown / Tel: 07754 049679 / judyehbrown@gmail.com

Time Keeper: Neville Pettitt

Assistant Time Keeper: Richard Newell

Marshals and helpers: Members and friends of Newmarket Cycling & Triathlon Club

Route from HQ to START

Turn **right** out of Chevely Pavilion onto High Street. Bear left onto Coach Lane to arrive at the START (0.7 miles)

Course details:

START in Chevely at the bus shelter beside the Red Lion Pub. Proceed North until **left (M)** turn at Chevely School onto Park Road (0.54 miles). Proceed West until T junction with Duchess Drive (1.48 miles). Turn **left (M)** onto Duchess Drive. Continue on un-numbered road through Saxon Street and Kirtling. Turn **left (M)** onto un-numbered road towards Upend (4.33 miles). Turn **left (M)** at T junction onto B1063 (6.78 miles). Continue along B1063 through Lidgate and Ashley until **FINISH** 30 metres beyond last warning sign in Ashley (7.53 miles).

PRIZE: Open	1 st & 2 nd £25.00, £15.00	Road Bike (Open)	1 st & 2 nd £25.00, £15.00
Female	1 st & 2 nd £25.00, £15.00	Road Bike (Female)	1 st & 2 nd £25.00, £15.00
Espoir (Open)	1 st £15.00	Road Bike (Espoir, Open)	1 st £15.00
Espoir (Female)	1 st £15.00	Road Bike (Espoir, Female)	1 st £15.00
Junior/Youth (Open)	1 st £15.00	Road Bike (Junior/Youth, Open)	1 st £15.00
Junior/Youth (Female)	1 st £15.00	Road Bike (Junior/Youth, Female)	1 st £15.00
Lantern Rouge	£10.00	One Rider One Prize	

NOTES TO COMPETITORS

U-TURNS will not be permitted on the course, or roads adjacent to Start and Finish areas - while an event is in progress. NOTE: a U-Turn is defined as a 180 degree turn completed within the width of the carriageway whilst astride the machine. Any breaking of this

Regulation, in the first case, may mean disqualification from the event; further cases will be referred to the District Committee.

SIGN ON: Numbers will be available at the HQ from 1245 and not at the start. Please check all details on the sign on sheet are correct. **If you are a junior/youth please bring to HQ a signed parental consent form.**

CLOTHING: It is recommended that riders do not wear black or dark clothing during an event held on public roads.

WARMING UP: no riding along the course by competitors once an event has started.

CTT Regulations:

Please note that following an amendment to Regulation 14 at the CTT National Council AGM in December 2021 it is now compulsory for each rider to have a working white front and red rear light, steady or flashing, on their machine when they start in all CTT events.

Following an amendment to Regulation 15 at the CTT National Council AGM in December 2021 it is now compulsory for ALL riders to wear recognised standard protective headgear that meets an internationally accepted safety standard.

ROAD BIKE CRITERIA:

No tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm. Helmets used in Road Bike category events must not cover the ears or have a tear drop/pointy style "tail", any helmet vents must not be covered or blocked. Competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" position or simulate a Tri-Bar position by resting the forearms on the handlebars.

AT THE END OF THE RACE

Please note that Regulation 17(b) requires that a rider who fails to sign the official signing out sheet shall be recorded as DNF. Please ensure you check to see if you are required for DOPING CONTROL.

RESULTS

Do not approach the finish timekeeper after finishing. The results will be available as soon as possible after the event has finished and we will be holding a prize presentation for the winners of the prizes in the HQ at the end of the event.

Refreshments will be available in the HQ.