



EASTERN COUNTIES

CYCLING ASSOCIATION

Zak Carr Memorial Championship 10 miles Time Trial for Solos and Tandems

to be held on

Saturday 25th June 2022

Course E2/10 ~ Start at 2.00 pm

Timekeepers

Michael Keen, Frida Wezel & Ian Taylor

Awards

MEN: 1st: Zak Carr Trophy + Boxed Medal.
2nd: Championship Gilt Medal. 3rd to 6th: Championship Medal.

WOMEN: 1st: Ladies Bowl + Boxed Medal.
2nd: Championship Gilt Medal. 3rd: Championship Medal.

TEAM: 1st Team of Three: Championship Gilt Medals.

HANDICAP: 1st: ECCA Gilt Medal. 2nd to 6th: ECCA Medal.

TANDEM: 1st Tandem: Championship Gilt Medals.

Only members of ECCA affiliated clubs are eligible for awards

Event Headquarters

Westley Waterless Village Hall, CB8 0RG

Event Secretary: Dave Yarham, 7 Torpel Way, Maxey, Peterborough, PE6 9EQ

Mobile: 07932 162471

Email: yarhamd@msn.com

COURSE DETAILS E2/10

Grid References Start: TL57345635 Finish: TL57085600

Interactive map: https://www.questronics.co.uk/maps.html?E2_10

START at paint mark at end of feeder road from West Wrattling, just before junction with A1340 (1 kerb joint before drain near "Give Way" Sign). Bear left onto A1034 and proceed onto A11 southbound. Continue to take slip road to Four Went Ways intersection (A1307) (M), and circle Elevated Roundabout (5.14 miles) Take fourth exit on to A11 northbound (M). Retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at paint mark 5 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator post marked "85/0")

TAKE EXTRA CARE ON THE FINISH SLIP ROAD AS IT NARROWS SIGNIFICANTLY AFTER THE FINISH POINT. KEEP TO THE LEFT. TAKE EXTRA CARE IF YOU NEED TO TURN RIGHT INTO THE PARKING AREA NEAR THE START.

For full details of future ECCA events and results of past events and the season long competitions, go to www.easterncounties.org.uk where you will find this information plus lists of officials and member clubs. You will also see details of The Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

LONDON EAST LOCAL REGULATIONS

4.7 No Warming Up by competitors on the course once the event has started.

4.8.1 Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

Westley Waterless. Please park outside the HQ grounds and only to the east of Village Hall. PLEASE DO NOT PARK ON THE PATHWAY OUTSIDE THE VILLAGE HALL. Park sensibly using the verges on the opposite side of the road. Obey the 30 mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **This is especially important with regards to horses and riders, give way, slow down and leave plenty of room.**

RIDERS' NOTES

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard.

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.

NO HELMET - NO LIGHT – NO RIDE

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at either the start or finish, other than timekeepers. Parking is available at and near the Event H.Q. and in the road to West Wrating.

There must be NO parking on the grass verges either side of the entrance to the Veterinary Clinic and this area will be roped off.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.

You may exchange your number for a free drink.

In order to obtain bigger fields, for 2022 the ECCA has decided to open its races to all, although with preference to ECCA riders. Judging by some of the entries from outside clubs the appeal of riding the superfast E2 course makes the long journey worthwhile. For those clubs that aren't affiliated and which are in our catchment area why not affiliate. There are certain conditions and these are explained in full on the ECCA website homepage www.easterncounties.org.uk.

