

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations



THE PORT TALBOT WHEELERS CYCLING CLUB

(FOUNDED 1926)

AND OUR NEW EVENT SPONSOR

KAYANEL CONSULTING LTD

PROUDLY PRESENT

THE 2024 PTW OPEN 13-MILE CYCLING TIME TRIAL

Sunday, March 24th, 2024, starting at 09.34hrs on the new R13/S sporting course.

Headquarters – ‘TRW’ Sports Club (Resolven AFC), Resolven, SA11 4LD.

TIMEKEEPERS / RECORDER

TONY HOWELL (PTW) & SHIRLEY HOWELL (PTW)

EVENT SECRETARY

**ALF WILLIAMS
25 TAN-Y-GROES STREET
PORT TALBOT
SA13 1EL**

07565 186291

Marshals and Catering – Members of the Port Talbot Wheelers

EVENT ONE – 2-UP TEAM TIME-TRIAL – ORDER OF START

No.	NAME	CLUB / TEAM	BIKE	CAT	START
33	HEATH WILLIAMS	PORT TALBOT WHS CC	RB	O	09:34
34	HUGH PASCOE	PORT TALBOT WHS CC	RB	O	
35	CLAIRE THOMAS	TENBY ACES CC	TT	F	09:36
36	DAVID POOLE	TENBY ACES CC	RB	O	
37	MARTIN EDWARDS	PORT TALBOT WHS CC	TT	O	09:38
38	DAVE ABBOTT	PORT TALBOT WHS CC	TT	O	
39	ROB JONES	MERTHYR CC	TT	O	09:40
40	JOHN ASPELL	PORT TALBOT WHS CC	TT	O	

EVENT TWO – SOLO RIDERS – ORDER OF START

No.	NAME	CLUB / TEAM	BIKE	CAT	VET STD	START
45	RONY SEAMONS	PORT TALBOT WHS CC	RB	O	34:33	09:45
46	ROSS WALTON	THE TRIDENTS	RB	O		09:46
47	ROY LEWIS	CELTIC TRI	TT	O	37:24	09:47
48	JON WEBB	THE TRIDENTS	RB	O	34:05	09:48
49	JONATHAN WILLIAMS	TOWY RIDERS CC	RB	O	35:15	09:49
50	PAUL HAYWARD	PONTYPOOL RCC	TT	O	35:07	09:50
51	ROBERT JONES	CARDIFF 100 MILES RCC	TT	O	39:13	09:51
52	EMMA DAVIES	PORT TALBOT WHS CC	TT	F	38:13	09:52
53	RYAN EVANS	ACME WHS (RHONDDA) CC	TT	O	35:07	09:53
54	MIKE HALL	PORT TALBOT WHS CC	RB	O	35:32	09:54
55	COLIN WALLACE	MERTHYR CC	TT	O	36:34	09:55
56	MATT JONES	PORT TALBOT WHS CC	TT	O		09:56
57	MIKE BROADBENT	PORT TALBOT WHS CC	TT	O	36:58	09:57
58	JOSHUA PALMER	VMCC POWERED BY Y BEIC	TT	Y		09:58
59	GRAHAM ROGERSON	PORT TALBOT WHS CC	TT	O	35:23	09:59
60	PETER LINDFIELD	VELOTIK RACING TEAM	TT	O	34:02	10:00

VET ON STANDARD TIMES ARE TAKEN FROM THE VTTA WEBSITE USING THE CUSTOM DISTANCE OF 13 MILES.

