



BETTER
CYCLING

PURSU

TOAST
BREWED WITH BREAD

**TORRSIDE
BREWING**

 **ONE
PLANET**
-pizza-


Cycle Service Centre
kalas
SPORTSWEAR


STONEPAIL
CYCLES



MID SUMMER
LONG HILL TT
Sunday 23rd June 2019 10am

Eat Plants Not Pigs CC Long Hill Time Trial •

10am on Sunday 23rd June. Course J9/13.

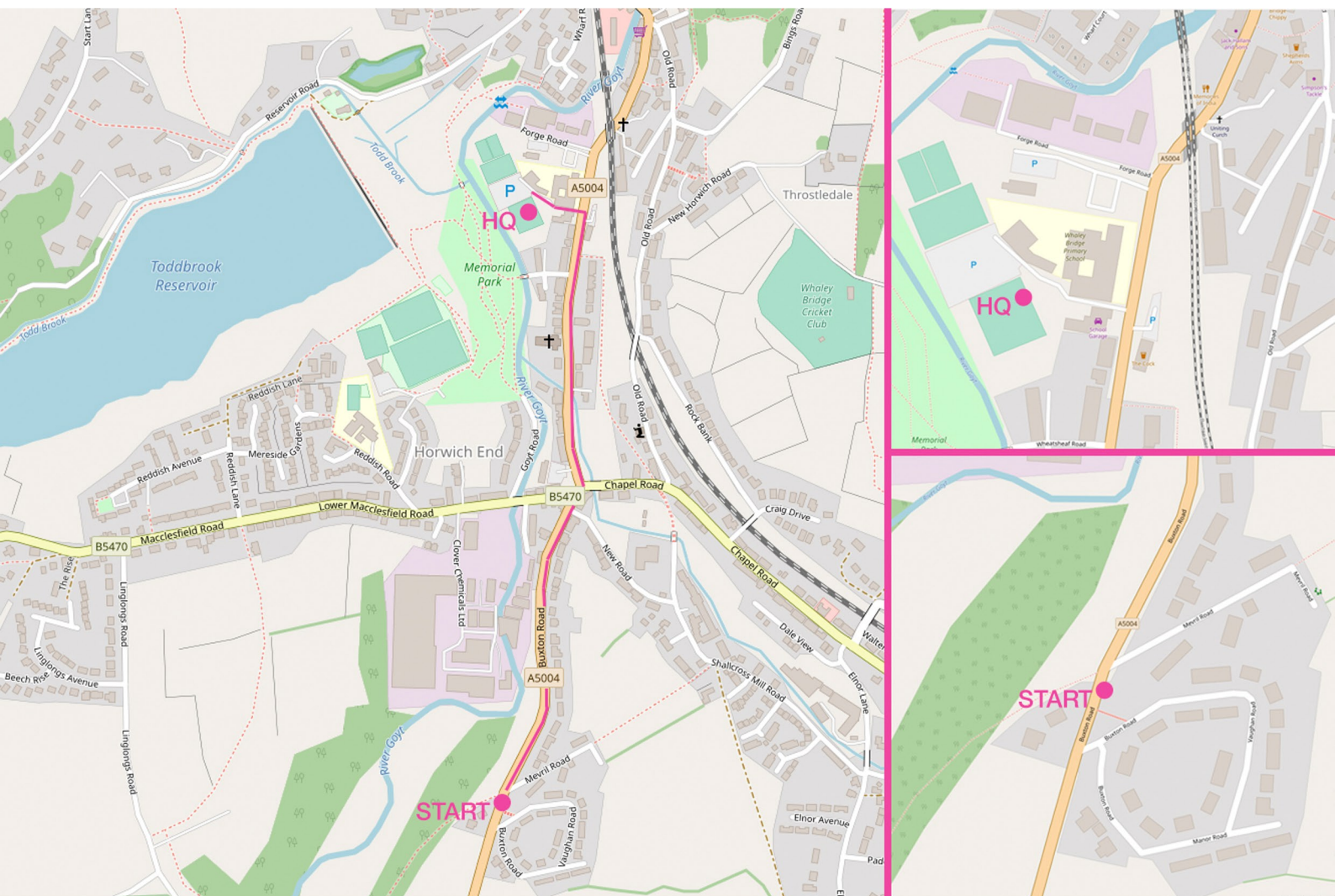
Promoted for and on behalf of Cycling Time Trials under its Rules, Regulations and Conditions.

