



East Sussex Cycling Association

2019 President Clive Jackson – Central Sussex CC



ESCA 25m Time Trial – Sunday 28th April 2019 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary

Chris Parker (Hastings & St Leonards CC)

5 Limden Close, Stonegate, Wadhurst, East Sussex TN5 7EG

Telephone: 01580 200016

Email: chrisparkerpett@aol.com

Mobile: 07902 630574

Timekeepers

Mick Kilby (Lewes Wanderers CC) and **Richard Meed** (Lewes Wanderers CC)

General Information

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:30am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane.**

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start

The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Prize List

Fastest Overall

First	£35.00
Second	£30.00
Third	£25.00
Fourth	£20.00
Fifth	£15.00
Sixth	£10.00

Fastest Lady

First	£35.00
Second	£30.00
Third	£25.00

Fastest Jun / Juv

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

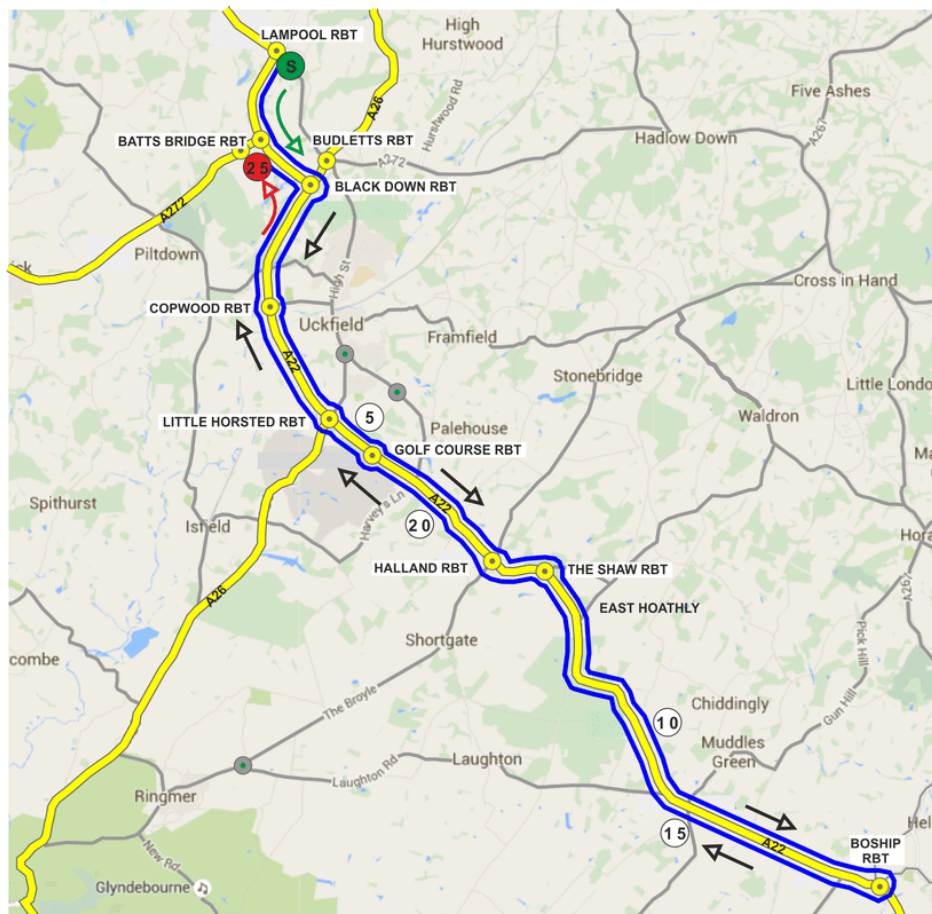
First	£15.00 each
Second	£10.00 each

Course Details

G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.
These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m



Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

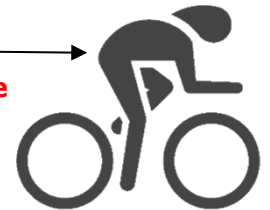
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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Please pin
number here



This is a qualifying event for

ESCA Points Competition Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady, fastest rider under 60 minutes, highest veteran plus on standard and the fastest team of three from an ESCA affiliated club over 25 miles – the best performance at either this, or the **September 25**, will be eligible for these awards at the annual prize presentation.

ESCA BAR Qualifying event for all the Best All Rounder competitions.

Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

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Order of Start

Race No.	Start Time	Rider	Club	Gender	Cat	Age
2	07:32	David Wilkins	Lewes Wanderers CC	Male	Vet	59
3	07:33	Paul Valks	Lewes Wanderers CC	Male	Vet	75
4	07:34	David Beale	Lewes Wanderers CC	Male	Vet	73
5	07:35	Peter Horsfield	Redmon CC	Male	Vet	68
6	07:36	Guy Brown	Lewes Wanderers CC	Male	Vet	46
7	07:37	Michael Valks	Lewes Wanderers CC	Male	Vet	48
8	07:38	John Mankelow	Lewes Wanderers CC	Male	Vet	71
9	07:39	Ben Hope	In-Gear	Male	Vet	47
10	07:40	Bruce English	Eastbourne Rovers CC	Male	Vet	54
11	07:41	Paul Fletcher	Lewes Wanderers CC	Male	Vet	40
12	07:42	Vincent Busk	Lewes Wanderers CC	Male	Vet	68
13	07:43	Matthew Chipping	Tunbridge Wells Triathlon Club	Male	Senior	26
14	07:44	Darren King	Brighton Excelsior CC	Male	Vet	42
15	07:45	Malcolm Daly	Hastings & St. Leonards CC	Male	Vet	58
16	07:46	Phil Gall	Epsom CC	Male	Vet	48
17	07:47	James Cheeseman	N+1 - Lindfield Coffee Works	Male	Senior	33
18	07:48	Peter Davies	Brighton Mitre CC	Male	Vet	62
19	07:49	Keith Brown	Southborough & Dist. Whs	Male	Vet	47
20	07:50	Vince Freeman	Brighton Triathlon Club	Male	Senior	39
21	07:51	David Earl	trainSharp	Male	Vet	51
22	07:52	Gareth Purves	Hastings & St. Leonards CC	Male	Senior	39
23	07:53	Russell Thorne-Jones	Crawley Wheelers	Male	Vet	46
24	07:54	Simon Powell	Redhill CC	Male	Vet	51
25	07:55	Richard Burchett	Lewes Wanderers CC	Male	Vet	48
26	07:56	Daniel Ellis	Eastbourne Rovers CC	Male	Senior	38
27	07:57	Sam Winter	Bayeux Cycling Team	Male	Senior	32
28	07:58	Will Reeder	trainSharp	Male	Senior	30
29	07:59	Doug Bentall	Sydenham Whs	Male	Vet	53
30	08:00	Chris Parker	Hastings & St. Leonards CC	Male	Vet	63
31	08:01	Dan Street	Lewes Wanderers CC	Male	Vet	45
32	08:02	Gavin Richards	Lewes Wanderers CC	Male	Vet	48
33	08:03	Michael Levett	South Western Road Club	Male	Vet	65
34	08:04	Jack Dunne	N+1 - Lindfield Coffee Works	Male	Senior	24
35	08:05	Richard Llewellyn	Imperial Racing Team	Male	Vet	45
36	08:06	Christopher Evans	Thames Turbo Triathlon Club	Male	Senior	34
37	08:07	Euan Davies	Dulwich Paragon CC	Male	Senior	26
38	08:08	Simon Underwood	CC Topp	Male	Vet	48
39	08:09	Adam Rogers	Eastbourne Rovers CC	Male	Vet	44
40	08:10	Peter Moon	Eastbourne Rovers CC	Male	Vet	58
41	08:11	Anna Dwyer	Lewes Wanderers CC	Female	Senior	24
42	08:12	Anita Turner	Eastbourne Rovers CC	Female	Vet	48
43	08:13	Emma Dodds	Greenwich Tritons Tri Club	Female	Senior	27
44	08:14	Gemma Freeman	Brighton Triathlon Club	Female	Senior	31
45	08:15	Sue Collett	Lewes Wanderers CC	Female	Vet	41
46	08:16	Kate Thomas	Lewes Wanderers CC	Female	Senior	39
47	08:17	Lisa Davis	trainSharp	Female	Vet	44

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Race No.	Start Time	Rider	Club	Gender	Cat	Age
48	08:18	Olivia Webb	Eastbourne Rovers CC	Female	Vet	50
49	08:19	Sally Turner	trainSharp	Female	Senior	39
50	08:20	Joscelin Lowden	The Independent Pedaler	Female	Senior	31
51	08:21	Isaac Griffiths	Epsom CC	Male	Senior	31
52	08:22	Ian Patterson	Utag RT	Male	Vet	53
53	08:23	Matthew Sim	Dorking Cycling Club	Male	Senior	22
54	08:24	Duncan Coulter	Rapha Cycling Club	Male	Senior	28
55	08:25	Richard Carrington	London Dynamo	Male	Vet	55
56	08:26	Noel Miles	East Grinstead Tri Club	Male	Vet	42
57	08:27	Paul Cloudsdale	Bigfoot CC	Male	Vet	46
58	08:28	Mark Frost	Lewes Wanderers CC	Male	Vet	52
59	08:29	Mark Edwards	Eastbourne Rovers CC	Male	Vet	44
60	08:30	Theo Tadros	trainSharp	Male	Junior	17
61	08:31	Jez Parsons	Brighton Excelsior CC	Male	Vet	53
62	08:32	Dan Pullen	N+1 - Lindfield Coffee Works	Male	Vet	43
63	08:33	Matt Crocker	Rapha Cycling Club	Male	Senior	28
64	08:34	Nathan Russell	trainSharp	Male	Senior	30
65	08:35	Fabien Large	NOPINZ	Male	Junior	17
66	08:36	Stephen Morgan	Tooting BC	Male	Vet	51
67	08:37	James Ryan	Team ASL	Male	Vet	42
68	08:38	Tom Hilder	trainSharp	Male	Senior	30
69	08:39	Robert Gilmour	Hounslow & District Whs	Male	Vet	67
70	08:40	Paul Batten	Crawley Wheelers	Male	Senior	35
71	08:41	George Welfare	Eastbourne Rovers CC	Male	Senior	33
72	08:42	Rupert Robinson	Crawley Wheelers	Male	Vet	47
73	08:43	John Powell	Team ASL	Male	Vet	41
74	08:44	David Clark	Eastbourne Rovers CC	Male	Vet	50
75	08:45	Brett Davis	Lewes Wanderers CC	Male	Vet	46
76	08:46	Matthew Smith	Team ASL	Male	Senior	35
77	08:47	David Clements	Eastbourne Rovers CC	Male	Vet	47
78	08:48	Peter Tadros	trainSharp	Male	Vet	48
79	08:49	Pete Morris	Team ASL	Male	Vet	40
80	08:50	Gareth Williams	Twickenham CC	Male	Vet	53
81	08:51	Michael Davey	trainSharp	Male	Vet	41
82	08:52	Dan Sadler	AeroCoach	Male	Vet	42
83	08:53	Matt Peel	C And N Cycles RT	Male	Senior	34
84	08:54	Nick Dwyer	Lewes Wanderers CC	Male	Vet	55
85	08:55	Howard Shaw	trainSharp	Male	Senior	33