AWARDS LIST – EVENT ONE

FASTEST CLUB TEAM - £25

FASTEST COMPOSITE TEAM - £15

FASTEST CLUB TEAM WITH A FEMALE - £15

FASTEST CLUB TEAM WITH A ROAD BIKE - £15

N.B. THE ABOVE EVENT IS STRICTLY ONE PRIZE PER TEAM

AWARDS LIST – EVENT TWO

FASTEST RIDER - £25

FASTEST FEMALE RIDER - £15

2ND FASTEST RIDER - £20

FASTEST YOUTH RIDER - £15

3RD FASTEST RIDER - £15

FASTEST RIDER ON A ROAD BIKE - £15

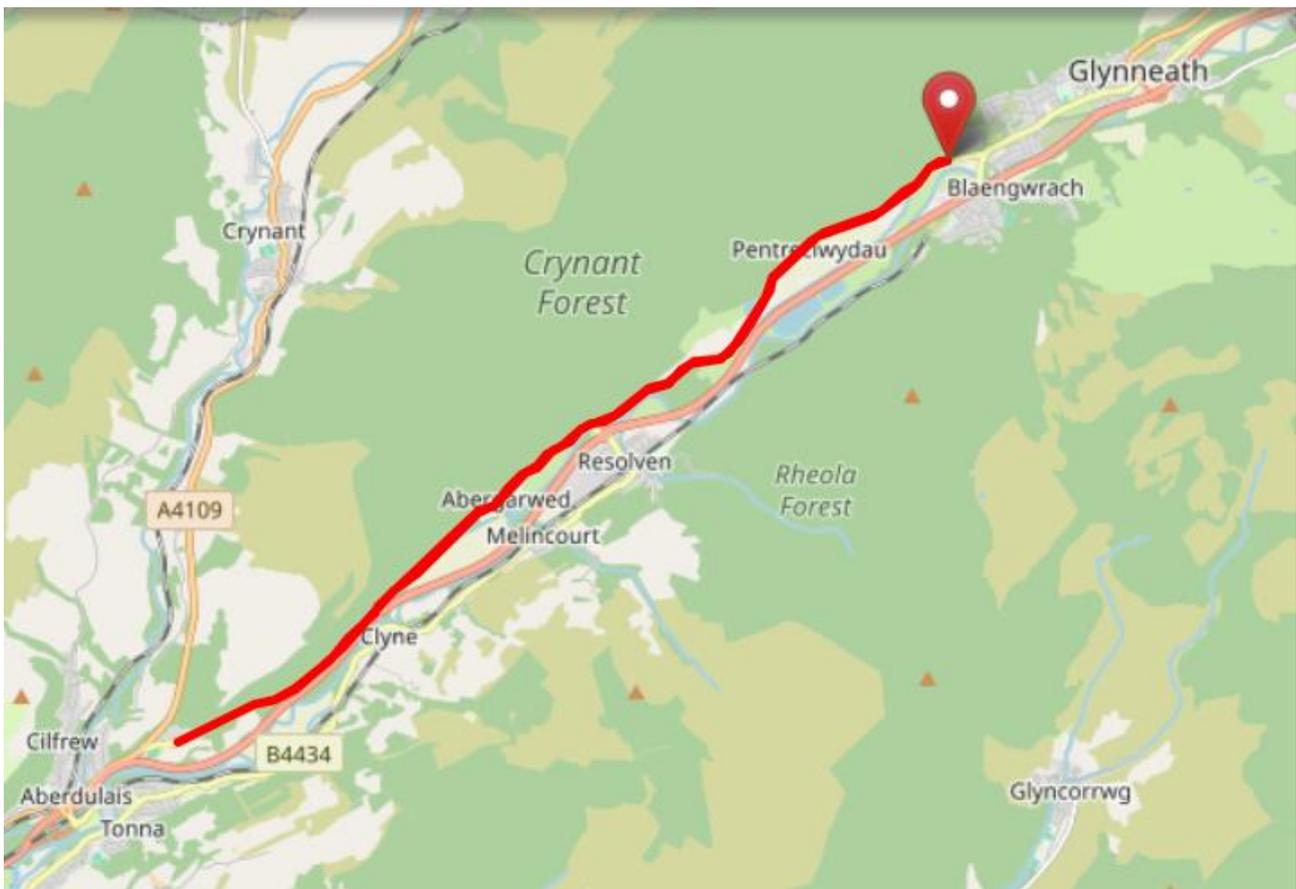
FASTEST VET ON STD - £15

2ND FASTEST RIDER ON A ROAD BIKE - £10

N.B. THIS EVENT IS NOT ONE RIDER ONE PRIZE. IF YOU'RE GOOD ENOUGH TO WIN IT... YOU WIN IT!