Headquarters / Parking •

Whaley Bridge Bowling Club, 43 Buxton Road, Whaley Bridge SK23 7HX.

Parking is available on site and the club will be open from 08:30.

Velo Café will be there to provide fresh coffee and tea, and One Plant Pizza and Toast Ale will provide the post race pizza and beer, so please hang around for the prize giving!



Route from Headquarters to start •

The start is approx. ½ mile from the Bowling Club; turn right after exiting and head south along the A5004, continue straight on over the cross roads and the start is ¼ mile after the crossroads.

Course details •

Course J9/13. The course starts at the post box near the junctions of Buxton Road (Long Hill), Mevri Road and Vaughn Road / Manor Road. The finish will be clearly marked and marshalls will direct riders to the end point which involves a right hand turn at the very top of the climb. Riders will need to descend back down Long Hill to the Headquarters for refreshments and prizes.



Local Regulations •

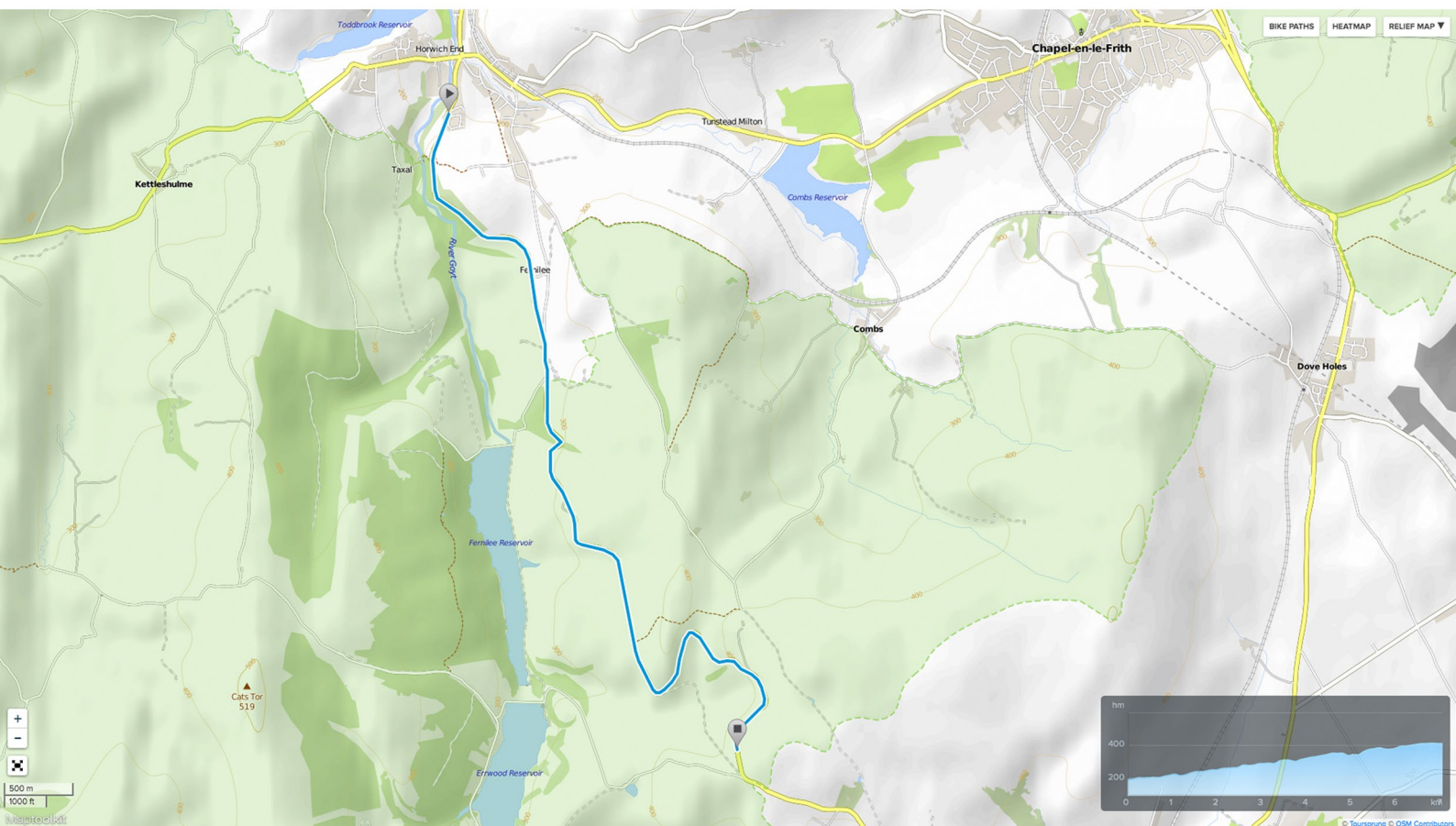
There are no traffic lights on the course and the road is in a generally good condition with a few bits of broken road towards the end. Traffic is not expected to be busy but the usual traffic rules and the highway code apply at all times.