Solos

No	Start	Name	Club/Team	Cat	Handicap	PB
1	14:01	Katie-Ann Elliston	Southend Wheelers	WE	8:32	23:08
2	14:02	Ann Shuttleworth	Cambridge CC	WV	8:53	23:31
3	14:03	Denese Hallahan	Wisbech Whs	WV	13:43	28:41
4	14:04	Peter Horsnell	Chelmer CC	V	12:32	27:25
5	14:05	Roger Chappell	Team Vision Racing - Silverhook	V	11:06	25:53
6	14:06	Geoff Platts	**Team Bottrill	V	*	20:42
7	14:07	Ian Wright	Peterborough CC	V	10:43	25:28
8	14:08	Ron Hallam	**South Pennine RC	V	*	26:19
9	14:09	Michael Fry	Glendene CC	V	*	
10	14:10	Tim Hood	**Team Bottrill	V	*	19:31
11	14:11	Ian Short	Team Salesengine.co.uk	V	5:48	20:12
12	14:12	Louise Robinson	Essex Roads CC	WV	6:43	21:11
13	14:13	John Golder	Chelmer CC	V	7:41	22:13
14	14:14	David Hodsmen	**Dulwich Paragon CC	S	*	23:21
15	14:15	Peter Shaw	Bedfordshire Road RT	S	5:43	20:07
16	14:16	Thomas Dean	Eagle Road Club	V	6:06	20:32
17	14:17	James Lawler	Bedfordshire Road RT	V	7:03	21:33
18	14:18	David Prom	**San Fairy Ann CC	V	*	22:42
19	14:19	Phil Bailey	Loose Cannon's Conditioning	V	10:37	25:22
20	14:20	Sean O'Sullivan	Hart Performance Coaching	S	5:06	19:27
21	14:21	Harry Ives	**trainSharp Development Team	E	*	20:13
22	14:22	Ian Cardy	Chelmer CC	V	6:37	21:05
23	14:23	James Ellis	**Onyx RT	V	*	22:11
24	14:24	Dominic Whitehead	Cambridge CC	V	8:38	23:15
25	14:25	Kevin Baumber	Shaftesbury CC	V	5:41	20:05
26	14:26	Gary Pamment	CC Sudbury	V	6:16	20:42
27	14:27	Neal Marrin	Finsbury Park CC	V	7:00	21:29
28	14:28	Julia Freeman	Easterley Road Club	WV	8:06	22:40
29	14:29	Brian Martin	Ciclos Uno	V	10:33	25:18
30	14:30	James Potter	Loose Cannon's Conditioning	V	5:08	19:30
31	14:31	Stephen Wilkinson	**TWB - On Time Race Team	V	*	20:25

Solos						
No	Start	Name	Club/Team	Cat	Handicap	PB
32	14:32	Anastasia Bowler	**AS Test Team	W	*	21:04
33	14:33	Michael Allen	**Team Jewson - MI Racing ~Poly Pipe~McCann	V	*	22:07
34	14:34	Gillian Leech	Loose Cannon's Conditioning	WV	8:26	23:02
35	14:35	Terry Garlinge	Easterley Road Club	V	5:40	20:04
36	14:36	Daniel Homer	London Phoenix CC	V	6:16	20:42
37	14:37	Chris Tye	**Plomesgate CC	V	*	21:25
38	14:38	Tim Radley	**Gloucester City Cycling Club	V	*	22:40
39	14:39	Steve Clarke	Fenland Clarion CC	V	9:48	24:29
40	14:40	Samuel Thienel	Hart Performance Coaching	S	5:03	19:24
41	14:41	Simon Murphy	St Neots CC	V	5:57	20:22
42	14:42	Adrian Gower	Hitchin Nomads CC	V	6:33	21:01
43	14:43	Lindsay Clarke	Fenland Clarion CC	WV	7:13	21:43
44	14:44	Paul Looke	Shaftesbury CC	V	8:26	23:02
45	14:45	Alex Purcell	CC Sudbury	S	5:29	19:52
46	14:46	Jim Moffatt	**CC Luton	V	*	20:41
47	14:47	Chris Shaw	Fenland Clarion CC	V	6:52	21:21
48	14:48	Patrick Charlton	Wolsey RC	V	8:00	22:34
49	14:49	Linda Hones	Newmarket Cycling & Triathlon Club	WV	9:31	24:11
50	14:50	Gaz Poulson	**Royal Air Force Cycling Association	V	*	19:22
51	14:51	Malcolm Smith	Peterborough CC	V	5:56	20:21
52	14:52	Andrew Jarratt	**Southgate CC	S	*	21:00
53	14:53	Karl Read	North Norfolk Whs	V	7:26	21:57
54	14:54	Bob Quarton	Wolsey RC	V	8:22	22:57
55	14:55	Sam Barker	Kettering CC	V	5:27	19:50
56	14:56	Michael Martin	CC Ashwell	V	6:15	20:41
57	14:57	Michael Cope	Kettering CC	V	6:51	21:20
58	14:58	Adrian McHale	Peterborough CC	V	7:59	22:33
59	14:59	Mark Careless	Loose Cannon's Conditioning	V	9:16	23:55
60	15:00	Sam Brown	6AM Cycling	S	4:37	18:56
61	15:01	Robert Watson	Cambridge CC	V	6:04	20:29
62	15:02	Andy Kennedy	Ipswich BC	V	6:25	20:52
63	15:03	Roger Porter	Verulam CC	V	7:23	21:54
64	15:04	Mark Ready	Diss & District CC	V	8:19	22:54
65	15:05	Robert Golding	Ely & District CC/B&T Motor Repairs	V	5:25	19:48
66	15:06	Sally Turner	**trainSharp	WV	*	20:40
67	15:07	Stephen Murphy	Shaftesbury CC	V	6:49	21:18
68	15:08	Colin Currie	Ely & District CC/B&T Motor Repairs	S	7:56	22:30
69	15:09	Martin Pyne	**West Suffolk Wheelers	V	*	23:46
70	15:10	Lloyd Chapman	Loose Cannon's Conditioning	S	4:40	18:59
71	15:11	Matthew Peck	Ipswich BC	V	5:56	20:21
72	15:12	Geoff Reynolds	Hemel Hempstead CC	V	6:22	20:49
73	15:13	Hannah O'Brien	Loose Cannon's Conditioning	WV	7:14	21:45
74	15:14	Rob Moore	Shaftesbury CC	V	8:14	22:49
75	15:15	Rob Young	Team Vision Racing - Silverhook	V	5:19	19:41
76	15:16	Keke Orth	Maldon & District CC	S	6:14	20:40
77	15:17	Gary Johnson	CC Sudbury	V	6:49	21:18
78	15:18	Karen Ayles	Maldon & District CC	WV	7:53	22:26