RS13 COURSE DESCRIPTION

START on the B4242 Old Vale of Neath Road at unused entrance just south-west of the new Health Centre in Glynneath. Proceed south-west on the B4242 to Resolven junction. Continue south-west on the B4242 passing through Abergarwed village (a short 20mph zone) and Ynysarwed to the 'Rock and Fountain' hill, climb and continue to TURN with care at the break in the dual-carriageway opposite the Groundhog factory at Ynysygerwen, SA10 8HH (6.5 miles). Descend hill and retrace route north-eastwards along the B4242 through Ynysarwed and Abergarwed village (a short 20mph zone). Continue north-eastwards past Resolven junction and Rheola Pond to FINISH directly opposite the start.





COURSE HEIGHT PROFILE (RELAX, IT'S NOT THAT BAD)

20 MPH SPEED LIMIT IN ABERGARWED!

This course has a 20mph speed limit through the small village of Abergarwed that you will encounter twice (i.e. out and back). Guidance Note 25 applies with its core overriding principle that in order to achieve fair competition, where a course with a section which is subject to a 20mph speed limit is used, riders must not exceed that speed. Fortunately, these sections are short and from either direction there is a short climb up to Abergarwed that will blunt your speed. Regardless of this, riders must comply with Regulation 1 of the CTT Handbook and must not give offence to the public or bring the sport into disrepute.

GETTING TO THE START

The event is on the B4242 'back road' so, once the event has started we cannot have riders also riding to the start on the back road and almost certainly impeding riders actually racing the event. So, after 09.40hrs, the way to get to the start is to ride up the dual-carriageway and turn left by McDonalds, go past the entrance to McDonalds and then turn left again onto the B4242 back road. This is not ideal but is no different to racing on the dual-carriageway.

Please take care when warming-up and avoid turning in the road. Competitors are not allowed to pass the start or warm-up on the course once the event has begun so please time your arrival to the start with care although you can safely keep warmed up whilst also staying behind the start.

RACE H.Q. – RESOLVEN AFC LIMITED SPORTS & SOCIAL CLUB, RESOLVEN, SA11 4LD.

You'll get to the event via the A465 and travelling up from the 'south' (Neath and the M4) you'll come to the Resolven roundabout and you then need to take the fourth exit (i.e. almost back on yourself). Coming down from the 'north' (Hirwaun) go straight on at the McDonalds roundabout and then at the Resolven roundabout take the second exit left (just before you continue down the dual-carriageway).

Please do not park in the small car park alongside the event HQ – it would be nice to reserve that little area for the organiser, timekeepers, marshals and the catering team. If you park there you will be asked to move. There is plenty of car parking just a little bit further away but please do not park directly in front of the café as, quite naturally, this is meant for their customers. There is no car parking at the start line and to attempt to park there will endanger competitors (and upset the timekeeper) but there is a large banana-shaped lay-by close to the start.

The headquarters will be open at 08.30hrs and race numbers will be available soon after. Please remember to sign in and look out for any updated safety information and please also remember to sign out when you finish!

All competitors must, at all times, obey the rules of the road and the rules of our sport. Please don't take any unnecessary risks and make getting back home to your families your first priority and a fast time your second priority. Keep your head up and have a safe and speedy ride.

This event is subject to dope control by UKAD. Riders must return to the HQ to sign off and be tested if required.

No competitor shall be permitted to start unless such competitor has affixed to the front of their machine a working white light and to the rear of their machine a working red light. Both lights can be either flashing or constant but they must be in a position that is clearly visible to other road users. In addition, all competitors must wear a properly affixed helmet which must be of hard/soft shell construction.

OUR EVENT SPONSOR

KAYANEL CONSULTING LTD

Kayanel Consulting Ltd are a highly motivated and skilled service provider in the gas industry. A leader in so many areas, and with years of experience in the wider utilities industry, please contact Les Thomas on 07976 601218 for further information.

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