Officials •

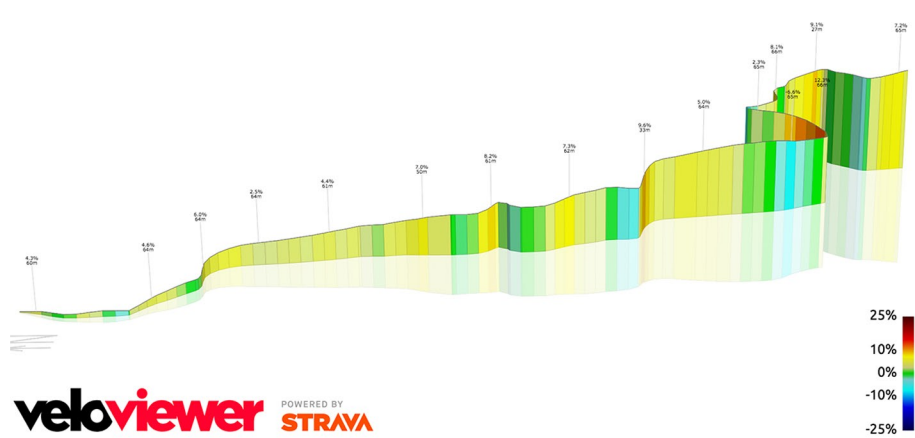
Organisers: Jonathan Carnall 07581 779730 Richard Woods 07817 436988
Timekeepers: Tony Millington and Judith Soden

Awards •

Awards will be held at the Whaley Bridge Bowling Club after the event finishes between 11 and 12pm. Cash prizes and extras for all categories. There will also be a 'hardest effort' prize category for the riders that are on the verge of collapsing as they get to the finish line!