Solos						
No	Start	Name	Club/Team	Cat	Handicap	PB
79	15:19	Vida Sutova	Redbridge CC	WV	9:01	23:39
80	15:20	Matt O'Brien	Loose Cannon's Conditioning	V	4:54	19:15
81	15:21	Mark Woolford	**Team Swindon Cycles	V	*	20:25
82	15:22	Oliver Cozens	Norwich A B C	S	6:21	20:48
83	15:23	Chris Dyason	Cambridge CC	V	7:14	21:44
84	15:24	Andrew Grant	Chelmer CC	V	8:12	22:47
85	15:25	Martin Reynolds	Cambridge CC	V	5:14	19:36
86	15:26	Adam Hardy	Crest CC	V	6:09	20:35
87	15:27	Cameron Walker	**Cambridge University CC	E	*	21:15
88	15:28	Jamie Watson	**Wahoo Endurance Zone p/b Le Col	V	*	22:21
89	15:29	Thomas Mead	Lee Valley Youth CC	B	8:59	23:37
90	15:30	Ian Hope	**Team Ohten Aveas	V	*	18:43
91	15:31	Ian Guilor	**Mapperley CC	V	*	20:11
92	15:32	Ian Braybrook	Basildon CC	V	6:21	20:48
93	15:33	Ian Stokes	Team Salesengine.co.uk	V	7:33	22:05
94	15:34	Chris Welford	Cambridge CC	V	8:10	22:45
95	15:35	Darran Bennett	Ely & District CC/B&T Motor Repairs	V	5:12	19:34
96	15:36	Dan Jenkins	Southend Wheelers	V	6:04	20:29
97	15:37	Philip Watkins	North Norfolk Whs	V	6:44	21:12
98	15:38	Gary Jackson	Shaftesbury CC	V	7:47	22:20
99	15:39	Glen Clark	Ely & District CC/B&T Motor Repairs	V	8:56	23:34
100	15:40	Paul Pardoe	Peterborough CC	V	4:15	18:33
101	15:41	Neil Hughes	**Velo Schils Interbike RT	V	*	20:10
102	15:42	Rikky Hughes	**Droitwich Cycling Club	S	*	20:46
103	15:43	Philip Wilkinson	**Rockingham Forest Wheelers	V	*	21:40
104	15:44	Andrew Nunn	CC Ashwell	V	8:10	22:45
105	15:45	Nic Pillinger	St Neots CC	V	5:10	19:32
106	15:46	Matthew Saunders	Team Vision Racing - Silverhook	V	5:45	20:09
107	15:47	Rory Havis	Ely & District CC/B&T Motor Repairs	V	5:45	20:09
108	15:48	Andy Sharman	**Team Bottrill	V	*	20:08
109	15:49	Grant Orsborn	Bedfordshire Road RT	V	5:43	20:07
110	15:50	Richard Oakes	**Team Ohten Aveas	V	*	18:08

** = Club not affiliated to ECCA. Rider(s) not eligible for awards.

Tandems					
No	Start	Name	Club/Team	Cat	PB
112	15:52	Christopher York Joanne York	Maldon & District CC	V WV	22:47
114	15:54	Andrew Hutchison Catherine Hutchison	**Lowestoft Wheelers Cycling Club	V WV	20:51
116	15:56	Ian Greenstreet Rachael Elliott	**Newbury Velo	V WV	18:20

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