7.1 km at 3.2%



Start List



Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	Jonathan Carnall	Eat Plants Not Pigs CC	Male	Senior
2	10:02:00	Mirjam Vasiljevic	LFGSS CC	Female	Senior
3	10:03:00	Aydn Finlay	Eat Plants Not Pigs CC	Male	Senior
4	10:04:00	Simon Myatt	Pro Vision Cycle Clothing	Male	Senior
5	10:05:00	Ian Helmetag	Team Jadan-Weldtite p/b Vive Le Velo	Male	Senior
6	10:06:00	David Myatt	Stone Wheelers CC	Male	Veteran
7	10:07:00	Peter Hutchinson	3C Test Team	Male	Senior
8	10:08:00	Joe Stearn	Eat Plants Not Pigs CC	Male	Senior
9	10:09:00	Timothy Mansfield	HD Revolutions	Male	Senior
10	10:10:00	Zakk Lovell	Eat Plants Not Pigs CC	Male	Senior
11	10:11:00	Chris Kaye	Ilkeston Cycle Club	Male	Veteran
12	10:12:00	James Fox	Sitwell Cycling Club	Male	Senior
13	10:13:00	Brian Mcshane	Eat Plants Not Pigs CC	Male	Senior
14	10:14:00	Paul Ruffy	Eat Plants Not Pigs CC	Male	Veteran
15	10:15:00	Chris Ward	Eat Plants Not Pigs CC	Male	Senior
16	10:16:00	Natalie Stevenson	Eat Plants Not Pigs CC	Female	Senior
17	10:17:00	Josh Dickson	Chorlton Velo	Male	Senior
18	10:18:00	James Gelsthorpe	Velo-One Cycling Team (Staples Vegetables/Neil Palmer Electrical)	Male	Senior
19	10:19:00	Ruth Gamwell	Macclesfield Wheelers	Female	Veteran
20	10:20:00	Chris Spencer	Macclesfield Wheelers	Male	Senior
21	10:21:00	Gordon Wordsworth	Rutland Cycling Club	Male	Veteran
22	10:22:00	Michael Summers	Glossop Kinder Velo Cycling Club	Male	Veteran
23	10:23:00	Gavin Lynch	Glossop Kinder Velo Cycling Club	Male	Veteran
24	10:24:00	David Shirley	Glossop Kinder Velo Cycling Club	Male	Veteran
25	10:25:00	Jamie Maidment	Eat Plants Not Pigs CC	Male	Senior
26	10:26:00	Karen Brooks	Team Sportslab	Female	Veteran
27	10:27:00	Andrew Laidler	Sitwell Cycling Club	Male	Senior
28	10:28:00	Richard Burt	Solihull CC	Male	Veteran
29	10:29:00	Simon Holden	Macclesfield Wheelers	Male	Veteran
30	10:30:00	Chris Hartono	LFGSS CC	Male	Senior
31	10:31:00	Sarah Lewthwaite	Team Sportslab	Female	Veteran
32	10:32:00	Robin Hennessy	North Wirral Velo	Male	Senior
33	10:33:00	Thomas Green	Macclesfield Wheelers	Male	Senior
34	10:34:00	Dan Robinson	Manchester Wheelers	Male	Senior
35	10:35:00	Tim Glenie	Ilkeston Cycle Club	Male	Veteran
36	10:36:00	Patrick Murphy	South Normanton C C	Male	Veteran
37	10:37:00	Richard Woods	Eat Plants Not Pigs CC	Male	Senior
38	10:38:00	Darrell Clarke	Belper BC	Male	Veteran
39	10:39:00	Claire Swoboda	Velo Club St Raphael	Female	Veteran
40	10:40:00	Tom Haines	East London Velo	Male	Veteran
41	10:41:00	Christopher Smith	Eat Plants Not Pigs CC	Male	Senior
42	10:42:00	Paul Armstrong	B38/Cycles In Motion	Male	Senior
43	10:43:00	Oliver Smyth	Macclesfield Wheelers	Male	Juvenile
44	10:44:00	Chris Myhill	Peak Road Club	Male	Veteran
45	10:45:00	Matt Lawton	Macclesfield Wheelers	Male	Senior
46	10:46:00	James Doxey	South Normanton C C	Male	Veteran
47	10:47:00	Hamish Mcdougall	B38/Cycles In Motion	Male	Senior
48	10:48:00	Joseph Molyneaux	Leek CC - Den Engel Belgian Bar	Male	Senior
49	10:49:00	Rick Bailey	B38/Cycles In Motion	Male	Senior
50	10:50:00	James Russell	Macclesfield Wheelers	Male	Veteran
51	10:51:00	David Scott	MULE .C.C.	Male	Senior
52	10:52:00	Bhima Bowden	Macclesfield Wheelers	Male	Senior
53	10:53:00	Robert Rowson	Macclesfield Wheelers	Male	Junior